

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
44º Campeonato de España Masters de Powerlifting
 Chiva, Valencia - 3 de junio del 2023

Rev. 15/07/2023

| MUJERES POWERLIFTING RAW -MASTER 1- | | | | | | | | | | | | | | | | | | | | | |
|--|-----------------------------------|------|--------|--------|--------|-------------|-------|-------|-------|-------------|------|------|-------------|---|-------|-------|-------|----|-------|-------|----|
| LEVANTADORA | AÑO | CLUB | PESO | COEF. | Ord. | SENTADILLAS | | | | PRESS BANCA | | | PESO MUERTO | | | TOTAL | IPF | GL | Pt. | | |
| -47kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Fernandez Ramirez Marta | 1982 | SALAM | 44,64 | 0,2923 | 14 | 95,0 | 100,0 | 102,5 | 1 | 50,0 | 52,5 | 52,5 | 1 | 117,5 | 122,5 | 127,5 | 1 | 275,0 | 80,38 | 12 |
| -52kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Garcia Fernandez Maria | 1979 | PCAN | 51,29 | 0,2555 | 15 | 90,0 | 100,0 | 100,0 | 1 | 40,0 | 42,5 | 45,0 | 1 | 115,0 | 125,0 | 125,0 | 1 | 270,0 | 68,98 | 12 |
| -57kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Aliste Sanchez Noelia | 1974 | FEDCAT | 55,75 | 0,2386 | 16 | 110,0 | 115,0 | 121,0 | 1 | 60,0 | 64,0 | 65,0 | 1 | 140,0 | 150,0 | X | 1 | 314,0 | 74,92 | 12 |
| -63kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Bermudez Doce Zoraida | 1983 | FENIX | 61,24 | 0,2229 | 21 | 130,0 | 135,0 | 140,0 | 1 | 90,0 | 93,0 | 95,0 | 1 | 155,0 | 162,5 | 166,0 | 1 | 399,0 | 88,94 | 12 |
| 2 | Sebea Miruna Alina | 1980 | MOON | 62,31 | 0,2204 | 17 | 107,5 | 112,5 | 112,5 | 2 | 70,0 | 72,5 | 75,0 | 2 | 110,0 | 115,0 | 120,0 | 5 | 307,5 | 67,77 | 9 |
| 3 | Buitrago Rodriguez Diana Patricia | 1978 | SIDER | 60,71 | 0,2242 | 22 | 110,0 | X | X | 3 | 60,0 | 62,5 | 65,0 | 3 | 120,0 | 125,0 | X | 3 | 297,5 | 66,70 | 8 |
| 4 | Toledo Mira Aranzazu | 1978 | ELITP | 61,47 | 0,2223 | 18 | 92,5 | 100,0 | 105,0 | 4 | 45,0 | 47,5 | 50,0 | 5 | 112,5 | 125,0 | 130,0 | 4 | 277,5 | 61,69 | 7 |
| 5 | Moreno Cerro Cristina | 1983 | BLKBAR | 61,47 | 0,2223 | 19 | 87,5 | 92,5 | 95,0 | 5 | 50,0 | 52,5 | 55,0 | 4 | 115,0 | 122,5 | 127,5 | 2 | 277,5 | 61,69 | 6 |
