

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
II Copa Andaluza Project Energy
 AEP-2 Regional de Andalucía y Canarias
 Alhaurín de La Torre, Málaga - 30 junio -2 julio, 2023

REVISADO
 Rev. 31/07/2023

MUJERES POWERLIFTING RAW

LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.			
-47kg																				
1 Garcia de Miguel Gemma	1999	LIFTAM	46,45	0,2805	1	90,0	95,0	97,5	1	45,0	50,0	55,0	1	127,5	130,0	132,5	1	282,5	79,24	12
2 Albers Galindo Elisa	2002	LIFTAM	40,77	0,3241	3	80,0	85,0	92,5	2	35,0	37,5	42,5	2	90,0	100,0	107,5	2	242,5	78,59	9
3 Rodriguez Fernandez Elisa	1999	FGRAN	42,90	0,3053	2	65,0	72,5	80,0	3	32,5	37,5	42,5	3	95,0	102,5	107,5	3	230,0	70,22	8
-52kg																				
1 Cadena Aponete Flor Ximena	1995	FGRAN	51,20	0,2559	4	90,0	95,0	95,0	1	52,5	57,5	60,0	1	110,0	117,5	120,0	1	275,0	70,37	12
-57kg																				
1 Stefan Madalina	1995	DNIXAR	56,61	0,2358	9	132,5	137,5	145,0	1	70,0	75,0	80,0	1	130,0	137,5	145,0	2	370,0	87,25	12
2 Rodriguez Hernandez Nayade	1997	FGUAN	55,16	0,2406	5	102,5	110,0	115,0	3	52,5	57,5	60,0	3	132,5	145,0	155,0	1	330,0	79,40	9
3 Polaina Moruno Laura	2002	PRS	56,34	0,2366	8	107,5	115,0	120,0	2	55,0	60,0	65,0	2	125,0	135,0	147,5	3	320,0	75,71	8
4 Garcia Paloma Carmen	1996	ALMBAR	53,30	0,2473	10	95,0	97,5	105,0	4	45,0	50,0	52,5	6	100,0	107,5	117,5	5	272,5	67,39	7
5 Gende Varela Nerea	2002	84PWT	55,76	0,2385	7	82,5	87,5	92,5	5	50,0	52,5	57,5	4	115,0	122,5	130,0	4	272,5	64,99	6
6 Lendinez Negrillo Alba	1996	JAEN	55,66	0,2389	6	85,0	90,0	95,0	6	52,5	57,5	57,5	5	100,0	105,0	110,0	6	252,5	60,32	5
-63kg																				
1 Correa Barwick Lucia Del Carmen	2000	LIFTAM	62,20	0,2206	22	120,0	127,5	132,5	1	65,0	70,0	75,0	2	140,0	150,0	157,5	1	360,0	79,42	12
2 Gonzalez Alfaya Nerea	2002	CANSTR	60,55	0,2246	21	122,5	127,5	127,5	2	62,5	67,5	67,5	5	140,0	145,0	160,0	2	335,0	75,24	9
3 Requena Atencia Begoña	1996	ENRGY	61,55	0,2221	24	120,0	125,0	125,0	3	62,5	67,5	72,5	3	115,0	130,0	135,0	10	322,5	71,63	8
4 Vazquez Molina Montserrat	2001	IRONS	61,32	0,2227	18	100,0	107,5	112,5	9	65,0	70,0	75,0	1	112,5	122,5	132,5	7	315,0	70,15	7
5 Gazquez Corral Alba	2000	DNIXAR	61,49	0,2223	14	105,0	107,5	115,0	7	60,0	65,0	67,5	4	125,0	135,0	140,0	4	315,0	70,02	6
6 Martinez Moyano Maria	2003	ALHU	62,00	0,2211	26	115,0	122,5	127,5	5	52,5	57,5	60,0	9	120,0	132,5	142,5	9	315,0	69,65	5
7 Luque Marfil Nerea	2002	FNAZ	60,96	0,2236	25	107,5	115,0	122,5	4	55,0	60,0	62,5	6	115,0	122,5	130,0	13	307,5	68,76	4
8 Albaladejo Garcia Mireia	2005	JAEN	62,63	0,2196	16	100,0	107,5	112,5	10	50,0	55,0	60,0	12	135,0	142,5	142,5	6	297,5	65,33	3
9 Company Fernandez Rocio	1996	LIFTAM	60,47	0,2248	13	100,0	107,5	115,0	6	55,0	57,5	57,5	10	107,5	115,0	122,5	12	295,0	66,32	2
10 Gordillo Parraga Fernanda	2001	IRONS	61,50	0,2223	15	95,0	100,0	102,5	12	47,5	52,5	55,0	11	110,0	122,5	135,0	5	292,5	65,02	1
11 Lopez Angeriz Gisela	2002	BASIC	60,78	0,2240	20	97,5	102,5	105,0	11	47,5	50,0	52,5	14	120,0	130,0	135,0	3	290,0	64,96	1
12 Iniesta Pedrajas Ana	1998	ANDUJ	61,61	0,2220	11	90,0	95,0	100,0	14	60,0	62,5	65,0	7	120,0	127,5	132,5	8	290,0	64,38	1
13 Sanchez Marin Ana Maria	2001	JAEN	60,00	0,2260	23	97,5	100,0	105,0	13	55,0	57,5	60,0	8	117,5	125,0	132,5	11	285,0	64,41	1
14 Casas Jimenez Nuria	2005	LIFTAM	60,99	0,2235	19	107,5	115,0	115,0	8	52,5	55,0	60,0	13	110,0	117,5	117,5	14	277,5	62,02	1
15 Balboa Esquivel Irene	2002	ALHU	59,06	0,2286	12	75,0	82,5	85,0	15	40,0	45,0	50,0	16	97,5	105,0	110,0	16	240,0	54,86	1
16 Hernandez Martin Virginia Esther	1976	FGUAN	61,92	0,2213	17	60,0	70,0	72,5	16	40,0	47,5	55,0	15	95,0	107,5	115,0	15	235,0	52,01	1
-69kg																				
1 Planas Dominguez Amanda	1977	ENRGY	68,28	0,2084	30	135,0	135,0	140,0	2	87,5	92,5	95,0	1	177,5	182,5	190,0	1	417,5	87,01	12
2 Rodriguez Rusillo Laura	1996	ANDUJ	66,54	0,2115	28	120,0	125,0	130,0	4	82,5	90,0	95,0	2	145,0	152,5	155,0	6	365,0	77,20	9
3 Ramirez Osuna Ana	2000	FNAZ	68,20	0,2085	31	132,5	140,0	145,0	1	55,0	57,5	60,0	6	152,5	162,5	167,5	2	365,0	76,10	8
4 Gonzalez Tirado Ainhoa	2005	CHIPI	66,47	0,2117	32	117,5	125,0	130,0	3	65,0	70,0	72,5	3	145,0	155,0	165,0	3	357,5	75,68	7
5 Marquez Anton Marina	1998	ALHU	66,64	0,2113	27	117,5	125,0	130,0	5	65,0	70,0	70,0	4	145,0	155,0	160,0	4	345,0	72,90	6
6 Duarte Uribe Alba	1992	FGRAN	67,27	0,2102	33	102,5	110,0	115,0	6	60,0	65,0	65,0	5	137,5	140,0	150,0	5	330,0	69,37	5
7 Justicia Leon Andrea	2006	PRS	65,33	0,2139	29	75,0	77,5	87,5	7	37,5	45,0	50,0	7	100,0	110,0	120,0	7	242,5	51,87	4

