

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**VI Campeonato Regional del NorOeste**  
 Palacios de Goda (Ávila) - 18-20 de febrero del 2022

**HOMBRES POWERLIFTING RAW**

LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPF GL	Pt.			
<b>-59kg</b>																				
1 Lopez Barrinso David	1995	RSLIF	57,82	0,1673	101	147,5	<del>155,0</del>	155,0	1	75,0	<del>82,5</del>	<del>85,0</del>	2	180,0	<del>187,5</del>	<del>195,0</del>	1	<b>410,0</b>	<b>68,59</b>	12
2 Mallo Placer Borja	1994	FENIX	56,69	0,1691	100	<del>130,0</del>	140,0	<del>145,0</del>	2	72,5	80,0	87,5	1	140,0	155,0	165,0	2	<b>392,5</b>	<b>66,37</b>	9
<b>-66kg</b>																				
1 Santos Lopez Francisco Javier	1999	PSALAM	64,54	0,1577	106	150,0	160,0	165,0	1	107,5	112,5	117,5	1	195,0	210,0	<del>220,0</del>	2	<b>492,5</b>	<b>77,67</b>	12
2 Serna Sierra Cristian	1991	ETRAIN	63,36	0,1593	103	140,0	<del>150,0</del>	150,0	3	90,0	95,0	<del>100,0</del>	4	205,0	215,0	<del>230,0</del>	1	<b>460,0</b>	<b>73,28</b>	9
3 Cacicedo Rivero Julio	1999	ETRAIN	64,32	0,1580	104	145,0	155,0	160,0	2	100,0	<del>105,0</del>	X	3	180,0	190,0	<del>202,5</del>	4	<b>450,0</b>	<b>71,10</b>	8
4 Tardon Gil Alvaro	1984	PCAST	65,63	0,1563	105	130,0	140,0	<del>150,0</del>	4	105,0	<del>112,5</del>	<del>112,5</del>	2	180,0	190,0	200,0	3	<b>445,0</b>	<b>69,55</b>	7
5 Martin Pena Joaquin	2000	PSALAM	63,54	0,1591	102	115,0	125,0	127,5	5	75,0	<del>85,0</del>	<del>85,0</del>	5	160,0	170,0	185,0	5	<b>387,5</b>	<b>61,65</b>	6
<b>-74kg</b>																				
1 Perez Cordoba Jorge	1991	TORDE	72,85	0,1480	130	190,0	X	X	4	115,0	X	X	10	250,0	X	X	1	<b>555,0</b>	<b>82,14</b>	12
2 Jimenez Diaz Raul	1997	RSLIF	73,08	0,1478	133	177,5	185,0	<del>192,5</del>	7	127,5	132,5	<del>137,5</del>	2	220,0	230,0	235,0	4	<b>552,5</b>	<b>81,66</b>	9
3 Fernandez Morillo Miguel	2001	VALKY	73,01	0,1478	122	185,0	<del>200,0</del>	200,0	2	100,0	107,5	115,0	11	200,0	220,0	235,0	3	<b>550,0</b>	<b>81,29</b>	8
4 Torres Sanmartin Ivan	1994	FENIX	72,37	0,1485	110	190,0	200,0	207,5	1	110,0	115,0	120,0	6	180,0	192,5	207,5	16	<b>535,0</b>	<b>79,45</b>	7
5 Martin Redondo Ruben	1979	PSALAM	73,20	0,1476	126	177,5	185,0	<del>195,0</del>	8	107,5	115,0	<del>120,0</del>	12	212,5	220,0	230,0	7	<b>530,0</b>	<b>78,23</b>	6
6 Maldonado Calvo Jorge	1998	VALKY	72,61	0,1483	108	175,0	182,5	<del>185,0</del>	10	110,0	117,5	<del>122,5</del>	7	210,0	217,5	225,0	8	<b>525,0</b>	<b>77,86</b>	5
7 Diaw Aziz	1999	ASTUR	70,18	0,1509	128	180,0	<del>195,0</del>	<del>195,0</del>	11	105,0	110,0	<del>112,5</del>	17	230,0	<del>250,0</del>	<del>250,0</del>	5	<b>520,0</b>	<b>78,47</b>	4
8 Cambeiro Gonzalez Alberto	1995	FENIX	70,47	0,1506	116	150,0	160,0	170,0	15	122,5	130,0	135,0	1	195,0	215,0	<del>225,0</del>	10	<b>520,0</b>	<b>78,31</b>	3
