

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**VI Campeonato Regional del NorOeste**  
 Palacios de Goda (Ávila) - 18-20 de febrero del 2022

| <b>MUJERES POWERLIFTING RAW</b> |   |            |             |             |              |             |                    |       |       |                    |      |      |                    |    |       |              |               |            |       |        |    |
|---------------------------------|---|------------|-------------|-------------|--------------|-------------|--------------------|-------|-------|--------------------|------|------|--------------------|----|-------|--------------|---------------|------------|-------|--------|----|
| <b>LEVANTADORA</b>              |   | <b>AÑO</b> | <b>CLUB</b> | <b>PESO</b> | <b>COEF.</b> | <b>Ord.</b> | <b>SENTADILLAS</b> |       |       | <b>PRESS BANCA</b> |      |      | <b>PESO MUERTO</b> |    |       | <b>TOTAL</b> | <b>IPF GL</b> | <b>Pt.</b> |       |        |    |
| <b>-47kg</b>                    |   |            |             |             |              |             |                    |       |       |                    |      |      |                    |    |       |              |               |            |       |        |    |
| 1                               | Ortiz De Urbina Fernandez Yolanda       | 1994       | FNORT       | 45,50       | 0,2865       | 46          | 50,0               | 55,0  | 60,0  | 1                  | 37,5 | 40,0 | 42,5               | 1  | 85,0  | 92,5         | 100,0         | 1          | 202,5 | 58,02  | 12 |
| <b>-52kg</b>                    |   |            |             |             |              |             |                    |       |       |                    |      |      |                    |    |       |              |               |            |       |        |    |
| 1                               | Gutierrez Rodriguez Laura               | 1991       | PSALAM      | 50,82       | 0,2576       | 52          | 100,0              | 110,0 | 115,0 | 1                  | 52,5 | 57,5 | 60,0               | 2  | 110,0 | 120,0        | 127,5         | 4          | 302,5 | 77,92  | 12 |
| 2                               | Gomez Cordoba M <sup>a</sup> del Carmen | 1998       | FENIX       | 51,53       | 0,2545       | 55          | 97,5               | 105,0 | 112,5 | 3                  | 55,0 | 60,0 | 65,0               | 3  | 107,5 | 117,5        | 125,0         | 5          | 297,5 | 75,71  | 9  |
| 3                               | Hernandez Lorca Beatriz                 | 1989       | FENIX       | 51,55       | 0,2544       | 50          | 97,5               | 102,5 | 107,5 | 4                  | 50,0 | 52,5 | 55,0               | 4  | 117,5 | 125,0        | 132,5         | 1          | 290,0 | 73,78  | 8  |
| 4                               | Gonzalez Rodriguez.. Belen              | 1999       | ASTUR       | 50,47       | 0,2592       | 47          | 100,0              | 112,5 | 120,0 | 2                  | 62,5 | 67,5 | 70,0               | 1  | 92,5  | 105,0        | 110,0         | 7          | 287,5 | 74,52  | 7  |
| 5                               | Fernandez Diaz Aida                     | 1999       | ASTUR       | 51,99       | 0,2525       | 51          | 85,0               | 92,5  | 95,0  | 6                  | 47,5 | 52,5 | 55,0               | 5  | 120,0 | 132,5        | 145,0         | 2          | 280,0 | 70,70  | 6  |
| 6                               | Sousa Perez Alba                        | 1998       | FENIX       | 51,26       | 0,2557       | 54          | 87,5               | 92,5  | 97,5  | 5                  | 42,5 | 47,5 | 55,0               | 7  | 110,0 | 120,0        | 130,0         | 3          | 275,0 | 70,32  | 5  |
| 7                               | Garcia Fernandez Maria                  | 1979       | ETRAIN      | 50,66       | 0,2583       | 49          | 80,0               | 80,0  | 80,0  | 9                  | 37,5 | 40,0 | 42,5               | 9  | 100,0 | 110,0        | 120,0         | 6          | 240,0 | 61,99  | 4  |
