



OFFICIAL INVITATION

**The European Powerlifting Federation sanctioned the
Spanish Powerlifting Association
(Asociación Española de Powerlifting -AEP-)**

to invite the member nations to participate in the next events

1st European Open Classic Powerlifting Cup, men & women

1st European Open Classic Bench Press Cup, men & women

Alhaurín de la Torre (Málaga) -SPAIN-, 27th - 29th November 2015

Please note: all information is posted only for information purposes. All selected lifters and officials for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

Meetdirector: Alejandro Rodríguez

Address: Jarapalos 14 (gimnasio), 29130 Alhaurin de la Torre (Málaga), Spain

Mobile: +34 620 715 280, e-mail: MalagaPowerChamp@gmail.com

Copy to EPF Secretary General: Ralph Farquharson

Address: Galena 5, Casa 44, Villapiedra, 03189 Orihuela Costa (Alicante), Spain

Phone: +34 966 73 3367, Mobile: +34 650 041 559, e-mail: ralph@europowerlifting.org

Accommodation & transport: Alejandro Rodríguez, e-mail: MalagaPowerChamp@gmail.com

Host city: Alhaurin de la Torre, Málaga, Spain

Date: 27th to 29th November 2015

Venue: El Limón Sports Centre,

Address: El Limon s/n, 29130 Alhaurín de la Torre (Málaga), Spain

Technical meeting: Thursday, 26th November at 20:30 in the **Cortijo Chico** hotel

Accommodation: Prices per room and night (in Euros) with buffet breakfast included

Hotel: Cortijo Chico ** (four stars)**

Cta. MA-9001. Avda. de las Américas s/n, 29130 Alhaurín de la Torre, Málaga, Spain

Phone: +34 952 410 203. Mobile: +34 667 632 120. E-mail: info@hotelcortijochico.com

web: <http://www.hotelcortijochico.com>, GPS: N 36.6767º / W -4.54533º

Single room: 75€ - Double room: 85€ - Triple room: (ask for price & availability)

Hotel: Sol Melia Costa del Sol ** (four stars)**

Paseo Marítimo 11, 29620 Torremolinos, Málaga, Spain. GPS: N +36º 37' 15.31" / W -4º 29' 46.24"

Phone: +34 952 386677. Fax: +34 952 386417, e-mail: mmelia.costasol@melia.com

website: <http://www.melia.com/es/hoteles/espana/torremolinos/melia-costa-del-sol/>

Single room: 90€ - Double room: 105€ - Triple room: 140€

Note: *all rooms must be booked at the latest with the deadline of the final nomination, 5th November 2015. All athletes, coaches, referees and officials from each federation must stay in the official hotel. If not, they have to pay an administration fee of 100 € (one hundred Euros) or they will not be allowed to participate in the championship. The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms by bank transfer or at the arrival to the Championship Officers.*

Payable by:

1. Cash (EUR) at the hotel in the Championship Reception
2. Bank transfer to the Spanish Powerlifting Association bank account

Owner: Asociación Española de Powerlifting

Name of the Bank: Banco Bilbao Vizcaya Argentaria (BBVA)

IBAN: ES36 0182 0121 15 02015 24800, **Swift Code:** BBVAESMMXXX

Payment must be **received** at the above mentioned bank account at the latest **7 days** prior to the beginning of the Championship.

Note: *19th November 2015 is the latest date for any removal of nominated lifters & referees, cancellation of booked hotel rooms. If not cancelled in time, federations have to pay the reserved hotel rooms, the participation fee and the doping fee for all lifters and officials specified at the final nomination form.*

Arrivals/Departures: Transport from Malaga airport and train stations to hotel and comeback (each way).

For 1 to 4 people: 35€ - For 5 to 7 people: 60 €. Special prices when arriving 8 and more people.

Transport must be paid at the hotel to the Organization Officer or by bank transfer to the Spanish Powerlifting Association (see bank account above), at the latest 7 days prior to the beginning of the championship. Any national team will not be accredited until the reserved transportation has been paid. Please, send therefore your detailed travel itinerary to transport official so that the transfer can be provided. If you order the transport, you must pay for it even if you later decide not to use it.

Scales: scales available at venue and at the hotel

Training: available a training area at championship venue

Flag: the organization must provide flag of each participation nation

Anthem: EPF will provide

Opening ceremony: Friday 27th November at 11:50 & Saturday 28th November at 10:50 hours at venue. One representative from each participating country shall take part at the ceremony.

Participation Fee: 60€ and **Anti-Doping Fee:** 50€, for each lifter must be paid by bank transfer to the Spanish Powerlifting Association bank account (above stated) before the Technical meeting.

Invoices: The Treasurer of the Spanish Powerlifting Association will send invoices for both Anti-Doping and the Participation fees to all entered Federations 7 days before the Technical meeting.

Nominations: Team nomination forms must be in the hands of the Meet director and the EPF Secretary General not later than: 27th September 2015.

Preliminary: 11th October 2015 complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.

Final: 5th November 2015 - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!!! Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championships.

Confirmation of the referee's participation: It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final Nomination or cancel the referees who will not participate in the Championship.

Each federation with more of one lifter nominated should add at least one referee at his team, and he/she must attend at least one day as referee or jury.

Identification: all lifters are expected to present passports and other required documents at the weigh-in.

Health insurance: All delegate members must have a valid health insurance. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend travel insurance for covering loss of luggage, delayed flights, etc.

Trophies: Open division (men & women) to receive medals for placing 1st, 2nd and 3rd in each body weight category. Also awards for placing 1st, 2nd and 3rd by Wilks formula, men & women.

Preliminary timetable: Victory ceremonies will be held immediately after lifting sessions. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

FRIDAY, 27th NOVEMBER

1st European Classic Bench Press Cup, men & women:

<i>M/W</i>	<i>CATEGORIES</i>	<i>WEIGH-IN</i>	<i>COMP.</i>	<i>Max. Lifters</i>
Women	-49, -52, -57, -63 kg	10:00 to 11:30	12:00	24
Men	-59, -66, -74 kg	12:00 to 13:30	14:00	24
Women	-72, -84, +84 kg	14:00 to 15:30	16:00	24
Men	-83, -93, 105 kg	16:00 to 17:30	18:00	24
Men	-120, +120 kg	18:00 to 19:30	20:00	24

SATURDAY, 28th NOVEMBER

1st European Classic Powerlifting Cup, men & women:

<i>M/W</i>	<i>CATEGORIES</i>	<i>WEIGH-IN</i>	<i>COMP.</i>	<i>Max. Lifters</i>
Women	-49, -52, -57, -63 kg	09:00 to 10:30	11:00	18
Men	-59, -66, -74 kg	13:00 to 13:30	15:00	18
Men	-83, -93 kg	17:00 to 18:30	19:00	18

SUNDAY, 29th NOVEMBER

1st European Classic Powerlifting Cup, men & women:

<i>M/W</i>	<i>CATEGORIES</i>	<i>WEIGH-IN</i>	<i>COMP.</i>	<i>Max. Lifters</i>
Women	-72, -84, +84 kg	10:00 to 11:30	12:00	18
Men	-105, -120, +120 kg	14:00 to 15:30	16:00	18

Because this is a three days event, the maximum number of lifters allowed in each group is limited. So, it's important you confirm your nomination as soon as possible to guaranty your participation at your body weight category.