

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

II Campeonato Soy Powerlifter

AEP-3 de iniciación de la Comunidad de Madrid

Rivas-Vaciamadrid, Madrid - 25-marzo-2023

Rev. 28/03/2023

HOMBRES POWERLIFTING RAW

LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.		
-66 kg																				
1 Cana Gómez Daniel	2005	SOYPOW	62,40		17	135,0	145,0	-155,0	1	70,0	77,5	85,0	1	167,5	182,5	-195,0	1	412,5	66,25	12
-74 kg																				
1 Carrasco Álvarez Antonio	1998	CROM	73,70		35	180,0	-187,5	-187,5	2	117,5	120,0	-125,0	3	197,5	205,0	-215,0	3	505,0	74,30	12
2 Mateos Toribio Carlos	2003	FENRIR	72,10		53	-165,0	165,0	-175,0	5	115,0	125,0	-127,5	1	-200,0	205,0	212,5	2	502,5	74,78	9
3 Gil Ortiz Daniel	2006	CROM	72,40		52	175,0	187,5	190,0	1	87,5	92,5	95,0	4	200,0	215,0	-220,0	1	500,0	74,24	8
4 Cañas Fernández Daniel	1997	MIKEB	71,90		39	165,0	-170,0	170,0	3	110,0	115,0	120,0	2	175,0	187,5	-200,0	6	477,5	71,16	7
5 Yllahuaman Grados Andy Joel	2000	SOYPOW	72,80		26	160,0	170,0	-180,0	4	87,5	95,0	-100,0	5	165,0	180,0	190,0	5	455,0	67,37	6
6 De La Cruz Girón Daniel	2005	SOYPOW	71,50		13	157,5	-167,5	-167,5	6	85,0	92,5	-97,5	6	180,0	190,0	-200,0	4	440,0	65,76	5
7 Bermejo Corral Guillermo	2003	RISING	72,50		47	140,0	150,0	-160,0	7	85,0	90,0	-97,5	7	-170,0	170,0	182,5	7	422,5	62,69	4
8 Echarri Onetti Pablo	2002	SONSB	72,80		28	117,5	127,5	140,0	8	82,5	-90,0	-90,0	8	150,0	-170,0	-185,0	8	372,5	55,15	3
-83 kg																				
1 Sosa Andrés David	1997	MADPOW	81,00		40	190,0	202,5	210,0	1	115,0	120,0	125,0	2	240,0	247,5	255,0	1	590,0	82,69	12
2 López Alonso Alejandro	1998	SOYPOW	80,20		8	192,5	205,0	-215,0	2	125,0	130,0	135,0	1	200,0	215,0	-230,0	2	555,0	78,18	9
3 Díaz Fernández Rubén	2001	MADPOW	82,00		1	160,0	175,0	-182,5	6	110,0	115,0	120,0	3	195,0	210,0	215,0	3	510,0	71,03	8
4 Alvarez Navarro Enilio	1999	VILLA	77,70		2	165,0	175,0	182,5	4	102,5	107,5	112,5	4	195,0	205,0	212,5	4	507,5	72,65	7
5 Puerto Vallés Juan	2002	CROM	81,20		34	175,0	177,5	192,5	3	-102,5	110,0	-120,0	5	190,0	205,0	-212,5	5	507,5	71,04	6
6 Tivan Salas Bryan Vinicio	1995	SOYPOW	74,70		38	167,5	180,0	-190,0	4	85,0	92,5	-97,5	7	170,0	185,0	200,0	6	472,5	69,03	5
7 Matesanz Tardío Nicolás	2004	MADPOW	79,70		44	155,0	160,0	165,0	7	-95,0	-97,5	97,5	6	-187,5	195,0	200,0	7	462,5	65,35	4
8 Ballester Fernandez Rafael	1999	SONSB	81,00		33	140,0	150,0	-155,0	9	90,0	-95,0	-95,0	9	180,0	190,0	-200,0	8	430,0	60,26	3