| 8                               | Fernandez Cordero Sandra                | 1986       | CRSAL       | 51,79       | 0,2534       | 56          | 72,5               | 77,5  | 82,5  | 7                  | 45,0 | 50,0 | 50,0               | 6  | 85,0  | 92,5         | 100,0         | 8          | 232,5 | 58,92  | 3  |
| 9                               | Martin Iglesias Leire                   | 1999       | INDAR       | 50,14       | 0,2607       | 53          | 72,5               | 80,0  | 85,0  | 8                  | 35,0 | 37,5 | 40,0               | 8  | 72,5  | 82,5         | 90,0          | 10         | 210,0 | 54,75  | 2  |
| 10                              | Batista Aguilar Helen                   | 1996       | RSLIF       | 51,65       | 0,2540       | 48          | 55,0               | 60,0  | 65,0  | 10                 | 37,5 | 42,5 | 42,5               | 10 | 80,0  | 87,5         | 92,5          | 9          | 190,0 | 48,26  | 1  |
| <b>-57kg</b>                    |   |            |             |             |              |             |                    |       |       |                    |      |      |                    |    |       |              |               |            |       |        |    |
| 1                               | Vallejo Garcia Ines                     | 2000       | FNORT       | 56,43       | 0,2364       | 63          | 110,0              | 117,5 | 125,0 | 1                  | 62,5 | 65,0 | 67,5               | 2  | 140,0 | 150,0        | 155,0         | 2          | 342,5 | 80,97  | 12 |
| 2                               | Fdez De Landa Marquinez Oihana          | 1991       | PNAVAR      | 56,66       | 0,2356       | 65          | 110,0              | 117,5 | 125,0 | 2                  | 52,5 | 57,5 | 57,5               | 8  | 152,5 | 160,0        | 175,0         | 1          | 330,0 | 77,75  | 9  |
| 3                               | Alonso Vazquez Paula                    | 2001       | FENIX       | 56,86       | 0,2350       | 66          | 102,5              | 110,0 | 112,5 | 3                  | 65,0 | 67,5 | 70,0               | 1  | 132,5 | 142,5        | 150,0         | 3          | 330,0 | 77,55  | 8  |
| 4                               | Vaquero Bouzon Ariana                   | 1983       | FENIX       | 56,58       | 0,2359       | 64          | 102,5              | 107,5 | 110,0 | 4                  | 55,0 | 60,0 | 60,0               | 6  | 137,5 | 142,5        | 147,5         | 4          | 305,0 | 71,95  | 7  |
| 5                               | Garcia Valle Sandra                     | 1996       | FNORT       | 55,84       | 0,2383       | 57          | 90,0               | 95,0  | 97,5  | 8                  | 60,0 | 62,5 | 62,5               | 3  | 130,0 | 137,5        | 145,0         | 5          | 297,5 | 70,89  | 6  |
| 6                               | Alvarez Victor Xeila                    | 1995       | GALI        | 56,40       | 0,2364       | 60          | 90,0               | 97,5  | 102,5 | 5                  | 55,0 | 57,5 | 60,0               | 5  | 100,0 | 115,0        | 125,0         | 6          | 287,5 | 67,97  | 5  |
| 7                               | Ortiz Barquilla Leire                   | 1996       | INDAR       | 55,91       | 0,2380       | 62          | 80,0               | 87,5  | 95,0  | 9                  | 55,0 | 57,5 | 60,0               | 4  | 107,5 | 115,0        | 120,0         | 7          | 275,0 | 65,45  | 4  |
| 8                               | Nebreda Porres Lara                     | 1996       | BURGOS      | 56,60       | 0,2358       | 61          | 92,5               | 100,0 | 105,0 | 6                  | 47,5 | 52,5 | 55,0               | 7  | 102,5 | 110,0        | 115,0         | 9          | 267,5 | 63,08  | 3  |
| 9                               | Garcia Lopez Paula                      | 1999       | FNORT       | 56,82       | 0,2351       | 59          | 87,5               | 95,0  | 100,0 | 7                  | 45,0 | 47,5 | 50,0               | 9  | 100,0 | 112,5        | 117,5         | 8          | 267,5 | 62,89  | 2  |
