

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

II Campeonato Soy Powerlifter

AEP-3 de iniciación de la Comunidad de Madrid

Rivas-Vaciamadrid, Madrid - 25-marzo-2023

Rev. 28/03/2023

MUJERES POWERLIFTING RAW																					
LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA				PESO MUERTO				TOTAL	IPFGL	Pt.	
-47 kg																					
1	Muresan Timea Rózsa	1986	ALFA	47,00		14	72,5	-77,5	-80,0	1	32,5	35,0	-37,5	1	77,5	85,0	-90,0	1	192,5	53,36	12
-52 kg																					
1	Viera Milla Iiuba	1980	BLKBAR	48,50		3	70,0	72,5	75,0	1	35,0	-37,5	-37,5	1	80,0	-90,0	-90,0	1	190,0	51,09	12
-57 kg																					
1	Guifarro Urquia Yuri Abigail	1991	SOYPOW	55,10		29	107,5	115,0	120,0	1	57,5	60,0	65,0	1	125,0	135,0	145,0	1	330,0	79,45	12
2	Gil Blanco Maria	2004	RISING	57,00		24	92,5	102,5	105,0	2	50,0	-55,0	-55,0	3	110,0	120,0	-125,0	2	275,0	64,51	9
3	De La Torre Tari Alicia	2001	EXIT28	54,90		42	87,5	-92,5	-95,0	3	57,5	-60,0	-60,0	2	100,0	105,0	110,0	4	255,0	61,57	8
--	Alves Rojo Paula	1997	BLKBAR	54,60		18	75,0	80,0	85,0	4	-45,0	-45,0	-45,0	--	100,0	110,0	-115,0	3	0,0	0,00	--
-63 kg																					
--	Sanz Romero Paula	2003	VILLA	61,90		46	-102,5	-110,0	-110,0	--	62,5	-67,5	67,5	1	115,0	122,5	130,0	1	0,0	0,00	--
-69 kg																					
1	Blanco Santisteban Mar	1998	ALFA	69,00		32	95,0	105,0	110,0	2	52,5	55,0	57,5	1	115,0	125,0	130,0	2	297,5	61,63	12
2	Toncu Denisa	2004	FENRIR	68,10		49	100,0	107,5	110,0	1	50,0	55,0	-60,0	2	110,0	120,0	130,0	1	295,0	61,57	9
3	Sanchez Prado Claudia	2003	SONSB	66,70		43	80,0	85,0	-92,5	3	37,5	40,0	-42,5	3	100,0	110,0	115,0	3	240,0	50,70	8
-76 kg																					
1	Climent Mainar Cristina	1992	MADPOW	75,20		36	120,0	127,5	135,0	1	70,0	72,5	75,0	1	120,0	130,0	140,0	2	350,0	69,35	12
2	Morrás Fló Mariona	2000	SOYPOW	72,80		48	112,5	120,0	125,0	2	57,5	62,5	67,5	2	115,0	125,0	135,0	3	327,5	65,94	9
3	Oyhenart Zafra Lara Berenice	2003	ATPOW	75,70		11	110,0	-115,0	115,0	4	52,5	55,0	-57,5	6	135,0	142,5	150,0	1	320,0	63,21	8
4	Jorge Ruiz Raquel	1993	CROM	74,20		15	107,5	115,0	-125,0	3	50,0	55,0	-57,5	5	115,0	-125,0	135,0	4	305,0	60,83	7
5	Colmenarejo Madridano Ana	1997	BLKBAR	70,70		51	95,0	-102,5	102,5	6	55,0	57,5	-60,0	3	110,0	120,0	130,0	5	290,0	59,29	6
6	Freire Iorio Antía	1995	ALFA	74,80		31	90,0	100,0	105,0	5	52,5	55,0	57,5	4	105,0	115,0	122,5	6	285,0	56,62	5
7	Velandrino Gómez Iris	1991	ALFA	71,30		20	65,0	72,5	75,0	7	37,5	40,0	-42,5	7	75,0	85,0	90,0	7	205,0	41,72	4
-84 kg																					
1	Villaroel Raymond Carolina	1997	FENRIR	80,80		7	115,0	125,0	135,0	1	45,0	52,5	-60,0	1	125,0	140,0	150,0	1	337,5	64,75	12
+84 kg																					
1	Lorá Bomabá Mercedes	2004	ERALLO	88,80		10	135,0	140,0	145,0	1	55,0	60,0	65,0	1	145,0	155,0	170,0	1	380,0	70,30	12
2	Pareja Molero María	1999	ERALLO	84,40		25	-105,0	110,0	-117,5	2	52,5	57,5	-62,5	2	120,0	130,0	135,0	2	302,5	57,02	9

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

Nombre	CLUB	Cat.	PC	Total	GL pt.	Clas.	
1	Guifarro Urquia Yuri Abigail	SOYPOW	-57kg	55,10	330,0	79,45	1
2	Lorá Bomabá Mercedes	ERALLO	+84kg	88,80	380,0	70,30	1
3	Climent Mainar Cristina	MADPOW	-76kg	75,20	350,0	69,35	1

ABREVIACIONES:

ALFA=ALFA Forjando Atletas Madrid
ATPOW=ATPOWER TEAM Madrid
BLKBAR=BLACKBARBELL Madrid

CROM=CROM GYM Madrid
ERALLO=EDUARDO RALLO Madrid
EXIT28=ÉXITO28 Madrid

FENRIR=FENRIR POWERLIFTING Madrid
MADPOW=MAD POWERLIFTING Madrid
RISING=RISING POWER Madrid

SONSB=SONS OF BARBELL Madrid
SOYPOW=SOY POWERLIFTER Madrid
VILLA=VILLA POWERLIFTING Madrid