

**ASOCIACION ESPAÑOLA DE POWERLIFTING**  
**AEP-2 REINO DE MURCIA**  
**Las Torres de Cotillas, Murcia - 10-11 diciembre 2022**

Rev. 14/12/2022

**MUJERES POWERLIFTING RAW**

LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA				PESO MUERTO			TOTAL	IPFGL	Pt.		
<b>-52kg</b>																				
1 Aguilera Garcia Alejandra	1996	DNIXAR	51,08	0,2565	15	<del>102,5</del>	102,5	110,0	1	52,5	57,5	<del>62,5</del>	2	145,0	160,0	170,0	1	337,5	86,57	12
2 Rubio Amoros Brenda	1992	ALFA	51,97	0,2526	16	105,0	110,0	<del>112,5</del>	2	<del>52,5</del>	52,5	<del>57,5</del>	4	125,0	130,0	137,5	2	300,0	75,78	9
3 Bernabeu Gomez Lucia	2005	SPARTA	49,88	0,2620	17	90,0	97,5	102,5	3	60,0	67,5	72,5	1	110,0	117,5	122,5	4	297,5	77,94	8
4 Ingles Lopez Marina	1997	SPARTA	48,96	0,2665	14	92,5	100,0	<del>105,0</del>	4	52,5	55,0	<del>57,5</del>	3	117,5	<del>125,0</del>	127,5	3	282,5	75,29	7
<b>-57kg</b>																				
1 Peña Magallon Alicia	1998	AFA	55,82	0,2383	3	<del>107,5</del>	112,5	117,5	1	60,0	65,0	67,5	1	130,0	137,5	145,0	1	330,0	78,64	12
2 Gil Serrano Isabel	1998	BAST	57,00	0,2346	1	110,0	<del>117,5</del>	<del>117,5</del>	3	60,0	62,5	<del>65,0</del>	3	115,0	125,0	132,5	3	305,0	71,55	9
3 Teson Hernandez Alba	2001	SPARTA	54,41	0,2432	5	87,5	95,0	<del>100,0</del>	5	52,5	57,5	60,0	4	125,0	<del>132,5</del>	132,5	2	287,5	69,92	8
4 Tirado Martinez Lledo	2005	FIA	55,93	0,2380	6	105,0	110,0	<del>112,5</del>	2	60,0	65,0	<del>70,0</del>	2	105,0	110,0	X	6	285,0	67,83	7
5 Cazorla Morallon Irene	2000	FIA	56,03	0,2376	2	95,0	100,0	<del>105,0</del>	4	<del>40,0</del>	45,0	47,5	5	105,0	115,0	<del>122,5</del>	5	262,5	62,37	6
6 Garcia De Alcaraz Bravo Irene	2001	ARETE	53,68	0,2459	7	75,0	80,0	<del>85,0</del>	6	37,5	40,0	42,5	6	110,0	117,5	125,0	4	247,5	60,86	5
<b>-63kg</b>																				
1 Gutierrez Sanchez Amelia	1998	SPARTA	60,17	0,2256	21	110,0	120,0	122,5	1	65,0	70,0	75,0	1	137,5	150,0	<del>155,0</del>	1	347,5	78,40	12
2 Ibarra Sheila Sofia	1999	SPARTA	61,90	0,2213	18	115,0	<del>120,0</del>	<del>120,0</del>	2	57,5	62,5	70,0	2	135,0	145,0	150,0	2	335,0	74,14	9
3 Moreno De Las Heras Maria	1994	ALFA	62,11	0,2208	19	80,0	85,0	92,5	3	42,5	45,0	47,5	5	100,0	107,5	112,5	4	252,5	55,75	8
4 Arevalo Risueño Lorena	1998	BAST	62,05	0,2210	20	70,0	<del>75,0</del>	75,0	4	42,5	45,0	47,5	4	95,0	102,5	<del>105,0</del>	5	225,0	49,73	7
— Vives Muñoz Juana Maria	1991	MCEUTI	61,32	0,2227	22	<del>107,5</del>	<del>107,5</del>	<del>107,5</del>	—	55,0	<del>60,0</del>	60,0	3	140,0	<del>150,0</del>	<del>150,0</del>	3	0	0	—
<b>-69kg</b>																				
1 Coves Macia Rocio	1997	IRONT	68,39	0,2082	12	130,0	135,0	142,5	1	65,0	67,5	70,0	2	160,0	167,5	172,5	1	385,0	80,16	12
2 Reyna Castro Denisse Marisol	1997	BRSTOD	68,35	0,2083	13	<del>120,0</del>	127,5	132,5	2	65,0	70,0	<del>75,0</del>	1	<del>155,0</del>	155,0	170,0	2	372,5	77,59	9
3 Albaladejo Garcia Mireia	2005	MYR	64,06	0,2165	9	100,0	107,5	112,5	3	52,5	57,5	<del>60,0</del>	4	132,5	140,0	<del>147,5</del>	3	310,0	67,11	8
4 Duarte Uribe Alba	1992	FGRAN	68,22	0,2085	8	92,5	100,0	105,0	4	57,5	62,5	65,0	3	122,5	130,0	135,0	4	305,0	63,59	7
5 Valero Moreno Ana Maria	2003	SPARTA	66,95	0,2108	11	95,0	100,0	102,5	5	40,0	45,0	52,5	5	115,0	130,0	<del>145,0</del>	5	285,0	60,08	6
<b>-76kg</b>																				
1 Corbalan Lopez Emilia	1995	MYR	71,87	0,2027	26	<del>85,0</del>	92,5	100,0	2	52,5	57,5	<del>62,5</del>	2	115,0	125,0	127,5	3	285,0	57,77	12
2 Guillen Garcia Alicia	2003	SPARTA	74,64	0,1989	24	95,0	100,0	105,0	1	50,0	<del>55,0</del>	<del>55,0</del>	4	120,0	130,0	<del>135,0</del>	2	285,0	56,69	9
3 Viguera Lopez Micaela	1998	MYR	71,08	0,2039	25	82,5	87,5	<del>92,5</del>	3	52,5	55,0	60,0	1	117,5	125,0	130,0	1	277,5	56,58	8
— De Jong Bettina	1978	PSVIC	75,12	0,1983	23	<del>100,0</del>	<del>105,0</del>	<del>105,0</del>	—	50,0	55,0	<del>57,5</del>	3	95,0	<del>102,5</del>	<del>102,5</del>	4	0	0	—
<b>84+kg</b>																				
1 Lago Pernisi Flor Anahi	1997	INDAR	92,58	0,1824	27	110,0	117,5	125,0	1	<del>67,5</del>	67,5	72,5	1	120,0	130,0	<del>140,0</del>	1	327,5	59,74	12

