

rev. 8-02-2022

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL												
Ord.	PL.	NOMBRE	CLUB	AÑO	PESO	EDAD	Cat.	(kg)	(kg)	(pt.)	TOTAL	IPFGL
76	1º	Andrés Castellón Del Campo	CROM GYM Madrid	2002	104,10	JUN	105	765,0	94,83			
97	2º	Sebastián Catalá Hidalgo	LIFT STRONG Madrid	1996	102,90	SNR	105	740,0	92,23			
104	3º	Luis Esteban Galardi Herrera	SPECIFIC STRENGTH Madrid	1997	92,55	SNR	93	692,5	90,81			
126	4º	Adrián Solana Guerrero	MAD POWERLIFTING Madrid	1993	90,25	SNR	93	682,5	90,61			
119	5º	Brian Rodríguez Pasán	DT POWER Madrid	1999	86,20	JUN	93	665,0	90,32			
34	6º	Alfonso Calin Fernandez	FUERZA TOLEDO	1990	82,85	SNR	83	645,0	89,37			
107	7º	José Granda Murias	SIDEROPOLIS Madrid	1996	90,20	SNR	93	670,0	88,97			
3	8º	Rubén De Paz Patiño	MAD POWERLIFTING Madrid	1987	74,00	SNR	74	600,0	88,09			
51	9º	Alejandro Quesada Soto	CROM GYM Madrid	1998	77,95	SNR	83	615,0	87,90			
14	10º	David Fernández Sánchez	CROM GYM Madrid	1989	72,85	SNR	74	592,5	87,70			
41	11º	Álvaro García Sánchez	EDUARDO RALLO Madrid	1994	82,80	SNR	83	622,5	86,28			
89	12º	Miguel Morell Chivato	POWERLIFTING MADRID	1995	101,30	SNR	105	680,0	85,38			
121	13º	José David Sánchez Martínez	BERSERKERS Madrid	1993	91,60	SNR	93	647,5	85,34			
90	14º	Fabio Gómez Gómez	FUERZA TOLEDO	1999	97,70	JUN	105	660,0	84,31			
11	15º	Christian Carsin Fernández	ALFA Forjando Atletas Madrid	1996	73,50	SNR	74	567,5	83,61			
106	16º	Mario Gracia Firma Paz	SPECIFIC STRENGTH Madrid	2000	91,05	JUN	93	630,0	83,28			
116	17º	Santiago Naranjo Romero	FUERZA TOLEDO	2001	91,15	JUN	93	630,0	83,23			
88	18º	Ignacio Aguado Sanz	AG STRENGTH Madrid	2000	100,00	JUN	105	645,0	81,48			
37	19º	Diego Romero Pérez	FUERZA TOLEDO	2000	81,10	JUN	83	580,0	81,23			
123	20º	Diego Sanz Mesa	MAD POWERLIFTING Madrid	2001	92,25	JUN	93	610,0	80,12			

CLASIFICACION HOMBRES POWERLIFTING RAW POR CATEGORIAS																			
Ord.	PL.	NOMBRE	CLUB	AÑO	PESO	EDAD	Cat.	(kg)	SQUAT (kg)			PRESS BANCA (kg)			PESO MUERTO (kg)			(kg)	(pt.)
									1º	2º	3º	1º	2º	3º	1º	2º	3º		
1	1º	Adrian Trujilo González	ÉXITO28 Madrid	1994	65,00	SNR	66	135,0	142,5	-150,0	-85,0	90,0	-92,5	155,0	162,5	-170,0	395,0	62,07	
3	1º	Rubén De Paz Patiño	MAD POWERLIFTING Madrid	1987	74,00	SNR	74	180,0	200,0	215,0	140,0	150,0	157,5	200,0	227,5		600,0	88,09	
14	2º	David Fernández Sánchez	CROM GYM Madrid	1989	72,85	SNR	74	190,0	200,0	212,5	125,0	132,5	140,0	210,0	225,0	240,0	592,5	87,70	
11	3º	Christian Carsin Fernández	ALFA Forjando Atletas Madrid	1996	73,50	SNR	74	190,0	202,5	-210,0	125,0	-130,0		225,0	240,0	-245,0	567,5	83,61	
15	4º	Asier Menaoum Baigorri	EL PATIO STRENGTH Madrid	1999	73,25	JUN	74	180,0	-190,0	190,0	-125,0	-125,0	125,0	205,0	-220,0	220,0	535,0	78,96	
16	5º	Carlos Pérez Marqués	EDUARDO RALLO Madrid	1995	73,75	SNR	74	177,5	-185,0	185,0	110,0	115,0	-117,5	212,5	220,0	230,0	530,0	77,95	
12	6º	Pablo Gutiérrez Rodríguez	BERSERKERS Madrid	1996	73,90	SNR	74	190,0	-200,0	-200,0	95,0	97,5	100,0	217,5	230,0	-235,0	520,0	76,39	
8	7º	David Gale Anso	BERSERKERS Toledo	1995	72,80	SNR	74	177,5	182,5	187,5	100,0	-105,0	-105,0	207,5	217,5	-225,0	505,0	74,77	
10	8º	Víctor Martín Arroyo	ENTRENA INTENSO Madrid	2002	73,55	JUN	74	170,0	180,0	-190,0	102,5	107,5	-110,0	205,0	215,0	-222,5	502,5	74,01	
17	9º	Miguel Torres Tello	LEVANTAMIENTO POTENCIA MADI	1993	72,25	SNR	74	155,0	162,5	172,5	97,5	105,0	-110,0	195,0	215,0	-225,0	492,5	73,21	
13	10º	Roberto Sendino Serna	SOY POWERLIFTER Madrid	1998	72,95	SNR	74	147,5	157,5	165,0	105,0	110,0	-115,0	170,0	185,0	-192,5	460,0	68,04	



ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

VII Campeonato de la Asociación de Powerlifting de Madrid

AP Madrid, Castilla La Mancha y Extremadura

Carranque (Toledo), 5-6 de febrero del 2022

rev. 8-02-2022

5	11 ^º	Sebastián Banzas Baró	ALFA Forjando Atletas Madrid	1988	72,20	SNR	74	135,0	145,0	-152,5	95,0	100,0	105,0	180,0	-190,0	-190,0	430,0	63,94
2	12 ^º	Rafael Ballester Fernandez	ENTRENA INTENSO Madrid	1999	73,45	JUN	74	145,0	-157,5	-157,5	85,0	90,0	-92,5	177,5	187,5	-192,5	422,5	62,27
6	13 ^º	Eduardo Molina Esteban	DT POWER Madrid	2002	72,10	JUN	74	-117,5	-117,5	117,5	62,5	65,0	75,0	155,0	167,5	175,0	367,5	54,69
4	14 ^º	Lorenzo Pérez Mejías	POWERLIFTING MADRID	1949	72,70	M4	74	70,0	80,0	-90,0	60,0	62,5	65,0	100,0	110,0	125,0	270,0	40,01
Cat. - 83 kg																		
34	1 ^º	Alfonso Calin Fernandez	FUERZA TOLEDO	1990	82,85	SNR	83	235,0	245,0	-252,5	-155,0	155,0	165,0	235,0	-245,0	-245,0	645,0	89,37
41	2 ^º	Álvaro García Sánchez	EDUARDO RALLO Madrid	1994	82,80	SNR	83	180,0	190,0	202,5	157,5	165,0	170,0	-222,5	235,0	250,0	622,5	86,28
51	3 ^º	Alejandro Quesada Soto	CROM GYM Madrid	1998	77,95	SNR	83	202,5	215,0	222,5	115,0	125,0	132,5	-260,0	260,0	-290,0	615,0	87,90
37	4 ^º	Diego Romero Pérez	FUERZA TOLEDO	2000	81,10	JUN	83	190,0	197,5	-202,5	120,0	125,0	-127,5	242,5	250,0	257,5	580,0	81,23
39	5 ^º	Álvaro Fernández Ramos	DT POWER Madrid	1993	83,00	SNR	83	190,0	-202,5	-207,5	137,5	142,5	145,0	227,5	242,5	-255,0	577,5	79,94
46	6 ^º	Jaime Escat Ramos	EDUARDO RALLO Madrid	2003	80,50	JUN	83	195,0	205,0	212,5	112,5	117,5	-125,0	212,5	225,0	237,5	567,5	79,78
36	7 ^º	Andrés Aldea Murillo	LIFT STRONG Madrid	1999	82,00	JUN	83	190,0	-200,0	200,0	-132,5	132,5	-137,5	215,0	225,0	235,0	567,5	79,04
42	8 ^º	Angel Gamez Carmona	BERSERKERS Toledo	1996	82,50	SNR	83	180,0	190,0	200,0	130,0	135,0	137,5	200,0	210,0	215,0	552,5	76,71
52	9 ^º	Sergio Moreno Calastra	BERSERKERS Madrid	1999	78,95	JUN	83	150,0	160,0	167,5	130,0	137,5	140,0	195,0	210,0	220,0	527,5	74,90
45	10 ^º	Carlos Javier Lopez Mansilla	ENTRENA INTENSO Madrid	1991	81,25	SNR	83	165,0	175,0	185,0	95,0	105,0	110,0	200,0	215,0	230,0	525,0	73,46
35	11 ^º	Antonio Jose Moreno De La Rosa	ENTRENA INTENSO Madrid	1986	81,70	SNR	83	180,0	-185,0	-185,0	120,0	-122,5	-127,5	200,0	210,0	220,0	520,0	72,56
40	12 ^º	Lucian Petronel Ilica	BERSERKERS Madrid	1997	82,50	SNR	83	-170,0	170,0	180,0	-125,0	125,0	-130,0	-200,0	215,0	-230,0	520,0	72,20
43	13 ^º	Rubén Francisco Madrid Jaenes	EDUARDO RALLO Madrid	1998	81,70	SNR	83	177,5	190,0	-200,0	107,5	115,0	-120,0	195,0	205,0	210,0	515,0	71,86
47	14 ^º	Víctor De La Villa Sánchez	DT POWER Madrid	1995	80,60	SNR	83	172,5	182,5	192,5	97,5	105,0	-110,0	187,5	200,0	212,5	510,0	71,66
