

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
VII Campeonato de la Federació Catalana de Físic-Culturisme
 AEP-2 Regional de Aragón, Cataluña, Baleares y Andorra (como país invitado)
 La Pobl de Montornès, Tarragona - 11-12 marzo 2023

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MUJERES POWERLIFTING RAW																					
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA				PESO MUERTO			TOTAL	IPFGL	Pt.	
-52 kg																					
1	Galante Muñoz Brenda	2003	FEDCAT	50,60	0,2586	3	90,0	95,0	100,0	1	50,0	-52,5	52,5	2	132,5	137,5	140,0	1	292,5	75,64	12
2	Alemaný Modol Eva	2002	FEDCAT	50,35	0,2598	2	90,0	95,0	-100,0	2	50,0	52,5	-55,0	1	120,0	127,5	132,5	2	280,0	72,74	9
3	Tefat Benmouma Lidia	2004	STLGCY	51,30	0,2555	1	50,0	60,0	-62,5	3	35,0	-40,0	-40,0	3	90,0	92,5	100,0	3	195,0	49,82	8
-57 kg																					
1	Douay Badaoi Wisal	2003	UFT	55,60	0,2391	7	115,0	120,0	-125,0	1	47,5	52,5	-55,0	4	140,0	150,0	157,5	1	330,0	78,90	12
2	Vilda Feria Marta	2003	NETB	55,75	0,2386	4	92,5	100,0	107,5	2	50,0	52,5	-57,5	5	135,0	-145,0	152,5	2	312,5	74,56	9
3	Almagro Trillas Maria	1999	PRAET	56,30	0,2368	5	87,5	95,0	102,5	4	55,0	62,5	-65,0	1	100,0	107,5	117,5	6	282,5	66,90	8
4	Torres Serra	2006	IBIZA	56,80	0,2352	9	95,0	105,0	-115,0	3	50,0	57,5	-65,0	3	100,0	110,0	120,0	4	282,5	66,44	7
5	Valero Franciso Julia	2007	ATPB	55,65	0,2389	6	85,0	-95,0	95,0	5	37,5	42,5	-50,0	6	105,0	112,5	117,5	5	255,0	60,92	6
--	Domingo Benegas Alba	2007	FEDCAT	56,90	0,2349	10	-105,0	-105,0	-105,0	--	-60,0	60,0	-65,0	2	135,0	-142,5	142,5	3	0,0	0,00	--
-63 kg																					
1	Peña Montcusi Natalia	2000	STLGCY	61,20	0,2230	18	132,5	140,0	145,0	2	-67,5	67,5	75,0	1	-140,0	140,0	150,0	3	370,0	82,51	12
2	Sison Garcia Muriel	1999	NETB	61,90	0,2213	13	132,5	140,0	147,5	1	50,0	55,0	-60,0	6	140,0	147,5	152,5	2	355,0	78,56	9
3	Pradas Lozano Ainhoa	2004	NETB	61,70	0,2218	16	100,0	110,0	117,5	4	60,0	65,0	-70,0	2	132,5	142,5	152,5	1	335,0	74,30	8
4	Mitjavila Casals Irene	2002	PRAET	61,90	0,2213	15	110,0	117,5	120,0	3	55,0	60,0	62,5	4	130,0	140,0	147,5	4	330,0	73,03	7
5	Calero Santos Emma	2001	ULCB	62,40	0,2201	17	95,0	-102,5	102,5	5	65,0	-70,0	-70,0	3	115,0	125,0	130,0	5	297,5	65,48	6
6	Munoz Adan Lucia	2005	ULCB	59,00	0,2287	19	90,0	95,0	-100,0	6	50,0	55,0	-60,0	5	95,0	-105,0	X	7	245,0	56,03	5
7	Escarre Leiva Creu	1973	FEDCAT	61,95	0,2212	14	85,0	-92,5	-92,5	7	45,0	50,0	-52,5	7	105,0	-115,0	-115,0	6	240,0	53,09	4
-69 kg																					
1	Ramirez Cuevas Susana	1978	FEDCAT	66,15	0,2123	20	115,0	-120,0	120,0	1	55,0	-60,0	-6,0	1	120,0	125,0	130,0	1	305,0	64,75	12
-76 kg																					
1	Khalaf Valls Sara Samira	2000	STLGCY	75,50	0,1978	23	127,5	-135,0	140,0	1	72,5	77,5	80,0	1	157,5	167,5	175,0	1	395,0	78,13	12
2	Muñoz Monfort Ana	1998	TCEZ	75,15	0,1982	21	100,0	107,5	-112,5	3	60,0	65,0	-70,0	2	132,5	140,0	147,5	2	320,0	63,42	9
3	Ramos Vila Montse	1973	FEDCAT	74,45	0,1991	22	115,0	-125,0	-125,0	2	45,0	47,5	50,0	3	120,0	130,0	140,0	3	305,0	60,73	8
-84 kg																					
1	Acosta Gallego Laia	2003	ULCB	81,60	0,1911	11	120,0	132,5	-142,5	1	50,0	57,5	65,0	1	125,0	140,0	152,5	1	350,0	66,89	12
+84 kg																					
1	Sanchez Milla Ainhoa	1995	TCEZ	94,90	0,1810	12	97,5	105,0	110,0	1	57,5	62,5	-65,0	1	132,5	140,0	145,0	1	317,5	57,47	12

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

Nombre	CLUB	Cat.	PC	Total	GL pt.	Clas.	
1	Peña Montcusi Natalia	STLGCY	-63kg	61,20	370,0	82,510	1
2	Douay Badaoi Wisal	UFT	-57kg	55,60	330,0	78,903	1
3	Sison Garcia Muriel	NETB	-63kg	61,90	355,0	78,562	2

ABREVIACIONES:

ATPB=ATENEA POWERLIFTING Barcelona
 FEDCAT=FEDERACIÓN CATALANA
 IBIZA=POWERLIFTING IBIZA

NETB=THE NEW ERA TEAM Barcelona
 PRAET=PRAETORIANS Tarragona
 STLGCY=STRENGTH LEGACY Lleida

TCEZ=TEAM CE POWERLIFTING Zaragoza
 UFT=UNITY FORCE Tarragona
 ULCB=UNDERGROUND LIFTING CLUB Barcelona