9 Blanco Payo Diego	1992	PNAVAR	72,67	0,1482	118	167,5	<del>175,0</del>	180,0	13	117,5	125,0	<del>132,5</del>	3	195,0	205,0	215,0	11	<b>520,0</b>	<b>77,06</b>	2
10 Romero Taboas Andres	1992	FENIX	72,77	0,1481	131	160,0	170,0	177,5	14	110,0	117,5	125,0	4	200,0	210,0	217,5	9	<b>520,0</b>	<b>77,01</b>	1
11 Alvarez Delgado Sergio	2001	FNORT	73,19	0,1477	134	150,0	160,0	<del>170,0</del>	23	102,5	110,0	<del>112,5</del>	19	225,0	240,0	250,0	2	<b>520,0</b>	<b>76,80</b>	1
12 Zorrilla Guerra Daniel	2000	PCAST	72,05	0,1489	129	175,0	187,5	195,0	3	97,5	102,5	<del>107,5</del>	22	200,0	210,0	<del>215,0</del>	12	<b>507,5</b>	<b>75,57</b>	1
13 Barragan Figuera Rodrigo	2000	PNAVAR	72,46	0,1484	115	162,5	<del>170,0</del>	<del>170,0</del>	20	105,0	110,0	115,0	8	205,0	215,0	230,0	6	<b>507,5</b>	<b>75,31</b>	1
14 Perez Sanmamed Victor	1994	FENIX	73,35	0,1475	125	172,5	180,0	190,0	5	107,5	<del>115,0</del>	<del>115,0</del>	20	190,0	210,0	<del>222,5</del>	15	<b>507,5</b>	<b>74,86</b>	1
15 Gonzalez Rodriguez. Antonio Jose	2004	GALI	73,52	0,1473	120	<del>180,0</del>	180,0	190,0	6	<del>125,0</del>	125,0	<del>132,5</del>	5	165,0	177,5	190,0	21	<b>505,0</b>	<b>74,39</b>	1
16 Fernandez Perez.. Iago	1999	FENIX	72,80	0,1481	111	155,0	167,5	<del>180,0</del>	16	100,0	107,5	112,5	16	190,0	202,5	210,0	14	<b>490,0</b>	<b>72,57</b>	1
17 Garcia Pascual Saul	1999	FVACC	73,50	0,1473	124	165,0	<del>185,0</del>	185,0	9	105,0	115,0	<del>122,5</del>	13	185,0	<del>205,0</del>	<del>220,0</del>	24	<b>485,0</b>	<b>71,44</b>	1
18 Vicente Pereiraa Oscar	1997	GALI	72,42	0,1485	119	150,0	160,0	<del>170,0</del>	22	112,5	<del>117,5</del>	<del>117,5</del>	15	195,0	<del>210,0</del>	210,0	13	<b>482,5</b>	<b>71,65</b>	1
19 Rodriguez Vila Jorge	2002	FENIX	72,52	0,1484	112	140,0	150,0	165,0	18	115,0	<del>125,0</del>	<del>125,0</del>	9	185,0	200,0	<del>210,0</del>	18	<b>480,0</b>	<b>71,23</b>	1
20 Vargas Gil Ibon	1990	PNAVAR	70,64	0,1504	132	165,0	172,5	180,0	12	90,0	97,5	102,5	21	180,0	190,0	195,0	19	<b>477,5</b>	<b>71,82</b>	1
21 Escribano Salgado Juan Carlos	1996	PCAST	70,67	0,1504	114	145,0	152,5	160,0	21	105,0	110,0	<del>112,5</del>	18	190,0	200,0	<del>210,0</del>	17	<b>470,0</b>	<b>70,69</b>	1
22 Orzanco Ardanaz Ander	2000	PNAVAR	73,77	0,1470	123	<del>160,0</del>	160,0	167,5	17	95,0	<del>100,0</del>	<del>105,0</del>	25	170,0	180,0	192,5	20	<b>455,0</b>	<b>66,89</b>	1
23 Diaz Gonzalez Ivan	2000	ETRAIN	71,80	0,1491	127	145,0	162,5	<del>175,0</del>	19	90,0	95,0	<del>100,0</del>	24	170,0	185,0	<del>197,5</del>	22	<b>442,5</b>	<b>65,98</b>	1
24 De Castro Dominguez Ivan	1998	PCAST	73,04	0,1478	113	142,5	150,0	157,5	24	<del>97,5</del>	100,0	<del>107,5</del>	23	165,0	175,0	185,0	23	<b>442,5</b>	<b>65,40</b>	1
— Gude Vila Alexis	2001	FENIX	73,57	0,1473	121	<del>160,0</del>	<del>170,0</del>	<del>170,0</del>	—	115,0	<del>120,0</del>	<del>120,0</del>	14	180,0	185,0	<del>185,0</del>	25	—	—	—

