

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**II Copa del Mediterrani**  
 AEP-2 Regional Zona Este-1: Aragón, Baleares, Cataluña  
 La Pobl de Montornès, Tarragona - 23-25 junio 2023

Rev. 16/07/2023

<b>MUJERES POWERLIFTING RAW</b>																					
<b>LEVANTADORA</b>		<b>AÑO</b>	<b>CLUB</b>	<b>PESO</b>	<b>COEF.</b>	<b>Ord.</b>	<b>SENTADILLAS</b>				<b>PRESS BANCA</b>				<b>PESO MUERTO</b>			<b>TOTAL</b>	<b>IPFGL</b>	<b>Pt.</b>	
<b>-52 kg</b>																					
1	Villanueva Mejia Andrea	2003	STB	51,44	0,2549	5	80,0	<del>90,0</del>	90,0	2	<del>45,0</del>	<del>47,5</del>	47,5	5	110,0	117,5	125,0	2	<b>262,5</b>	<b>66,91</b>	12
2	Sanchez Collado Gisela	2001	PBAR	47,30	0,2755	6	85,0	<del>92,5</del>	<del>92,5</del>	3	40,0	45,0	47,5	3	110,0	120,0	127,5	1	<b>260,0</b>	<b>71,63</b>	9
3	Vilata Cardo Maria Cristina	2002	ULCB	50,62	0,2585	3	77,5	85,0	<del>87,5</del>	4	50,0	<del>55,0</del>	55,0	1	97,5	110,0	120,0	3	<b>260,0</b>	<b>67,21</b>	8
4	Dieguez Geira Gabriela	2002	UFORCE	50,83	0,2576	4	82,5	87,5	90,0	1	45,0	47,5	<del>50,0</del>	4	97,5	102,5	110,0	4	<b>247,5</b>	<b>63,76</b>	7
5	Tefat Benmouma Lidia	2004	STR LGY	49,74	0,2626	2	62,5	70,0	75,0	5	40,0	45,0	<del>50,0</del>	6	92,5	100,0	107,5	5	<b>227,5</b>	<b>59,74</b>	6
—	Illanas Arribas Luz	2000	PBAR	50,85	0,2575	1	<del>75,0</del>	<del>75,0</del>	<del>75,0</del>	—	<del>50,0</del>	50,0	55,0	2	90,0	97,5	105,0	6	<b>0,0</b>	<b>0,00</b>	—
<b>-57 kg</b>																					
1	Casas Arzua Alba	2001	MOON	56,27	0,2369	16	107,5	115,0	<del>120,0</del>	2	75,0	77,5	<del>80,0</del>	1	132,5	142,5	150,0	1	<b>342,5</b>	<b>81,14</b>	12
2	Patau Fabres Clara	2001	FEDCAT	55,57	0,2392	9	<del>110,0</del>	115,0	<del>120,0</del>	1	62,5	65,0	67,5	2	135,0	142,5	<del>152,5</del>	2	<b>325,0</b>	<b>77,74</b>	9
3	Girones Gracia Paula	2002	TCEZ	56,45	0,2363	17	97,5	105,0	110,0	3	52,5	57,5	62,5	6	117,5	122,5	127,5	3	<b>300,0</b>	<b>70,89</b>	8
4	Feria Llaurado Carla	2001	STB	54,22	0,2439	12	95,0	105,0	<del>110,0</del>	6	60,0	65,0	<del>67,5</del>	3	105,0	115,0	125,0	4	<b>295,0</b>	<b>71,95</b>	7
5	Cano Carrascosa Carla	2001	PRAET	55,83	0,2383	8	97,5	102,5	105,0	7	60,0	65,0	<del>70,0</del>	4	105,0	115,0	122,5	6	<b>292,5</b>	<b>69,70</b>	6
