

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
Asociación de Powerlifting de Madrid
I Copa Soy Powerlifter
AEP-2 Regional de Madrid
Velilla de San Antonio, Madrid - 19 agosto 2023

Rev. 21/08/2023

MUJERES POWERLIFTING RAW																					
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.		
-57kg																					
1	Guerola Soria Clara	2000	SONS	56,60	0,2358	2	100,0	105,0	105,0	3	40,0	45,0	50,0	3	127,5	135,0	142,5	1	292,5	68,97	12
2	Martinez Gonzalez Cristina	2000	PALBA	56,20	0,2371	4	97,5	105,0	107,5	2	50,0	52,5	55,0	2	125,0	130,0	140,0	2	287,5	68,17	9
3	Calleja Alvarez Virginia	1997	RISING	54,90	0,2415	3	97,5	105,0	107,5	1	50,0	55,0	57,5	1	112,5	120,0	120,0	3	280,0	67,62	8
-63kg																					
1	Bernal Esquinas Paula	2005	SONS	61,80	0,2216	6	100,0	110,0	120,0	1	42,5	45,0	47,5	3	120,0	130,0	137,5	2	305,0	67,59	12
2	Verdugo Maqueda Elena	2000	PALBA	62,50	0,2199	5	102,5	110,0	115,0	2	55,0	60,0	60,0	1	117,5	125,0	130,0	3	300,0	65,97	9
3	Perez Nova. Blanca	2001	PALBA	62,00	0,2211	8	87,5	95,0	102,5	3	45,0	47,5	50,0	2	125,0	135,0	140,0	1	285,0	63,01	8
-69kg																					
1	Morata Duran Paula	1995	DTPOW	66,80	0,2110	11	72,5	80,0	85,0	2	40,0	42,5	45,0	2	100,0	100,0	110,0	1	235,0	49,59	12
--	Sanchez Guiscardo Alejandra	2004	ENRGZN	68,20	0,2085	10	130,0	X	X	1	60,0	67,5	75,0	1	X	X	X	—	0,0	0,00	--
-76kg																					
1	Ruiz Rodriguez Isabel	1991	GRNDA	72,60	0,2016	13	122,5	130,0	132,5	1	75,0	80,0	82,5	1	130,0	140,0	145,0	3	355,0	71,57	12
2	Jamilleth Bello Garcia Sandra	1996	FENRIR	75,10	0,1983	12	130,0	130,0	135,0	3	50,0	52,5	52,5	3	165,0	175,0	175,0	1	347,5	68,91	9
3	Villaroel Raymond Carolina	1997	FENRIR	74,80	0,1987	14	125,0	132,5	142,5	2	50,0	55,0	60,0	2	130,0	142,5	150,0	2	337,5	67,06	8

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Ruiz Rodriguez Isabel	GRNDA	72,60	-76kg	355,0	71,5680	1
2 Guerola Soria Clara	SONS	56,60	-57kg	292,5	68,9715	1
3 Jamilleth Bello Garcia Sandra	FENRIR	75,10	-76kg	347,5	68,9093	2
4 Martinez Gonzalez Cristina	PALBA	56,20	-57kg	287,5	68,1663	2
5 Calleja Alvarez Virginia	RISING	54,90	-57kg	280,0	67,6200	3
6 Bernal Esquinas Paula	SONS	61,80	-63kg	305,0	67,5880	1

CLASIFICACIÓN POR CLUBS

	pt.	Puntuaciones
1 POWERLIFTING ALBACETE	26	[9+9+8] 197,15 GL Pts
2 SONS OF BARBELL Madrid	24	[12+12] 136,56 GL Pts
3 FENRIR Madrid	17	[9+8] 135,97 GL Pts
4 GRANDA Madrid	12	[12] 71,57 GL Pts

CLASIFICACIÓN POR CLUBS

	pt.	Puntuaciones
5 DT POWER Madrid	12	[12] 49,58 GL Pts
6 RISING POWER Madrid	8	[8] 67,62 GL Pts
— ENERGIZIN' TEAM Madrid	—	

ABREVIACIONES:

DTPOW = DT POWER Madrid
ENRGZN = ENERGIZIN' TEAM Madrid
FENRIR = FENRIR Madrid

GRNDA = GRANDA Madrid
MADPOW = MAD POWERLIFTING Madrid
PALBA = POWERLIFTING ALBACETE

RISING = RISING POWER Madrid
RVSTR = RV STRENGTH Huelva
SONS = SONS OF BARBELL Madrid