| 10                              | Coballes Martinez Lucia                 | 2001       | GALI        | 56,61       | 0,2358       | 58          | 75,0               | 80,0  | 85,0  | 10                 | 47,5 | 50,0 | 50,0               | 10 | 95,0  | 100,0        | 107,5         | 10         | 222,5 | 52,47  | 1  |
| <b>-63kg</b>                    |   |            |             |             |              |             |                    |       |       |                    |      |      |                    |    |       |              |               |            |       |        |    |
| 1                               | Maguregi Rodriguez Jone                 | 1999       | INDAR       | 62,26       | 0,2205       | 68          | 125,0              | 130,0 | 132,5 | 3                  | 77,5 | 80,0 | 85,0               | 2  | 152,5 | 160,0        | 165,0         | 3          | 377,5 | 83,24  | 12 |
| 2                               | Novoa Gonzalez Alba                     | 1998       | FENIX       | 61,39       | 0,2225       | 79          | 120,0              | 127,5 | 132,5 | 4                  | 75,0 | 80,0 | 85,0               | 1  | 150,0 | 160,0        | 170,0         | 4          | 367,5 | 81,77  | 9  |
| 3                               | Iziz Otero Dana                         | 2000       | PNAVAR      | 60,62       | 0,2244       | 83          | 130,0              | 137,5 | 145,0 | 1                  | 60,0 | 65,0 | 70,0               | 3  | 145,0 | 152,5        | 160,0         | 5          | 360,0 | 80,78  | 8  |
| 4                               | Mouthe Boulologo Elsa Paola             | 1997       | INDAR       | 62,21       | 0,2206       | 86          | 115,0              | 120,0 | 125,0 | 5                  | 65,0 | 67,5 | 67,5               | 10 | 155,0 | 165,0        | 175,0         | 2          | 365,0 | 80,52  | 7  |
| 5                               | De La Calle Cuesta Jone                 | 2001       | INDAR       | 62,20       | 0,2206       | 73          | 125,0              | 132,5 | 132,5 | 2                  | 65,0 | 70,0 | 70,0               | 4  | 120,0 | 127,5        | 132,5         | 11         | 335,0 | 73,90  | 6  |
| 6                               | Alonso Alvarez Esther                   | 1986       | PALEN       | 59,93       | 0,2262       | 85          | 110,0              | 115,0 | 120,0 | 6                  | 55,0 | 57,5 | 62,5               | 11 | 110,0 | 122,5        | 132,5         | 10         | 315,0 | 71,25  | 5  |
| 7                               | Chanevi Chuviru Lily                    | 1984       | PNAVAR      | 60,23       | 0,2254       | 82          | 100,0              | 107,5 | 107,5 | 10                 | 47,5 | 52,5 | 55,0               | 14 | 130,0 | 145,0        | 150,0         | 6          | 312,5 | 70,438 | 4  |
| 8                               | Perez Alcalde Elena                     | 2001       | FENIX       | 58,94       | 0,2289       | 81          | 95,0               | 95,0  | 102,5 | 11                 | 57,5 | 62,5 | 67,5               | 6  | 120,0 | 130,0        | 140,0         | 7          | 310,0 | 70,96  | 3  |
| 9                               | Piñeiro Fernandez Lucia                 | 2004       | FENIX       | 62,10       | 0,2208       | 80          | 105,0              | 110,0 | 115,0 | 7                  | 57,5 | 62,5 | 67,5               | 9  | 112,5 | 120,0        | 127,5         | 12         | 310,0 | 68,45  | 2  |
| 10                              | Gomez Garcia Maddalen                   | 2001       | INDAR       | 61,01       | 0,2235       | 70          | 95,0               | 105,0 | 112,5 | 8                  | 55,0 | 60,0 | 65,0               | 12 | 115,0 | 125,0        | 135,0         | 8          | 307,5 | 68,73  | 1  |
| 11                              | Vidal Diaz Maria                        | 1997       | FENIX       | 60,97       | 0,2236       | 67          | 97,5               | 102,5 | 107,5 | 9                  | 62,5 | 67,5 | 67,5               | 7  | 105,0 | 110,0        | 115,0         | 14         | 290,0 | 64,84  | 1  |
