

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
Asociación de Powerlifting de Madrid
I Copa Soy Powerlifter
AEP-2 Regional de Madrid
Velilla de San Antonio, Madrid - 19 agosto 2023

Rev. 21/08/2023

HOMBRES POWERLIFTING RAW																					
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS				PRESS BANCA				PESO MUERTO			TOTAL	IPFGL	Pt.		
-59kg																					
1 Agudo Beneitez Daniel	1991	ASTO	58,50	0,1662	1	137,5	145,0	145,0	1	100,0	105,0	110,0	1	170,0	187,5	200,0	1	437,5	72,71	12	
-66kg																					
1 Martin Bendezu Andres	2003	SONS	65,20	0,1569	3	150,0	162,5	172,5	1	92,5	100,0	105,0	1	187,5	200,0	207,5	1	485,0	76,10	12	
-74kg																					
1 Toldos Ronco Antonio	1997	PALBA	72,00	0,1489	6	205,0	215,0	215,0	1	117,5	120,0	122,5	2	230,0	247,5	247,5	1	567,5	84,50	12	
2 Gutierrez Matute Miguel	1998	BRSTOD	71,70	0,1492	9	160,0	170,0	175,0	3	120,0	125,0	127,5	1	195,0	205,0	205,0	4	495,0	73,85	9	
3 Sanchez Carrera Hugo	2005	SONS	72,70	0,1482	8	170,0	185,0	192,5	2	105,0	110,0	112,5	4	190,0	200,0	205,0	5	495,0	73,36	8	
4 Peroza Ricardo	1999	DTPOW	70,30	0,1508	5	150,0	160,0	167,5	4	107,5	112,5	115,0	3	177,5	190,0	200,0	3	475,0	71,63	7	
5 Garcia De Marina Metola Rodrigo	1999	CAPIT	73,30	0,1475	7	150,0	160,0	170,0	5	100,0	105,0	X	5	210,0	225,0	225,0	2	475,0	70,06	6	
-83kg																					
1 Nadal Llorente Raul	1998	BRSTOD	81,50	0,1397	24	220,0	230,0	230,0	1	140,0	140,0	145,0	1	230,0	242,5	250,0	2	607,5	84,87	12	
2 Sanchez Mora Oscar	1992	BRSTOD	81,60	0,1396	19	200,0	215,0	220,0	2	132,5	137,5	140,0	2	240,0	252,5	252,5	1	607,5	84,81	9	
3 Martinez Turrillo Ivan	2004	ZBCR	79,30	0,1417	22	200,0	212,5	212,5	3	112,5	120,0	125,0	5	225,0	237,5	X	4	557,5	79,00	8	
4 Gomez Romera Adrian	1993	RISING	79,40	0,1416	18	190,0	200,0	210,0	4	110,0	115,0	122,5	4	200,0	215,0	230,0	3	552,5	78,23	7	
5 Martin Cabezuelo Fernando	2001	PALBA	81,00	0,1401	26	192,5	197,5	205,0	5	122,5	130,0	135,0	3	200,0	215,0	227,5	6	547,5	76,70	6	
6 Salvanes Ferrero Pablo	2001	RISING	79,90	0,1411	27	162,5	175,0	185,0	6	102,5	107,5	112,5	7	192,5	207,5	215,0	5	512,5	72,31	5	
7 Del Olmo Sanchez Tomas	2004	ZBCR	80,70	0,1404	25	182,5	192,5	192,5	7	107,5	112,5	115,0	6	190,0	197,5	X	7	495,0	69,50	4	
— Gonzalez Carvajal Andres	2001	RISING	79,90	0,1411	21	140,0	150,0	157,5	8	82,5	87,5	92,5	8	185,0	195,0	195,0	—	0,0	0,00	—	
-93kg																					
1 Gutierrez Martin Pablo	1996	RISING	92,10	0,1314	32	200,0	215,0	220,0	3	140,0	145,0	147,5	1	240,0	255,0	265,0	1	627,5	82,45	12	
2 Carriches Fernández Christian	1997	RISING	88,90	0,1338	35	200,0	215,0	222,5	1	115,0	120,0	X	8	240,0	260,0	275,0	2	597,5	79,95	9	
3 Martinez Arribas Francisco Javier	1994	FTOLE	84,10	0,1375	33	180,0	190,0	192,5	6	120,0	125,0	125,0	3	240,0	250,0	260,0	3	565,0	77,69	8	
4 Serrano Valverde Juan Bosco	1995	ENRGZN	90,40	0,1327	30	200,0	207,5	212,5	5	115,0	120,0	125,0	4	220,0	230,0	240,0	4	565,0	74,98	7	
5 Sanchez Bayona Ismael	2001	PALBA	89,60	0,1332	36	195,0	210,0	212,5	4	117,5	122,5	127,5	5	215,0	215,0	227,5	6	550,0	73,26	6	
6 Perez Nova.. Pablo	2005	PALBA	86,90	0,1353	31	175,0	182,5	190,0	7	102,5	110,0	115,0	7	210,0	220,0	225,0	5	522,5	70,69	5	
7 Ortiz Rubio Francisco Jose	2003	PALBA	83,50	0,1380	37	157,5	162,5	175,0	8	112,5	120,0	125,0	6	175,0	192,5	205,0	7	487,5	67,28	4	
— Navarrete Gallego Francisco	2001	PALBA	91,30	0,1320	34	197,5	210,0	215,0	2	122,5	130,0	135,0	2	240,0	252,5	252,5	—	0,0	0,00	—	
-105kg																					
1 Juan Bermejo Francisco Alfonso	1999	DTPOW	104,20	0,1239	15	270,0	270,0	282,5	1	132,5	142,5	150,0	2	240,0	280,0	300,0	1	725,0	89,83	12	
2 Naranjo Romero Santiago	2001	FTOLE	97,40	0,1279	13	225,0	240,0	242,5	2	160,0	167,5	172,5	1	215,0	227,5	240,0	4	655,0	83,77	9	
3 Martinez Enguidanos Juan	2000	PALBA	98,40	0,1273	11	225,0	240,0	240,0	3	130,0	130,0	137,5	3	235,0	257,5	280,0	3	635,0	80,84	8	
4 Gallego Steegmann Juan	1999	EINTE	100,70	0,1259	12	210,0	220,0	225,0	4	120,0	125,0	125,0	4	255,0	265,0	275,0	2	595,0	74,91	7	
5 Farhat Perez Aimen	2006	DTPOW	102,30	0,1250	14	185,0	185,0	195,0	5	95,0	100,0	102,5	5	195,0	205,0	215,0	5	500,0	62,50	6	
-120kg																					
1 Lopez Gomez. Alvaro	2004	EINTE	109,10	0,1213	16	210,0	220,0	230,0	1	130,0	137,5	142,5	1	245,0	260,0	260,0	1	602,5	73,08	12	