CLASIFICACIÓN POR CLUBS	pt.	Puntuaciones
1 SPARTA Murcia	46	[12+9+9+8+8] 357,08 GL Pts
2 MYRTEA LIFTING Murcia	28	[12+8+8] 181,47 GL Pts
3 ALFA Forjando Atletas Madrid	17	[9+8] 131,53 GL Pts
4 BANZAI STRENGTH Cartagena	16	[9+7] 121,28 GL Pts
5 FUERZA ISABEL ATLAS Chiva	13	[7+6] 130,20 GL Pts
6 DEPORNIXAR ALMERIA	12	[12] 86,57 GL Pts
7 IRON TEAM Elche	12	[12] 80,16 GL Pts

CLASIFICACIÓN POR CLUBS	pt.	Puntuaciones
8 ALTEA-FINESTRAT-L'ALFAS	12	[12] 78,64 GL Pts
9 INDAR POWER Vitoria	12	[12] 59,74 GL Pts
10 BERSERKERS TOLEDO	9	[9] 77,59 GL Pts
11 FUERZA GRANADA	7	[7] 63,59 GL Pts
12 ARETE CARAVACA Murcia	5	[5] 60,86 GL Pts
— POWER SAN VICENTE	—	—
— MONTOCAN CEUTI	—	—

