

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
8º Regional de Andalucía - Canarias - Ceuta - Melilla
 Almensilla, Sevilla - 16-18 de diciembre del 2022

Rev. 24/12/2022

| MUJERES POWERLIFTING RAW | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------|-----------------------------------|------------|-------------|-------------|--------------|-------------|--------------------|------------------|------------------|----|--------------------|-----------------|-----------------|--------------------|------------------|------------------|------------------|--------------|--------------|--------------|----|
| LEVANTADORA | | AÑO | CLUB | PESO | COEF. | Ord. | SENTADILLAS | | | | PRESS BANCA | | | PESO MUERTO | | | TOTAL | IPFGL | Pt. | | |
| -47kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Quirante Perez Maria | 2006 | MALPT | 46,27 | 0,2816 | 1 | 57,5 | 67,5 | 77,5 | 1 | 35,0 | 40,0 | 45,0 | 1 | 80,0 | 95,0 | 97,5 | 1 | 215,0 | 60,54 | 12 |
| -52kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Cadena Aponte Flor Ximena | 1995 | FGRAN | 51,03 | 0,2567 | 3 | 90,0 | 90,0 | 90,0 | 1 | 50,0 | 52,5 | 55,0 | 1 | 110,0 | 117,5 | 122,5 | 2 | 262,5 | 67,38 | 12 |
| 2 | Mendez Roldan Yeshica | 1982 | IRONS | 50,47 | 0,2592 | 4 | 62,5 | 62,5 | 65,0 | 2 | 35,0 | 37,5 | 40,0 | 3 | 100,0 | 107,5 | 110,0 | 3 | 212,5 | 55,08 | 9 |
| — | Gamez Acosta Maria Jose | 1999 | PJAEN | 51,52 | 0,2545 | 2 | 95,0 | 100,0 | 100,0 | — | 50,0 | 55,0 | 62,5 | 2 | 115,0 | 122,5 | 130,0 | 1 | — | — | — |
| -57kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Aguila Padilla Ana Maria | 1999 | BASIC | 55,77 | 0,2385 | 6 | 140,0 | 147,5 | 150,0 | 1 | 67,5 | 70,0 | 72,5 | 1 | 150,0 | 160,0 | 165,0 | 1 | 387,5 | 92,42 | 12 |
| 2 | Rodriguez Hernandez Nayade | 1997 | FGUAN | 55,87 | 0,2382 | 5 | 110,0 | 117,5 | 120,0 | 2 | 52,5 | 57,5 | 60,0 | 2 | 127,5 | 137,5 | 145,0 | 2 | 322,5 | 76,82 | 9 |
| -63kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Sequera Romero Ines | 2002 | RVSTR | 61,39 | 0,2225 | 21 | 125,0 | 135,0 | 135,0 | 3 | 82,5 | 87,5 | 87,5 | 1 | 147,5 | 157,5 | 162,5 | 1 | 370,0 | 82,33 | 12 |
| 2 | Maggioni Maria Isabel | 1996 | FGUAN | 61,43 | 0,2224 | 16 | 125,0 | 130,0 | 135,0 | 2 | 75,0 | 77,5 | 80,0 | 2 | 150,0 | 157,5 | 160,0 | 2 | 370,0 | 82,29 | 9 |
| 3 | Manso Vergel Naiara | 2001 | ANDAL | 61,69 | 0,2218 | 15 | 125,0 | 127,5 | 132,5 | 1 | 57,5 | 60,0 | 62,5 | 5 | 145,0 | 150,0 | 155,0 | 4 | 345,0 | 76,52 | 8 |
| 4 | Correa Barwick Lucia Del Carmen | 2000 | LIFTAM | 62,16 | 0,2207 | 20 | 107,5 | 112,5 | 112,5 | 8 | 60,0 | 65,0 | 70,0 | 4 | 140,0 | 147,5 | 152,5 | 3 | 335,0 | 73,93 | 7 |
| 5 | Martinez Moyano Maria | 2003 | PSVLL | 60,60 | 0,2245 | 10 | 110,0 | 115,0 | 122,5 | 4 | 47,5 | 50,0 | 52,5 | 9 | 115,0 | 130,0 | 140,0 | 5 | 315,0 | 70,72 | 6 |
| 6 | Miralles Rodriguez Delia Mª | 1999 | FGRAN | 60,94 | 0,2236 | 17 | 110,0 | 115,0 | 117,5 | 6 | 65,0 | 70,0 | 72,5 | 3 | 115,0 | 122,5 | 127,5 | 9 | 310,0 | 69,32 | 5 |
| 7 | Valdivia Anguita Esther | 2002 | PANDJ | 60,00 | 0,2260 | 11 | 110,0 | 115,0 | 120,0 | 5 | 52,5 | 55,0 | 57,5 | 7 | 125,0 | 132,5 | 137,5 | 6 | 307,5 | 69,50 | 4 |