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MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL							
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.	
1	Juan Bermejo Francisco Alfonso	DTPOW	104,20	-105kg	725,0	89,8275	1
2	Nadal Llorente Raul	BRSTOD	81,50	-83kg	607,5	84,8678	1
3	Sanchez Mora Oscar	BRSTOD	81,60	-83kg	607,5	84,8070	2
4	Toldos Ronco Antonio	PALBA	72,00	-74kg	567,5	84,5008	1
5	Naranjo Romero Santiago	FTOLE	97,40	-105kg	655,0	83,7745	2
6	Gutierrez Martin Pablo	RISING	92,10	-93kg	627,5	82,4535	1
7	Martinez Enguidanos Juan	PALBA	98,40	-105kg	635,0	80,8355	3
8	Carriches Fernández Christian	RISING	88,90	-93kg	597,5	79,9455	2
9	Martinez Turrillo Ivan	ZBCR	79,30	-83kg	557,5	78,9978	3
10	Gomez Romera Adrian	RISING	79,40	-83kg	552,5	78,2340	4
11	Martinez Arribas Francisco Javier	FTOLE	84,10	-93kg	565,0	77,6875	3
12	Martin Cabezuolo Fernando	PALBA	81,00	-83kg	547,5	76,7048	5
13	Martin Bendezu Andres	SONS	65,20	-66kg	485,0	76,0965	1
14	Serrano Valverde Juan Bosco	ENRGZN	90,40	-93kg	565,0	74,9755	4
15	Gallego Steegmann Juan	EINTE	100,70	-105kg	595,0	74,9105	4

CLASIFICACIÓN POR CLUBS		
	pt.	Puntuaciones
1	POWERLIFTING ALBACETE	37 [12+8+6+6+5] 386,00 GL Pts
2	RISING POWER Madrid	33 [12+9+7+5] 312,95 GL Pts
3	BERSERKERS TOLEDO	30 [12+9+9] 243,53 GL Pts
4	DT POWER Madrid	25 [12+7+6] 223,96 GL Pts
5	SONS OF BARBELL Madrid	20 [12+8] 149,46 GL Pts
6	ENTRENA INTENSO Madrid	19 [12+7] 147,99 GL Pts

CLASIFICACIÓN POR CLUBS		
	pt.	Puntuaciones
7	FUERZA TOLEDO	17 [9+8] 161,46 GL Pts
8	ASOCIACION TOLEDO	12 [12] 72,71 GL Pts
9	ZB Barbell Ciudad Real	12 [8+4] 148,50 GL Pts
10	ENERGIZIN' TEAM Madrid	7 [7] 74,98 GL Pts
11	STRENGTH CAPITAL Madrid	6 [6] 70,06 GL Pts

ABREVIACIONES:

ASTO = ASOCIACION TOLEDO
BRSTOD = BERSERKERS TOLEDO
CAPIT = STRENGTH CAPITAL Madrid
DTPOW = DT POWER Madrid

EINTE = ENTRENA INTENSO Madrid
ENRGZN = ENERGIZIN' TEAM Madrid
ERALLO = EDUARDO RALLO Madrid
FTOLE = FUERZA TOLEDO

MGF = MGF POWER TEAM Madrid
PALBA = POWERLIFTING ALBACETE
RISING = RISING POWER Madrid
SONS = SONS OF BARBELL Madrid

ZBCR = ZB Barbell Ciudad Real