

| | CAT. | ABS | SBJ | JUN | M1 | M2 | M3 | M4 |
|----------------------------------|------|-------|-------|-------|-------|-------|-------|-------|
| POWERLIFTING Sentadillas (kg) | 53 | --- | 80,0 | 80,0 | --- | --- | --- | --- |
| | 59 | 80,0 | | | | | | |
| | 66 | 205,0 | 180,0 | 205,0 | | | | 140,0 |
| | 74 | 250,0 | 232,5 | 232,5 | 265,0 | 265,0 | 220,0 | |
| | 83 | 280,0 | 190,0 | 245,0 | 280,0 | 225,0 | 225,0 | |
| | 93 | 290,0 | | 250,0 | 260,0 | 230,0 | 212,5 | |
| | 105 | 300,0 | | | 266,0 | 150,0 | 150,0 | |
| | 120 | 300,0 | 246,0 | 230,0 | 270,0 | | | |
| | +120 | 410,0 | | 240,0 | | | | |
| POWERLIFTING Press Banca (kg) | 53 | --- | 75,0 | 75,0 | --- | --- | --- | --- |
| | 59 | 75,0 | | | | | | |
| | 66 | 137,5 | 105,0 | 137,5 | | | | 95,0 |
| | 74 | 177,5 | 112,5 | 130,0 | 177,5 | 175,0 | 160,0 | |
| | 83 | 255,0 | 115,0 | 180,0 | 255,0 | 175,0 | 150,0 | |
| | 93 | 255,0 | | 162,5 | 255,0 | 160,0 | 160,0 | |
| | 105 | 215,0 | | | 200,0 | 100,0 | 100,0 | |
| | 120 | 180,0 | | 140,0 | 180,0 | | | |
| | +120 | 200,0 | | 150,0 | | | | |
| POWERLIFTING Peso Muerto (kg) | 53 | --- | 112,5 | 112,5 | --- | --- | --- | --- |
| | 59 | 112,5 | | | | | | |
| | 66 | 235,0 | 190,0 | 220,0 | | | | 150,0 |
| | 74 | 275,0 | 225,0 | 275,0 | 255,0 | 255,0 | 230,0 | |
| | 83 | 271,0 | 230,0 | 271,0 | 250,0 | 240,0 | 240,0 | |
| | 93 | 290,0 | | 290,0 | 250,0 | 250,0 | 250,0 | |
| | 105 | 287,5 | | | 255,0 | 190,0 | 190,0 | |
| | 120 | 330,0 | 265,0 | 270,0 | 255,0 | | | |
| | +120 | 340,0 | | 305,0 | | | | |
| POWERLIFTING Total (kg) | 53 | --- | 267,5 | 267,5 | --- | --- | --- | --- |
| | 59 | 267,5 | | | | | | |
| | 66 | 562,5 | 475,0 | 562,5 | | | | 385,0 |
| | 74 | 695,0 | 570,0 | 570,0 | 695,0 | 695,0 | 600,0 | |
| | 83 | 720,0 | 502,5 | 678,0 | 710,0 | 597,5 | 580,0 | |
| | 93 | 760,0 | | 702,5 | 755,0 | 590,0 | 590,0 | |
| | 105 | 802,5 | | | 695,0 | 440,0 | 440,0 | |
| | 120 | 795,0 | | 640,0 | 700,0 | | | |
| | +120 | 910,0 | | 650,0 | | | | |
| Mov. Único Press Banca (kg) | 53 | --- | 75,0 | 75,0 | --- | --- | --- | --- |
| | 59 | 195,0 | 90,0 | 90,0 | | | | |
| | 66 | 215,0 | 105,0 | 137,5 | 155,5 | 130,0 | | |
| | 74 | 177,5 | 112,5 | 130,0 | 177,5 | 175,0 | 160,0 | |
| | 83 | 260,0 | 125,0 | 180,0 | 255,0 | 175,0 | 150,0 | |
| | 93 | 260,0 | | 162,5 | 260,0 | 160,0 | 160,0 | |
| | 105 | 215,5 | | 180,0 | 215,5 | 185,0 | 180,0 | |
| | 120 | 210,0 | 115,0 | 140,0 | 180,0 | 230,0 | | |
| | +120 | 200,0 | | 150,0 | 190,0 | 140,0 | 140,0 | |
| Mov. Único Peso Muerto (kg) | 53 | --- | 112,5 | 112,5 | --- | --- | --- | --- |
| | 59 | 190,0 | | 190,0 | | | | |
| | 66 | 235,0 | 190,0 | 220,0 | | | | |
| | 74 | 280,0 | 225,0 | 280,0 | 242,5 | 232,5 | 230,0 | |
| | 83 | 271,0 | 230,0 | 271,0 | 245,0 | 245,0 | 245,0 | |
| | 93 | 291,0 | | 291,0 | 257,5 | 250,0 | 250,0 | |