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LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA				PESO MUERTO			TOTAL	IPF GL	Pt.		
<b>-83kg</b>																					
1	Gutierrez Canal Mario	1994	ETRAIN	82,55	0,1388	42	225,0	240,0	250,0	1	130,0	140,0	<del>150,0</del>	7	240,0	<del>260,0</del>	260,0	5	<b>650,0</b>	<b>90,22</b>	12
2	Alvarez Vilas Fabian	1991	FENIX	80,98	0,1402	33	200,0	212,5	222,5	5	135,0	<del>142,5</del>	142,5	5	250,0	262,5	275,0	1	<b>640,0</b>	<b>89,73</b>	9
3	Fernandez Rios David	1993	FENIX	81,51	0,1397	39	220,0	230,0	240,0	2	142,5	150,0	<del>155,0</del>	4	230,0	<del>240,0</del>	245,0	9	<b>635,0</b>	<b>88,71</b>	8
4	Alvarez Zaldua Joseba	1996	GOIER	82,44	0,1389	3	207,5	220,0	230,0	3	<del>122,5</del>	130,0	137,5	9	230,0	245,0	260,0	4	<b>627,5</b>	<b>87,16</b>	7
5	Noval Cueto Miguel	1999	PCAST	81,79	0,1395	34	205,0	212,5	220,0	7	147,5	152,5	X	3	240,0	252,5	<del>265,0</del>	6	<b>625,0</b>	<b>87,19</b>	6
6	Saiz Gutierrez Saul	2003	BURGOS	80,24	0,1408	35	180,0	195,0	207,5	10	130,0	<del>140,0</del>	140,0	6	250,0	262,5	<del>270,0</del>	2	<b>610,0</b>	<b>85,89</b>	5
7	Molina Sainz De Murieta Juan	1996	PNAVAR	82,79	0,1386	43	180,0	190,0	<del>200,0</del>	22	140,0	147,5	155,0	2	230,0	240,0	262,5	3	<b>607,5</b>	<b>84,20</b>	4
8	Guevara Heras Jonathan	1997	PNAVAR	82,74	0,1386	12	215,0	222,5	230,0	4	130,0	132,5	<del>137,5</del>	12	215,0	225,0	<del>245,0</del>	22	<b>587,5</b>	<b>81,43</b>	3
9	Alvarez Rodriguez Diego	2000	ASTUR	82,24	0,1391	13	<del>185,0</del>	195,0	210,0	9	117,5	122,5	<del>127,5</del>	22	230,0	250,0	<del>260,0</del>	8	<b>582,5</b>	<b>81,03</b>	2
10	Caballero Garcia Diego	2002	RSLIF	80,02	0,1410	23	202,5	212,5	220,0	6	115,0	122,5	127,5	15	205,0	215,0	225,0	18	<b>572,5</b>	<b>80,72</b>	1
11	Castañon De La Fuente Jesus	1980	ASTUR	80,97	0,1402	36	180,0	<del>195,0</del>	200,0	16	115,0	122,5	<del>125,0</del>	20	230,0	250,0	<del>255,0</del>	7	<b>572,5</b>	<b>80,26</b>	1
12	Eskibel Lapresa Mikel	2000	PNAVAR	81,42	0,1398	37	<del>210,0</del>	210,0	<del>220,0</del>	8	122,5	130,0	137,5	8	212,5	220,0	<del>225,0</del>	26	<b>567,5</b>	<b>79,34</b>	1
13	Vazquez Garcia Xabier	2000	ETRAIN	80,63	0,1405	19	180,0	190,0	200,0	15	107,5	112,5	117,5	28	210,0	225,0	240,0	10	<b>557,5</b>	<b>78,33</b>	1
14	Acebo Bustabad Raul	1999	FENIX	80,87	0,1403	27	182,5	195,0	202,5	12	112,5	120,0	<del>125,0</del>	23	215,0	230,0	<del>242,5</del>	15	<b>552,5</b>	<b>77,52</b>	1
15	Trejo Gonzalez Kevin	2001	VALKY	82,22	0,1391	2	190,0	<del>205,0</del>	205,0	11	110,0	120,0	127,5	16	200,0	220,0	<del>227,5</del>	27	<b>552,5</b>	<b>76,85</b>	1
16	Azurmendi Sagastibeltza Andoitz	1991	PNAVAR	81,71	0,1395	20	182,5	195,0	200,0	17	120,0	125,0	<del>130,0</del>	17	195,0	210,0	225,0	19	<b>550,0</b>	<b>76,72</b>	1
17	Garcia De La Hoz Ruben	1999	ASTUR	81,31	0,1399	24	187,5	197,5	<del>200,0</del>	20	112,5	120,0	<del>122,5</del>	25	215,0	230,0	<del>235,0</del>	16	<b>547,5</b>	<b>76,60</b>	1
18	Martin Monroy Jose Maria	2000	PCAST	82,76	0,1386	44	<del>180,0</del>	180,0	195,0	21	145,0	150,0	155,0	1	<del>185,0</del>	185,0	195,0	36	<b>545,0</b>	<b>75,54</b>	1
19	Isasi Echerke Borja	1992	VALKY	82,06	0,1392	17	180,0	190,0	200,0	18	110,0	117,5	<del>122,5</del>	29	<del>205,0</del>	215,0	225,0	20	<b>542,5</b>	<b>75,52</b>	1
20	Ortega Camara Javier	1996	BURGOS	82,99	0,1384	16	180,0	192,5	200,0	19	105,0	115,0	<del>122,5</del>	31	215,0	227,5	<del>235,0</del>	17	<b>542,5</b>	<b>75,08</b>	1
