



ASOCIACIÓN ESPAÑOLA DE POWERLIFTING (AEP)

Campeonato de España Subjunior, Junior y Máster de Powerlifting Raw y Equipado

Cádiz 21-22 octubre 2017

Ordn.		MUJERES JUNIOR RAW							SQUAT (kg)			PRESS BANCA (kg)			PESO MUERTO (kg)			(kg) (pt.)	
		PL.	NOMBRE	CLUB	AÑO	PESO	Cat. EDAD	Wilks COEF. CAT. (kg)	1º	2º	3º	1º	2º	3º	1º	2º	3º	TOTAL	WILKS
		Cat. 52 kg																	
49	1	SUSANA DONADEU SÁNCHEZ	AD SIDERÓPOLIS	1995	49,30	JUN	1,2984	52	95,0	100,0	-105,0	52,5	-57,5	-57,5	-107,5	107,5	112,5	265,0	344,07
		Cat. 57 kg																	
50	1	ESTHER GUTIÉRREZ GUTIÉRREZ	ASOCIACIÓN ANDALUZA	1996	55,41	JUN	1,1864	57	95,0	100,0	102,5	47,5	-52,5	52,5	120,0	125,0	130,5	285,5	338,72
52	2	MARÍA PILAR SOLER CALAGUIG	LIFTERS SQUAD	1996	55,12	JUN	1,1913	57	82,5	87,5	90,0	35,0	-37,5	37,5	102,5	110,0	115,0	242,5	288,89
51	3	SANDRA GARCÍA VALLE	POWER EXPLOSIVE	1996	56,45	JUN	1,1692	57	85,0	-90,0	-90,0	35,0	40,0	-45,0	102,5	107,5	110,0	235,0	274,77
		Cat. 63 kg																	
53	1	SILVIA GARCÍA IZQUIERDO	POWER EXPLOSIVE	1994	61,06	JUN	1,0999	63	110,0	-115,0	115,0	52,5	-55,0	55,0	115,0	125,0	135,0	305,0	335,47
54	2	ANDREA DÍEZ RODRÍGUEZ	AFA	1994	59,06	JUN	1,1286	63	-85,0	95,0	100,0	62,5	87,5	-70,0	-120,0	130,0	135,0	302,5	341,42 *
55	3	MARINA BLANCO GRANJA	GIMNASIO CROM	1995	62,46	JUN	1,0810	63	95,0	95,0	-105,0	57,5	62,5	-65,0	125,0	135,0	143,0	300,5	324,84
58	4	LORENA TORRENTE ESTRINGANA	POWER EXPLOSIVE	1998	60,33	JUN	1,1102	63	105,0	110,0	115,0	50,0	52,5	-55,0	120,0	127,5	130,0	297,5	330,27
59	5	MERCEDES MIRANDA DELGADO	BOX LINARES	1995	59,37	JUN	1,1241	63	100,0	105,0	-107,5	47,5	52,5	-57,5	112,5	120,0	-125,0	277,5	311,93
56	6	MARTA PÉREZ-JUANA CORTÉS	POWER EXPLOSIVE	1996	59,08	JUN	1,1283	63	65,0	-72,5	77,5	52,5	57,5	60,0	105,0	115,0	122,5	260,0	293,37
57	-	MARÍA RODRÍGUEZ CUENCA	POWER EXPLOSIVE	1994	62,38	JUN	1,0821	63	-85,0	-85,0	-90,0	65,0	70,0	-75,0	125,0	130,0	135,0	0,0	---
		Cat. 72 kg																	
60	1	ANABEL SÁNCHEZ MALLORQUÍN	ASOCIACIÓN ANDALUZA	1995	71,98	JUN	0,9762	72	85,0	90,5	-100,0	47,5	50,5	-55,0	85,5	92,5	97,5	240,5	234,78
Ordn.		HOMBRES JUNIOR RAW							SQUAT (kg)			PRESS BANCA (kg)			PESO MUERTO (kg)			(kg) (pt.)	
		PL.	NOMBRE	CLUB	AÑO	PESO	Cat. EDAD	Wilks COEF. CAT. (kg)	1º	2º	3º	1º	2º	3º	1º	2º	3º	TOTAL	WILKS
		Cat. 66 kg																	
6	1	ALEJANDRO IVARS AMOR	LIFTERS SQUAD	1994	65,36	JUN	0,7915	66	-175,0	-175,0	175,0	110,0	-115,0	-115,0	220,0	232,5	-235,0	517,5	409,60
4	2	CARLOS TERCERAS CLAYTON	LIFTERS SQUAD	1998	64,82	JUN	0,7970	66	160,0	170,0	180,0	110,0	115,0	-120,0	200,0	210,0	217,5	512,5	408,46
9	3	DIEGO ENCINAS BARBA	AFA	1996	65,25	JUN	0,7927	66	-180,0	-180,0	180,0	120,0	122,5	-127,5	185,0	200,0	-205,0	502,5	398,33 *
