

**IPF WORLD CLASSIC & EQUIPPED SUB JUNIOR AND JUNIOR  
POWERLIFTING CHAMPIONSHIPS**

**24<sup>th</sup> August – 3<sup>rd</sup> September 2023 In Cluj Napoca, Romania**

Day	Weigh In Time	Classes		Start
<b>Wednesday, 23.08.2023</b>		<b>Technical Meeting</b>		<b>20:00</b>
<b>Thursday, 24.08.2023</b>	08:00-09:30	Men SJr/Jr	53 - 59 kg equipped	10:00
		<b>Opening Ceremony</b>		<b>13:30</b>
	12:00-13:30	Women SJr/Jr	43 - 47 kg equipped	14:00
	15:00-16:30	Men SJr/Jr	66 kg equipped	17:00
<b>Friday, 25.08.2023</b>	07:00-08:30	Women SJr/Jr	52 - 57 kg equipped	09:00
	11:00-12:30	Men SJr / Jr	74 kg equipped	13:00
	14:00-15:30	Women SJr/Jr	63 - 69 kg equipped	16:00
<b>Saturday, 26.08.2023</b>	08:00-09:30	Men SJr/Jr	83 kg equipped	10:00
	12:00-13:30	Women SJr/Jr	76 - 84+ kg equipped	14:00
	16:00-17:30	Men SJr/Jr	93 kg equipped	18:00
<b>Sunday, 27.08.2023</b>	08:00-09:30	Men SJr/Jr	105 kg equipped	10:00
	11:00-12:30	Men SJr/Jr	120 - 120+ kg equipped	13:00
	15:00-16:30	Men SJr/Jr	53 kg classic	17:00
		<b>Banquet Equipped</b>		<b>20:00</b>
<b>Monday, 28.08.2023</b>	07:00-08:30	Women SJr/Jr	43 - 47 kg classic	09:00
	11:00-12:30	Men SJr/Jr	59 kg classic	13:00
	15:00-16:30	Women SJr	52 - 57 kg classic	17:00
<b>Tuesday, 29.08.2023</b>	07:00-08:30	Men SJr/Jr	66 kg classic	09:00
	11:30-13:00	Women Jr	52 - 57 kg classic	13:30
	16:30-18:00	Women SJr	63 kg classic	18:30
<b>Wednesday, 30.08.2023</b>	07:00-08:30	Women Jr	63 kg classic	09:00
	11:00-12:30	Men SJr	74 kg classic	13:00
	15:00-16:30	Men Jr	74 kg classic	17:00

<b>Thursday, 31.08.2023</b>	07:00-08:30	Women SJr/Jr	69 kg classic	09:00
	12:00-13:30	Women SJr/Jr	76 kg classic	14:00
	16:30-18:00	Men SJr	83 kg classic	18:30
<b>Friday, 01.09.2023</b>	07:00-08:30	Men Jr	83 kg classic	09:00
	12:00-13:30	Men SJr	93 kg classic	14:00
	15:30-17:00	Men Jr	93 kg classic	17:30
<b>Saturday, 02.09.2023</b>	07:00-08:30	Men SJr	105 kg classic	09:00
	09:30-11:00	Men Jr	105 kg classic	11:30
	14:00-15:30	Women SJr	84 - 84+ kg classic	16:00
	17:00-18:30	Women Jr	84 - 84+ kg classic	19:00
<b>Sunday, 03.09.2023</b>	08:00-09:30	Men Jr	120 kg classic	10:00
	11:00-12:30	Men Sjr Men Jr	120 - 120+ kg classic 120+ kg classic	13:00
		<b>Banquet Classic</b>		<b>20:00</b>