6	Baizan Gaete Queralt	2000	MOON	56,67	0,2356	7	97,5	105,0	110,0	4	45,0	47,5	50,0	8	115,0	125,0	<del>137,5</del>	5	<b>285,0</b>	<b>67,15</b>	5
7	Coll Rodriguez Irene	2005	FVLFR	53,92	0,2450	14	95,0	100,0	<del>105,0</del>	8	55,0	<del>60,0</del>	62,5	5	<del>105,0</del>	<del>115,0</del>	115,0	8	<b>277,5</b>	<b>67,99</b>	4
8	Ramirez Gimenez Lucia	1997	OLYMP	55,98	0,2378	10	100,0	107,5	<del>112,5</del>	5	35,0	42,5	<del>45,0</del>	10	110,0	115,0	<del>120,0</del>	9	<b>265,0</b>	<b>63,02</b>	3
9	Santos Navarro Celia	2000	PBAR	55,88	0,2381	11	70,0	80,0	90,0	10	45,0	47,5	50,0	7	100,0	110,0	117,5	7	<b>257,5</b>	<b>61,31</b>	2
10	Armengol Vallejo Aida	2001	PBAR	56,26	0,2369	15	85,0	92,5	<del>95,0</del>	9	45,0	47,5	<del>52,5</del>	9	97,5	105,0	110,0	10	<b>250,0</b>	<b>59,23</b>	1
<b>-63 kg</b>																					
1	Galasso Ana Isabella	2004	MOON	62,16	0,2207	23	<del>127,5</del>	<del>127,5</del>	127,5	1	60,0	65,0	67,5	4	140,0	155,0	170,0	1	<b>365,0</b>	<b>80,56</b>	12
2	Berrueta Leza Nahia	2003	MOON	61,73	0,2217	35	115,0	125,0	<del>130,0</del>	3	62,5	<del>70,0</del>	70,0	1	125,0	132,5	145,0	4	<b>340,0</b>	<b>75,38</b>	9
3	Abellan Tolentino Veronica	2000	STB	58,95	0,2289	37	<del>112,5</del>	120,0	125,0	2	60,0	65,0	67,5	2	122,5	130,0	135,0	11	<b>327,5</b>	<b>74,96</b>	8
4	Gonzalez Romero Lidia	1999	MOON	61,46	0,2224	31	105,0	115,0	<del>120,0</del>	6	55,0	<del>60,0</del>	60,0	11	140,0	150,0	<del>155,0</del>	2	<b>325,0</b>	<b>72,28</b>	7
5	Iturrioz Laka Nerea	2003	NWERA	60,59	0,2245	19	102,5	110,0	115,0	4	57,5	60,0	62,5	7	127,5	137,5	<del>142,5</del>	10	<b>315,0</b>	<b>70,72</b>	6
6	Magdaleno Escriva Carla	1999	NWERA	61,08	0,2233	38	105,0	<del>112,5</del>	115,0	5	60,0	<del>65,0</del>	<del>65,0</del>	10	122,5	132,5	140,0	7	<b>315,0</b>	<b>70,34</b>	5
7	Hernando Delgado Marta	2001	PBAR	61,30	0,2228	20	102,5	110,0	<del>115,0</del>	9	60,0	65,0	<del>67,5</del>	5	120,0	130,0	140,0	8	<b>315,0</b>	<b>70,18</b>	4
8	Valenti Sopena Maria	2004	NWERA	60,58	0,2245	28	97,5	<del>102,5</del>	105,0	10	52,5	<del>57,5</del>	57,5	12	130,0	142,5	<del>152,5</del>	5	<b>305,0</b>	<b>68,47</b>	3
