

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
VIII Regional de Madrid de Powerlifting y Press Banca
de la **Asociación de Powerlifting de Madrid**
Buitrago de Lozoya - 4-5 de febrero de 2023

Rev. 22/02/2023

MUJERES POWERLIFTING RAW																					
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.		
-47kg																					
1	Muresan Timea Rózsa	1986	ALFA	46,58	0,2797	1	72,5	77,5	77,5	1	32,5	35,0	37,5	1	75,0	82,5	87,5	1	195,0	54,54	12
-52kg																					
1	Gonzalez Pastor. Marina	1995	LPMA	51,82	0,2533	4	105,0	112,5	117,5	3	65,0	70,0	72,5	2	130,0	142,5	142,5	2	332,5	84,22	12
2	Donadeu Sanchez Susana	1995	SIDER	50,76	0,2579	5	110,0	115,0	120,0	2	65,0	70,0	70,0	4	137,5	145,0	145,0	1	330,0	85,11	9
3	Garcia Castañar Patricia	1992	ERALLO	52,00	0,2525	8	115,0	122,5	130,0	1	65,0	70,0	72,5	3	125,0	130,0	135,0	4	330,0	83,33	8
4	Sanchez Gutierrez Miriam	1997	DTP	50,54	0,2589	3	95,0	100,0	105,0	4	70,0	72,5	75,0	1	120,0	127,5	132,5	3	307,5	79,61	7
5	Rodriguez Alonso Marina Jia	2004	EINTE	49,86	0,2621	2	90,0	95,0	95,0	5	47,5	50,0	52,5	6	112,5	120,0	125,0	5	262,5	68,80	6
6	Puente Lucio Clara	1999	MKBB	50,48	0,2592	6	77,5	85,0	90,0	6	55,0	60,0	60,0	5	100,0	100,0	105,0	6	255,0	66,10	5
7	Bataller Martínez Marta	1996	ATMA	50,34	0,2598	7	72,5	77,5	82,5	7	40,0	42,5	42,5	7	90,0	95,0	102,5	7	225,0	58,45	4
-57kg																					
1	Fernandez De Landa Marquinez Oihar	1991	DTP	56,28	0,2368	19	117,5	127,5	135,0	1	52,5	57,5	57,5	5	157,5	167,5	175,0	1	367,5	87,02	12
2	Lara Bartolomea Maria	1991	SIDER	56,16	0,2372	18	110,0	115,0	115,0	5	70,0	72,5	75,0	1	137,5	147,5	X	2	330,0	78,28	9
3	Guifarro Urquia Yuri Abigail	1991	SOYPW	53,74	0,2456	17	107,5	112,5	117,5	3	55,0	60,0	62,5	3	135,0	142,5	150,0	4	322,5	79,21	8
4	Fragoso Kurchak Alexandra	2007	CROM	56,68	0,2356	14	102,5	107,5	112,5	4	60,0	65,0	67,5	2	115,0	120,0	125,0	7	305,0	71,86	7
5	Santos Chivato Zariha	2000	VPWR	56,08	0,2375	11	95,0	100,0	105,0	7	50,0	55,0	57,5	6	127,5	135,0	140,0	5	295,0	70,06	6
6	Martin Mayor Aida	2002	STCA	54,30	0,2436	13	95,0	102,5	107,5	6	52,5	57,5	60,0	4	110,0	120,0	120,0	8	287,5	70,03	5
7	Diaz Jaro Claudia	2000	ERALLO	56,14	0,2373	16	82,5	87,5	92,5	9	42,5	47,5	50,0	7	115,0	122,5	127,5	6	267,5	63,48	4
8	Calderón Cortés Rut	1998	RSPWR	55,26	0,2402	15	85,0	90,0	95,0	8	37,5	40,0	45,0	8	95,0	102,5	110,0	9	237,5	57,05	3
—	Ordoñez Rodriguez Alba	1998	CROM	56,60	0,2358	12	125,0	130,0	135,0	2	70,0	70,0	70,0	—	132,5	140,0	145,0	3	—	—	—
-63kg																					
