

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

XIII Campeonato de España Absoluto

AEP-1 de Powerlifting Raw

Palacios de Goda, Ávila - 14-16 abril 2023

Rev. 03/05/2023

MUJERES POWERLIFTING RAW																					
LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA				PESO MUERTO			TOTAL	IPFGL	Pt.		
16 Gomez Alvarez Marta	1997	FNORT	55,59	0,2391	37	102,5	110,0	115,0	16	60,0	65,0	67,5	14	140,0	150,0	150,0	15	332,5	79,50	1	
17 Abarquero Diezhandino Ester	1995	VAKNER	56,84	0,2351	30	115,0	120,0	125,0	14	62,5	65,0	67,5	15	140,0	147,5	155,0	18	332,5	78,17	1	
18 Lara Bartolome Maria	1991	SIDER	56,51	0,2361	34	105,0	110,0	115,0	18	65,0	70,0	75,0	13	132,5	142,5	150,0	17	330,0	77,91	1	
-63kg																					
1 Soto Ruiz Inmaculada	2000	LIFTAM	62,17	0,2207	13	140,0	147,5	152,5	2	92,5	97,5	100,0	1	187,5	197,5	205,0	1	457,5	100,97	12	
2 Badaseraye Sheila	1987	DEVIL	60,95	0,2236	19	145,0	155,0	162,5	1	80,0	85,0	90,0	4	157,5	172,5	182,5	2	435,0	97,27	9	
3 Novoa Gonzalez Alba	1998	FENIX	61,74	0,2217	14	135,0	135,0	147,5	3	82,5	87,5	92,5	3	152,5	170,0	177,5	3	417,5	92,56	8	
4 Maceo Peña Catherine	1992	PBAR	62,19	0,2206	16	140,0	140,0	140,0	6	90,0	97,5	102,5	2	155,0	167,5	175,0	4	412,5	91,00	7	
5 Sequera Romero Ines	2002	DGPWR	61,86	0,2214	12	127,5	137,5	140,0	7	85,0	85,0	92,5	5	157,5	167,5	172,5	5	390,0	86,35	6	
6 Molina Fresno Maria Teresa	2001	PNAVAR	61,84	0,2215	10	135,0	145,0	147,5	4	72,5	77,5	80,0	6	160,0	170,0	170,0	6	382,5	84,72	5	
7 Muniesa Lacasa Sara	1999	INDAR	62,50	0,2199	17	130,0	137,5	142,5	5	72,5	77,5	80,0	7	150,0	160,0	167,5	8	380,0	83,56	4	
8 Fernández García Beatriz	2001	RSPWR	62,34	0,2203	18	122,5	130,0	140,0	9	67,5	75,0	80,0	8	140,0	150,0	160,0	7	365,0	80,41	3	
9 Moreira Cepeda Sara	2001	FENIX	61,60	0,2220	15	120,0	127,5	132,5	10	57,5	62,5	67,5	10	140,0	150,0	157,5	9	347,5	77,14	2	
10 Piñeiro Fernandez Lucia	2004	FENIX	62,98	0,2188	11	125,0	132,5	137,5	8	70,0	75,0	77,5	9	127,5	135,0	142,5	10	347,5	76,03	1	
— Roig Leon Belen	2002	ARBA	62,74	0,2194	20	140,0	140,0	140,0	—	65,0	X	X	—	X	X	X	—	0,0	0,00	—	
-69kg																					
1 Vico Martinez Eva	1998	FNORT	68,29	0,2084	69	152,5	160,0	165,0	5	100,0	102,5	105,0	1	177,5	187,5	200,0	1	465,0	96,91	12	
2 Muiños Rivera Muriel	1998	FENIX	68,52	0,2080	70	165,0	175,0	175,0	1	90,0	92,5	95,0	2	170,0	180,0	180,0	5	450,0	93,60	9	
3 Jimenez Calabuig Silvia	1996	BEGO	65,77	0,2130	61	155,0	162,5	167,5	2	90,0	90,0	92,5	3	172,5	182,5	190,0	3	442,5	94,25	8	
4 Pedraza Molina Claudia	1998	LIFTAM	68,07	0,2088	65	155,0	162,5	167,5	4	82,5	87,5	90,0	6	175,0	185,0	195,0	2	435,0	90,83	7	
5 Sorli Ballester Alicia	2002	AFA	67,46	0,2098	68	155,0	162,5	170,0	3	75,0	80,0	X	7	172,5	177,5	177,5	6	420,0	88,12	6	