| 12                              | Gutierrez Lorenzo Laura                 | 1999       | PNAVAR      | 61,00       | 0,2235       | 69          | 92,5               | 97,5  | 102,5 | 12                 | 65,0 | 67,5 | 75,0               | 8  | 112,5 | X            | X             | 15         | 282,5 | 63,14  | 1  |
| 13                              | Jul Hidalgo Brenda                      | 2002       | FNORT       | 59,01       | 0,2287       | 71          | 90,0               | 95,0  | 95,0  | 13                 | 50,0 | 52,5 | 55,0               | 15 | 117,5 | 125,0        | 132,5         | 9          | 275,0 | 62,89  | 1  |
| 14                              | Garcia Turiel Alicia                    | 2001       | FNORT       | 60,98       | 0,2235       | 77          | 75,0               | 80,0  | 85,0  | 15                 | 50,0 | 52,5 | 55,0               | 16 | 110,0 | 117,5        | 122,5         | 13         | 260,0 | 58,11  | 1  |
| 15                              | Tovar Diaz Maria                        | 1997       | CRSAL       | 60,75       | 0,2241       | 78          | 82,5               | 90,0  | 97,5  | 14                 | 47,5 | 50,0 | 55,0               | 13 | 90,0  | 100,0        | 107,5         | 17         | 252,5 | 56,59  | 1  |
| 16                              | Hernandez Jimenez Jessica               | 1993       | RSLIF       | 62,24       | 0,2205       | 72          | 70,0               | 80,0  | 85,0  | 16                 | 37,5 | 42,5 | 45,0               | 18 | 95,0  | 105,0        | 112,5         | 16         | 235,0 | 51,82  | 1  |
| 17                              | Abando Gonzalez Cristina                | 1991       | PCAST       | 59,62       | 0,2270       | 87          | 62,5               | 67,5  | 72,5  | 17                 | 42,5 | 47,5 | 52,5               | 17 | 90,0  | 97,5         | 102,5         | 18         | 222,5 | 50,51  | 1  |
| —                               | Martinez Diaz Paula                     | 1996       | INDAR       | 57,57       | 0,2328       | 84          | 135,0              | 135,0 | 135,0 | —                  | 65,0 | 67,5 | 70,0               | 5  | 155,0 | 162,5        | 170,0         | 1          | —     | —      | —  |

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| <b>MUJERES POWERLIFTING RAW</b> |                             |            |             |             |              |             |                    |       |       |   |                    |      |      |                    |       |       |              |               |              |              |    |
|---------------------------------|-----------------------------|------------|-------------|-------------|--------------|-------------|--------------------|-------|-------|---|--------------------|------|------|--------------------|-------|-------|--------------|---------------|--------------|--------------|----|
| <b>LEVANTADORA</b>              |                             | <b>AÑO</b> | <b>CLUB</b> | <b>PESO</b> | <b>COEF.</b> | <b>Ord.</b> | <b>SENTADILLAS</b> |       |       |   | <b>PRESS BANCA</b> |      |      | <b>PESO MUERTO</b> |       |       | <b>TOTAL</b> | <b>IPF GL</b> | <b>Pt.</b>   |              |    |
| <b>-69kg</b>                    |                             |            |             |             |              |             |                    |       |       |   |                    |      |      |                    |       |       |              |               |              |              |    |
| 1                               | Martin Monroy. Maria Begoña | 2000       | PCAST       | 68,75       | 0,2076       | 76          | 140,0              | 145,0 | 150,0 | 1 | 85,0               | 87,5 | 90,0 | 1                  | 160,0 | 167,5 | 172,5        | 1             | <b>410,0</b> | <b>85,12</b> | 12 |
| 2                               | Rego Diaz Cristina          | 2001       | FENIX       | 65,75       | 0,2130       | 74          | 95,0               | 102,5 | 107,5 | 2 | 52,5               | 57,5 | 62,5 | 2                  | 125,0 | 132,5 | 140,0        | 2             | <b>310,0</b> | <b>66,03</b> | 9  |