| — | Benito Fernandez Maria Isabel | 1978 | POWMAD | 59,14 | 0,2283 | 20 | 80,0 | 85,0 | 90,0 | 6 | 45,0 | 45,0 | 45,0 | — | 100,0 | 110,0 | 115,0 | 6 | 0,0 | 0,00 | — |
| -69kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | De La Calle Labarzana Raquel | 1977 | CROM | 68,94 | 0,2073 | 29 | 155,0 | 162,5 | 172,5 | 1 | 72,5 | 77,5 | 82,5 | 1 | 155,0 | 162,5 | 175,0 | 1 | 430,0 | 89,14 | 12 |
| 2 | Ramirez Cuevas Susana | 1978 | FEDCAT | 66,81 | 0,2110 | 27 | 115,0 | 122,5 | 127,5 | 2 | 55,0 | 60,0 | 62,5 | 3 | 125,0 | 130,0 | 135,0 | 3 | 322,5 | 68,05 | 9 |
| 3 | Gonzalez Vazquez Isabel | 1978 | ELITP | 68,60 | 0,2078 | 28 | 100,0 | 107,5 | 112,5 | 3 | 65,0 | 70,0 | 72,5 | 2 | 135,0 | 142,5 | 145,0 | 2 | 322,5 | 67,02 | 8 |
| 4 | Ravello Saldaña Marina Milagros | 1980 | FVLFRR | 67,34 | 0,2101 | 30 | 75,0 | 80,0 | 85,0 | 4 | 42,5 | 47,5 | 47,5 | 4 | 105,0 | 112,5 | 120,0 | 4 | 245,0 | 51,47 | 7 |
| -76kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Marrero Abigail | 1979 | FGUAN | 70,98 | 0,2040 | 31 | 120,0 | 120,0 | 120,0 | 1 | 72,5 | 75,0 | X | 1 | 180,0 | 185,0 | X | 1 | 372,5 | 75,99 | 12 |
| 2 | Devonish Geni | 1974 | MCEUTI | 72,77 | 0,2014 | 32 | 80,0 | 100,0 | 110,0 | 2 | 55,0 | 60,0 | 65,0 | 2 | 115,0 | 122,5 | 127,5 | 2 | 302,5 | 60,92 | 9 |
| -84kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Cuevas Mulero Mila | 1974 | FGALH | 83,56 | 0,1892 | 23 | 155,0 | 160,0 | 165,0 | 1 | 85,0 | 87,5 | 90,5 | 1 | 195,0 | 205,0 | 213,5 | 1 | 457,5 | 86,56 | 12 |
| 2 | Maestro Rubio Erika | 1981 | GRNDA | 82,16 | 0,1905 | 24 | 127,5 | 127,5 | 135,0 | 2 | 60,0 | 65,0 | 67,5 | 2 | 150,0 | 160,0 | 170,0 | 2 | 362,5 | 69,06 | 9 |
| 3 | Escrhuela Carrillo Eva | 1977 | AFA | 80,84 | 0,1918 | 8 | 90,0 | 100,0 | 105,0 | 3 | 50,0 | 52,5 | 55,0 | 3 | 115,0 | 120,0 | 127,5 | 3 | 285,0 | 54,66 | 8 |
| 84+kg | | | | | | | | | | | | | | | | | | | | | |
| 1 | Fernandez Espejo Yolanda | 1981 | ASTUR | 109,07 | 0,1746 | 25 | 110,0 | 120,0 | 125,0 | 1 | 55,0 | 62,5 | 65,0 | 2 | 140,0 | 150,0 | 160,0 | 1 | 350,0 | 61,11 | 12 |
| 2 | Schwellinger Fornaguera Buddy | 1983 | BRSTOD | 117,95 | 0,1719 | 26 | 87,5 | 97,5 | 107,5 | 2 | 70,0 | 78,0 | 81,0 | 1 | 140,0 | 147,5 | 155,5 | 2 | 344,0 | 59,13 | 9 |