6 Martin Monroy María Begoña	2000	VALKY	67,11	0,2105	66	140,0	150,0	157,5	6	80,0	85,0	90,0	4	155,0	165,0	175,0	7	415,0	87,36	5	
7 Martínez Soría Julia	1999	ERALLO	67,74	0,2093	63	147,5	147,5	160,0	8	85,0	90,0	90,0	5	165,0	172,5	180,0	9	410,0	85,81	4	
8 Loidi Malumbres Ainhoa	2003	PNAVAR	66,05	0,2125	59	135,0	142,5	147,5	7	70,0	75,0	77,5	9	170,0	180,0	192,5	4	402,5	85,53	3	
9 Canamasas Font Maria	2000	MOON	67,93	0,2090	62	145,0	152,5	155,0	9	70,0	75,0	80,0	8	160,0	170,0	180,0	10	395,0	82,56	2	
10 Sorribes Fernandez Del Rio Cristina	1998	IRONS	65,74	0,2131	58	130,0	140,0	145,0	11	62,5	67,5	70,0	12	147,5	160,0	172,5	8	382,5	81,51	1	
11 Molla Robles Paula	1997	FIA	67,76	0,2093	60	112,5	122,5	130,0	12	70,0	75,0	77,5	10	150,0	165,0	165,0	11	370,0	77,44	1	
12 Venäläinen Sira Janina	2000	LIFTAM	68,35	0,2083	67	130,0	137,5	145,0	10	70,0	75,0	77,5	11	135,0	X	X	12	355,0	73,95	1	
-76kg																					
1 Sanchez-Manjavacas Ruiz Sara	1998	AFA	75,64	0,1976	82	165,0	175,0	181,5	1	102,5	110,0	115,5	1	200,0	212,5	223,5	1	520,5	102,85	12	
2 Erimo Sabadell Rosa	1992	SIDER	74,42	0,1992	74	152,5	165,0	175,0	2	90,0	95,0	100,0	2	202,5	215,0	234,5	2	490,0	97,61	9	
3 Vargas Fernandez Serena	2000	FNORT	75,70	0,1975	72	145,0	145,0	160,0	5	87,5	92,5	95,0	5	180,0	190,0	197,5	5	450,0	88,88	8	
4 Zamora Ferrus Claudia	1999	AFA	73,89	0,1999	80	150,0	160,0	167,5	3	87,5	90,0	92,5	6	165,0	177,5	185,0	6	442,5	88,46	7	
5 Ibañez Archilla Leyre	1994	FEDCAT	75,71	0,1975	81	155,0	162,5	167,5	4	87,5	90,0	95,0	4	175,0	185,0	195,0	9	442,5	87,39	6	
6 Barea Paucirerol Sara	1997	MOON	71,60	0,2031	78	140,0	140,0	147,5	8	70,0	75,0	80,0	7	170,0	187,5	200,0	4	427,5	86,83	5	
7 Peña Álvarez Claudia	1999	NETB	74,69	0,1988	75	147,5	157,5	167,5	6	75,0	80,0	82,5	8	165,0	175,0	185,0	7	422,5	83,99	4	
8 Simo Estevez Paula	2000	FGUAN	73,54	0,2003	71	147,5	155,0	160,0	9	65,0	67,5	70,0	9	185,0	195,0	202,5	3	420,0	84,13	3	
9 Lanza Alzamora Martina	2003	PRAET	75,20	0,1982	73	140,0	147,5	152,5	7	90,0	95,0	97,5	3	162,5	172,5	180,0	11	410,0	81,26	2	
10 Najy Suleimane Naomi Sara	1997	SOBMA	75,02	0,1984	77	135,0	142,5	142,5	10	55,0	60,0	60,0	11	175,0	185,0	197,5	8	387,5	76,88	1	
11 Ordak Amelia	2002	RSPWR	75,78	0,1974	76	130,0	140,0	147,5	11	60,0	65,0	67,5	10	150,0	165,0	177,5	10	372,5	73,53	1	
-84kg																					
1 Fuentes Tubella Paula	1998	PBAR	81,67	0,1910	9	165,0	175,0	180,5	1	87,5	92,5	96,5	1	165,0	180,0	195,0	1	468,0	89,39	12	
2 Cianca Peñate Alejandra	1997	DTP	78,88	0,1938	8	135,0	142,5	147,5	2	77,5	82,5	85,0	2	147,5	165,0	175,0	2	405,0	78,49	9	

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MUJERES POWERLIFTING RAW

LEVANTADORA AÑO CLUB PESO COEF. Ord. SENTADILLAS PRESS BANCA PESO MUERTO TOTAL IPFGL Pt.