| 8 | Vidal Lopez Elena | 1992 | PSVLL | 59,97 | 0,2261 | 14 | 100,0 | 107,5 | 112,5 | 7 | 52,5 | 57,5 | 60,0 | 6 | 117,5 | 125,0 | 130,0 | 7 | 302,5 | 68,40 | 3 |
| 9 | Toledo Mira Aranzazu | 1978 | ELITP | 61,84 | 0,2215 | 12 | 92,5 | 97,5 | 100,0 | 9 | 42,5 | 45,0 | 47,5 | 10 | 115,0 | 122,5 | 127,5 | 8 | 272,5 | 60,36 | 2 |
| 10 | Espino Gomez Amina | 1993 | ALMBAR | 61,51 | 0,2222 | 19 | 87,5 | 92,5 | 95,0 | 10 | 47,5 | 52,5 | 55,0 | 8 | 97,5 | 110,0 | 117,5 | 10 | 267,5 | 59,44 | 1 |
| 11 | Balboa Esquivel Irene | 2002 | ARP | 61,63 | 0,2220 | 18 | 72,5 | 77,5 | 80,0 | 11 | 35,0 | 40,0 | 42,5 | 11 | 85,0 | 92,5 | 102,5 | 11 | 225,0 | 49,95 | 1 |
| -69kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Rodriguez Rusillo Laura | 1996 | PANDJ | 66,07 | 0,2124 | 27 | 115,0 | 120,0 | 125,0 | 2 | 70,0 | 75,0 | 80,0 | 1 | 132,5 | 142,5 | 150,0 | 4 | 345,0 | 73,28 | 12 |
| 2 | Gonzalez Tirado Ainhoa | 2005 | PSVLL | 68,11 | 0,2087 | 22 | 102,5 | 112,5 | 120,0 | 3 | 55,0 | 60,0 | 65,0 | 3 | 135,0 | 145,0 | 155,0 | 2 | 340,0 | 70,96 | 9 |
| 3 | Ramirez Osuna Ana | 2000 | FNAZ | 66,36 | 0,2119 | 26 | 115,0 | 120,0 | 125,0 | 1 | 50,0 | 52,5 | 55,0 | 5 | 142,5 | 152,5 | 170,0 | 3 | 330,0 | 69,93 | 8 |
| 4 | Garcia Carreño Ariadna | 1998 | ALMBAR | 66,58 | 0,2115 | 28 | 105,0 | 105,0 | 110,0 | 7 | 57,5 | 62,5 | 65,0 | 4 | 140,0 | 147,5 | 155,0 | 1 | 322,5 | 68,21 | 7 |
| 5 | Hueltes Palacios Sara | 1999 | PJAEN | 67,48 | 0,2098 | 24 | 97,5 | 105,0 | 107,5 | 6 | 52,5 | 57,5 | 57,5 | 6 | 150,0 | 160,0 | 165,0 | 5 | 310,0 | 65,04 | 6 |
| 6 | Jones Sadie | 1997 | FNAZ | 68,98 | 0,2072 | 23 | 100,0 | 105,0 | 110,0 | 5 | 67,5 | 70,0 | 72,5 | 2 | 110,0 | 120,0 | 127,5 | 6 | 307,5 | 63,71 | 5 |
| 7 | Cid Rodriguez Laura | 2000 | PANDJ | 67,72 | 0,2094 | 30 | 102,5 | 110,0 | 110,0 | 4 | 42,5 | 45,0 | 47,5 | 7 | 117,5 | 125,0 | 132,5 | 7 | 282,5 | 59,16 | 4 |
| 8 | Alvarez Muñoz Elena | 2003 | PSVLL | 65,94 | 0,2127 | 29 | 55,0 | 60,0 | 70,0 | 8 | 40,0 | 42,5 | 45,0 | 8 | 77,5 | 90,0 | 100,0 | 9 | 215,0 | 45,73 | 3 |
| 9 | Tirado Rodriguez Thalia | 2001 | FGUAD | 65,64 | 0,2133 | 25 | 57,5 | 60,0 | 65,0 | 9 | 30,0 | 35,0 | 40,0 | 9 | 85,0 | 92,5 | 100,0 | 8 | 200,0 | 42,66 | 2 |
| -76kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Sanchez Fernandez Marina | 2002 | MALPT | 75,03 | 0,1984 | 31 | 132,5 | 140,0 | 145,0 | 1 | 60,0 | 65,0 | 67,5 | 1 | 140,0 | 150,0 | 160,0 | 1 | 350,0 | 69,44 | 12 |
| 2 | Cobos Garcia Noemi | 2001 | FGUAD | 73,34 | 0,2006 | 32 | 90,0 | 97,5 | 100,0 | 2 | 47,5 | 55,0 | 57,5 | 2 | 120,0 | 127,5 | 130,0 | 2 | 282,5 | 56,67 | 9 |
| -84kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Rey Rama Pilar | 1976 | RVSTR | 80,16 | 0,1925 | 7 | 90,0 | 102,5 | 105,0 | 1 | 35,0 | 42,5 | 47,5 | 2 | 95,0 | 110,0 | 122,5 | 1 | 257,5 | 49,57 | 12 |
| 2 | Fernandez Del Moral Gallego Marta | 1999 | DNIXAR | 79,15 | 0,1936 | 8 | 65,0 | 72,5 | 80,0 | 2 | 37,5 | 42,5 | 45,0 | 1 | 100,0 | 110,0 | 120,0 | 2 | 235,0 | 45,50 | 9 |
| 84+kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Gonzalez Martin Maria Eugenia | 2000 | PJAEN | 100,89 | 0,1779 | 9 | 120,0 | 135,0 | 147,5 | 1 | 60,0 | 67,5 | 67,5 | 1 | 115,0 | 127,5 | 135,0 | 1 | 337,5 | 60,04 | 12 |

