

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**I Campeonato Fuerza Guanche**  
AEP-3 Regional islas de Gran Canaria y Tenerife  
Las Palmas de Gran Canaria - 19 agosto 2023

Rev. 20/08/2023

<b>HOMBRES POWERLIFTING RAW</b>																			
<b>LEVANTADOR</b>	<b>AÑO</b>	<b>CLUB</b>	<b>PESO</b>	<b>COEF.</b>	<b>Ord,</b>	<b>SENTADILLAS</b>				<b>PRESS BANCA</b>			<b>PESO MUERTO</b>			<b>TOTAL</b>	<b>IPFGL</b>		
<b>-74kg</b>																			
1 Rodríguez Cristian Camilo	1997	CANSTR	72,80		24	170,0	180,0	185,0	1	-120,0	127,5	130,0	1	210,0	217,5	-225,0	1	532,5	78,84
2 Gil Montesdeoca Daniel	2000	CANSTR	72,40		21	170,0	-180,0	180,0	2	115,0	-120,0	-120,0	2	-190,0	200,0	-220,0	6	495,0	73,50
3 Navarro Martín Daniel	2002	FGUAN	72,80		22	170,0	-180,0	180,0	3	100,0	105,0	-107,5	5	180,0	200,0	205,0	2	490,0	72,55
4 Sánchez Dávila Borja	2000	FGUAN	71,00		30	155,0	-165,0	-165,0	6	100,0	-110,0	-110,0	6	-200,0	-210,0	210,0	2	465,0	69,75
5 Cordova Ilaluque Kasster	2005	CANSTR	73,00		25	-145,0	-155,0	155,0	7	-92,5	92,5	100,0	7	192,5	-205,0	205,0	3	460,0	68,01
6 Rodríguez Florez Jorge Alberto	1995	FGUAN	71,40		23	160,0	-170,0	-170,0	5	-97,5	100,0	107,5	3	160,0	170,0	175,0	9	442,5	66,19
7 Ramirez Santana Aduanich	2004	CANSTR	71,80		26	140,0	147,5	-155,0	8	80,0	85,0	90,0	8	190,0	200,0	-210,0	5	437,5	65,25
8 León González Óscar	2003	FGUAN	73,30		28	150,0	160,0	170,0	4	75,0	85,0	-92,5	9	160,0	170,0	175,0	10	430,0	63,44
9 Giraldo Yhorman Steban	2006	FGUAN	70,30		27	-130,0	137,5	145,0	9	92,5	100,0	105,0	4	165,0	175,0	-180,0	8	425,0	64,09
10 Arriaga Espinosa Nuhazet	2007	FGUAN	70,70		29	135,0	-140,0	-145,0	10	70,0	75,0	-82,5	10	-160,0	165,0	180,0	7	390,0	58,63
<b>-83kg</b>																			
1 Oliva Giezi Manasés	1998	CANSTR	81,00		32	230,0	240,0	245,0	1	-142,5	150,0	-155,0	1	232,5	245,0	255,0	3	650,0	91,10
2 García Martín Paulo	2001	CANSTR	80,80		39	205,0	220,0	230,0	2	120,0	130,0	-140,0	2	240,0	260,0	270,0	1	630,0	88,40
3 Navia Erick Emanuel	2004	FGUAN	80,70		31	182,5	-195,0	-195,0	7	107,5	112,5	120,0	4	230,0	247,5	260,0	2	562,5	78,98
4 Armijos Placeres Adriel	2007	ELICAN	80,90		34	187,5	-205,0	-205,0	6	117,5	125,0	-130,0	3	215,0	230,0	245,0	4	557,5	78,18
5 Barreto Moreno Eduardo	2004	CANSTR	81,50		42	192,5	205,0	-215,0	3	110,0	120,0	-122,5	5	210,0	225,0	-242,5	6	550,0	76,84
6 Díaz Martínez Nauzet	2001	FGUAN	78,70		37	185,0	200,0	202,5	4	100,0	110,0	115,0	6	195,0	210,0	225,0	5	542,5	77,16
7 Rebollo De León Álvaro	2001	CANSTR	80,50		44	190,0	200,0	-210,0	5	107,5	-115,0	115,0	7	187,5	202,5	212,5	9	527,5	74,16