21	Arango Rocha Mikel	2003	PNAVAR	82,65	0,1387	21	180,0	195,0	202,5	13	110,0	117,5	125,0	18	190,0	205,0	212,5	29	<b>540,0</b>	<b>74,90</b>	1
22	Samperio Garcia Sergio	1996	ETRAIN	80,11	0,1409	4	<del>180,0</del>	185,0	<del>195,0</del>	24	115,0	122,5	<del>127,5</del>	19	200,0	220,0	230,0	14	<b>537,5</b>	<b>75,73</b>	1
23	Piriz Lopez Xabier	1996	GOIER	82,70	0,1387	22	192,5	<del>202,5</del>	202,5	14	117,5	125,0	132,5	11	195,0	202,5	<del>210,0</del>	35	<b>537,5</b>	<b>74,55</b>	1
24	Perez Fernandez. Samuel	1996	PCAST	82,12	0,1392	38	177,5	<del>185,0</del>	<del>185,0</del>	30	115,0	122,5	<del>127,5</del>	21	<del>215,0</del>	225,0	235,0	13	<b>535,0</b>	<b>74,47</b>	1
25	Gonzalez Arroyo David	1980	PSALAM	81,79	0,1395	31	170,0	<del>180,0</del>	180,0	27	115,0	122,5	130,0	14	200,0	210,0	<del>215,0</del>	31	<b>520,0</b>	<b>72,54</b>	1
26	Martin Del Nogal Antonio	1999	RSLIF	79,47	0,1415	25	170,0	<del>180,0</del>	<del>180,0</del>	34	95,0	<del>105,0</del>	112,5	32	225,0	235,0	<del>245,0</del>	12	<b>517,5</b>	<b>73,23</b>	1
27	Perez Cerrato Markel	2003	GOIER	78,63	0,1423	6	162,5	175,0	185,0	23	97,5	105,0	110,0	35	190,0	205,0	220,0	24	<b>515,0</b>	<b>73,28</b>	1
28	Pelayo Martínez. Juan	1999	FNORT	81,02	0,1401	29	160,0	172,5	180,0	25	105,0	112,5	<del>117,5</del>	33	195,0	210,0	222,5	23	<b>515,0</b>	<b>72,15</b>	1
29	Pereira Rodriguez David	2002	GALI	81,06	0,1401	32	<del>172,5</del>	172,5	<del>177,5</del>	33	102,5	<del>107,5</del>	<del>107,5</del>	37	215,0	227,5	240,0	11	<b>515,0</b>	<b>72,15</b>	1
30	Magadan Ramos Daniel	1999	ASTUR	81,37	0,1398	26	162,5	175,0	180,0	26	115,0	<del>120,0</del>	120,0	26	190,0	205,0	215,0	28	<b>515,0</b>	<b>72,00</b>	1
31	Chana Portos Lander	1994	GOIER	80,07	0,1410	8	<del>165,0</del>	165,0	<del>180,0</del>	36	115,0	125,0	130,0	13	185,0	195,0	210,0	30	<b>505,0</b>	<b>71,20</b>	1
32	Pelayo Martinez Fernando	1999	FNORT	81,81	0,1394	18	160,0	170,0	180,0	28	110,0	115,0	120,0	27	190,0	205,0	<del>215,0</del>	34	<b>505,0</b>	<b>70,40</b>	1
33	Maza Baron Pablo	1996	ETRAIN	80,93	0,1402	14	150,0	<del>160,0</del>	160,0	38	107,5	120,0	<del>130,0</del>	24	200,0	220,0	<del>240,0</del>	25	<b>500,0</b>	<b>70,10</b>	1
34	Braskus Edvinas	1995	BURGOS	81,79	0,1395	11	162,5	170,0	177,5	29	105,0	115,0	<del>120,0</del>	30	180,0	192,5	207,5	32	<b>500,0</b>	<b>69,75</b>	1
35	Rueda Lopez Jagoba	1994	PNAVAR	82,70	0,1387	10	165,0	<del>170,0</del>	175,0	32	85,0	90,0	<del>95,0</del>	41	215,0	220,0	225,0	21	<b>490,0</b>	<b>67,96</b>	1
36	Campano Del Pozo Fernando	2001	PCAST	82,51	0,1388	40	152,5	160,0	<del>165,0</del>	39	127,5	135,0	<del>140,0</del>	10	175,0	<del>185,0</del>	X	40	<b>470,0</b>	<b>65,24</b>	1
37	Estevez Camacho Jacobo	2004	GALI	79,60	0,1414	9	165,0	170,0	175,0	31	90,0	95,0	<del>100,0</del>	40	170,0	180,0	192,5	37	<b>462,5</b>	<b>65,40</b>	1
38	Abal Del Blanco Juan	1998	FENIX	78,17	0,1427	15	145,0	152,5	160,0	37	102,5	110,0	<del>112,5</del>	34	170,0	177,5	187,5	38	<b>457,5</b>	<b>65,29</b>	1
39	Martin Alonso David	1999	INDAR	80,55	0,1405	1	165,0	170,0	<del>175,0</del>	35	92,5	95,0	102,5	36	175,0	<del>182,5</del>	X	39	<b>447,5</b>	<b>62,87</b>	1
40	Alfaya Verde Diego	2001	FENIX	80,09	0,1410	7	130,0	140,0	<del>150,0</del>	40	87,5	<del>95,0</del>	100,0	38	180,0	190,0	205,0	33	<b>445,0</b>	<b>62,74</b>	1
41	Martinez Piñeiro Isaac	1996	GALI	81,13	0,1400	5	115,0	117,5	132,5	41	90,0	95,0	100,0	39	145,0	155,0	170,0	41	<b>402,5</b>	<b>56,35</b>	1