9 González Carvajal Andrés	2001	RISING	78,90		6	132,5	142,5	150,0	8	85,0	90,0	-95,0	8	185,0	-200,0	-210,0	9	425,0	60,37	2
-93 kg																				
1 De Balbín Bueno Álvaro	1991	MADPOW	91,20		22	215,0	225,0	-232,5	2	135,0	142,5	150,0	1	260,0	285,0	-300,0	1	660,0	87,17	12
2 Iglesias Uribebarrea Eneko	2000	SOYPOW	86,60		21	235,0	250,0	-260,0	1	120,0	125,0	130,0	3	230,0	245,0	265,0	2	645,0	87,40	9
3 Sánchez Torres Adrián	1998	MADPOW	90,80		30	200,0	215,0	220,0	3	115,0	122,5	125,0	4	237,5	250,0	265,0	3	610,0	80,74	8
4 Harrak Aguado Omar	2003	SOYPOW	88,50		23	195,0	205,0	-215,0	4	127,5	135,0	-140,0	2	215,0	235,0	-255,0	4	575,0	77,08	7
5 Vian Cuesta Pablo	1981	SOYPOW	89,60		9	190,0	-200,0	-200,0	5	102,5	110,0	115,0	5	205,0	220,0	230,0	5	535,0	71,28	6
6 Cánovas Pérez Daniel	2001	STRCAP	83,10		19	175,0	-185,0	185,0	6	110,0	115,0	120,0	6	190,0	200,0	-220,0	6	505,0	69,86	5
-105 kg																				
1 Blanco Martín Santiago	1991	SOYPOW	100,50		5	207,5	222,5	-232,5	1	122,5	130,0	-135,0	2	230,0	245,0	255,0	2	607,5	76,56	4
2 De La Cruz Herranz Ignacio	2001	SPSTR	99,20		41	200,0	212,5	217,5	2	110,0	115,0	120,0	3	235,0	-252,5	265,0	1	602,5	76,40	3
3 Al-Abrash Ghalyoun Adnan	2002	SOYPOW	101,20		45	197,5	210,0	-217,5	3	142,5	150,0	155,0	1	200,0	215,0	230,0	3	595,0	74,74	2
4 Del Valle Almoguera Diego José	2001	ATPOW	102,70		4	165,0	175,0	-185,0	4	95,0	105,0	112,5	4	200,0	215,0	-225,0	4	502,5	62,69	1
5 Herrasti Herranz Alejandro	2004	CROM	96,50		27	150,0	162,5	-170,0	5	85,0	90,0	100,0	5	170,0	182,5	-192,5	5	445,0	57,18	1
-120 kg																				
1 Peña Baena Rubén	2003	MADPOW	117,50		12	245,0	260,0	-270,0	1	160,0	-167,5	-167,5	1	240,0	255,0	-270,0	1	675,0	79,19	12

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL

Nombre	Club	Cat.	PC	Total	GL pt.	Clas.
1 Iglesias Uribebarrea Eneko	SOYPOW	-93kg	86,60	645,0	87,40	2
2 De Balbín Bueno Álvaro	MADPOW	-93kg	91,20	660,0	87,17	1
3 Sosa Andrés David	MADPOW	-83kg	81,00	590,0	82,69	1

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ABREVIACIONES:

ATPOW=ATPOWER TEAM Madrid

CROM=CROM GYM Madrid

FENRIR=FENRIR POWERLIFTING Madrid

MADPOW=MAD POWERLIFTING Madrid

MIKEB=MIKEBARBELL Madrid

RISING=RISING POWER Madrid

SONSB=SONS OF BARBELL Madrid

SOYPOW=SOY POWERLIFTER Madrid

SPSTR=SPECIFIC STRENGTH Madrid

STRCAP=STRENGTH CAPITAL Madrid

VILLA=VILLA POWERLIFTING Madrid