| 3                               | Graña Enjo Brenda           | 1992       | GALI        | 64,91       | 0,2147       | 75          | 67,5               | 75,0  | 80,0  | 3 | 35,0               | 40,0 | 42,5 | 3                  | 85,0  | 95,0  | 105,0        | 3             | <b>227,5</b> | <b>48,84</b> | 8  |
| <b>-76kg</b>                    |                             |            |             |             |              |             |                    |       |       |   |                    |      |      |                    |       |       |              |               |              |              |    |
| 1                               | Reoli Tellez Yaima          | 1980       | PALEN       | 73,77       | 0,2000       | 88          | 117,5              | 125,0 | 132,5 | 1 | 47,5               | 52,5 | 52,5 | 4                  | 130,0 | 140,0 | 142,5        | 2             | <b>327,5</b> | <b>65,50</b> | 9  |
| 2                               | Ares Patiño Sandra          | 2001       | FENIX       | 73,34       | 0,2006       | 95          | 95,0               | 105,0 | 115,0 | 3 | 65,0               | 75,0 | 75,0 | 1                  | 105,0 | 115,0 | 135,0        | 3             | <b>325,0</b> | <b>65,19</b> | 8  |
| 3                               | Roa Sales Ana               | 1998       | BURGOS      | 73,94       | 0,1998       | 90          | 100,0              | 110,0 | 117,5 | 2 | 55,0               | 60,0 | 65,0 | 3                  | 115,0 | 125,0 | 132,5        | 4             | <b>307,5</b> | <b>61,44</b> | 6  |
| 4                               | Lago Liste Claudia          | 2002       | FENIX       | 73,32       | 0,2006       | 94          | 95,0               | 105,0 | 112,5 | 5 | 65,0               | 70,0 | 72,5 | 2                  | 110,0 | 120,0 | 125,0        | 5             | <b>302,5</b> | <b>60,68</b> | 5  |
| 5                               | Gutierrez Godoy Angela      | 1998       | PSALAM      | 72,68       | 0,2015       | 91          | 100,0              | 107,5 | 112,5 | 4 | 45,0               | 45,0 | 50,0 | 5                  | 125,0 | 135,0 | 142,5        | 1             | <b>300,0</b> | <b>60,45</b> | 4  |
| —                               | Muñoz Romeo Tatiana         | 1997       | PNAVAR      | 86,88       | 0,1865       | 93          | 115,0              | 115,0 | 122,5 | — | 60,0               | 65,0 | 65,0 | —                  | 130,0 | 135,0 | 142,5        | —             | —            | —            | *  |
| —                               | Mediano Heras Isabel        | 2002       | FNORT       | 73,73       | 0,2001       | 92          | 130,0              | 135,0 | 135,0 | — | 70,0               | 75,0 | 80,0 | —                  | 150,0 | 160,0 | 170,0        | —             | —            | —            | ** |
| <b>-84kg</b>                    |                             |            |             |             |              |             |                    |       |       |   |                    |      |      |                    |       |       |              |               |              |              |    |
| 1                               | Ibañez Cacho June Valeria   | 1997       | INDAR       | 76,79       | 0,1962       | 96          | 107,5              | 115,0 | 122,5 | 1 | 52,5               | 57,5 | 60,0 | 1                  | 125,0 | 135,0 | 142,5        | 1             | <b>325,0</b> | <b>63,77</b> | 12 |
| 2                               | Marin Alejo Milagros        | 1992       | ASTUR       | 79,90       | 0,1928       | 97          | 100,0              | 107,5 | 115,0 | 2 | 45,0               | 50,0 | 55,0 | 2                  | 120,0 | 120,0 | 135,0        | 2             | <b>277,5</b> | <b>53,50</b> | 9  |
| <b>84+kg</b>                    |                             |            |             |             |              |             |                    |       |       |   |                    |      |      |                    |       |       |              |               |              |              |    |
| 1                               | Fernandez Espejo Yolanda    | 1981       | ASTUR       | 104,93      | 0,1762       | 99          | 85,0               | 85,0  | 95,0  | 2 | 45,0               | 55,0 | 57,5 | 1                  | 115,0 | 125,0 | 130,0        | 1             | <b>282,5</b> | <b>49,78</b> | 12 |