49	15 ^º	Jose Javier García Sanchez	ENERGIZIN' TEAM Madrid	2002	78,60	JUN	83	172,5	-182,5	192,5	97,5	105,0	-112,0	190,0	200,0	210,0	507,5	72,23
50	16 ^º	Juan Pablo Arévalo Martínez	CROM GYM Madrid	1994	81,25	SNR	83	167,5	-172,5	-182,5	107,5	115,0	120,0	190,0	205,0	212,5	500,0	69,96
48	17 ^º	David Fermín Maestro	BERSERKERS Toledo	1995	80,70	SNR	83	170,0	175,0	180,0	100,0	105,0	-110,0	190,0	205,0	210,0	495,0	69,50
38	18 ^º	Oscar Bernardez Fernandez	ENTRENA INTENSO Madrid	1991	81,10	SNR	83	140,0	152,5	162,5	115,0	-120,0	120,0	180,0	190,0	200,0	482,5	67,58
Cat. - 93 kg																		
104	1 ^º	Luis Esteban Galardi Herrera	SPECIFIC STRENGTH Madrid	1997	92,55	SNR	93	240,0	252,5	XXX	-150,0	150,0	-157,5	255,0	275,0	290,0	692,5	90,81
126	2 ^º	Adrián Solana Guerrero	MAD POWERLIFTING Madrid	1993	90,25	SNR	93	220,0	-230,0	230,0	145,0	152,5	XXX	265,0	287,5	300,0	682,5	90,61
107	3 ^º	José Granda Murias	SIDEROPOLIS Madrid	1996	90,20	SNR	93	230,0	240,0	-250,0	150,0	160,0	162,5	255,0	267,5	-277,5	670,0	88,97
119	4 ^º	Brian Rodríguez Pasán	DT POWER Madrid	1999	86,20	JUN	93	215,0	222,5	232,5	127,5	-132,5	-132,5	267,5	287,5	305,0	665,0	90,32
121	5 ^º	José David Sánchez Martínez	BERSERKERS Madrid	1993	91,60	SNR	93	225,0	240,0	245,0	145,0	150,0	157,5	230,0	245,0	-270,0	647,5	85,34
106	6 ^º	Mario Gracia Firma Paz	SPECIFIC STRENGTH Madrid	2000	91,05	JUN	93	-195,0	-205,0	205,0	-140,0	140,0	145,0	260,0	280,0	-300,0	630,0	83,28
116	7 ^º	Santiago Naranjo Romero	FUERZA TOLEDO	2001	91,15	JUN	93	-210,0	-210,0	225,0	150,0	157,5	162,5	-227,5	227,5	242,5	630,0	83,23
125	8 ^º	Juan Bosco Serrano Valverde	ENERGIZIN' TEAM Madrid	1995	92,05	SNR	93	212,5	225,0	230,0	127,5	135,0	-137,5	245,0	-265,0	-265,0	610,0	80,20
123	9 ^º	Diego Sanz Mesa	MAD POWERLIFTING Madrid	2001	92,25	JUN	93	202,5	210,0	215,0	130,0	-137,5	140,0	230,0	245,0	255,0	610,0	80,12
127	10 ^º	Dylan Tallana Rodríguez	CROM GYM Madrid	2000	89,30	JUN	93	195,0	210,0	220,0	127,5	132,5	137,5	220,0	235,0	-245,0	592,5	79,07
112	11 ^º	Eneko Iglesias Uribelarrea	SOY POWERLIFTER Madrid	2000	90,45	JUN	93	212,5	225,0	235,0	115,0	120,0	-125,0	215,0	230,0	-245,0	585,0	77,58
101	12 ^º	Jorge De Andrés Blanes	DT POWER Madrid	2000	89,75	JUN	93	197,5	210,0	217,5	102,5	112,5	XXX	230,0	245,0	-260,0	575,0	76,55
128	13 ^º	Ronald David Uchuari Cuenca	BERSERKERS Madrid	1998	90,45	SNR	93	200,0	210,0	-215,0	115,0	120,0	122,5	215,0	225,0	232,5	565,0	74,93
113	14 ^º	Jiahao Ji Zhou	EDUARDO RALLO Madrid	1998	91,65	SNR	93	-187,5	187,5	202,5	-120,0	120,0	-125,0	222,5	232,5	240,0	562,5	74,11
122	15 ^º	Adrián Sánchez Torres	MAD POWERLIFTING Madrid	1998	88,50	SNR	93	-197,5	197,5	210,0	97,5	-102,5	105,0	215,0	227,5	240,0	555,0	74,40
109	16 ^º	Dylan-John Hambley Díaz	POWERLIFTING MADRID	2004	91,65	SBJ	93	195,0	205,0	-215,0	105,0	-112,5	112,5	225,0	235,0	-242,5	552,5	72,80



ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

VII Campeonato de la Asociación de Powerlifting de Madrid

AP Madrid, Castilla La Mancha y Extremadura

Carranque (Toledo), 5-6 de febrero del 2022

rev. 8-02-2022

118	17 ^º	Alberto Rios Gómez	EDUARDO RALLO Madrid	1997	92,40	SNR	93	-185,0	190,0	200,0	127,5	-132,5	132,5	190,0	207,5	220,0	552,5	72,51
103	18 ^º	Ángel Rómulo Gabaldón Ortega	EDUARDO RALLO Madrid	1982	91,60	M1	93	180,0	192,5	-200,0	110,0	115,0	120,0	220,0	232,5	-237,5	545,0	71,83
117	19 ^º	Adrian Peña Gomez	BERSERKERS Toledo	1997	87,60	SNR	93	-190,0	190,0	195,0	115,0	-120,0	XXX	215,0	230,0	-245,0	540,0	72,76
110	20 ^º	Álvaro Hernández Cano	SOY POWERLIFTER Madrid	1998	90,80	SNR	93	165,0	-175,0	180,0	117,5	122,5	127,5	200,0	215,0	225,0	532,5	70,48
124	21 ^º	Luan Sciarpa Seirafe	CROM GYM Madrid	2000	86,25	JUN	93	197,5	-207,5	207,5	110,0	115,0	-120,0	195,0	202,5	207,5	530,0	71,96
120	22 ^º	Samuel Roncada Grimaldos	POWERLIFTING MADRID	1999	90,80	JUN	93	190,0	200,0	207,5	115,0	120,0	-125,0	190,0	202,5	XXX	530,0	70,15
111	23 ^º	Rubén Herrada Grande	EDUARDO RALLO Madrid	1997	91,45	SNR	93	-195,0	195,0	-210,0	-110,0	110,0	-117,5	210,0	225,0	-240,0	530,0	69,91
108	24 ^º	Mario Gutiérrez García	ÉXITO28 Madrid	2002	91,20	JUN	93	180,0	-190,0	-190,0	90,0	95,0	100,0	-225,0	240,0	-250,0	520,0	68,68
115	25 ^º	Alejandro López Alonso	SOY POWERLIFTER Madrid	1998	91,45	SNR	93	180,0	190,0	-200,0	110,0	115,0	-120,0	-185,0	200,0	215,0	520,0	68,59
102	26 ^º	Sergio Del Rosario Loira	BERSERKERS Toledo	1997	89,40	SNR	93	160,0	170,0	180,0	100,0	107,5	112,5	190,0	200,0	210,0	502,5	67,02
105	27 ^º	Rodrigo García De Marina Metola	LIFT STRONG Madrid	1999	89,90	JUN	93	162,5	172,5	182,5	97,5	-102,5	102,5	200,0	215,0	-230,0	500,0	66,51
129	28 ^º	Pablo Vian Cuesta	SOY POWERLIFTER Madrid	1981	88,85	M1	93	-145,0	155,0	165,0	90,0	95,0	-100,0	180,0	195,0	210,0	470,0	62,88
98	29 ^º	Miguel Ángel Alcalde García	SOY POWERLIFTER Madrid	2000	85,90	JUN	93	145,0	155,0	162,5	67,5	72,5	-80,0	150,0	162,5	175,0	410,0	55,78
99	30 ^º	Alberto Benito De La Puerta	ENTRENA INTENSO Madrid	1979	90,05	M1	93	140,0	-150,0	-150,0	90,0	-95,0	-95,0	145,0	152,5	160,0	390,0	51,83
Cat. - 105 kg																		
76	1 ^º	Andrés Castellón Del Campo	CROM GYM Madrid	2002	104,10	JUN	105	257,5	270,0	280,0	132,5	137,5	145,0	300,0	320,0	340,0	765,0	94,83
