

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
VII Campeonato Regional de Andalucía-Canarias-Ceuta-Melilla
Andújar, Jaén - 18 de diciembre del 2021

MUJERES POWERLIFTING RAW																					
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA			PESO MUERTO			TOTAL	IPF	GL	Pt.	
-47kg																					
1	Sierra Garcia Kelly	1993	FGRAN	44,19	0,2955	1	77,5	82,5	87,5	1	45,0	50,0	52,5	1	90,0	95,0	100,0	1	237,5	70,18	12
-52kg																					
1	Garcia Galvan Sofia	1999	FGUAN	50,82	0,2576	3	90,0	95,0	100,0	2	60,0	62,5	65,0	1	125,0	130,0	135,0	1	295,0	75,99	12
2	Colorado Diaz Ana Belen	1992	RVSTR	51,03	0,2567	2	87,5	95,0	100,0	1	37,5	42,5	45,0	2	90,0	102,5	110,0	2	255,0	65,46	9
-57kg																					
1	Pedreira Parrilla Lucia	1990	ANDAL	56,74	0,2354	5	125,0	132,5	137,5	1	75,0	77,5	80,0	1	135,0	142,5	147,5	1	365,0	85,92	12
2	Gil Serrano Isabel	1998	RVSTR	56,20	0,2371	6	102,5	110,0	117,5	2	50,0	57,5	60,0	3	100,0	110,0	117,5	4	292,5	69,35	9
3	Pimentel Gil-Munilla Maria	1998	PSVLL	55,88	0,2381	7	95,0	102,5	107,5	3	62,5	67,5	70,0	2	107,5	112,5	117,5	3	290,0	69,05	8
4	Perdomo Rodriguez Yurima Del Pinc	2002	RVSTR	56,98	0,2346	4	95,0	102,5	105,0	4	40,0	45,0	50,0	4	125,0	137,5	137,5	2	272,5	63,93	7
-63kg																					
1	Miranda Delgado Mercedes	1995	RVSTR	61,34	0,2227	25	142,5	152,5	157,5	1	85,0	90,0	92,5	1	160,0	170,0	177,5	1	427,5	95,20	12
2	Fernandez Mijes Manuela	2001	ELITP	61,82	0,2215	17	122,5	130,0	130,0	2	57,5	60,0	62,5	4	132,5	140,0	145,0	2	337,5	74,76	9
3	Martin Cenit Virginia	2000	FGRAN	62,27	0,2204	20	107,5	110,0	115,0	5	70,0	75,0	77,5	2	127,5	132,5	135,0	3	325,0	71,63	8
4	Sanchez Fernandez Alba	1999	BASIC	60,79	0,2240	22	105,0	110,0	110,0	7	60,0	62,5	65,0	3	120,0	125,0	130,0	5	305,0	68,32	7
5	Manso Vergel Naiara	2001	ANDAL	62,03	0,2210	27	117,5	125,0	127,5	3	47,5	52,5	52,5	12	120,0	125,0	130,0	6	305,0	67,41	6
6	Vidal Lopez Elena	1992	PSVLL	59,88	0,2264	26	100,0	105,0	110,0	6	52,5	57,5	57,5	5	107,5	115,0	120,0	7	287,5	65,09	5
7	Garcia Chamorro Laura	1993	PANDJ	61,38	0,2226	21	107,5	112,5	115,0	4	55,0	57,5	60,0	6	100,0	107,5	112,5	11	285,0	63,44	4
8	Lorenzo Garrido Jennifer	1994	ALMBAR	59,22	0,2281	31	92,5	102,5	107,5	8	47,5	52,5	55,0	8	97,5	107,5	115,0	9	277,5	63,30	3
9	Iniesta Pedrajas Ana	1998	PANDJ	59,05	0,2286	30	82,5	87,5	90,0	10	50,0	52,5	55,0	7	117,5	125,0	130,0	4	272,5	62,29	2
10	Cid Rodriguez Laura	2000	PANDJ	60,50	0,2247	19	95,0	102,5	107,5	9	40,0	42,5	45,0	14	107,5	112,5	117,5	8	262,5	58,98	1
11	Muñoz Barrios Marta	1994	ROOKI	59,17	0,2283	18	75,0	80,0	82,5	12	45,0	47,5	50,0	9	105,0	110,0	112,5	10	245,0	55,93	1
12	Gonzalez Medina Rebeca	1993	FGRAN	59,51	0,2273	23	72,5	77,5	82,5	13	42,5	47,5	50,0	10	95,0	100,0	100,0	12	232,5	52,85	1
13	Rubio Olmedo Veronica	1997	RVSTR	62,22	0,2206	29	67,5	77,5	87,5	11	35,0	40,0	45,0	13	90,0	97,5	105,0	13	230,0	50,74	1
-69kg																					
1	Pedraza Molina Claudia	1998	RVSTR	67,13	0,2104	11	130,0	137,5	137,5	1	72,5	75,0	77,5	2	157,5	167,5	177,5	1	390,0	82,06	12
2	Marquez Anton Marina	1998	ARP	66,23	0,2121	9	110,0	115,0	120,0	2	55,0	60,0	65,0	4	125,0	130,0	140,0	2	320,0	67,87	9
3	Morillas Tabernero Andrea	2004	PJAEN	66,54	0,2115	12	90,0	100,0	105,0	3	75,0	80,0	80,0	1	125,0	137,5	145,0	3	317,5	67,15	8
4	Corrales Yerpas Ana	1994	FGRAN	66,77	0,2111	10	85,0	95,0	95,0	4	57,5	62,5	65,0	3	115,0	122,5	127,5	4	285,0	60,16	7
-76kg																					
1	Simo Estevez Paula	2000	FGUAN	73,23	0,2008	13	127,5	135,0	135,0	1	57,5	60,0	62,5	1	175,0	185,0	190,0	1	385,0	77,31	12
-84kg																					
1	Lara Benitez Maria	1993	PSVLL	80,34	0,1923	16	125,0	135,0	135,0	1	75,0	82,5	85,0	1	140,0	150,0	157,5	1	377,5	72,59	12
2	Maestro Rubio Erika	1981	FGALH	82,69	0,1900	15	100,0	105,0	110,0	2	55,0	57,5	60,0	3	140,0	147,5	155,0	2	325,0	61,75	9
3	Sanchez Mallorquin Anabel	1995	ANDAL	78,44	0,1943	14	80,0	92,5	95,0	3	50,0	57,5	60,0	2	80,0	95,0	105,0	3	260,0	50,52	8