8 Medina Darías Francisco	1998	CANSTR	80,30		41	162,5	172,5	180,0	8	105,0	110,0	-115,0	8	200,0	-215,0	215,0	7	505,0	71,09
9 Gil Barrera Alejandro	2002	CANSTR	81,10		35	160,0	-172,5	175,0	10	105,0	-112,5	-112,5	12	205,0	215,0	-220,0	8	495,0	69,33
10 Goya Hernández Daniel	2004	FGUAN	80,10		33	157,5	172,5	-182,5	11	100,0	105,0	-112,5	10	185,0	200,0	210,0	11	487,5	68,71
11 Ramos Hernández Daniel De Juan	2004	FGUAN	78,30		43	-160,0	160,0	175,0	9	102,5	107,5	-115,0	9	170,0	185,0	-205,0	13	467,5	66,66
12 Gambettola Pérez José Domingo	2001	FGUAN	80,40		36	167,5	-175,0	-175,0	12	100,0	105,0	-112,5	11	180,0	190,0	-200,0	12	462,5	65,06
13 García Merederos Adrián	2004	ELICAN	75,00		38	140,0	152,5	160,0	13	-77,5	82,5	-87,5	13	175,0	200,0	210,0	10	452,5	65,97
14 González Alexander David	2003	FGUAN	80,90		40	127,5	135,0	142,5	14	70,0	75,0	-80,0	14	170,0	180,0	190,0	14	407,5	57,15
<b>-93kg</b>																			
1 Martín Pérez Fernando	1999	FGUAN	91,10		47	-220,0	225,0	-235,0	1	160,0	170,0	-175,0	1	-280,0	-290,0	305,0	1	700,0	92,50
2 Bethencourt González Luis	1995	CANSTR	92,80		48	192,5	-205,0	205,0	5	137,5	142,5	145,0	5	230,0	250,0	267,5	2	617,5	80,87
3 Caballero Tejada Carlos David	1995	CANSTR	90,30		45	190,0	205,0	215,0	2	152,5	157,5	-162,5	2	205,0	220,0	232,5	6	605,0	80,30
4 Zuleta Castro Johan	1992	FGUAN	90,50		46	200,0	-215,0	215,0	3	-145,0	-145,0	145,0	4	220,0	240,0	-255,0	4	600,0	79,55
5 Suárez Torres David	2000	FGUAN	87,50		50	190,0	205,0	212,5	4	122,5	127,5	-130,0	6	200,0	215,0	232,5	5	572,5	77,18
6 Manquillo Huete Víctor	1994	ELICAN	85,40		53	-170,0	-170,0	175,0	6	140,0	-145,0	145,0	3	240,0	245,0	X	3	565,0	77,10
7 Manzi Andrea	2000	FGUAN	91,50		49	160,0	170,0	-175,0	7	110,0	120,0	-125,0	7	187,5	200,0	220,0	7	510,0	67,25
8 Herrera Hernández Abián	1993	CANSTR	88,90		51	-155,0	-165,0	165,0	8	105,0	112,5	-120,0	8	190,0	205,0	-212,5	8	482,5	64,54
<b>-105kg</b>																			
1 Izquierdo Álvarez Raúl	2003	FGUAN	102,30		54	-190,0	190,0	200,0	1	125,0	130,0	X	2	-240,0	250,0	X	1	580,0	72,49
2 Aleka Iaroslav	1992	FGUAN	94,30		55	170,0	-175,0	175,0	3	150,0	-155,0	X	1	215,0	-220,0	-220,0	2	540,0	70,17
3 González Rodríguez Isaac	1997	FGUAN	101,50		57	-195,0	195,0	207,5	2	107,5	115,0	-125,0	4	215,0	-230,0	-230,0	3	537,5	67,43
4 Jorge Morales Damián	1997	FGUAN	101,50		56	150,0	160,0	-170,0	4	120,0	-130,0	-130,0	3	170,0	190,0	-215,0	4	470,0	58,96
<b>-120kg</b>																			
1 Tavío Parada Bryan	2007	FGUAN	116,90		59	200,0	217,5	-230,0	1	107,5	115,0	120,0	1	210,0	225,0	240,0	1	577,5	67,91
2 Santana De Armas Besay	2006	CANSTR	117,00		58	160,0	-175,0	175,0	2	87,5	97,5	100,0	2	160,0	175,0	185,0	2	460,0	54,07