| CLASIFICACIÓN POR CLUBS | | pt. | Puntuaciones |
|--------------------------------|------------------------------|-----|----------------------|
| 1 | FEDERACION CATALANA | 21 | [12+9] 142,97 GL Pts |
| 2 | ELITE POWERLIFTING Bollullos | 15 | [8+7] 128,70 GL Pts |
| 3 | CROM GYM Madrid | 12 | [12] 89,14 GL Pts |
| 4 | FENIX GALICIA POWER | 12 | [12] 88,94 GL Pts |
| 5 | FG POWER ALHAURIN | 12 | [12] 86,56 GL Pts |
| 6 | POWERLIFTING SALAMANCA | 12 | [12] 80,38 GL Pts |
| 7 | FUERZA GUANCHE Canarias | 12 | [12] 75,99 GL Pts |
| 8 | POWERLIFTING CANTABRIA | 12 | [12] 68,99 GL Pts |
| 9 | ASOCIACION ASTURIANA | 12 | [12] 61,11 GL Pts |

| CLASIFICACIÓN POR CLUBS | | pt. | Puntuaciones |
|--------------------------------|----------------------------|-----|------------------|
| 10 | GRANDA POWERLIFTING Madrid | 9 | [9] 69,06 GL Pts |
| 11 | MOONSTONE BARBELL Sabadell | 9 | [9] 67,77 GL Pts |
| 12 | MONTOCAN CEUTI | 9 | [9] 60,92 GL Pts |
| 13 | BERSERKERS TOLEDO | 9 | [9] 59,13 GL Pts |
| 14 | SIDEROPOLIS Madrid | 8 | [8] 66,70 GL Pts |
| 15 | ALTEA-FINESTRAT-L'ALFAS | 8 | [8] 54,66 GL Pts |
| 16 | FORÇA VILAFRANCA | 7 | [7] 51,47 GL Pts |
| 17 | BLACK BARBELL Madrid | 6 | [6] 61,69 GL Pts |
| — | POWERLIFTING MADRID | — | — |

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
44º Campeonato de España Masters de Powerlifting
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MEJORES LEVANTADORAS pt. IPF GL -MASTER 1-

| | Nombre | Club | Cat. | Peso corp. | Total | GL pt. | Clas. |
|----|------------------------------|----------------------------|-------|------------|--------------|----------------|-------|
| 1 | De La Calle Labarzana Raquel | CROM GYM Madrid | -69kg | 68,94 | 430,0 | 89,1390 | 1 |
| 2 | Bermudez Doce Zoraida | FENIX GALICIA POWER | -63kg | 61,24 | 399,0 | 88,9371 | 1 |
| 3 | Cuevas Mulero Mila | FG POWER ALHAURIN | -84kg | 83,56 | 457,5 | 86,5590 | 1 |
| 4 | Fernandez Ramirez Marta | POWERLIFTING SALAMANCA | -47kg | 44,64 | 275,0 | 80,3825 | 1 |
| 5 | Marrero Abigail | FUERZA GUANCHE Canarias | -76kg | 70,98 | 372,5 | 75,9900 | 1 |
| 6 | Aliste Sanchez Noelia | FEDERACION CATALANA | -57kg | 55,75 | 314,0 | 74,9204 | 1 |
| 7 | Maestro Rubio Erika | GRANDA POWERLIFTING Madric | -84kg | 82,16 | 362,5 | 69,0563 | 2 |
| 8 | Garcia Fernandez Maria | POWERLIFTING CANTABRIA | -52kg | 51,29 | 270,0 | 68,9850 | 1 |
| 9 | Ramirez Cuevas Susana | FEDERACION CATALANA | -69kg | 66,81 | 322,5 | 68,0475 | 2 |
| 10 | Sebea Miruna Alina | MOONSTONE BARBELL Sabadell | -63kg | 62,31 | 307,5 | 67,7730 | 2 |

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MUJERES POWERLIFTING EQUIPADO -MASTER 2-

| LEVANTADORA | AÑO | CLUB | PESO | COEF. | Ord. | SENTADILLAS | | | PRESS BANCA | | | PESO MUERTO | | | TOTAL | IPF GL | Pt. | | | |
|----------------------|------|------|-------|--------|------|-------------|-------|-------|-------------|------|------|-----------------|---|-------|-------|--------|-----|--------------|--------------|----|
| -76kg | | | | | | | | | | | | | | | | | | | | |
| -- Wall Melissa Jane | 1966 | AFA | 73,11 | 0,1671 | 11 | 110,0 | 117,5 | 120,0 | 1 | 67,5 | 70,0 | 72,5 | 1 | 130,0 | 137,5 | 142,5 | 1 | 332,5 | 55,56 | -- |