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CLASIFICACIÓN POR CLUBS		
	pt.	Puntuaciones
1	RV STRENGTH Huelva	49 [12+12+9+9+7] 374,33 GL Pts
2	FUERZA GRANADA	28 [12+8+7+1] 254,82 GL Pts
3	ASOCIACION ANDALUZA	26 [12+8+6] 203,84 GL Pts
4	POWERLIFTING SEVILLA	25 [12+8+5] 206,73 GL Pts
5	FUERZA GUANCHE Tenerife	24 [12+12] 153,30 GL Pts
6	ELITE POWERLIFTING Bollullos	9 [9] 74,76 GL Pts
7	ALMONTE RAW POWERLIFTING	9 [9] 67,87 GL Pts
8	FG POWER ALHAURIN	9 [9] 61,75 GL Pts
9	POWERLIFTING JAEN	8 [8] 67,15 GL Pts
10	BASIC STRENGTH Cadiz	7 [7] 68,32 GL Pts
11	POWERLIFTING ANDUJAR	7 [4+2+1] 184,72 GL Pts
12	ALMERIA BARBELL CLUB	3 [3] 63,30 GL Pts
13	ROOKIES IRONSIDE Sevilla	1 [1] 55,93 GL Pts

MEJORES LEVANTADORAS pt. IPF GL

	Nombre	Club	Cat.	P. Corp.	Total	GL pt.	Clas.
1	Miranda Delgado Mercedes	RV STRENGTH Huelva	-63kg	61,34	427,5	95,2043	1
2	Pedraza Parrilla Lucia	ASOCIACION ANDALUZA	-57kg	56,74	365,0	85,9210	1
3	Pedraza Molina Claudia	RV STRENGTH Huelva	-69kg	67,13	390,0	82,0560	1
4	Simo Estevez Paula	FUERZA GUANCHE Tenerife	-76kg	73,23	385,0	77,3080	1
5	Garcia Galvan Sofia	FUERZA GUANCHE Tenerife	-52kg	50,82	295,0	75,9920	1
6	Fernandez Mijes Manuela	ELITE POWERLIFTING Bollullos	-63kg	61,82	337,5	74,7563	2
7	Lara Benitez Maria	POWERLIFTING SEVILLA	-84kg	80,34	377,5	72,5933	1
8	Martin Cenit Virginia	FUERZA GRANADA	-63kg	62,27	325,0	71,6300	3
9	Sierra Garcia Kelly	FUERZA GRANADA	-47kg	44,19	237,5	70,1813	1
10	Gil Serrano Isabel	RV STRENGTH Huelva	-57kg	56,20	292,5	69,3518	2
11	Pimentel Gil-Munilla Maria	POWERLIFTING SEVILLA	-57kg	55,88	290,0	69,0490	3
12	Sanchez Fernandez Alba	BASIC STRENGTH Cadiz	-63kg	60,79	305,0	68,3200	4
13	Marquez Anton Marina	ALMONTE RAW POWERLIFTING	-69kg	66,23	320,0	67,8720	2
14	Manso Vergel Naiara	ASOCIACION ANDALUZA	-63kg	62,03	305,0	67,4050	5
15	Morillas Tabernero Andrea	POWERLIFTING JAEN	-69kg	66,54	317,5	67,1513	3
16	Colorado Diaz Ana Belen	RV STRENGTH Huelva	-52kg	51,03	255,0	65,4585	2
17	Vidal Lopez Elena	POWERLIFTING SEVILLA	-63kg	59,88	287,5	65,0900	6
18	Perdomo Rodriguez Yurima Del Pin	RV STRENGTH Huelva	-57kg	56,98	272,5	63,9285	4
19	Garcia Chamorro Laura	POWERLIFTING ANDUJAR	-63kg	61,38	285,0	63,4410	7
20	Lorenzo Garrido Jennifer	ALMERIA BARBELL CLUB	-63kg	59,22	277,5	63,2978	8

ABREVIATURAS:

ALMBAR = ALMERIA BARBELL CLUB
 ANDAL = ASOCIACION ANDALUZA
 ARP = ALMONTE RAW POWERLIFTING
 BASIC = BASIC STRENGTH Cadiz
 ELITP = ELITE POWERLIFTING Bollullos

FGALH = FG POWER ALHAURIN
 FGRAN = FUERZA GRANADA
 FGUAN = FUERZA GUANCHE Tenerife
 PANDJ = POWERLIFTING ANDUJAR
 PJAEN = POWERLIFTING JAEN

PSVLL = POWERLIFTING SEVILLA
 ROOKI = ROOKIES IRONSIDE Sevilla
 RVSTR = RV STRENGTH Huelva