3	4	RICARDO GÓMEZ PAVEDA	AFA	1996	63,52	JUN	0,8109	66	165,0	175,0	-180,0	100,0	105,0	110,0	190,0	202,5	212,5	497,5	403,42
2	5	ADRIÁN MANZANARES HERRERO	LIFTERS SQUAD	1998	65,63	JUN	0,7888	66	180,0	-188,0	-188,0	110,0	115,0	117,5	200,0	-210,0	-	495,0	390,46
7	6	FRANCISCO JOSÉ ÁLVAREZ GUILLÉN	LIFTERS SQUAD	1994	65,32	JUN	0,7919	66	-150,0	150,0	152,5	125,5	130,0	-132,5	170,0	180,0	190,0	472,5	374,17
1	7	JESÚS JAVIER QUIRANTE PÉREZ	MÁLAGA POWER TEAM	1997	65,04	JUN	0,7948	66	160,0	167,5	-172,5	105,0	-110,0	-110,0	185,0	-197,5	197,5	470,0	373,56
8	8	BORJA SÁNCHEZ-MARÍN CISNEROS	CLUB POWERLIFTING AND	1996	65,06	JUN	0,7946	66	137,5	147,5	155,0	92,5	100,0	-107,5	185,0	195,0	205,0	460,0	365,52
10	9	MIGUEL ANGEL CIFUENTES GARCÍA	POWER EXPLOSIVE	1994	65,54	JUN	0,7897	66	135,0	-145,0	-145,0	110,0	115,0	-120,0	185,0	200,0	-210,0	450,0	355,37
12	10	AGUSTÍN DE LÑA VEGA AYLÓN	BASIC STRENGTH	1994	64,33	JUN	0,8022	66	110,0	120,0	127,5	-92,5	92,5	95,0	-150,0	150,0	160,0	382,5	306,84
11	11	ALEJANDRO MERCADE GONZÁLEZ	ASOCIACIÓN ASTURIANA	1998	64,55	JUN	0,7999	66	-115,0	115,0	-125,0	90,0	95,0	-100,0	145,0	147,5	160,0	370,0	295,96
5	-	MARCOS CAÑIZARES VARGAS	LIFTERS SQUAD	1996	62,74	JUN	0,8196	66	175,0	-177,5	-177,5	-100,0	-100,0	-100,0	-	-	-	0,0	---
		Cat. 74 kg																	
22	1	JORGE LÓPEZ CEREZO	POWER EXPLOSIVE	1995	72,48	JUN	0,7301	74	205,0	215,0	-220,0	122,5	-130,0	130,0	240,0	252,5	-260,5	597,5	436,23
18	2	VÍCTOR LOZA HERNÁNDEZ	AFA	1998	72,74	JUN	0,7282	74	190,0	-207,5	-207,5	115,0	130,0	-140,0	225,0	-230,0	-230,0	545,0	396,87
21	3	CARLOS DEL POZO MUIÑA	POWER EXPLOSIVE	1995	70,26	JUN	0,7473	74	160,0	172,5	175,0	120,0	125,0	-127,5	230,0	240,0	X	540,0	403,54
19	4	ARTURO CARRASCO GONZÁLEZ	MÁS QUE FUERZA	1996	72,64	JUN	0,7290	74	-195,0	195,0	-202,5	110,0	-115,0	-115,0	205,0	220,0	225,0	530,0	386,37
15	5	JOSÉ MANUEL TORDESILLA VILLARUBI	POWER EXPLOSIVE	1995	72,53	JUN	0,7298	74	170,0	175,0	X	-115,0	-115,0	115,0	195,0	207,5	-215,0	497,5	363,08
20	6	CARLOS TORRES SÁNCHEZ	POWER EXPLOSIVE	1995	71,08	JUN	0,7408	74	145,0	155,0	-165,0	115,0	120,0	125,0	200,0	210,0	-215,0	490,0	362,99
23	7	EDUARDO LÓPEZ RALLO	CROSSFIT DB	1996	68,93	JUN	0,7584	74	-142,5	150,0	160,0	80,0	87,5	-92,5	185,0	200,0	-207,5	447,5	339,38
17	8	ÁLVARO OOSTROM	ENERGY	1997	70,16	JUN	0,7481	74	-140,0	145,0	-152,5	82,5	87,5	90,0	157,5	162,5	-170,0	397,5	297,37
16	9	ANTONIO CORDERO	ENERGY	1998	71,66	JUN	0,7363	74	130,0	135,0	-140,0	60,0	65,0	-67,5	160,0	167,5	172,5	372,5	274,27
25	10	MIGUEL ANGEL LUQUE DÍAZ	MÁLAGA POWER TEAM	1998	71,99	JUN	0,7338	74	90,0	100,0	112,5	80,0	87,5	-92,5	132,5	142,5	-150,0	342,5	251,33
24	-	ARITZ ADRIÁN GIRALDO	IRONBORN	1996	73,76	JUN	0,7210	74	X	X	X	X	X	X	X	X	X	0,0	---