9	Diaz Gamez Alicia	1997	MOON	60,85	0,2239	32	92,5	<del>100,0</del>	100,0	11	55,0	<del>60,0</del>	60,0	9	130,0	<del>142,5</del>	145,0	3	<b>305,0</b>	<b>68,29</b>	2
10	Claveria Chavanel Lucia	2000	BARBAS	60,47	0,2248	34	90,0	100,0	110,0	7	45,0	50,0	52,5	15	115,0	130,0	137,5	9	<b>300,0</b>	<b>67,44</b>	1
11	Paradas Moreno Aina	2002	NWERA	61,00	0,2235	26	97,5	105,0	110,0	8	42,5	47,5	<del>50,0</del>	16	130,0	142,5	<del>150,0</del>	6	<b>300,0</b>	<b>67,05</b>	1
12	Lopez Sanchez Sara	1995	PBAR	61,51	0,2222	25	87,5	95,0	<del>100,0</del>	14	55,0	57,5	<del>60,0</del>	14	127,5	135,0	<del>140,0</del>	12	<b>287,5</b>	<b>63,88</b>	1
13	Iuppa Giordana	1997	ULCB	61,15	0,2231	24	<del>87,5</del>	<del>95,0</del>	95,0	13	47,5	55,0	62,5	8	107,5	117,5	125,0	14	<b>282,5</b>	<b>63,03</b>	1
14	Burrueco Rodriguez Abril	1996	OLYMP	62,09	0,2209	33	<del>85,0</del>	85,0	<del>95,0</del>	18	67,5	<del>70,0</del>	<del>70,0</del>	3	120,0	130,0	<del>140,0</del>	13	<b>282,5</b>	<b>62,40</b>	1
15	Mari Ramon Maria	2000	NWERA	60,94	0,2236	22	90,0	95,0	100,0	12	47,5	52,5	57,5	13	95,0	105,0	112,5	15	<b>270,0</b>	<b>60,37</b>	1
16	Bonilla Gallegos Daniela	2004	ULCB	62,63	0,2196	30	82,5	87,5	<del>95,0</del>	16	57,5	65,0	<del>70,0</del>	6	107,5	112,5	<del>120,0</del>	16	<b>265,0</b>	<b>58,19</b>	1
17	Gonzalez Ruiz. Julia	2005	UFORCE	61,98	0,2211	36	92,5	<del>97,5</del>	<del>100,0</del>	15	42,5	<del>45,0</del>	45,0	18	<del>95,0</del>	97,5	105,0	18	<b>242,5</b>	<b>53,62</b>	1
18	Perez Benitez Carla	2001	PBAR	60,45	0,2249	21	77,5	85,0	<del>87,5</del>	17	42,5	<del>45,0</del>	45,0	17	100,0	110,0	<del>117,5</del>	17	<b>240,0</b>	<b>53,98</b>	1
<b>-69 kg</b>																					
1	Galvan Lopez Laura	1989	PRAET	68,15	0,2086	49	147,5	155,0	160,0	1	80,0	85,0	87,5	1	150,0	155,0	<del>162,5</del>	3	<b>402,5</b>	<b>83,96</b>	12
2	Fernandez Romero Eva Brigitte	2001	NWERA	67,69	0,2094	51	120,0	127,5	132,5	2	67,5	70,0	<del>72,5</del>	3	132,5	142,5	147,5	5	<b>350,0</b>	<b>73,29</b>	9
3	Mendia Calvo Leire	2001	NWERA	67,45	0,2099	55	117,5	125,0	130,0	3	65,0	70,0	75,0	2	122,5	130,0	140,0	7	<b>345,0</b>	<b>72,42</b>	8
4	Manjon Carmona. Natalia	1999	OLYMP	69,00	0,2072	52	107,5	117,5	<del>127,5</del>	7	65,0	67,5	70,0	4	142,5	155,0	<del>165,0</del>	4	<b>342,5</b>	<b>70,97</b>	7