1	Fernández García Beatriz	2001	RSPWR	60,82	0,2239	24	120,0	127,5	132,5	1	70,0	75,0	77,5	1	140,0	150,0	160,0	2	357,5	80,04	12
2	Abad Juzgado Sara	1996	DTP	62,42	0,2201	25	112,5	112,5	117,5	2	72,5	75,0	75,0	2	130,0	145,0	157,5	3	337,5	74,28	9
3	Sanchez Rodriguez Maria	2000	DTP	60,22	0,2255	22	97,5	107,5	115,0	4	52,5	57,5	60,0	3	137,5	150,0	160,0	1	327,5	73,85	8
4	Carabot Tosar Marina	2005	DTP	61,94	0,2212	29	90,0	100,0	107,5	5	55,0	60,0	65,0	4	125,0	135,0	145,0	5	302,5	66,91	7
5	Boulagna Channa Sara	2002	ERALLO	62,00	0,2211	27	100,0	100,0	110,0	3	50,0	52,5	52,5	8	120,0	127,5	132,5	6	290,0	64,12	6
6	Moreno Cerro Cristina	1983	BBM	61,14	0,2231	21	82,5	87,5	92,5	9	47,5	50,0	52,5	7	112,5	117,5	120,0	7	260,0	58,01	5
7	Moreno De Las Heras Maria	1994	ALFA	62,74	0,2194	28	85,0	95,0	100,0	7	45,0	47,5	50,0	10	105,0	115,0	120,0	8	257,5	56,50	4
8	Nicola Pauna Bianca	1995	CDPS	62,50	0,2199	26	90,0	95,0	95,0	8	50,0	55,0	57,5	6	95,0	100,0	115,0	9	245,0	53,88	3
—	Arribas Cantalejo Helena	1990	BBM	62,04	0,2210	20	97,5	105,0	107,5	6	45,0	47,5	50,0	9	117,5	127,5	127,5	—	—	—	—
—	Amzir Pérez Daniela	2003	VPWR	62,50	0,2199	23	115,0	115,0	115,0	—	57,5	60,0	62,5	5	130,0	135,0	140,0	4	—	—	—
-69kg																					
1	Ocana Lopez Valeria	2000	AGSTR	67,92	0,2090	30	117,5	125,0	132,5	1	55,0	57,5	60,0	3	150,0	162,5	172,5	1	365,0	76,28	12
2	Martínez López-Yarto Diana	2005	AGSTR	66,72	0,2112	32	110,0	117,5	122,5	4	65,0	67,5	70,0	2	135,0	142,5	145,0	2	335,0	70,75	9
3	Santamarina Sanjuan Carla	1994	SPCFIC	66,32	0,2119	34	117,5	122,5	127,5	3	60,0	62,5	67,5	1	120,0	130,0	137,5	4	332,5	70,46	8
4	Herraiz Ferrera Lucia	1998	ERALLO	66,94	0,2108	31	100,0	100,0	105,0	5	52,5	55,0	60,0	5	130,0	137,5	140,0	3	300,0	63,24	7
—	Vidal Castiñeiras Alejandra	2004	EINTE	66,32	0,2119	33	130,0	140,0	140,0	2	52,5	55,0	57,5	4	160,0	170,0	170,0	—	—	—	—
-76kg																					
1	Erimo Sabadell Rosa	1992	SIDER	75,20	0,1982	41	160,0	170,0	175,0	1	90,0	95,0	97,5	1	200,0	215,0	220,0	1	492,5	97,61	12
2	Pintor Chocano Aranzazu	1993	SPCFIC	74,62	0,1989	36	132,5	140,0	145,0	2	62,5	65,0	67,5	3	150,0	162,5	165,0	4	377,5	75,08	9
3	Najj Suleimane Naomi Sara	1997	SOBMA	74,08	0,1996	39	135,0	140,0	145,0	3	52,5	57,5	60,0	6	170,0	182,5	185,0	2	375,0	74,85	8
4	Ordak Amelia	2002	RSPWR	75,62	0,1976	38	130,0	140,0	140,0	4	60,0	65,0	67,5	4	150,0	160,0	170,0	3	375,0	74,10	7
5	Bueno Jiménez Concepción	1996	RSPWR	74,80	0,1987	40	122,5	127,5	135,0	5	72,5	77,5	77,5	2	140,0	150,0	160,0	6	355,0	70,54	6
6	Bernal Lacase Maria Graciela	1990	SOYPW	74,10	0,1996	37	110,0	115,0	117,5	6	55,0	60,0	62,5	5	142,5	152,5	162,5	5	340,0	67,86	5