| | 105 | 287,5 | 236,0 | 280,0 | 260,0 | 205,0 | 205,0 | |
| | 120 | 330,0 | 265,0 | 270,0 | 255,0 | | | |
| | +120 | 312,5 | | 270,0 | | | 200,0 | |

| | | CAT. | ABS | SBJ | JUN | M1 | M2 | M3 | M4 |
|--------------|------------------|------|-------|-------|-------|-------|-------|-----|-----|
| POWERLIFTING | Sentadillas (kg) | 43 | --- | | | --- | --- | --- | --- |
| | | 47 | 100,0 | | | 97,5 | | | |
| | | 52 | 102,5 | 40,0 | 40,0 | 92,5 | 90,0 | | |
| | | 57 | 120,0 | | | 120,0 | | | |
| | | 63 | 150,0 | | 112,5 | 150,0 | | | |
| | | 69 | | | | | | | |
| | | 72 | 145,0 | | 110,0 | 145,0 | 60,0 | | |
| | | 76 | 110,0 | | | 110,0 | 110,0 | | |
| | | 84 | 152,5 | | | | | | |
| | | +84 | | | | | | | |
| POWERLIFTING | Press Banca (kg) | 43 | --- | | | --- | --- | --- | --- |
| | | 47 | 67,5 | | | 47,5 | | | |
| | | 52 | 85,0 | 45,0 | 45,0 | 65,0 | 65,0 | | |
| | | 57 | 75,0 | | | 75,0 | | | |
| | | 63 | 75,5 | | 75,5 | 87,5 | | | |
| | | 69 | | | | | | | |
| | | 72 | | | 52,5 | 40,0 | 40,0 | | |
| | | 76 | 50,0 | | | 50,0 | 76,0 | | |
| | | 84 | 88,0 | | | | | | |
| | | +84 | | | | | | | |
| POWERLIFTING | Peso Muerto (kg) | 43 | --- | | | --- | --- | --- | --- |
| | | 47 | 105,0 | | | 97,5 | | | |
| | | 52 | 110,0 | 80,0 | 80,0 | 110,0 | 110,0 | | |
| | | 57 | 120,0 | | | 120,0 | | | |
| | | 63 | 170,0 | | 150,0 | 170,0 | | | |
| | | 69 | | | | | | | |
| | | 72 | 160,0 | | 107,5 | 160,0 | 100,0 | | |
| | | 76 | 120,0 | | | 120,0 | 130,0 | | |
| | | 84 | 180,0 | | | | | | |
| | | +84 | | | | | | | |
| POWERLIFTING | Total (kg) | 43 | --- | | | --- | --- | --- | --- |
| | | 47 | 267,5 | | | 242,5 | | | |
| | | 52 | 285,0 | 165,0 | 165,0 | 265,0 | 265,0 | | |
| | | 57 | 315,0 | | | 315,0 | | | |
| | | 63 | 407,5 | | 338,0 | 407,5 | | | |
| | | 69 | | | | | | | |
| | | 72 | 382,5 | | 270,0 | 382,5 | 200,0 | | |
| | | 76 | 280,0 | | | 280,0 | 313,5 | | |
| | | 84 | 420,5 | | | | | | |
| | | +84 | | | | | | | |
| Mov. Único | Press Banca (kg) | 43 | --- | | | --- | --- | --- | --- |
| | | 47 | 67,5 | | | 47,5 | | | |
| | | 52 | 85,0 | 45,0 | 45,0 | 65,0 | 65,0 | | |
| | | 57 | 75,0 | 40,0 | 40,0 | 75,0 | | | |
| | | 63 | 100,0 | | 75,5 | 100,0 | | | |
| | | 69 | | | | | | | |
| | | 72 | 40,0 | | 52,5 | 40,0 | 40,0 | | |
| | | 76 | 70,0 | | | 70,0 | 76,0 | | |
| | | 84 | 88,0 | | | | | | |
| | | +84 | 52,5 | | | | | | |
| Mov. Único | Peso Muerto (kg) | 43 | --- | | | --- | --- | --- | --- |
| | | 47 | 105,0 | | | 97,5 | | | |
| | | 52 | 110,0 | 80,0 | 80,0 | 110,0 | 110,0 | | |
| | | 57 | 120,0 | 75,0 | 75,0 | 120,0 | | | |
| | | 63 | 150,0 | | 150,0 | | | | |
| | | 69 | | | | | | | |
| | | 72 | 170,0 | | 107,5 | 170,0 | 170,0 | | |
| | | 76 | 135,0 | | | 135,0 | 135,0 | | |
| | | 84 | 180,0 | | | | | | |
| | | +84 | | | | | | | |