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<b>-93kg</b>																				
1 Montes Moreno Daniel	1993	HANGAR	92,31	0,1313	166	225,0	240,0	247,5	1	150,0	160,0	<del>167,5</del>	1	250,0	270,0	280,0	2	<b>687,5</b>	<b>90,27</b>	12
2 Fernandez Fernandez Damian	1996	ASTUR	91,67	0,1317	149	205,0	217,5	230,0	3	140,0	147,5	155,0	2	240,0	255,0	265,0	6	<b>650,0</b>	<b>85,61</b>	9
3 Romo Torralba Guillermo	1994	RSLIF	91,10	0,1321	160	205,0	215,0	225,0	5	130,0	137,5	<del>145,0</del>	7	255,0	270,0	282,5	1	<b>645,0</b>	<b>85,20</b>	8
4 Andrade Caamaño Angel	1987	GALI	91,58	0,1318	148	<del>220,0</del>	<del>220,0</del>	220,0	10	145,0	<del>147,5</del>	X	4	265,0	<del>267,5</del>	275,0	3	<b>640,0</b>	<b>84,35</b>	7
5 Jimenez Arribas Miguel	1996	FNORT	89,02	0,1337	170	210,0	220,0	225,0	4	125,0	132,5	<del>137,5</del>	14	260,0	272,5	<del>280,0</del>	4	<b>630,0</b>	<b>84,23</b>	6
6 Fernandez Ramos. Guillermo	1995	FENIX	91,21	0,1321	155	205,0	215,0	225,0	6	145,0	150,0	<del>155,0</del>	3	232,5	245,0	255,0	11	<b>630,0</b>	<b>83,22</b>	5
7 Gutierrez Martinez Carlos	1994	BURGOS	91,82	0,1316	159	205,0	217,5	225,0	7	127,5	135,0	<del>140,0</del>	12	250,0	270,0	<del>285,0</del>	5	<b>630,0</b>	<b>82,91</b>	4
8 Benavides Pina Daniel	2001	FNORT	89,03	0,1337	142	<del>220,0</del>	230,0	245,0	2	112,5	117,5	122,5	21	220,0	240,0	<del>262,5</del>	17	<b>607,5</b>	<b>81,22</b>	3
9 Torralba Alonso Endika	1999	BURGOS	91,16	0,1321	169	<del>222,5</del>	<del>222,5</del>	222,5	8	122,5	<del>130,0</del>	<del>130,0</del>	23	240,0	260,0	<del>287,5</del>	8	<b>605,0</b>	<b>79,92</b>	2
10 Fernandez Gomez Alejandro	1993	FENIX	92,30	0,1313	163	185,0	200,0	205,0	16	122,5	130,0	135,0	13	230,0	250,0	260,0	9	<b>600,0</b>	<b>78,78</b>	1
11 Peña Pola Carlos	1999	VALKY	92,48	0,1312	164	182,5	195,0	205,0	17	120,0	127,5	132,5	16	230,0	245,0	255,0	13	<b>592,5</b>	<b>77,74</b>	1
12 Yuste Fernadez Sergio	1997	FENIX	92,70	0,1310	168	195,0	207,5	217,5	11	117,5	<del>125,0</del>	125,0	20	230,0	245,0	<del>257,5</del>	15	<b>587,5</b>	<b>76,96</b>	1
13 Larra Moreno Mikel	1999	PNAVAR	91,36	0,1320	140	190,0	205,0	215,0	12	112,5	115,0	<del>120,0</del>	31	240,0	255,0	<del>262,5</del>	12	<b>585,0</b>	<b>77,22</b>	1
14 Botana Fernandez José Angel	2000	ASTUR	89,31	0,1334	151	190,0	200,0	210,0	14	130,0	135,0	<del>142,5</del>	10	215,0	225,0	235,0	18	<b>580,0</b>	<b>77,37</b>	1
15 Barandiaran Gil Ruben	1999	INDAR	91,47	0,1319	156	190,0	200,0	<del>205,0</del>	20	122,5	127,5	130,0	17	235,0	<del>245,0</del>	245,0	14	<b>575,0</b>	<b>75,84</b>	1
16 Zabaleta Korta Aitor	1995	PNAVAR	88,45	0,1341	145	170,0	177,5	190,0	23	115,0	120,0	<del>125,0</del>	24	235,0	250,0	260,0	7	<b>570,0</b>	<b>76,44</b>	1
17 Garcia Peña Jose Maria	1999	PNAVAR	89,10	0,1336	136	160,0	167,5	172,5	29	137,5	142,5	<del>150,0</del>	6	240,0	245,0	255,0	10	<b>570,0</b>	<b>76,15</b>	1