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MUJERES POWERLIFTING RAW

| CLASIFICACIÓN POR CLUBS | pt. | Puntuaciones |
|---------------------------|-----|-------------------------|
| 1 RV STRENGTH Huelva | 24 | [12+12] 132,18 GL Pts |
| 2 MALAGA POWER TEAM | 24 | [12+12] 129,98 GL Pts |
| 3 POWERLIFTING SEVILLA | 21 | [9+6+3+3] 255,80 GL Pts |
| 4 POWERLIFTING ANDUJAR | 20 | [12+4+4] 201,93 GL Pts |
| 5 POWERLIFTING JAEN | 18 | [12+6] 125,08 GL Pts |
| 6 FUERZA GUANCHE Tenerife | 18 | [9+9] 159,11 GL Pts |
| 7 FUERZA GRANADA | 17 | [12+5] 136,70 GL Pts |
| 8 FUERZA NAZARI Granada | 13 | [8+5] 133,64 GL Pts |
| 9 BASIC STRENGTH Cadiz | 12 | [12] 92,42 GL Pts |

| CLASIFICACIÓN POR CLUBS | pt. | Puntuaciones |
|---------------------------------|-----|---------------------|
| 10 FUERZA GUADAIRA | 11 | [9+2] 99,33 GL Pts |
| 11 IRONSIDE STRENGTH Sevilla | 9 | [9] 55,08 GL Pts |
| 12 DEPORNIXAR ALMERIA | 9 | [9] 45,50 GL Pts |
| 13 ASOCIACION ANDALUZA | 8 | [8] 76,52 GL Pts |
| 14 ALMERIA BARBELL CLUB | 8 | [7+1] 127,65 GL Pts |
| 15 LIFT AMBITION Granada | 7 | [7] 73,93 GL Pts |
| 16 ELITE POWERLIFTING Bollullos | 2 | [2] 60,36 GL Pts |
| 17 ALMONTE RAW POWERLIFTING | 1 | [1] 49,95 GL Pts |

