

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

I Campeonato de Canarias

AEP-2 Regional de Powerlifting y Press Banca

Sta. Cruz de Tenerife, Tenerife - 4 marzo 2023

Rev. 13/03/2023

HOMBRES POWERLIFTING RAW																					
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS					PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.		
-59kg																					
1	San Fiel Pascual Lionel Aray	2007	CANSTR	53,90	0,1737	63	117,5	130,0	-140,0	1	62,5	67,5	-72,5	1	167,5	-177,5	-187,5	1	365,0	63,40	12
2	Henao Vélez Juan Felipe	2007	FGNCHE	57,30	0,1681	38	105,0	-115,0	-115,0	2	62,5	67,5	-75,0	2	100,0	110,0	117,5	2	290,0	48,75	9
-66kg																					
1	Martín Rizo Daniel	1995	FGNCHE	63,60	0,1590	27	190,0	-202,5	202,5	1	-122,5	122,5	-125,0	1	205,0	217,5	230,0	1	555,0	88,23	12
2	Díaz Sousa Brais	2007	FGNCHE	65,20	0,1569	34	-125,0	125,0	132,5	2	80,0	-85,0	-85,0	2	145,0	152,5	165,0	2	377,5	59,23	9
-74kg																					
1	Baute Hernández Adrián	1998	FGNCHE	72,60	0,1483	26	192,5	205,0	212,5	1	125,0	130,0	135,0	1	235,0	250,0	-270,0	1	597,5	88,59	12
2	Basabe Pérez Eneko	1996	FGNCHE	72,70	0,1482	8	180,0	190,0	-195,0	3	-115,0	115,0	-120,0	3	205,0	215,0	-225,0	2	520,0	77,05	9
3	Rodríguez Martínez Cristian Camilo	1997	CANSTR	72,80	0,1481	49	170,0	-177,5	177,5	4	117,5	-122,5	-127,5	2	200,0	212,5	-217,5	3	507,5	75,14	8
4	Navarro Martín Daniel	2002	FGNCHE	73,00	0,1479	24	-180,0	182,5	197,5	2	105,0	-110,0	-110,0	5	190,0	202,5	-207,5	4	505,0	74,66	7
5	De La Cruz González Javier	1999	FGNCHE	72,40	0,1485	18	-160,0	160,0	-180,0	5	95,0	102,5	107,5	4	160,0	172,5	185,0	7	452,5	67,19	6
6	González González Óscar	2005	FGNCHE	69,00	0,1523	32	140,0	150,0	-157,5	6	75,0	-80,0	-80,0	6	162,5	175,0	187,5	5	412,5	62,81	5
7	García Mederos Adrián	2004	ELCANA	72,10	0,1488	41	-140,0	-145,0	145,0	7	70,0	77,5	-85,0	8	175,0	185,0	-200,0	6	407,5	60,64	4
8	Pérez Martín Juan Miguel	2005	ELCANA	72,80	0,1481	56	-137,5	145,0	-155,0	8	75,0	-85,0	-90,0	7	137,5	150,0	160,0	8	380,0	56,26	3
--	Rodríguez Flores Jorge Alberto	1995	FGNCHE	68,90	0,1524	15	-105,0	-105,0	120,0	9	-100,0	-100,0	-100,0	--	130,0	132,5	135,0	9	0,0	0,00	--
-83kg																					
1	Navia Buendía Erick Emanue	2004	FGNCHE	80,80	0,1403	59	180,0	190,0	200,0	2	115,0	120,0	-122,5	5	227,5	240,0	250,0	1	570,0	79,98	12
2	Hernández Pérez Carlos Aram	1996	FGNCHE	81,50	0,1397	17	180,0	190,0	197,5	3	135,0	-140,0	-140,0	1	210,0	222,5	235,0	3	567,5	79,29	9
3	Fajardo Duarte Besay	1981	CANSTR	81,20	0,1400	61	-205,0	-205,0	210,0	1	-110,0	-112,5	112,5	6	-232,5	240,0	-245,0	2	562,5	78,73	8
4	Medina Carrillo Dailos	2005	ELCANA	81,90	0,1394	28	170,0	182,5	190,0	5	-110,0	117,5	-122,5	4	210,0	220,0	230,0	4	537,5	74,91	7
5	Perdomo Cabrera Daniel	2003	FGNCHE	81,50	0,1397	1	175,0	185,0	195,0	4	115,0	125,0	-127,5	2	195,0	-205,0	-205,0	9	515,0	71,95	6
6	Lopez Gonzalez Carlos	1993	FGNCHE	82,00	0,1393	62	-180,0	185,0	-195,0	6	120,0	-122,5	-122,5	3	190,0	210,0	-220,0	8	515,0	71,73	5
7	Ramírez Ruiz Enrique	1998	FGNCHE	79,40	0,1416	25	160,0	167,5	172,5	7	-105,0	-110,0	110,0	7	200,0	210,0	220,0	5	502,5	71,14	4
8	Margalef Mendez Eric	2004	FGNCHE	80,20	0,1409	12	-165,0	-165,0	165,0	8	90,0	97,5	-107,5	10	195,0	210,0	220,0	6	482,5	67,96	3
9	Sepe Massimiliano Enzo	1981	FGNCHE	82,40	0,1389	51	145,0	157,5	165,0	9	92,5	102,5	110,0	8	172,5	187,5	-200,0	10	462,5	64,26	2
10	Cordova Llaluque Kasster	2005	CANSTR	80,20	0,1409	4	-152,5	152,5	-160,0	10	90,0	95,0	97,5	9	185,0	200,0	210,0	7	460,0	64,79	1
-93kg																					
1	Martín Pérez Fernando	1999	FGNCHE	90,80	0,1324	54	-215,0	220,0	-227,5	5	152,5	-160,0	160,0	2	280,0	300,0	-310,0	1	680,0	90,01	12
2	Almeida Espino Francisco Javier	2000	FGNCHE	90,60	0,1325	64	235,0	245,0	252,5	1	135,0	142,5	-147,5	4	-270,0	282,5	-295,0	2	677,5	89,77	9
3	Ma Wen Alexander	2002	CANSTR	92,20	0,1314	50	235,0	-247,5	247,5	3	140,0	150,0	-160,0	3	240,0	255,0	270,0	3	667,5	87,69	8
4	González Ruiz Javier	2005	CANSTR	91,40	0,1319	55	220,0	-235,0	250,0	2	135,0	-140,0	-140,0	6	220,0	240,0	255,0	4	640,0	84,44	7
5	Caballero Tejada Carlos David	1995	CANSTR	90,70	0,1324	20	190,0	205,0	212,5	6	150,0	155,0	160,0	1	195,0	212,5	230,0	8	602,5	79,79	6
6	Díaz González Sergio	1994	FGNCHE	91,60	0,1318	30	187,5	200,0	210,0	7	130,0	135,0	-137,5	7	220,0	237,5	-245,0	5	582,5	76,77	5
7	Zuleta Castro Johan	1992	FGNCHE	91,80	0,1317	47	185,0	195,0	205,0	8	132,5	137,5	-145,0	5	220,0	237,5	-250,0	6	580,0	76,36	4
8	González Diego Eduardo	2001	ELCANA	89,90	0,1330	60	210,0	220,0	-230,0	4	115,0	-125,0	-125,0	8	230,0	-242,5	-250,0	7	565,0	75,15	3
9	García Pacheco José Antonio	2005	FGNCHE	91,10	0,1321	58	177,5	190,0	200,0	9	100,0	105,0	110,0	9	210,0	220,0	230,0	9	540,0	71,36	2
10	Padilla De Carvalho Hugo	2003	FGNCHE	91,60	0,1318	2	152,5	165,0	175,0	10	80,0	-87,5	87,5	10	205,0	220,0	-235,0	10	482,5	63,59	1

