



European Powerlifting Federation

TIMETABLE

XIV Western European Open Powerlifting Championships Equipped and Classic 8th – 10th September 2023 in Reykjanesbær, Iceland

Technical Meeting: Thursday 7th September at 20:00 hours at Courtyard by Marriott hotel

Day	Weight in	Classic	Number of lifters	Start	End after victory ceremony
Friday 8 th September	08:00 - 09:30	Group 1: Women CI PI 47, 52, 57 kg (10) Group 2: Women CI PI 63 kg (8)	18	10:00	13:30
	Opening Ceremony			14:30	14:50
	13:00 - 14:30	Group 1: Men CI PI 59 kg to 83 kg (8)	8	15:00	17:15
Saturday 9 th September	08:00 - 09:30	Group 1: Women CI PI 69, 76 kg (9) Group 2: Women CI PI 84, 84+ kg (6)	15	10:00	13:00
	12:00 - 13:30	Group 1: Men CI PI 93 kg (9) Group 2: Men CI PI 105 kg (10)	19	14:00	17:30
	16:30 - 18:00	Group 1: Men CI PI 120, 120+ kg (11)	11	18:30	21:00
Equipped					
Sunday 10 th September	08:00 - 09:30	Group 1: Women Eq PI all (13)	13	10:00	12:45
	12:00 - 13:30	Group 1: Men Eq PI 66, 74, 83, 93 kg (10) Group 2: Men Eq PI 105, 120, 120+ kg (11)	21	14:00	17:50
	Closing banquet		132	20:00	