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<b>LEVANTADOR</b>	<b>AÑO</b>	<b>CLUB</b>	<b>PESO</b>	<b>COEF.</b>	<b>Ord,</b>	<b>SENTADILLAS</b>				<b>PRESS BANCA</b>				<b>PESO MUERTO</b>			<b>TOTAL</b>	<b>IPFGL</b>	
<b>+120kg</b>																			
1 Amador Rodríguez Fabián	1979	FGUAN	135,50		61	240,0	255,0	-260,0	1	175,0	180,0	-185,0	1	230,0	240,0	-250,0	1	<b>675,0</b>	<b>75,01</b>
2 Herrera Hernández Marco	1998	FGUAN	162,10		60	210,0	-220,0	-220,0	2	130,0	135,0	-140,0	2	220,0	230,0	-235,0	2	<b>575,0</b>	<b>59,32</b>

<b>MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL</b>						
<b>Nombre</b>	<b>Club</b>	<b>Peso</b>	<b>Cat.</b>	<b>Total</b>	<b>GL pt.</b>	<b>Clas.</b>
1 Martín Pérez Fernando	FGUAN	91,10		<b>700,0</b>	<b>92,50</b>	1
2 Oliva Giezi Manasés	CANSTR	81,00		<b>650,0</b>	<b>91,10</b>	1
3 García Martín Paulo	CANSTR	80,80		<b>630,0</b>	<b>88,40</b>	2
4 Bethencourt González Luis	CANSTR	92,80		<b>617,5</b>	<b>80,87</b>	2
5 Caballero Tejeda Carlos David	CANSTR	90,30		<b>605,0</b>	<b>80,30</b>	3
6 Zuleta Castro Johan	FGUAN	90,50		<b>600,0</b>	<b>79,55</b>	4
7 Navia Erick Emanuel	FGUAN	80,70		<b>562,5</b>	<b>78,98</b>	3
8 Rodríguez Cristian Camilo	CANSTR	72,80		<b>532,5</b>	<b>78,84</b>	1
9 Armijos Placeres Adriel	ELICAN	80,90		<b>557,5</b>	<b>78,18</b>	4
10 Suárez Torres David	FGUAN	87,50		<b>572,5</b>	<b>77,18</b>	5
11 Díaz Martínez Nauzet	FGUAN	78,70		<b>542,5</b>	<b>77,16</b>	6
12 Manquillo Hueté Víctor	ELICAN	85,40		<b>565,0</b>	<b>77,10</b>	6
13 Barreto Moreno Eduardo	CANSTR	81,50		<b>550,0</b>	<b>76,84</b>	5
14 Amador Rodríguez Fabián	FGUAN	135,50		<b>675,0</b>	<b>75,01</b>	1
15 Rebollo De León Álvaro	CANSTR	80,50		<b>527,5</b>	<b>74,16</b>	7

**ABREVIACIONES:**

CANSTR = CANARY STRENGTH

ELICAN = ELITE CANARIAS

FGUAN = FUERZA GUANCHE Canarias