Cat. 83 kg																			
35	1	RUBÉN RODRÍGUEZ CASTRO	FUERZA GRANADA	1996	82,08	JUN	0,6720	83	245,0	-253,0	253,0	137,5	-140,0	265,0	275,0	283,0	673,5	452,59	
28	2	CARLOS TORRES SORIA	BASIC STRENGTH	1995	81,42	JUN	0,6753	83	-190,0	200,0	215,0	115,0	122,5	-127,5	250,0	265,0	282,5	620,0	418,69
37	3	ANDRÉS SÁNCHEZ RUIZ	POWER EXPLOSIVE	1994	79,01	JUN	0,6881	83	205,0	-215,0	215,0	122,5	-127,5	127,5	250,0	-260,0	260,0	602,5	414,58
29	4	ADRIÁN MERCHÁN LOBATO	POWER TORDESILLAS	1994	80,61	JUN	0,6795	83	205,0	-215,0	-215,0	135,0	142,5	142,5	230,0	237,5	-245,0	590,5	401,24
31	5	JOSÉ ADRIÁN CALLE RODRÍGUEZ	POWER EXPLOSIVE	1995	80,36	JUN	0,6808	83	180,0	182,5	200,0	115,0	122,5	-122,5	225,0	245,0	-260,0	567,5	386,35
33	6	JOSÉ CASTELLANO VIGARA	ASOCIACIÓN ANDALUZA	1996	81,85	JUN	0,6731	83	185,0	192,5	-200,0	117,5	122,5	127,5	240,0	-252,5	-252,5	560,0	376,94
36	7	PAU FORNET LLORCA	POWER EXPLOSIVE	1997	80,78	JUN	0,6786	83	180,0	190,0	200,0	115,0	120,0	125,0	210,0	220,0	-225,0	545,0	369,84
32	8	ALESSANDRO FERRARA ALBERTO	CLUB POWERLIFTING AND	1994	81,71	JUN	0,6738	83	175,0	182,5	-187,5	115,0	120,0	-125,0	230,0	240,0	-250,0	542,5	365,54
27	9	RUBÉN JUBETE LIEDO	GIMNASIO CROM	1996	80,86	JUN	0,6782	83	-170,0	170,0	180,0	120,0	-125,0	-125,0	202,5	210,0	215,0	515,0	349,27
30	10	AARON ALGARRA CUENCA	IRON TEAM	1995	79,80	JUN	0,6838	83	185,0	-192,5	-195,0	115,0	-120,0	-120,0	200,0	-210,0	-215,0	500,0	341,90
38	11	JOSÉ MIGUEL NAVARRO GARCÍA	AD SIDERÓPOLIS	1994	81,53	JUN	0,6747	83	165,0	175,0	185,0	105,0	112,5	-117,5	185,0	200,0	-207,5	497,5	335,66
34	12	DAVID MARTÍN TRIGUEROS	ASOCIACIÓN ANDALUZA	1996	80,85	JUN	0,6782	83	145,0	155,0	157,5	87,5	95,0	100,0	217,5	225,0	232,5	490,0	332,32
40	13	MARCOS GUTIERREZ GARCIA	POWEREXPLOSIVE	1996	81,65	JUN	0,6741	83	165,0	175,0	-182,5	-107,5	-107,5	107,5	190,0	200,0	-210,0	482,5	325,25
39	14	MARCOS EZQUERRA UNGRÍA	MÁLAGA POWER TEAM	1997	78,90	JUN	0,6888	83	145,0	155,0	165,0	87,5	92,5	95,0	187,5	200,0	-207,5	460,0	316,85