| 2                               | Dominguez Iglesias Lucia    | 1996       | INDAR       | 85,40       | 0,1877       | 98          | 85,0               | 90,0  | 100,0 | 1 | 47,5               | 52,5 | 57,5 | 2                  | 100,0 | 107,5 | 115,0        | 2             | <b>267,5</b> | <b>50,21</b> | 9  |

| <b>CLASIFICACIÓN POR CLUBS</b> |                             | <b>pt.</b> | <b>Puntuaciones</b>         |
|--------------------------------|-----------------------------|------------|-----------------------------|
| 1                              | INDAR POWER Vitoria         | 46         | [12+12+9+7+6] 351,63 GL Pts |
| 2                              | FENIX GALICIA POWER         | 43         | [9+9+9+8+8] 374,84 GL Pts   |
| 3                              | ASOCIACION ASTURIANA        | 34         | [12+9+7+6] 248,50 GL Pts    |
| 4                              | FUERZA NORTE Leon           | 33         | [12+12+6+2+1] 335,66 GL Pts |
| 5                              | POWERLIFTING NAVARRA        | 29         | [9+8+7+4+1] 345,51 GL Pts   |
| 6                              | POWERLIFTING SALAMANCA      | 16         | [12+4] 138,37 GL Pts        |
| 7                              | POWERLIFTING PALENCIA       | 14         | [9+5] 136,75 GL Pts         |
| 8                              | GALILIFTERS Pontevedra      | 14         | [8+5+1] 169,27 GL Pts       |
| 9                              | POWERLIFTING CASTILLA       | 13         | [12+1] 135,62 GL Pts        |
| 10                             | STRENGTH BURGOS             | 9          | [6+3] 124,51 GL Pts         |
| 11                             | TEAM ELITETRAINER Santander | 4          | [4] 61,99 GL Pts            |
| 12                             | CROSSFIT SALAMANCA          | 4          | [3+1] 115,50 GL Pts         |
| 13                             | RS LIFTING Avila            | 2          | [1+1] 100,08 GL Pts         |

Fuera de competición \*  
 Descalificada por los Jueces \*\*

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| <b>MUJERES POWERLIFTING RAW</b>        |                                |                        |                   |                   |                    |                    |                    |                         |
|--|--------------------------------|------------------------|-------------------|-------------------|--------------------|--------------------|--------------------|-------------------------|
| <b>LEVANTADORA</b>                     | <b>AÑO</b>                     | <b>CLUB</b>            | <b>PESO</b>       | <b>COEF. Ord.</b> | <b>SENTADILLAS</b> | <b>PRESS BANCA</b> | <b>PESO MUERTO</b> | <b>TOTAL IPF GL Pt.</b> |
| <b>MEJORES LEVANTADORAS pt. IPF GL</b> |                                |                        |                   |                   |                    |                    |                    |                         |
| <b>Nombre</b>                          | <b>Club</b>                    | <b>Cat.</b>            | <b>Peso corp.</b> | <b>Total</b>      | <b>GL pt.</b>      | <b>Clasif.</b>     |                    |                         |
| 1                                      | Martin Monroy. Maria Begoña    | POWERLIFTING CASTILLA  | -69kg             | 68,75             | <b>410,0</b>       | <b>85,1160</b>     | 1                  |                         |
| 2                                      | Maguregi Rodriguez Jone        | INDAR POWER Vitoria    | -63kg             | 62,26             | <b>377,5</b>       | <b>83,2388</b>     | 1                  |                         |
| 3                                      | Novoa Gonzalez Alba            | FENIX GALICIA POWER    | -63kg             | 61,39             | <b>367,5</b>       | <b>81,7688</b>     | 2                  |                         |
| 4                                      | Vallejo Garcia Ines            | FUERZA NORTE Leon      | -57kg             | 56,43             | <b>342,5</b>       | <b>80,9670</b>     | 1                  |                         |