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<b>MUJERES POWERLIFTING RAW</b>																				
LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA				PESO MUERTO			TOTAL	IPFGL	Pt.	
5 Sampedro Roncero Nuria	2001	MOON	67,43	0,2099	48	107,5	112,5	115,0	9	52,5	55,0	57,5	8	152,5	162,5	165,0	1	337,5	70,84	6
6 Toledo Veracruz Maria	2000	OLYMP	66,00	0,2126	54	107,5	<del>112,5</del>	117,5	5	57,5	60,0	<del>62,5</del>	7	145,0	157,5	<del>162,5</del>	2	335,0	71,22	5
7 Rodrigo Jimenez Sara	1998	ARGON	67,78	0,2093	50	<del>120,0</del>	125,0	130,0	4	55,0	60,0	65,0	6	130,0	<del>137,5</del>	<del>140,0</del>	10	325,0	68,02	4
8 Alvarez Garcia Eva	1999	PRAET	67,62	0,2096	53	105,0	112,5	117,5	6	50,0	55,0	57,5	9	125,0	135,0	145,0	6	320,0	67,07	3
9 Arnau Sirera Alba	2005	FEDCAT	67,10	0,2105	47	<del>95,0</del>	95,0	<del>110,0</del>	12	55,0	60,0	65,0	5	110,0	122,5	130,0	9	290,0	61,05	2
10 Carrasco Vilchez Noelia	2006	STB	65,90	0,2127	56	105,0	110,0	<del>115,0</del>	10	42,5	45,0	<del>47,5</del>	11	120,0	130,0	<del>140,0</del>	8	285,0	60,62	1
11 Guerra Rossetto Laura	2002	PBAR	66,95	0,2108	57	105,0	112,5	115,0	8	47,5	52,5	<del>55,0</del>	10	110,0	115,0	117,5	12	285,0	60,08	1
12 Casanova Paul Maria	2007	NWERA	67,32	0,2101	58	82,5	90,0	97,5	11	<del>32,5</del>	35,0	40,0	12	105,0	115,0	125,0	11	262,5	55,15	1
<b>-76 kg</b>																				
1 Jimenez Vilches Sara	2006	STB	72,18	0,2022	59	127,5	132,5	140,0	1	75,0	80,0	82,5	1	132,5	140,0	145,0	2	367,5	74,31	12
2 Matuszkiewicz Kelly	1995	STB	73,96	0,1998	62	120,0	130,0	135,0	2	75,0	82,5	<del>87,5</del>	2	125,0	135,0	145,0	3	362,5	72,43	9
3 Diaz Estevez Stephanie Maria	2003	PBAR	72,57	0,2017	60	117,5	125,0	<del>130,0</del>	3	55,0	57,5	<del>60,0</del>	7	135,0	145,0	152,5	1	335,0	67,57	8
4 Allaiouti Oumayma	2001	PBAR	74,41	0,1992	66	110,0	120,0	<del>135,0</del>	4	57,5	60,0	<del>62,5</del>	6	120,0	135,0	<del>140,0</del>	4	315,0	62,75	7
5 Fernandez Ates Andrea	2003	NWERA	74,34	0,1993	63	105,0	115,0	<del>120,0</del>	5	55,0	57,5	60,0	5	115,0	125,0	132,5	5	307,5	61,28	6
6 Vidal Asna Noelia	1995	STB	74,28	0,1993	61	100,0	107,5	112,5	6	55,0	60,0	65,0	3	107,5	115,0	122,5	7	300,0	59,79	5
7 Cabero Perez Laia	2004	OLYMP	70,59	0,2046	64	95,0	<del>105,0</del>	105,0	7	55,0	60,0	<del>65,0</del>	4	107,5	117,5	125,0	6	290,0	59,33	4
<b>-84 kg</b>																				
1 Martinez Ruiz Laura	1996	FVLF	81,90	0,1908	40	155,0	165,0	175,0	1	85,0	90,0	95,0	1	175,0	185,0	197,5	1	467,5	89,20	12
2 Cordoba Priego Alma	2005	UFORCE	82,01	0,1907	41	115,0	122,5	<del>130,0</del>	2	62,5	65,0	67,5	4	137,5	145,0	155,0	2	345,0	65,79	9
3 Muñoz Monfort Ana	1998	TCEZ	78,85	0,1939	39	105,0	112,5	<del>117,5</del>	5	62,5	67,5	<del>72,5</del>	3	135,0	145,0	150,0	3	330,0	63,99	8
4 Sanchez Milla Ainhoa	1995	TCEZ	83,59	0,1892	42	102,5	110,0	115,0	3	55,0	60,0	<del>65,0</del>	5	122,5	132,5	140,0	4	315,0	59,60	7
5 Masip Segura Alba	2002	PRAET	77,75	0,1951	43	105,0	112,5	<del>117,5</del>	4	65,0	70,0	<del>72,5</del>	2	120,0	127,5	<del>135,0</del>	5	310,0	60,48	6
<b>84+ kg</b>																				
1 Guri Saperas Julia	1993	MOON	112,54	0,1735	45	<del>145,0</del>	145,0	150,0	1	80,0	85,0	87,5	1	152,5	165,0	172,5	1	410,0	71,14	12
2 Ramon Cruz Paula	1997	OLYMP	90,07	0,1841	44	132,5	<del>140,0</del>	140,0	2	70,0	72,5	75,0	2	142,5	150,0	<del>155,0</del>	2	365,0	67,20	9
3 Baltrons Vieta Eulalia	1973	ATENEA	91,05	0,1834	46	<del>90,0</del>	90,0	<del>100,0</del>	3	50,0	55,0	60,0	3	110,0	120,0	130,0	3	280,0	51,35	8