18 Perez Velasco Adrian Manuel	1995	BURGOS	89,40	0,1334	162	200,0	212,5	<del>217,5</del>	13	125,0	132,5	<del>137,5</del>	15	<del>215,0</del>	220,0	<del>240,0</del>	29	<b>565,0</b>	<b>75,37</b>	1
19 Llanillo Rodriguez Adrian	1996	ETRAIN	90,24	0,1328	154	<del>210,0</del>	220,0	<del>227,5</del>	9	107,5	115,0	<del>117,5</del>	30	205,0	215,0	225,0	26	<b>560,0</b>	<b>74,37</b>	1
20 Gutierrez Conde Alfonso	1994	FNORT	91,88	0,1316	158	160,0	172,5	185,0	27	132,5	140,0	145,0	5	205,0	220,0	230,0	23	<b>560,0</b>	<b>73,70</b>	1
21 Villalobos Ortega Alvaro	2001	VALKY	87,13	0,1351	152	170,0	180,0	190,0	22	125,0	130,0	135,0	9	207,5	217,5	225,0	24	<b>550,0</b>	<b>74,31</b>	1
22 Campillo Suarez Daniel	1997	ASTUR	90,81	0,1324	144	175,0	190,0	<del>195,0</del>	24	120,0	125,0	<del>130,0</del>	19	200,0	225,0	235,0	20	<b>550,0</b>	<b>72,82</b>	1
23 Luengo Macias Andres	1994	PSALAM	91,29	0,1320	153	180,0	190,0	<del>200,0</del>	25	120,0	130,0	135,0	11	220,0	<del>230,0</del>	<del>230,0</del>	31	<b>545,0</b>	<b>71,94</b>	1
24 Perez Gonzalez Ivan	1999	FNORT	88,72	0,1339	143	190,0	200,0	207,5	15	107,5	112,5	120,0	25	202,5	215,0	<del>220,0</del>	32	<b>542,5</b>	<b>72,64</b>	1
25 Zoyo Soto Rafael	1998	BURGOS	88,86	0,1338	141	177,5	190,0	200,0	18	102,5	110,0	<del>112,5</del>	33	205,0	220,0	230,0	21	<b>540,0</b>	<b>72,25</b>	1
26 Rodriguez Rial Cesar	1997	GALI	90,21	0,1328	157	170,0	180,0	195,0	21	105,0	112,5	120,0	26	190,0	207,5	225,0	25	<b>540,0</b>	<b>71,71</b>	1
27 Camara Gonzalo Íñigo	2003	PNAVAR	91,14	0,1321	139	200,0	<del>205,0</del>	<del>205,0</del>	19	110,0	117,5	120,0	27	210,0	<del>220,0</del>	220,0	30	<b>540,0</b>	<b>71,33</b>	1
28 Muro Corres Daniel	1998	INDAR	76,60	0,1442	147	<del>175,0</del>	180,0	<del>185,0</del>	28	110,0	115,0	<del>120,0</del>	29	232,5	242,5	<del>250,0</del>	16	<b>537,5</b>	<b>77,51</b>	1
29 Porres Perez Ivan	01.11.00	HANGAR	89,46	0,1333	135	170,0	<del>185,0</del>	<del>185,0</del>	31	122,5	125,0	<del>130,0</del>	18	210,0	225,0	235,0	19	<b>530,0</b>	<b>70,65</b>	1
30 Campano Del Pozo. Ignacio	2001	PCAST	92,50	0,1312	165	160,0	170,0	<del>180,0</del>	32	130,0	137,5	<del>142,5</del>	8	200,0	212,5	222,5	27	<b>530,0</b>	<b>69,54</b>	1
31 Ortega Muñiz Juan Manuel	1994	FENIX	91,05	0,1322	146	<del>165,0</del>	167,5	172,5	30	92,5	97,5	105,0	34	210,0	220,0	230,0	22	<b>507,5</b>	<b>67,09</b>	1
32 Rodriguez Castellanos Gabriel	1997	FNORT	86,59	0,1355	161	<del>167,5</del>	167,5	<del>180,0</del>	33	<del>117,5</del>	117,5	<del>125,0</del>	28	207,5	220,0	<del>227,5</del>	28	<b>505,0</b>	<b>68,43</b>	1
33 Calderon Gonzalez Javier	2002	ETRAIN	89,02	0,1337	138	170,0	<del>185,0</del>	185,0	26	105,0	<del>112,5</del>	112,5	32	190,0	<del>205,0</del>	205,0	33	<b>502,5</b>	<b>67,18</b>	1
34 Perez Fernandez Aaron	1998	GALI	89,67	0,1332	137	155,0	165,0	<del>170,0</del>	34	122,5	<del>125,0</del>	<del>125,0</del>	22	165,0	<del>175,0</del>	175,0	34	<b>462,5</b>	<b>61,60</b>	1