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MUJERES POWERLIFTING RAW -MASTER 2-

| LEVANTADORA | AÑO | CLUB | PESO | COEF. | Ord. | SENTADILLAS | | | PRESS BANCA | | | PESO MUERTO | | | TOTAL | IPF GL | Pt. | | | |
|--------------------------------|------|--------|-------|--------|------|-----------------|-----------------|------------------|-------------|-----------------|-----------------|-----------------|---|-------|------------------|------------------|-----|--------------|--------------|----|
| -52kg | | | | | | | | | | | | | | | | | | | | |
| 1 Torres Ledo Susana | 1972 | NWERA | 51,80 | 0,2533 | 2 | 65,0 | 70,0 | 75,5 | 1 | 40,0 | 43,0 | 47,5 | 1 | 100,0 | 112,5 | 120,0 | 1 | 231,0 | 58,51 | 12 |
| -57kg | | | | | | | | | | | | | | | | | | | | |
| 1 Caro Laserna Mari Mar | 1968 | CROM | 55,89 | 0,2381 | 5 | 95,0 | 105,0 | 107,5 | 1 | 45,0 | 50,0 | 52,5 | 2 | 125,0 | 135,0 | 137,5 | 1 | 292,5 | 69,64 | 12 |
| 2 Gamayo Carreño Ana Belen | 1972 | POWMAD | 54,56 | 0,2427 | 4 | 92,5 | 97,5 | 97,5 | 2 | 45,0 | 47,5 | 50,0 | 3 | 120,0 | 125,0 | 125,0 | 2 | 265,0 | 64,32 | 9 |
| 3 Ardura Alvarez Isabel | 1972 | FNORT | 53,41 | 0,2469 | 3 | 75,0 | 80,0 | 85,0 | 3 | 45,0 | 50,0 | 52,5 | 1 | 90,0 | 97,5 | 105,0 | 3 | 242,5 | 59,87 | 8 |
| -63kg | | | | | | | | | | | | | | | | | | | | |
| 1 Lozano Requelme Maria Laura | 1973 | FENIX | 61,50 | 0,2223 | 6 | 87,5 | 90,0 | 95,0 | 1 | 42,5 | 42,5 | 42,5 | 1 | 105,0 | 110,0 | 115,0 | 1 | 247,5 | 55,02 | 12 |
| -69kg | | | | | | | | | | | | | | | | | | | | |
| 1 Martin Tomas Raquel | 1972 | SALAM | 67,34 | 0,2101 | 10 | 117,5 | 125,0 | 132,5 | 1 | 60,0 | 65,0 | 67,5 | 2 | 150,0 | 160,0 | 170,0 | 1 | 360,0 | 75,64 | 12 |
| 2 Martinez Iborra Remedios | 1971 | FGUAN | 65,47 | 0,2136 | 9 | 100,0 | 110,0 | 115,0 | 2 | 65,0 | 70,0 | 75,0 | 1 | 115,0 | 130,0 | 140,0 | 2 | 320,0 | 68,35 | 9 |
| -76kg | | | | | | | | | | | | | | | | | | | | |
| 1 Ramos Vila Montse | 1973 | FEDCAT | 73,75 | 0,2000 | 13 | 115,0 | 125,0 | 135,0 | 1 | 50,0 | 55,0 | 57,5 | 1 | 130,0 | 141,0 | 145,0 | 1 | 335,0 | 67,00 | 12 |
| 2 Vidal Bustos Ana Maria | 1971 | EINTE | 73,73 | 0,2001 | 12 | 117,5 | 122,5 | 130,0 | 2 | 50,0 | 52,5 | 55,0 | 2 | 115,0 | 125,0 | 142,0 | 2 | 300,0 | 60,03 | 9 |
| 3 Marin Hernandez Raquel Badia | 1971 | POWMAD | 72,65 | 0,2016 | 14 | 65,0 | 70,0 | 72,5 | 3 | 32,5 | 35,0 | 37,5 | 3 | 95,0 | 100,0 | 100,0 | 3 | 210,0 | 42,34 | 8 |

