

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
I Campeonato Fuerza Guanche
AEP-3 Regional islas de Gran Canaria y Tenerife
Las Palmas de Gran Canaria - 19 agosto 2023

Rev. 20/08/2023

MUJERES POWERLIFTING RAW																				
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL			
-47kg																				
1	Santos Mediavilla Paula	2005	CANSTR	46,60		1	95,0	97,5	105,0	1	60,0	65,0	67,5	1	120,0	127,5	-132,5	1	300,0	83,87
-52kg																				
1	González Rodríguez Janeth	1999	FGUAN	51,80		2	110,0	-117,5	-117,5	1	55,0	57,5	-60,0	1	100,0	-110,0	-110,0	2	267,5	67,77
2	Cerbán Figueiras Paula	2004	FGUAN	51,20		3	85,0	87,5	-92,5	2	52,5	55,0	-60,0	2	102,5	112,5	120,0	1	262,5	67,18
-57kg																				
1	Alonso González Ceila	2005	FGUAN	56,30		4	77,5	90,0	-100,0	1	50,0	55,0	-60,0	1	105,0	120,0	127,5	1	272,5	64,52
-63kg																				
1	Méndez Cabrera Rocío	1993	FGUAN	60,40		5	112,5	117,5	122,5	2	52,5	-57,5	60,0	1	132,5	140,0	145,0	4	327,5	73,69
2	Fonseca Ferreras Marina	2001	FGUAN	60,90		6	115,0	125,0	-132,5	1	50,0	52,5	-55,0	4	130,0	142,5	147,5	3	325,0	72,72
3	Aguiar Cabrera Anabel	2001	ELICAN	61,30		8	97,5	-105,0	105,0	3	50,0	55,0	-57,5	3	147,5	157,5	-170,0	1	317,5	70,73
4	Bouchoutrouch Nadya	1999	FGUAN	62,80		7	102,5	-107,5	-107,5	4	52,5	57,5	-60,0	2	140,0	150,0	157,5	2	317,5	69,61
-69kg																				
1	Maggioni María Isabel	1996	FGUAN	64,40		10	117,5	125,0	-130,0	1	75,0	80,0	82,5	1	147,5	-157,5	162,5	1	370,0	79,83
2	Doblado Acosta Briseida	2005	FGUAN	66,70		9	117,5	125,0	-132,5	2	45,0	52,5	-57,5	2	130,0	142,5	-150,0	2	320,0	67,59
--	Hernández Akrame Nayara	2003	CANSTR	69,70		11	90,0	95,0	100,0	--	40,0	45,0	50,0	--	100,0	115,0	122,5	--	0,0	0,00
-76kg																				
1	Marrero Abigail	1979	FGUAN	71,00		13	115,0	-120,0	-120,0	1	70,0	-72,5	X	1	175,0	-180,0	180,0	1	365,0	74,45
2	Vega Delgado Laura Davinia	2002	CANSTR	75,50		16	90,0	100,0	107,5	2	-45,0	50,0	-55,0	2	100,0	110,0	120,0	2	277,5	54,88
3	Wootton Liliana Abigail	2002	FGUAN	74,50		14	-85,0	-90,0	90,0	3	40,0	-42,5	42,5	3	105,0	110,0	115,0	3	247,5	49,27
4	Arteaga Armas Daniela Carolina	1999	FGUAN	75,70		15	70,0	75,0	77,5	4	35,0	37,5	-40,0	4	85,0	92,5	100,0	4	215,0	42,47
-84kg																				
1	Martín Díaz Meritxell	1995	FGUAN	81,60		19	115,0	127,5	135,0	1	75,0	-80,0	80,0	1	125,0	137,5	150,0	1	365,0	69,74
2	Correa Abate Sofia	2001	CANSTR	83,30		18	112,5	125,0	-135,0	2	72,5	77,5	-80,0	2	122,5	-135,0	-147,5	2	325,0	61,58
+84kg																				
1	García Jorge Candelaria	1996	CANSTR	96,90		20	117,5	127,5	137,5	1	57,5	65,0	67,5	1	145,0	162,5	175,0	1	380,0	68,37

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL						
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Santos Mediavilla Paula	CANSTR	46,60		300,0	83,87	1
2 Maggioni María Isabel	FGUAN	64,40		370,0	79,83	1
3 Marrero Abigail	FGUAN	71,00		365,0	74,45	1
4 Méndez Cabrera Rocío	FGUAN	60,40		327,5	73,69	1
5 Fonseca Ferreras Marina	FGUAN	60,90		325,0	72,72	2
6 Aguiar Cabrera Anabel	ELICAN	61,30		317,5	70,73	3
7 Martín Díaz Meritxell	FGUAN	81,60		365,0	69,74	1
8 Bouchoutrouch Nadya	FGUAN	62,80		317,5	69,61	4
9 García Jorge Candelaria	CANSTR	96,90		380,0	68,37	1
10 González Rodríguez Janeth	FGUAN	51,80		267,5	67,77	1

ABREVIACIONES CLUBES:

CANSTR = CANARY STRENGTH

ELICAN = ELITE CANARIAS

FGUAN = FUERZA GUANCHE Canarias