CLASIFICACIÓN POR CLUBS		pt.	Puntuaciones
1	DT POWER Madrid	45	[12+12+9+9+3] 443,53 GL Pts
2	ALTEA-FINESTRAT-L'ALFAS	30	[12+7+6+4+1] 438,92 GL Pts
3	POWERLIFTING BARCELONA	28	[12+7+7+2] 350,80 GL Pts
4	FENIX GALICIA POWER	25	[9+8+5+2+1] 436,10 GL Pts
5	LIFT AMBITION Granada	24	[12+7+4+1] 357,51 GL Pts
6	FUERZA NORTE Leon	21	[12+8+1] 265,28 GL Pts
7	BERSERKERS TOLEDO	18	[9+8+1] 272,54 GL Pts
8	SIDEROPOLIS Madrid	18	[9+8+1] 267,18 GL Pts
9	MOONSTONE BARBELL Barcelona	15	[8+5+2] 251,62 GL Pts
10	EDUARDO RALLO Madrid	15	[6+5+4] 262,02 GL Pts
11	CROM GYM Madrid	13	[12+1] 195,71 GL Pts
12	STRONGMAN TARRAKO Tarragona	9	[9] 97,31 GL Pts
13	DEVIL STRENGTH Baleares	9	[9] 97,27 GL Pts
14	BEGOAL Alicante	8	[8] 94,25 GL Pts
15	RV STRENGTH Huelva	8	[7+1] 170,79 GL Pts
16	POWERLIFTING NAVARRA	8	[5+3] 170,26 GL Pts
17	BASIC STRENGTH Cadiz	7	[7] 92,47 GL Pts
18	POWERLIFTING EXTREMADURA	6	[6] 91,61 GL Pts
19	FEDERACION CATALANA	6	[6] 87,39 GL Pts

CLASIFICACIÓN POR CLUBS		pt.	Puntuaciones
20	DANIGPOWER Madrid	6	[6] 86,35 GL Pts
21	POWERLIFTING SALAMANCA	6	[6] 82,43 GL Pts
22	VALKYRIA PT Valladolid	6	[5+1] 172,53 GL Pts
23	INDAR POWER Vitoria	6	[4+1+1] 258,96 GL Pts
24	FUERZA TOLEDO	5	[5] 75,33 GL Pts
25	FUERZA GUANCHE Canarias	5	[3+1+1] 236,54 GL Pts
26	THE NEW ERA TEAM Barcelona	4	[4] 83,99 GL Pts
27	ALFA Forjando Atletas Madrid	4	[4] 72,67 GL Pts
28	VAKNER POWERLIFTING GALIZA	4	[3+1] 163,73 GL Pts
29	RISING POWER Madrid	4	[3+1] 153,94 GL Pts
30	DEPORNIXAR ALMERIA	2	[2] 84,65 GL Pts
31	PRAETORIANS TARRAGONA	2	[2] 81,26 GL Pts
32	FUERZA ISABEL ATLAS Chiva	2	[1+1] 144,49 GL Pts
33	IRONSIDE STRENGTH Sevilla	1	[1] 81,51 GL Pts
34	STRENGTH BURGOS	1	[1] 79,83 GL Pts
35	POWERLIFTING CANTABRIA	1	[1] 76,99 GL Pts
36	SONS OF BARBELL Madrid	1	[1] 76,88 GL Pts
37	SPARTA Murcia	1	[1] 76,49 GL Pts
—	ARAGON BARBELL	—	—

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MUJERES POWERLIFTING RAW

LEVANTADORA AÑO CLUB PESO COEF. Ord. SENTADILLAS PRESS BANCA PESO MUERTO TOTAL IPFGL Pt.