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
II Copa Andaluza Project Energy
 AEP-2 Regional de Andalucía y Canarias
 Alhaurín de La Torre, Málaga - 30 junio -2 julio, 2023

REVISADO
 Rev. 31/07/2023

MUJERES POWERLIFTING RAW

LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.			
-76kg																				
1 Sanchez Fernandez Marina	2002	MALPT	74,89	0,1985	39	142,5	150,0	155,0	3	70,0	75,0	77,5	3	160,0	170,0	180,0	1	410,0	81,39	12
2 Pata Gonzalez Patricia	2000	PRS	73,61	0,2002	42	145,0	150,0	155,0	2	77,5	80,0	82,5	1	150,0	160,0	170,0	2	407,5	81,58	9
3 Perruca Santos Alicia Isidora	2000	DNIXAR	72,28	0,2021	40	145,0	155,0	165,0	1	62,5	70,0	75,0	4	145,0	145,0	160,0	3	395,0	79,83	8
4 Gutierrez Pelaez Maria	2001	ANDUJ	73,85	0,1999	38	127,5	137,5	145,0	4	75,0	80,0	82,5	2	130,0	140,0	150,0	4	375,0	74,96	7
5 Jones Sadie	1997	FNAZ	70,13	0,2053	37	100,0	107,5	115,0	5	67,5	72,5	72,5	5	112,5	122,5	130,0	5	312,5	64,16	6
6 Aguilar Gamez Alejandra Maria	2004	LIFTAM	74,46	0,1991	41	70,0	77,5	85,0	6	40,0	47,5	52,5	6	95,0	105,0	110,0	6	247,5	49,28	5
-84kg																				
1 Del Aguila Gomez Ana	2005	DNIXAR	81,23	0,1914	35	125,0	125,0	130,0	1	50,0	55,0	57,5	1	132,5	137,5	145,0	1	325,0	62,20	12
2 Soler Molina Laura	1996	FNAZ	80,41	0,1922	34	102,5	110,0	115,0	2	47,5	52,5	55,0	2	120,0	127,5	132,5	2	295,0	56,70	9
84+kg																				
1 Gonzalez Martin. Maria Eugenia	2000	PRS	100,50	0,1781	36	135,0	142,5	150,0	1	57,5	65,0	70,0	1	120,0	132,5	140,0	1	355,0	63,23	12

