

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
I Campeonato GYMFIRA Powerlifting Barcelona
 AEP-3 de iniciación de la provincia de Barcelona
 Barcelona, 26-marzo-2023

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MUJERES POWERLIFTING RAW																					
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.		
-47 kg																					
1	Calero Baño Paula	2005	PBARC	45,70		13	87,5	100,0	-110,0	1	-55,0	60,0	-62,5	1	100,0	115,0	122,5	1	282,5	80,56	12
-52 kg																					
1	Ruiz Duplà Carla	1998	OLYMP	49,30		28	57,5	62,5	65,0	1	35,0	37,5	40,0	1	65,0	72,5	77,5	1	182,5	48,33	12
-57 kg																					
1	Jiménez Guillén Sara	1993	ATENEA	57,00		39	105,0	110,0	115,0	1	60,0	65,0	70,0	1	140,0	145,0	-155,0	1	330,0	77,41	12
2	Salinas Narbona Sara	1993	ATENEA	56,80		16	90,0	100,0	105,0	2	40,0	-45,0	47,5	4	125,0	135,0	140,0	2	292,5	68,79	9
3	Lozano Pedrajas Claudia	2001	NEWERA	57,00		12	80,0	87,5	92,5	3	47,5	50,0	52,5	2	105,0	115,0	122,5	3	267,5	62,75	8
4	Prada Bermúdez Valeria	1996	OLYMP	56,30		29	70,0	77,5	-82,5	4	47,5	50,0	-52,5	3	90,0	100,0	-110,0	4	227,5	53,87	7
-63 kg																					
1	Calvo González Júlia	2002	MOON	62,30		35	110,0	-115,0	115,0	2	-55,0	55,0	60,0	1	-135,0	142,5	150,0	1	325,0	71,62	12
2	González Romero Lidia	1999	MOON	62,70		21	100,0	107,5	-115,0	3	50,0	52,5	55,0	3	130,0	140,0	150,0	2	312,5	68,58	9
3	Perez Muñoz Isabel	1996	PBARC	61,60		10	102,5	107,5	110,0	1	55,0	-57,5	-57,5	2	-135,0	135,0	140,0	3	305,0	67,72	8
4	Lopez Sanchez Sara	1995	PBARC	57,60		43	80,0	85,0	-90,0	5	47,5	50,0	-52,5	4	115,0	125,0	130,0	4	265,0	61,68	7
5	Pérez Benítez Carla	2001	PBARC	62,10		32	77,5	82,5	87,5	4	37,5	40,0	42,5	5	95,0	105,0	112,5	5	242,5	53,55	6
6	Palomo Hernandez Esther	1988	OLYMP	61,60		4	70,0	75,0	80,0	6	35,0	37,5	40,0	6	85,0	92,5	100,0	6	220,0	48,85	5
-69 kg																					
1	Marquez Garcia Maria	2001	UNDERG	67,20		20	115,0	122,5	130,0	1	60,0	65,0	70,0	1	142,5	150,0	157,5	1	357,5	75,19	12
2	Palmero Reyes Ainhoa	2003	PBARC	67,80		38	120,0	125,0	130,0	2	60,0	62,5	65,0	3	147,5	-155,0	155,0	2	350,0	73,23	9
3	Ramírez Espinosa Heidi	1997	OLYMP	68,40		11	105,0	115,0	125,0	3	62,5	67,5	-70,0	2	132,5	145,0	150,0	3	342,5	71,30	8
-76 kg																					
1	Peláez Gutiérrez Marta	2000	PBARC	73,00		25	107,5	115,0	125,0	1	45,0	47,5	50,0	1	125,0	135,0	142,5	1	317,5	63,84	12

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

Nombre	CLUB	Cat.	PC	Total	GL pt.	Clas.
1 Calero Baño Paula	PBARC	-47kg	45,70	282,5	80,56	1
2 Jiménez Guillén Sara	ATENEA	-57kg	57,00	330,0	77,41	1
3 Marquez Garcia Maria	UNDERG	-69kg	67,20	357,5	75,19	1

ABREVIACIONES:

PBARC=POWERLIFTING BARCELONA
 ATENEA=ATENEA POWERLIFTING Barcelona
 MOON=MOONSTONE BARBELL Barcelona

OLYMP=OLYMPIA Barcelona
 PBARC=POWERLIFTING BARCELONA
 NEWERA=THE NEW ERA TEAM Barcelona

UNDERG=UNDERGROUND LIFTING CLUB Barcelona