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

Nombre	CLUB	Cat.	PESO	Total	GL pt.	Clas.
1 Da Silva Dias Maiara	CROM	-57kg	56,72	463,0	108,9902	1
2 Sanchez-Manjavacas Ruiz Sara	AFA	-76kg	75,64	520,5	102,8508	1
3 Soto Ruiz Inmaculada	LIFTAM	-63kg	62,17	457,5	100,9703	1
4 Erimo Sabadell Rosa	SIDER	-76kg	74,42	490,0	97,6080	2
5 Martinez Carretero Patricia	STT	-57kg	55,68	407,5	97,3110	2
6 Badaseraye Sheila	DEVIL	-63kg	60,95	435,0	97,2660	2
7 Vico Martinez Eva	FNORT	-69kg	68,29	465,0	96,9060	1
8 Cuervo Usano Maria Estela	DTP	-52kg	50,85	371,0	95,5325	1
9 Rey Villamea Laura	BRSTOD	-57kg	55,74	400,0	95,4400	3
10 Jimenez Calabuig Silvia	BEGO	-69kg	65,77	442,5	94,2525	3
11 Muiños Rivera Muriel	FENIX	-69kg	68,52	450,0	93,6000	2
12 Lores Fernandez Ana	DTP	-47kg	46,44	332,5	93,2663	1
13 Cabañil Chavez Jessica	BRSTOD	-52kg	50,89	361,5	93,0140	2
14 Novoa Gonzalez Alba	FENIX	-63kg	61,74	417,5	92,5598	3
15 Aguila Padilla Ana Maria	BASIC	-57kg	56,66	392,5	92,4730	4
16 Cisnero Vazquez Jessica	LIFTAM	-57kg	54,89	380,0	91,7700	7
17 Navarro Flores Andrea	SIDER	-52kg	51,50	360,0	91,6560	3
18 Gutierrez Gutierrez Esther	PEXTR	-57kg	56,90	390,0	91,6110	5
19 Maceo Peña Catherine	PBAR	-63kg	62,19	412,5	90,9975	4
20 Pedraza Molina Claudia	LIFTAM	-69kg	68,07	435,0	90,8280	4

RECORDS:

ABS	M1
JUN	
SBJ	

ABREVIACIONES:

AFA = ALTEA-FINESTRAT-L'ALFAS
 ALFA = ALFA Forjando Atletas Madrid
 ANDAL = ASOCIACION ANDALUZA
 ARBA = ARAGON BARBELL
 BASIC = BASIC STRENGTH Cadiz
 BEGO = BEGOAL Alicante
 BRSTOD = BERSERKERS TOLEDO
 BURGOS = STRENGTH BURGOS
 CROM = CROM GYM Madrid
 DEVIL = DEVIL STRENGTH Baleares

DGPWR = DANIGPOWER Madrid
 DNIXAR = DEPORNIXAR ALMERIA
 DTP = DT POWER Madrid
 ERALLO = EDUARDO RALLO Madrid
 FEDCAT = FEDERACION CATALANA
 FENIX = FENIX GALICIA POWER
 FGUAN = FUERZA GUANCHE Canarias
 FIA = FUERZA ISABEL ATLAS Chiva
 FNORT = FUERZA NORTE Leon
 FTOLE = FUERZA TOLEDO

INDAR = INDAR POWER Vitoria
 IRONS = IRONSIDE STRENGTH Sevilla
 LIFTAM = LIFT AMBITION Granada
 MOON = MOONSTONE BARBELL Barcelona
 NETB = THE NEW ERA TEAM Barcelona
 OLY = OLYMPIA Barcelona
 PBAR = POWERLIFTING BARCELONA
 PCAN = POWERLIFTING CANTABRIA
 PEXTR = POWERLIFTING EXTREMADURA
 PNAVAR = POWERLIFTING NAVARRA

PRAET = PRAETORIANS TARRAGONA
 PSALAM = POWERLIFTING SALAMANCA
 RSPWR = RISING POWER Madrid
 RVSTR = RV STRENGTH Huelva
 SIDER = SIDEROPOLIS Madrid
 SOBMA = SONS OF BARBELL Madrid
 SPARTA = SPARTA Murcia
 STT = STRONGMAN TARRAKO Tarragona
 VAKNER = VAKNER POWERLIFTING GALIZA
 VALKY = VALKYRIA PT Valladolid