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**VI Campeonato Regional del NorOeste**  
 Palacios de Goda (Ávila) - 18-20 de febrero del 2022

**HOMBRES POWERLIFTING RAW**

LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPF GL	Pt.			
<b>-105kg</b>																				
1 Iriarte Arrieta Igor	1992	BURGOS	103,64	0,1242	178	225,0	240,0	250,0	1	132,5	<del>140,0</del>	140,0	4	245,0	257,5	<del>265,0</del>	4	<b>647,5</b>	<b>80,42</b>	12
2 Sanchez Valle Javier	1997	PSALAM	104,46	0,1238	175	220,0	230,0	X	2	110,0	115,0	<del>120,0</del>	9	280,0	<del>300,0</del>	X	1	<b>625,0</b>	<b>77,38</b>	9
3 Perez Rodriguez Noah	2000	VALKY	103,57	0,1243	179	190,0	202,5	215,0	4	135,0	142,5	<del>150,0</del>	2	240,0	255,0	262,5	3	<b>620,0</b>	<b>77,07</b>	8
4 Trillo Sanmartin Daniel	1992	FENIX	97,95	0,1276	180	<del>200,0</del>	210,0	<del>217,5</del>	5	150,0	160,0	<del>162,5</del>	1	210,0	225,0	230,0	7	<b>600,0</b>	<b>76,56</b>	7
5 Odriozola Herran Juan Manuel	1996	ETRAIN	102,40	0,1249	174	197,5	207,5	<del>215,0</del>	7	117,5	125,0	127,5	6	245,0	255,0	265,0	2	<b>600,0</b>	<b>74,94</b>	6
6 Gonzalez Alonso Pablo	2000	BURGOS	98,77	0,1271	173	200,0	210,0	<del>215,0</del>	6	135,0	140,0	<del>145,0</del>	3	230,0	245,0	<del>255,0</del>	6	<b>595,0</b>	<b>75,62</b>	5
7 Barberena Martinicorena Iñigo	1995	PNAVAR	99,37	0,1267	176	195,0	210,0	225,0	3	105,0	112,5	120,0	8	235,0	250,0	<del>265,0</del>	5	<b>595,0</b>	<b>75,39</b>	4
8 Marin Berdonces Pablo	2000	PNAVAR	98,37	0,1273	177	190,0	<del>200,0</del>	205,0	8	110,0	120,0	127,5	5	207,5	217,5	<del>227,5</del>	8	<b>560,0</b>	<b>71,29</b>	3
9 Torañó Ovejero Pablo	1986	MBULL	94,05	0,1301	172	<del>142,5</del>	142,5	150,0	10	107,5	115,0	120,0	7	187,5	207,5	<del>220,0</del>	10	<b>477,5</b>	<b>62,12</b>	2
10 Gozalo Martin Mario	2000	VALKY	98,41	0,1273	171	160,0	<del>170,0</del>	170,0	9	85,0	92,5	<del>100,0</del>	10	190,0	205,0	215,0	9	<b>477,5</b>	<b>60,79</b>	1
<b>-120kg</b>																				
1 Ochoa Paniz Markel	1994	PNAVAR	116,38	0,1178	182	215,0	230,0	235,0	1	130,0	<del>140,0</del>	<del>140,0</del>	2	240,0	260,0	270,0	1	<b>635,0</b>	<b>74,80</b>	12
2 Jurdado Badiola Julen	2000	GOIER	118,90	0,1167	181	200,0	215,0	<del>235,0</del>	2	135,0	152,5	<del>160,0</del>	1	230,0	255,0	265,0	2	<b>632,5</b>	<b>73,81</b>	9
<b>120+kg</b>																				
1 Esnal Mendibe Fernando Manuel	1976	PNAVAR	120,63	0,1160	183	200,0	<del>210,0</del>	<del>210,0</del>	1	100,0	105,0	<del>107,5</del>	1	200,0	210,0	<del>215,0</del>	1	<b>515,0</b>	<b>59,74</b>	12

CLASIFICACIÓN POR CLUBS	pt.	Puntuaciones
1 FENIX GALICIA POWER	40	[9+9+8+7+7] 400,82 GL Pts
2 TEAM ELITETRAINER Santander	36	[12+9+8+6+1] 387,87 GL Pts
3 POWERLIFTING NAVARRA	35	[12+12+4+4+3] 375,56 GL Pts
4 POWERLIFTING SALAMANCA	34	[12+9+6+6+1] 367,46 GL Pts
5 RS LIFTING Avila	31	[12+9+8+1+1] 389,41 GL Pts
6 STRENGTH BURGOS	28	[12+5+5+4+2] 404,76 GL Pts
7 VALKYRIA PT Valladolid	23	[8+8+5+1+1] 390,80 GL Pts
8 GOIERRI KE Guipuzkoa	19	[9+7+1+1+1] 380,01 GL Pts
9 ASOCIACION ASTURIANA	17	[9+4+2+1+1] 402,74 GL Pts
10 POWERLIFTING CASTILLA	16	[7+6+1+1+1] 382,32 GL Pts
11 HANGAR La Rioja	13	[12+1] 160,92 GL Pts
12 POWER TORDESILLAS	12	[12] 82,14 GL Pts
13 FUERZA NORTE Leon	12	[6+3+1+1+1] 388,59 GL Pts
14 GALILIFTERS Pontevedra	11	[7+1+1+1+1] 374,25 GL Pts
15 INDAR POWER Vitoria	3	[1+1+1] 216,22 GL Pts
16 MADBULL POWER Santander	2	[2] 62,12 GL Pts
17 FUERZA VACCEOS Valladolid	1	[1] 71,44 GL Pts