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HOMBRES POWERLIFTING RAW

LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS					PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.	
-105kg																				
1 Lara Giannone Gastón Nazareno	1998	CANSTR	104,90	0,1235	46	260,0	272,5	280,0	1	165,0	-172,5	-172,5	1	310,0	-325,0	-325,0	1	755,0	93,26	12
2 Barreiro García José María	2003	FGNCHE	103,00	0,1246	3	250,0	-260,0	-260,0	2	147,5	155,0	157,5	2	245,0	260,0	270,0	2	677,5	84,40	9
3 Cherubino González Luca	2003	CANSTR	103,60	0,1242	53	222,5	232,5	-240,0	4	150,0	-155,0	-155,0	3	260,0	-280,0	-280,0	4	642,5	79,82	8
4 Tacoronte Rivero Cristian	1996	ELCANA	97,90	0,1276	44	225,0	-232,5	235,0	3	135,0	-142,5	-142,5	5	250,0	265,0	-275,0	3	635,0	81,04	7
5 Rodríguez Herrera José Francisco	2005	FGNCHE	103,00	0,1246	10	205,0	212,5	220,0	5	100,0	107,5	-110,0	6	-215,0	225,0	-245,0	5	552,5	68,83	6
6 Aleka Iaroslav	1992	FGNCHE	99,70	0,1265	40	165,0	167,5	172,5	6	145,0	-150,0	-150,0	4	210,0	215,0	-220,0	6	532,5	67,37	5
-120kg																				
1 Daher Kokkonen Carlos Alexander	1994	CANSTR	118,20	0,1170	52	210,0	225,0	232,5	1	150,0	155,0	-162,5	1	242,5	257,5	265,0	1	652,5	76,35	12
2 Sálamo Hernández Adrián	1999	FGNCHE	119,20	0,1166	36	215,0	225,0	-230,0	2	-132,5	135,0	-140,0	2	210,0	225,0	230,0	2	590,0	68,79	9
+120kg																				
1 Herrera Hernández Marco	1998	FGNCHE	158,50	0,1040	21	205,0	215,0	-225,0	1	130,0	-137,5	-137,5	1	212,5	225,0	-235,0	1	570,0	59,28	12

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL

Nombre	Club	Cat.	PC	Total	GL pt.	Clas.
1 Lara Giannone Gastón Nazareno	CANSTR	-105kg	104,90	755,0	93,26	1
2 Martín Pérez Fernando	FGNCHE	-93kg	90,80	680,0	90,01	1
3 Almeida Espino Francisco Javier	FGNCHE	-93kg	90,60	677,5	89,77	2

ABREVIACIONES:

CANSTR=CANARY STRENGTH

ELCANA=ELITE CANARIAS

FGNCHE=FUERZA GUANCHE Canarias