| 5                                      | Iziz Otero Dana                | POWERLIFTING NAVARRA   | -63kg             | 60,62             | <b>360,0</b>       | <b>80,7840</b>     | 4                  |                         |
| 6                                      | Mouthe Boulologo Elsa Paola    | INDAR POWER Vitoria    | -63kg             | 62,21             | <b>365,0</b>       | <b>80,5190</b>     | 3                  |                         |
| 7                                      | Gutierrez Rodriguez Laura      | POWERLIFTING SALAMANCA | -52kg             | 50,82             | <b>302,5</b>       | <b>77,9240</b>     | 1                  |                         |
| 8                                      | Fdez De Landa Marquinez Oihana | POWERLIFTING NAVARRA   | -57kg             | 56,66             | <b>330,0</b>       | <b>77,7480</b>     | 2                  |                         |
| 9                                      | Alonso Vazquez Paula           | FENIX GALICIA POWER    | -57kg             | 56,86             | <b>330,0</b>       | <b>77,5500</b>     | 3                  |                         |
| 10                                     | Gomez Cordoba Mª del Carmen    | FENIX GALICIA POWER    | -52kg             | 51,53             | <b>297,5</b>       | <b>75,7138</b>     | 2                  |                         |
| 11                                     | Gonzalez Rodriguez.. Belen     | ASOCIACION ASTURIANA   | -52kg             | 50,47             | <b>287,5</b>       | <b>74,5200</b>     | 4                  |                         |
| 12                                     | De La Calle Cuesta Jone        | INDAR POWER Vitoria    | -63kg             | 62,20             | <b>335,0</b>       | <b>73,9010</b>     | 5                  |                         |
| 13                                     | Hernandez Lorca Beatriz        | FENIX GALICIA POWER    | -52kg             | 51,55             | <b>290,0</b>       | <b>73,7760</b>     | 3                  |                         |
| 14                                     | Vaquero Bouzon Ariana          | FENIX GALICIA POWER    | -57kg             | 56,58             | <b>305,0</b>       | <b>71,9495</b>     | 4                  |                         |
| 15                                     | Alonso Alvarez Esther          | POWERLIFTING PALENCIA  | -63kg             | 59,93             | <b>315,0</b>       | <b>71,2530</b>     | 6                  |                         |
| 16                                     | Perez Alcalde Elena            | FENIX GALICIA POWER    | -63kg             | 58,94             | <b>310,0</b>       | <b>70,9590</b>     | 8                  |                         |
| 17                                     | Garcia Valle Sandra            | FUERZA NORTE Leon      | -57kg             | 55,84             | <b>297,5</b>       | <b>70,8943</b>     | 5                  |                         |
| 18                                     | Fernandez Diaz Aida            | ASOCIACION ASTURIANA   | -52kg             | 51,99             | <b>280,0</b>       | <b>70,7000</b>     | 5                  |                         |
| 19                                     | Sousa Perez Alba               | FENIX GALICIA POWER    | -52kg             | 51,26             | <b>275,0</b>       | <b>70,3175</b>     | 6                  |                         |
| 20                                     | Gomez Garcia Maddalen          | INDAR POWER Vitoria    | -63kg             | 61,01             | <b>307,5</b>       | <b>68,7263</b>     | 10                 |                         |

**ABREVIACIONES:**

ASTUR = ASOCIACION ASTURIANA  
 BURGOS = STRENGTH BURGOS  
 CRSAL = CROSSFIT SALAMANCA  
 ETRAIN = TEAM ELITETRAINER Santander  
 FENIX = FENIX GALICIA POWER

FNORT = FUERZA NORTE Leon  
 GALI = GALILIFTERS Pontevedra  
 INDAR = INDAR POWER Vitoria  
 PALEN = POWERLIFTING PALENCIA  
 PCAST = POWERLIFTING CASTILLA

PNAVAR = POWERLIFTING NAVARRA  
 PSALAM = POWERLIFTING SALAMANCA  
 RSLIF = RS LIFTING Avila