CLASIFICACIÓN POR CLUBS	pt.	Puntuaciones
1 LIFT AMBITION Granada	40	[12+12+9+5+2] 352,84 GL Pts
2 DEPORNIXAR ALMERIA	38	[12+12+8+6] 299,30 GL Pts
3 POWER RANGERS STRENGTH Jaen	33	[12+9+8+4] 272,39 GL Pts
4 FUERZA NAZARI Granada	27	[9+8+6+4] 265,71 GL Pts
5 FUERZA GRANADA	25	[12+8+5] 209,96 GL Pts
6 ENERGY ALHAURIN	20	[12+8] 158,63 GL Pts
7 POWERLIFTING ANDUJAR	17	[9+7+1] 216,54 GL Pts
8 MALAGA POWER TEAM	12	[12] 81,39 GL Pts
9 ALTERNATIVE RAW POWERLIFTING Huelva	12	[6+5+1] 197,41 GL Pts

CLASIFICACIÓN POR CLUBS	pt.	Puntuaciones
10 FUERZA GUANCHE Canarias	10	[9+1] 131,40 GL Pts
11 CANARY STRENGTH	9	[9] 75,24 GL Pts
12 POWERLIFTING JAEN	9	[5+3+1] 190,06 GL Pts
13 IRONSIDE STRENGTH Sevilla	8	[7+1] 135,17 GL Pts
14 POWERLIFTING Chipiona	7	[7] 75,68 GL Pts
15 ALMERIA BARBELL CLUB	7	[7] 67,39 GL Pts
16 84 POWERLIFTING TEAM Malaga	6	[6] 64,99 GL Pts
17 BASIC STRENGTH Cadiz	1	[1] 64,96 GL Pts

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
II Copa Andaluza Project Energy
 AEP-2 Regional de Andalucía y Canarias
 Alhaurín de La Torre, Málaga - 30 junio -2 julio, 2023

REVISADO
 Rev. 31/07/2023

MUJERES POWERLIFTING RAW

LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS	PRESS BANCA	PESO MUERTO	TOTAL	IPFGL	Pt.
MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL											
Nombre		Club	Peso	Cat.		Total		GL pt.		Clas.	
1		Stefan Madalina	DNIXAR	56,61	-57kg	370,0		87,2460		1	
2		Planas Dominguez Amanda	ENRGY	68,28	-69kg	417,5		87,0070		1	
3		Pata Gonzalez Patricia	PRW	73,61	-76kg	407,5		81,5815		2	
4		Sanchez Fernandez Marina	MALPT	74,89	-76kg	410,0		81,3850		1	
5		Perruca Santos Alicia Isidora	DNIXAR	72,28	-76kg	395,0		79,8295		3	
6		Correa Barwick Lucia Del Carmen	LIFTAM	62,20	-63kg	360,0		79,4160		1	
7		Rodriguez Hernandez Nayade	FGUAN	55,16	-57kg	330,0		79,3980		2	
8		Garcia de Miguel Gemma	LIFTAM	46,45	-47kg	282,5		79,2413		1	
9		Albers Galindo Elisa	LIFTAM	40,77	-47kg	242,5		78,5943		2	
10		Rodriguez Rusillo Laura	ANDUJ	66,54	-69kg	365,0		77,1975		2	
11		Ramirez Osuna Ana	FNAZ	68,20	-69kg	365,0		76,1025		3	
12		Polaina Moruno Laura	PRS	56,34	-57kg	320,0		75,7120		3	
13		Gonzalez Tirado Ainhoa	CHIPI	66,47	-69kg	357,5		75,6828		4	
14		Gonzalez Alfaya Nerea	CANSTR	60,55	-63kg	335,0		75,2410		2	
15		Gutierrez Pelaez Maria	ANDUJ	73,85	-76kg	375,0		74,9625		4	
16		Marquez Anton Marina	ALHU	66,64	-69kg	345,0		72,8985		5	
17		Requena Atencia Begoña	ENRGY	61,55	-63kg	322,5		71,6273		3	
18		Cadena Aponte Flor Ximena	FGRAN	51,20	-52kg	275,0		70,3725		1	
19		Rodriguez Fernandez Elisa	FGRAN	42,90	-47kg	230,0		70,2190		3	
20		Vazquez Molina Montserrat	IRONS	61,32	-63kg	315,0		70,1505		4	

ABREVIACIONES:

84PWT = 84 POWERLIFTING TEAM Malaga
 ALHU = ALTERNATIVE RAW POWERLIFTING Huelva
 ALMBAR = ALMERIA BARBELL CLUB
 ANDUJ = POWERLIFTING ANDUJAR
 BASIC = BASIC STRENGTH Cadiz

CANSTR = CANARY STRENGTH
 CHIPI = POWERLIFTING Chipiona
 DNIXAR = DEPORNIXAR ALMERIA
 ENRGY = ENERGY ALHAURIN

FGRAN = FUERZA GRANADA
 FGUAN = FUERZA GUANCHE Canarias
 FNAZ = FUERZA NAZARI Granada
 IRONS = IRONSIDE STRENGTH Sevilla

JAEN = POWERLIFTING JAEN
 LIFTAM = LIFT AMBITION Granada
 MALPT = MALAGA POWER TEAM
 PRS = POWER RANGERS STRENGTH Jaen