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<b>MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL</b>							
	<b>Nombre</b>	<b>Club</b>	<b>Cat.</b>	<b>Peso corp.</b>	<b>Total</b>	<b>GL pt.</b>	<b>Clas.</b>
1	Aguilera Garcia Alejandra	DEPORNIXAR ALMERIA	-52kg	51,08	<b>337,5</b>	<b>86,5688</b>	1
2	Coves Macia Rocio	IRON TEAM Elche	-69kg	68,39	<b>385,0</b>	<b>80,1570</b>	1
3	Peña Magallon Alicia	ALTEA-FINESTRAT-L'ALFAS	-57kg	55,82	<b>330,0</b>	<b>78,6390</b>	1
4	Gutierrez Sanchez Amelia	SPARTA Murcia	-63kg	60,17	<b>347,5</b>	<b>78,3960</b>	1
5	Bernabeu Gomez Lucia	SPARTA Murcia	-52kg	49,88	<b>297,5</b>	<b>77,9450</b>	3
6	Reyna Castro Denisse Marisol	BERSERKERS TOLEDO	-69kg	68,35	<b>372,5</b>	<b>77,5918</b>	2
7	Rubio Amoros Brenda	ALFA Forjando Atletas Madrid	-52kg	51,97	<b>300,0</b>	<b>75,7800</b>	2
8	Ingles Lopez Marina	SPARTA Murcia	-52kg	48,96	<b>282,5</b>	<b>75,2863</b>	4
9	Ibarra Sheila Sofia	SPARTA Murcia	-63kg	61,90	<b>335,0</b>	<b>74,1355</b>	2
10	Gil Serrano Isabel	BANZAI STRENGTH Cartagena	-57kg	57,00	<b>305,0</b>	<b>71,5530</b>	2
11	Teson Hernandez Alba	SPARTA Murcia	-57kg	54,41	<b>287,5</b>	<b>69,9200</b>	3
12	Tirado Martinez Lledo	FUERZA ISABEL ATLAS Chiva	-57kg	55,93	<b>285,0</b>	<b>67,8300</b>	4
13	Albaladejo Garcia Mireia	MYRTEA LIFTING Murcia	-69kg	64,06	<b>310,0</b>	<b>67,1150</b>	3
14	Duarte Uribe Alba	FUERZA GRANADA	-69kg	68,22	<b>305,0</b>	<b>63,5925</b>	4
15	Cazorla Morallon Irene	FUERZA ISABEL ATLAS Chiva	-57kg	56,03	<b>262,5</b>	<b>62,3700</b>	5
16	Garcia De Alcaraz Bravo Irene	ARETE CARAVACA Murcia	-57kg	53,68	<b>247,5</b>	<b>60,8603</b>	6
17	Valero Moreno Ana Maria	SPARTA Murcia	-69kg	66,95	<b>285,0</b>	<b>60,0780</b>	5
18	Lago Pernisi Flor Anahi	INDAR POWER Vitoria	84+kg	92,58	<b>327,5</b>	<b>59,7360</b>	1
19	Corbalan Lopez Emilia	MYRTEA LIFTING Murcia	-76kg	71,87	<b>285,0</b>	<b>57,7695</b>	1
20	Guillen Garcia Alicia	SPARTA Murcia	-76kg	74,64	<b>285,0</b>	<b>56,6865</b>	2

**ABREVIACIONES:**

AFA = ALTEA-FINESTRAT-L'ALFAS  
 ALFA = ALFA Forjando Atletas Madrid  
 ARETE = ARETE CARAVACA Murcia  
 BAST = BANZAI STRENGTH Cartagena

BRSTOD = BERSERKERS TOLEDO  
 DNIXAR = DEPORNIXAR ALMERIA  
 FGRAN = FUERZA GRANADA  
 FIA = FUERZA ISABEL ATLAS Chiva

INDAR = INDAR POWER Vitoria  
 IRONT = IRON TEAM Elche  
 MCEUTI = MONTOCAN CEUTI  
 MYR = MYRTEA LIFTING Murcia

PSVIC = POWER SAN VICENTE  
 SPARTA = SPARTA Murcia