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| CLASIFICACIÓN POR CLUBS | | |
|-------------------------|----------------------------|------------------------|
| | pt. | Puntuaciones |
| 1 | POWERLIFTING MADRID | 17 [9+8] 106,65 GL Pts |
| 2 | POWERLIFTING SALAMANCA | 12 [12] 75,64 GL Pts |
| 3 | CROM GYM Madrid | 12 [12] 69,64 GL Pts |
| 4 | FEDERACION CATALANA | 12 [12] 67,00 GL Pts |
| 5 | THE NEW ERA TEAM Barcelona | 12 [12] 58,51 GL Pts |

| CLASIFICACIÓN POR CLUBS | | |
|-------------------------|-------------------------|----------------------|
| | pt. | Puntuaciones |
| 6 | FENIX GALICIA POWER | 12 [12] 55,02 GL Pts |
| 7 | FUERZA GUANCHE Canarias | 9 [9] 68,35 GL Pts |
| 8 | ENTRENA INTENSO Madrid | 9 [9] 60,03 GL Pts |
| 9 | FUERZA NORTE Leon | 8 [8] 59,87 GL Pts |

MEJORES LEVANTADORAS pt. IPF GL -MASTER 2-

| | Nombre | Club | Cat. | Peso corp. | Total | GL pt. | Clas. |
|---|--------------------------|-------------------------|-------|------------|--------------|----------------|-------|
| 1 | Martin Tomas Raquel | POWERLIFTING SALAMANCA | -69kg | 67,34 | 360,0 | 75,6360 | 1 |
| 2 | Caro Laserna Mari Mar | CROM GYM Madrid | -57kg | 55,89 | 292,5 | 69,6443 | 1 |
| 3 | Martinez Iborra Remedios | FUERZA GUANCHE Canarias | -69kg | 65,47 | 320,0 | 68,3520 | 2 |
| 4 | Ramos Vila Montse | FEDERACION CATALANA | -76kg | 73,75 | 335,0 | 67,0000 | 1 |
| 5 | Gamayo Carreño Ana Belen | POWERLIFTING MADRID | -57kg | 54,56 | 265,0 | 64,3155 | 2 |

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MUJERES POWERLIFTING RAW -MASTER 4-

| LEVANTADORA | AÑO | CLUB | PESO | COEF. | Ord. | SENTADILLAS | | PRESS BANCA | | | PESO MUERTO | | | TOTAL | IPF GL | Pt. | | | | |
|----------------------------|------|-------|-------|--------|------|-------------|------|-------------|---|------|-------------|------|---|-------|-------------|------|---|--------------|--------------|----|
| -63kg | | | | | | | | | | | | | | | | | | | | |
| 1 Padron Herrera Miguelina | 1946 | FGUAN | 61,57 | 0,2221 | 1 | 40,0 | 45,0 | 45,0 | 1 | 30,0 | 32,5 | 33,5 | 1 | 45,0 | 50,0 | 55,0 | 1 | 127,5 | 28,32 | 12 |

ABREVIACIONES:

AFA = ALTEA-FINESTRAT-L'ALFAS
 ASTUR = ASOCIACION ASTURIANA
 BLKBAR = BLACK BARBELL Madrid
 BRSTOD = BERSERKERS TOLEDO
 CROM = CROM GYM Madrid
 EINTE = ENTRENA INTENSO Madrid

ELITP = ELITE POWERLIFTING Bollulllos
 FEDCAT = FEDERACION CATALANA
 FENIX = FENIX GALICIA POWER
 FGALH = FG POWER ALHAURIN
 FGUAN = FUERZA GUANCHE Canarias
 FNORT = FUERZA NORTE Leon

FVLFR = FORÇA VILAFRANCA
 GRNDA = GRANDA POWERLIFTING Madrid
 MCEUTI = MONTOCAN CEUTI
 MOON = MOONSTONE BARBELL Sabadell
 NWEREA = THE NEW ERA TEAM Barcelona
 PCAN = POWERLIFTING CANTABRIA

POWMAD = POWERLIFTING MADRID
 SALAM = POWERLIFTING SALAMANCA
 SIDER = SIDEROPOLIS Madrid

RECORDS:

| | |
|------------|------------|
| RM1 | Máster I |
| RM2 | Máster II |
| RM3 | Máster III |
| RM4 | Máster IV |