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**VI Campeonato Regional del NorOeste**  
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**HOMBRES POWERLIFTING RAW**

LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS	PRESS BANCA	PESO MUERTO	TOTAL	IPF	GL	Pt.
<b>MEJORES LEVANTADORES pt. IPF GL</b>												
Nombre	Club	Cat.	Peso corp.	Total	GL pt.	Clasif.						
1 Montes Moreno Daniel	HANGAR La Rioja	-93kg	92,31	<b>687,5</b>	<b>90,2688</b>	1						
2 Gutierrez Canal Mario	TEAM ELITETRAINER Santander	-83kg	82,55	<b>650,0</b>	<b>90,2200</b>	1						
3 Alvarez Vilas Fabian	FENIX GALICIA POWER	-83kg	80,98	<b>640,0</b>	<b>89,7280</b>	2						
4 Fernandez Rios David	FENIX GALICIA POWER	-83kg	81,51	<b>635,0</b>	<b>88,7095</b>	3						
5 Noval Cueto Miguel	POWERLIFTING CASTILLA	-83kg	81,79	<b>625,0</b>	<b>87,1875</b>	5						
6 Alvarez Zaldua Joseba	GOIERRI KE Guipuzkoa	-83kg	82,44	<b>627,5</b>	<b>87,1598</b>	4						
7 Saiz Gutierrez Saul	STRENGTH BURGOS	-83kg	80,24	<b>610,0</b>	<b>85,8880</b>	6						
8 Fernandez Fernandez Damian	ASOCIACION ASTURIANA	-93kg	91,67	<b>650,0</b>	<b>85,6050</b>	2						
9 Romo Torralba Guillermo	RS LIFTING Avila	-93kg	91,10	<b>645,0</b>	<b>85,2045</b>	3						
10 Andrade Caamaño Angel	GALILIFTERS Pontevedra	-93kg	91,58	<b>640,0</b>	<b>84,3520</b>	4						
11 Jimenez Arribas Miguel	FUERZA NORTE Leon	-93kg	89,02	<b>630,0</b>	<b>84,2310</b>	5						
12 Molina Sainz De Murieta Juan	POWERLIFTING NAVARRA	-83kg	82,79	<b>607,5</b>	<b>84,1995</b>	7						
13 Fernandez Ramos. Guillermo	FENIX GALICIA POWER	-93kg	91,21	<b>630,0</b>	<b>83,2230</b>	6						
14 Gutierrez Martinez Carlos	STRENGTH BURGOS	-93kg	91,82	<b>630,0</b>	<b>82,9080</b>	7						
15 Perez Cordoba Jorge	POWER TORDESILLAS	-74kg	72,85	<b>555,0</b>	<b>82,1400</b>	1						
16 Jimenez Diaz Raul	RS LIFTING Avila	-74kg	73,08	<b>552,5</b>	<b>81,6595</b>	2						
17 Guevara Heras Jonathan	POWERLIFTING NAVARRA	-83kg	82,74	<b>587,5</b>	<b>81,4275</b>	8						
18 Fernandez Morillo Miguel	VALKYRIA PT Valladolid	-74kg	73,01	<b>550,0</b>	<b>81,2900</b>	3						
19 Benavides Pina Daniel	FUERZA NORTE Leon	-93kg	89,03	<b>607,5</b>	<b>81,2228</b>	8						
20 Alvarez Rodriguez Diego	ASOCIACION ASTURIANA	-83kg	82,24	<b>582,5</b>	<b>81,0258</b>	9						

**ABREVIACIONES:**

ASTUR = ASOCIACION ASTURIANA  
 BURGOS = STRENGTH BURGOS  
 ETRAIN = TEAM ELITETRAINER Santander  
 FENIX = FENIX GALICIA POWER  
 FNORT = FUERZA NORTE Leon  
 FVACC = FUERZA VACCEOS Valladolid

GALI = GALILIFTERS Pontevedra  
 GOIER = GOIERRI KE Guipuzkoa  
 HANGAR = HANGAR La Rioja  
 INDAR = INDAR POWER Vitoria  
 MBULL = MADBULL POWER Santander  
 PCAST = POWERLIFTING CASTILLA

PNAVAR = POWERLIFTING NAVARRA  
 PSALAM = POWERLIFTING SALAMANCA  
 RSLIF = RS LIFTING Avila  
 TORDE = POWER TORDESILLAS  
 VALKY = VALKYRIA PT Valladolid