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MUJERES POWERLIFTING RAW																					
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.		
-84kg																					
1	Bartolomé Menéndez Marina	2002	AGSTR	80,36	0,1923	9	100,0	107,5	115,0	1	60,0	65,0	67,5	1	135,0	142,5	145,0	1	325,0	62,50	12
84+kg																					
1	Torrejón Vidal Sandra	1993	EINTE	94,88	0,1811	10	125,0	135,0	145,0	1	65,0	67,5	70,0	1	165,0	175,0	185,0	1	390,0	70,63	12

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL							
	Nombre	Club	Cat.	Peso corp.	Total	GL pt.	Clas.
1	Erimo Sabadell Rosa	SIDEROPOLIS Madrid	-76kg	75,20	492,5	97,6135	1
2	Fernandez De Landa Marquinez Oih	DT POWER Madrid	-57kg	56,28	367,5	87,0240	1
3	Donadeu Sanchez Susana	SIDEROPOLIS Madrid	-52kg	50,76	330,0	85,1070	2
4	Gonzalez Pastor. Marina	Levantamiento de Potencia Madrid	-52kg	51,82	332,5	84,2223	1
5	Garcia Castañar Patricia	EDUARDO RALLO Madrid	-52kg	52,00	330,0	83,3250	3
6	Fernández García Beatriz	RISING POWER Madrid	-63kg	60,82	357,5	80,0443	1
7	Sanchez Gutierrez Miriam	DT POWER Madrid	-52kg	50,54	307,5	79,6118	4
8	Guifarro Urquia Yuri Abigail	SOY POWERLIFTER Madrid	-57kg	53,74	322,5	79,2060	3
9	Lara Bartolome Maria	SIDEROPOLIS Madrid	-57kg	56,16	330,0	78,2760	2
10	Ocana Lopez Valeria	AG STRENGTH Madrid	-69kg	67,92	365,0	76,2850	1
11	Pintor Chocano Aranzazu	SPECIFIC STRENGTH Madrid	-76kg	74,62	377,5	75,0848	2
12	Najy Suleimane Naomi Sara	SONS OF BARBELL Madrid	-76kg	74,08	375,0	74,8500	3
13	Abad Juzgado Sara	DT POWER Madrid	-63kg	62,42	337,5	74,2838	2
14	Ordak Amelia	RISING POWER Madrid	-76kg	75,62	375,0	74,1000	4
15	Sanchez Rodriguez Maria	DT POWER Madrid	-63kg	60,22	327,5	73,8513	3

CLASIFICACIÓN POR CLUBS			pt.	Puntuaciones	CLASIFICACIÓN POR CLUBS			pt.	Puntuaciones
1	DT POWER Madrid	43	[12+9+8+7+7]	381,68 GL Pts	10	Levantamiento de Potencia Madrid	12	[12] 84,22 GL Pts	
2	AG STRENGTH Madrid	33	[12+12+9]	209,53 GL Pts	11	SONS OF BARBELL Madrid	8	[8] 74,85 GL Pts	
3	SIDEROPOLIS Madrid	30	[12+9+9]	261,00 GL Pts	12	CROM GYM Madrid	7	[7] 71,86 GL Pts	
4	RISING POWER Madrid	28	[12+7+6+3]	281,73 GL Pts	13	VILLA POWERLIFTING Madrid	6	[6] 70,06 GL Pts	
5	EDUARDO RALLO Madrid	25	[8+7+6+4]	274,16 GL Pts	14	STRENGTH CAPITAL Madrid	5	[5] 70,04 GL Pts	
6	ENTRENA INTENSO Madrid	18	[12+6]	139,43 GL Pts	15	MIKEBARBELL Madrid	5	[5] 66,10 GL Pts	
7	SPECIFIC STRENGTH Madrid	17	[9+8]	145,54 GL Pts	16	BLACK BARBELL Madrid	5	[5] 58,01 GL Pts	
8	ALFA Forjando Atletas Madrid	16	[12+4]	111,04 GL Pts	17	ATPOWER TEAM Madrid	4	[4] 58,46 GL Pts	
9	SOY POWERLIFTER Madrid	13	[8+5]	147,07 GL Pts	18	CDE PUERTA DE LA SIERRA Madrid	3	[3] 53,88 GL Pts	

ABREVIACIONES:

AGSTR = AG STRENGTH Madrid	CROM = CROM GYM Madrid	MKBB = MIKEBARBELL Madrid	SPCFIC = SPECIFIC STRENGTH Madrid
ALFA = ALFA Forjando Atletas Madrid	DTP = DT POWER Madrid	RSPWR = RISING POWER Madrid	STCA = STRENGTH CAPITAL Madrid
ATMA = ATPOWER TEAM Madrid	EINTE = ENTRENA INTENSO Madrid	SIDER = SIDEROPOLIS Madrid	VPWR = VILLA POWERLIFTING Madrid
BBM = BLACK BARBELL Madrid	ERALLO = EDUARDO RALLO Madrid	SOBMA = SONS OF BARBELL Madrid	