<b>CLASIFICACIÓN POR CLUBS</b>		
	pt.	Puntuaciones
1 MOONSTONE BARBELL Sabadell	52	[12+12+12+9+7] 380,49 GL Pts
2 STB STRENGTH Barcelona	48	[12+12+9+8+7] 360,56 GL Pts
3 THE NEW ERA TEAM Barcelona	34	[9+8+6+6+5] 348,05 GL Pts
4 POWERLIFTING BARCELONA	30	[9+8+7+4+2] 333,44 GL Pts
5 OLYMPIA Barcelona	28	[9+7+5+4+3] 331,73 GL Pts
6 PRAETORIANS TARRAGONA	27	[12+6+6+3] 281,22 GL Pts
7 TEAM CE POWERLIFTING Zaragoza	23	[8+8+7] 194,48 GL Pts
8 UNITY FORCE Tarragona	17	[9+7+1] 183,16 GL Pts

<b>CLASIFICACIÓN POR CLUBS</b>		
	pt.	Puntuaciones
9 FORCA VILAFRANCA	16	[12+4] 157,19 GL Pts
10 FEDERACION CATALANA	11	[9+2] 138,79 GL Pts
11 UNDERGROUND LIFTING CLUB Barcelona	10	[8+1+1] 188,43 GL Pts
12 ATENEA POWERLIFTING Barcelona	8	[8] 51,35 GL Pts
13 STRENGTH LEGACY Lleida	6	[6] 59,74 GL Pts
14 ARAGON BARBELL	4	[4] 68,02 GL Pts
15 BARBASTRO POWER Huesca	1	[1] 67,44 GL Pts

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<b>MUJERES POWERLIFTING RAW</b>										
LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS	PRESS BANCA	PESO MUERTO	TOTAL	IPFGL Pt.

**MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL**

Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Martinez Ruiz Laura	FVLFR	81,90	-84kg	<b>467,5</b>	<b>89,199</b>	1
2 Galvan Lopez Laura	PRAET	68,15	-69kg	<b>402,5</b>	<b>83,962</b>	1
3 Casas Arzua Alba	MOON	56,27	-57kg	<b>342,5</b>	<b>81,138</b>	1
4 Galasso Ana Isabella	MOON	62,16	-63kg	<b>365,0</b>	<b>80,556</b>	1
5 Patau Fabres Clara	FEDCAT	55,57	-57kg	<b>325,0</b>	<b>77,740</b>	2
6 Berrueta Leza Nahia	MOON	61,73	-63kg	<b>340,0</b>	<b>75,378</b>	2
7 Abellan Tolentino Veronica	STB	58,95	-63kg	<b>327,5</b>	<b>74,965</b>	3
8 Jimenez Vilches Sara	STB	72,18	-76kg	<b>367,5</b>	<b>74,309</b>	1
9 Fernandez Romero Eva Brigitte	NWERA	67,69	-69kg	<b>350,0</b>	<b>73,290</b>	2
10 Matuszkiewicz Kelly	STB	73,96	-76kg	<b>362,5</b>	<b>72,428</b>	2
11 Mendia Calvo Leire	NWERA	67,45	-69kg	<b>345,0</b>	<b>72,416</b>	3
12 Gonzalez Romero Lidia	MOON	61,46	-63kg	<b>325,0</b>	<b>72,280</b>	4
13 Feria Llaurado Carla	STB	54,22	-57kg	<b>295,0</b>	<b>71,951</b>	4
14 Sanchez Collado Gisela	PBAR	47,30	-52kg	<b>260,0</b>	<b>71,630</b>	2
15 Toledo Veracruz Maria	OLYMP	66,00	-69kg	<b>335,0</b>	<b>71,221</b>	6
16 Guri Saperas Julia	MOON	112,54	+84kg	<b>410,0</b>	<b>71,135</b>	1
17 Manjon Carmona. Natalia	OLYMP	69,00	-69kg	<b>342,5</b>	<b>70,966</b>	4
18 Girones Gracia Paula	TCEZ	56,45	-57kg	<b>300,0</b>	<b>70,890</b>	3
19 Sampedro Roncero Nuria	MOON	67,43	-69kg	<b>337,5</b>	<b>70,841</b>	5
20 Iturrioz Laka Nerea	NWERA	60,59	-63kg	<b>315,0</b>	<b>70,718</b>	5

**ABREVIACIONES:**

ARGON = ARAGON BARBELL	FVLFR = FORCA VILAFRANCA	PBAR = POWERLIFTING BARCELONA	TCEZ = TEAM CE POWERLIFTING Zaragoza
ATENEA = ATENEA POWERLIFTING Barcelona	MOON = MOONSTONE BARBELL Sabadell	PRAET = PRAETORIANS TARRAGONA	UFORCE = UNITY FORCE Tarragona
BARBAS = BARBASTRO POWER Huesca	NWERA = THE NEW ERA TEAM Barcelona	STB = STB STRENGTH Barcelona	ULCB = UNDERGROUND LIFTING CLUB Barcelona
FEDCAT = FEDERACION CATALANA	OLYMP = OLYMPIA Barcelona	STRGLY = STRENGTH LEGACY Lleida	