97	2 ^º	Sebastián Catalá Hidalgo	LIFT STRONG Madrid	1996	102,90	SNR	105	250,0	-267,5	270,0	170,0	-180,0	-180,0	270,0	300,0	XXX	740,0	92,23
89	3 ^º	Miguel Morell Chivato	POWERLIFTING MADRID	1995	101,30	SNR	105	220,0	230,0	240,0	150,0	160,0	-165,0	260,0	270,0	280,0	680,0	85,38
90	4 ^º	Fabio Gómez Gómez	FUERZA TOLEDO	1999	97,70	JUN	105	-215,0	225,0	235,0	150,0	155,0	-160,0	270,0	-300,0	-300,0	660,0	84,31
88	5 ^º	Ignacio Aguado Sanz	AG STRENGTH Madrid	2000	100,00	JUN	105	-217,5	232,5	242,5	120,0	127,5	132,5	242,5	270,0	-287,5	645,0	81,48
95	6 ^º	Luis Enrique Garcia Vargas	FUERZA TOLEDO	1996	102,90	SNR	105	215,0	225,0	232,5	110,0	115,0	-117,5	262,5	275,0	282,5	630,0	78,52
96	7 ^º	Ignacio Giménez Pérez	DT POWER Madrid	1998	102,70	SNR	105	195,0	210,0	217,5	127,5	132,5	-140,0	230,0	245,0	260,0	610,0	76,10
79	8 ^º	Fernando Díez García	LIFT STRONG Madrid	1993	97,50	SNR	105	197,5	210,0	217,5	132,5	137,5	140,0	220,0	235,0	245,0	602,5	77,04
81	9 ^º	Samuel Badiola Zapatero	SIDEROPOLIS Madrid	1989	102,50	SNR	105	200,0	-210,0	210,0	130,0	137,5	140,0	-235,0	250,0	-265,0	600,0	74,92
78	10 ^º	Santiago Blanco Martín	SOY POWERLIFTER Madrid	1991	101,00	SNR	105	182,5	195,0	205,0	122,5	127,5	132,5	-212,5	227,5	242,5	580,0	72,93
77	11 ^º	Nabil Souaf Azaghuani	DT POWER Madrid	1996	102,10	SNR	105	195,0	207,5	-217,5	127,5	135,0	142,5	205,0	217,5	230,0	580,0	72,55
91	12 ^º	Arturo Morcillo Penares	POWERLIFTING EXTREMADURA	1999	98,50	JUN	105	195,0	207,5	215,0	107,5	112,5	-120,0	207,5	222,5	230,0	557,5	70,94
94	13 ^º	Diego Manuel Díaz Reeves	SPECIFIC STRENGTH Madrid	1999	98,70	JUN	105	192,5	-205,0	-210,0	135,0	140,0	-145,0	210,0	225,0	xxx	557,5	70,87
93	14 ^º	Christian Cano Martinez	BERSERKERS Toledo	1995	98,70	SNR	105	190,0	205,0	210,0	117,5	-122,5	122,5	205,0	-217,5	-217,5	537,5	68,33
92	15 ^º	David Fernández Albo	ALFA Forjando Atletas Madrid	1982	104,70	M1	105	-140,0	150,0	165,0	87,5	92,5	-100,0	185,0	195,0	200,0	457,5	56,56
Cat. -120 kg																		
83	1 ^º	José Miguel Martín Rosales	CROM GYM Madrid	1994	119,60	SNR	120	245,0	XXX	XXX	140,0	XXX	XXX	285,0	XXX	XXX	670,0	78,00
Cat. 120+ kg																		
84	1 ^º	Félix Saman Durand	POWERLIFTING MADRID	1979	123,80	M1	120+	217,5	-225,0	225,0	147,5	152,5	160,0	230,0	245,0	-252,5	630,0	72,25