Cat. 93 kg																			
42	1	RUBÉN FUENTES MEDINA	AFA	1995	87,99	JUN	0,6459	93	255,0	270,0	277,5	157,5	163,0	-167,5	275,0	290,0	-300,5	730,5	471,83
41	2	ALEJANDRO SARMIENTO COLLADO	FUERZA GRANADA	1995	89,80	JUN	0,6391	93	190,0	200,0	-205,0	127,5	132,5	-135,0	225,0	235,0	237,5	570,0	364,29
26	3	IVAN ALONSO MOLERO	POWEREXPLOSIVE	1996	83,78	JUN	0,6638	93	180,0	192,5	205,0	-115,0	115,0	125,0	205,0	220,0	237,5	567,5	376,71
Cat. 105 kg																			
43	1	VÍCTOR VÁZQUEZ HDEZ.-CARRILLO	FUERZA GRANADA	1995	101,29	JUN	0,6055	105	-260,0	260,0	-270,5	162,5	168,0	170,0	290,0	302,5	-310,0	732,5	443,53 *
45	2	ESTEBAN NAVARRO PÉREZ	POWER EXPLOSIVE	1994	98,94	JUN	0,6112	105	230,0	240,0	247,5	160,0	-167,5	-167,5	240,0	250,0	257,5	665,0	406,45
44	3	DIEGO CAMARENA CAMACHO	CLUB POWERLIFTING AND	1995	97,38	JUN	0,6153	105	170,0	180,0	190,0	-120,0	120,0	130,0	220,0	230,0	240,0	560,0	344,57
46	4	GABRIEL BLANCO MERODIO	POWER PATERNA	1995	103,16	JUN	0,6014	105	175,0	185,0	-200,0	110,0	117,5	-122,5	180,0	195,0	205,0	507,5	305,21
Cat. 120 kg																			
47	1	PABLO SAUCÍ CAMACHO	ENERGY	1997	110,07	JUN	0,5884	120	190,0	-200,0	205,0	127,5	132,5	-140,0	225,0	235,0	-245,0	572,5	336,86
Cat. +120 kg																			
48	35	ZAK ANTHONY BRISTOW	ENERGY	1998	134,78	JUN	0,5621	120+	225,0	235,0	242,5	175,0	-182,5	182,5	290,0	310,0	-340,5	735,0	413,14

JUNIOR RAW A WILKS						(kg)	(pt.)
HOMBRES						TOTAL	WILKS
Ord.	PL.	NOMBRE	CLUB	AÑO	PESO		
42	1	RUBÉN FUENTES MEDINA	AFA	1995	87,99	730,5	471,83
35	2	RUBÉN RODRÍGUEZ CASTRO	FUERZA GRANADA	1996	82,08	673,5	452,59
43	3	VÍCTOR VÁZQUEZ HDEZ.-CARRILLO	FUERZA GRANADA	1995	101,29	732,5	443,53 *

LEYENDA:

record de España JUNIOR

record de España SENIOR

JUNIOR RAW A WILKS						(kg)	(pt.)
MUJERES						TOTAL	WILKS
Ord.	PL.	NOMBRE	CLUB	AÑO	PESO		
49	1	SUSANA DONADEU SÁNCHEZ	AD SIDERÓPOLIS	1995	49,30	265,0	344,07
54	2	ANDREA DÍEZ RODRÍGUEZ	AFA	1994	59,06	302,5	341,42 *
50	3	ESTHER GUTIÉRREZ GUTIÉRREZ	ASOCIACIÓN ANDALUZA	1996	55,41	285,5	338,72