

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

I Campeonato de Canarias

AEP-2 Regional de Powerlifting y Press Banca

Sta. Cruz de Tenerife, Tenerife - 4 marzo 2023

Rev. 13/03/2023

MUJERES POWERLIFTING RAW																					
LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA				PESO MUERTO			TOTAL	IPFGL	Pt.		
-47kg																					
1	Oliva García Alexia	2006	CANSTR	46,10	0,2826	6	65,0	75,0	80,0	1	25,0	30,0	32,5	1	85,0	92,5	100,0	1	212,5	60,06	12
--	Ramos Oliva Miriam	2000	ELCANA	46,70	0,2790	9	60,0	-67,5	-67,5	2	-25,0	-25,0	-25,0	--	80,0	90,0	95,0	2	0,0	0,00	--
-52kg																					
1	Bompart Berroteran Daznia Loiret	1990	FGNCHE	51,10	0,2564	45	-85,0	85,0	-90,0	3	50,0	55,0	57,5	2	-140,0	140,0	147,5	1	290,0	74,35	12
2	Militto Val Clara	2000	FGNCHE	50,70	0,2582	43	110,0	115,0	-120,0	1	55,0	57,5	-62,5	1	105,0	110,0	115,0	2	287,5	74,22	9
3	González Rodríguez Janeth	1999	FGNCHE	51,40	0,2551	14	95,0	-100,0	100,0	2	45,0	-47,5	50,0	3	95,0	105,0	112,5	3	262,5	66,95	8
4	Arrate Gómez María	1998	FGNCHE	50,70	0,2582	5	65,0	-70,0	70,0	4	30,0	35,0	-37,5	4	90,0	95,0	100,0	4	205,0	52,92	7
-57kg																					
1	Machella Palacios Sara Elena	2000	FGNCHE	54,50	0,2429	37	95,0	102,5	107,5	1	45,0	50,0	-52,5	1	112,5	120,0	127,5	1	285,0	69,22	12
2	Quintana Bolaños Adriana	2002	CANSTR	56,60	0,2358	29	-95,0	100,0	-110,0	2	40,0	45,0	-47,5	2	110,0	-117,5	-117,5	2	255,0	60,13	9
-63kg																					
1	González Alfaya Nerea	2002	CANSTR	61,80	0,2216	22	112,5	122,5	125,0	1	55,0	-60,0	60,0	2	117,5	125,0	140,0	2	325,0	72,00	12
2	Marian Wilson Elena	2004	FGNCHE	61,80	0,2216	57	112,5	-117,5	-120,0	2	67,5	72,5	75,0	1	120,0	127,5	132,5	4	320,0	70,90	9
3	Aguiar Cabrera Anabel	2001	ELCANA	59,00	0,2287	16	80,0	87,5	-92,5	4	45,0	47,5	50,0	3	130,0	140,0	150,0	1	287,5	65,76	8
4	Padrón Herrera Miguelina	1946	FGNCHE	62,30	0,2204	35	-27,5	27,5	30,0	5	27,5	30,0	32,5	4	45,0	47,5	50,0	5	112,5	24,79	7
--	Méndez Cabrera Rocío	1993	FGNCHE	60,80	0,2240	31	107,5	115,0	-120,0	3	-50,0	-55,0	-55,0	--	125,0	130,0	135,0	3	0,0	0,00	--
-69kg																					
1	Manglano Niño Alba	1995	CANSTR	66,60	0,2114	19	120,0	127,5	135,0	1	65,0	70,0	-75,0	1	135,0	147,5	160,0	1	365,0	77,17	12
-76kg																					
1	Marrero Abigail	1979	FGNCHE	72,80	0,2014	13	-117,5	-125,0	125,0	2	67,5	70,0	-72,5	1	175,0	180,0	185,0	1	380,0	76,51	12
2	Pérez Cruz Irene Beatriz	2001	FGNCHE	75,40	0,1979	7	120,0	130,0	140,0	1	50,0	-57,5	57,5	2	-110,0	115,0	125,0	2	322,5	63,82	9
-84kg																					
1	Correa Abate Sofia	2001	CANSTR	82,30	0,1904	33	-105,0	-110,0	110,0	1	60,0	67,5	-75,0	1	110,0	117,5	-120,0	1	295,0	56,17	12
2	Arteaga Armas Daniela Carolina	1999	FGNCHE	76,40	0,1967	48	-57,5	65,0	-70,0	2	30,0	32,5	35,0	2	60,0	70,0	80,0	2	180,0	35,40	9
+84kg																					
1	García Jorge Candelaria	1996	CANSTR	96,10	0,1804	42	-122,5	-130,0	130,0	1	60,0	-62,5	-62,5	3	-150,0	-150,0	150,0	1	340,0	61,32	12
2	Moreno Suárez Kiara	2005	ELCANA	103,30	0,1768	39	-120,0	125,0	130,0	2	57,5	65,0	-70,0	2	117,5	-125,0	125,0	3	320,0	56,59	9
3	Martín Díaz Meritxell	1995	FGNCHE	88,30	0,1854	11	95,0	-105,0	-110,0	3	65,0	72,5	77,5	1	105,0	117,5	130,0	2	302,5	56,08	8

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

Nombre	Club	Cat.	PC	Total	GL pt.	Clas.	
1	Manglano Niño Alba	CANSTR	-69kg	66,60	365,0	77,17	1
2	Marrero Abigail	FGNCHE	-76kg	72,80	380,0	76,51	1
3	Bompart Berroteran Daznia Loiret	FGNCHE	-52kg	51,10	290,0	74,35	1

ABREVIACIONES:

CANSTR=CANARY STRENGTH

ELCAN=ELITE CANARIAS

FGNCHE=FUERZA GUANCHE Canarias