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

| Nombre | Club | Cat. | Peso corp. | Total | GL pt. | Clas. |
|-----------------------------------|--------|-------|------------|--------------|--------------|-------|
| 1 Aguila Padilla Ana Maria | BASIC | -57kg | 55,77 | 387,5 | 92,42 | 1 |
| 2 Sequera Romero Ines | RVSTR | -63kg | 61,39 | 370,0 | 82,33 | 1 |
| 3 Maggioni Maria Isabel | FGUAN | -63kg | 61,43 | 370,0 | 82,29 | 2 |
| 4 Rodriguez Hernandez Nayade | FGUAN | -57kg | 55,87 | 322,5 | 76,82 | 2 |
| 5 Manso Vergel Naiara | ANDAL | -63kg | 61,69 | 345,0 | 76,52 | 3 |
| 6 Correa Barwick Lucia Del Carmen | LIFTAM | -63kg | 62,16 | 335,0 | 73,93 | 4 |
| 7 Rodriguez Rusillo Laura | PANDJ | -69kg | 66,07 | 345,0 | 73,28 | 1 |
| 8 Gonzalez Tirado Ainhoa | PSVLL | -69kg | 68,11 | 340,0 | 70,96 | 2 |
| 9 Martinez Moyano Maria | PSVLL | -63kg | 60,60 | 315,0 | 70,72 | 5 |
| 10 Ramirez Osuna Ana | FNAZ | -69kg | 66,36 | 330,0 | 69,93 | 3 |
| 11 Valdivia Anguita Esther | PANDJ | -63kg | 60,00 | 307,5 | 69,50 | 7 |
| 12 Sanchez Fernandez Marina | MALPT | -76kg | 75,03 | 350,0 | 69,44 | 1 |
| 13 Miralles Rodriguez Delia Mª | FGRAN | -63kg | 60,94 | 310,0 | 69,32 | 6 |
| 14 Vidal Lopez Elena | PSVLL | -63kg | 59,97 | 302,5 | 68,40 | 8 |
| 15 Garcia Carreño Ariadna | ALMBAR | -69kg | 66,58 | 322,5 | 68,21 | 4 |
| 16 Cadena Aponte Flor Ximena | FGRAN | -52kg | 51,03 | 262,5 | 67,38 | 1 |
| 17 Hueltes Palacios Sara | PJAEN | -69kg | 67,48 | 310,0 | 65,04 | 5 |
| 18 Jones Sadie | FNAZ | -69kg | 68,98 | 307,5 | 63,71 | 6 |
| 19 Quirante Perez Maria | MALPT | -47kg | 46,27 | 215,0 | 60,54 | 1 |
| 20 Toledo Mira Aranzazu | ELITP | -63kg | 61,84 | 272,5 | 60,36 | 9 |

ABREVIACIONES:

ALMBAR = ALMERIA BARBELL CLUB
 ANDAL = ASOCIACION ANDALUZA
 ARP = ALMONTE RAW POWERLIFTING
 BASIC = BASIC STRENGTH Cadiz
 DNIXAR = DEPORNIXAR ALMERIA

ELITP = ELITE POWERLIFTING Bollullos
 FGRAN = FUERZA GRANADA
 FGUAD = FUERZA GUADAIRA
 FGUAN = FUERZA GUANCHE Tenerife
 FNAZ = FUERZA NAZARI Granada

IRONS = IRONSIDE STRENGTH Sevilla
 LIFTAM = LIFT AMBITION Granada
 MALPT = MALAGA POWER TEAM
 PANDJ = POWERLIFTING ANDUJAR
 PJAEN = POWERLIFTING JAEN

PSVLL = POWERLIFTING SEVILLA
 RVSTR = RV STRENGTH Huelva