

# ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

## I Campeonato Power Rangers

AEP-3 de iniciación de Jaén y clubes invitados de Andalucía

Mengíbar, Jaén - domingo, 29 octubre 2023

Rev. 29/10/2023

<b>HOMBRES POWERLIFTING RAW</b>																
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
<b>-66 kg</b>																
1 Vera Balsera Jose Fernando	2000	ALMBAR	64,36		4	145,0	152,5	160,0	90,0	-95,0	95,0	150,0	162,5	-172,5	<b>417,5</b>	<b>65,96</b>
2 García Trujillo Ivan	2006	PANDUJ	59,57		2	95,0	100,0	105,0	62,5	65,0	67,5	155,0	170,0	177,5	<b>350,0</b>	<b>57,62</b>
<b>-74 kg</b>																
1 Gil Borque Alvaro	2006	POWRAN	73,44		22	160,0	-180,0	-180,0	95,0	102,5	105,0	-205,0	215,0	-230,0	<b>480,0</b>	<b>70,75</b>
<b>-83 kg</b>																
1 Rodriguez Ocaña Sergio Raul	2006	ALMBAR	81,48		17	-187,5	200,0	210,0	95,0	100,0	105,0	200,0	215,0	225,0	<b>540,0</b>	<b>75,45</b>
2 Rivas Boza Claudio	2005	ALMBAR	76,17		23	152,5	162,5	-170,0	100,0	105,0	110,0	197,5	207,5	220,0	<b>492,5</b>	<b>71,23</b>
3 Ventura Sánchez José María	1997	PJAEN	79,58		16	137,5	147,5	155,0	102,5	107,5	112,5	160,0	170,0	185,0	<b>452,5</b>	<b>63,99</b>
4 Moreno Marquez Miguel	2004	ALMBAR	80,81		8	155,0	165,0	172,5	92,5	100,0	105,0	-167,5	167,5	X	<b>445,0</b>	<b>62,44</b>
5 Hidalgo Gómez José Antonio	2003	84POW	81,49		7	150,0	160,0	170,0	120,0	127,5	132,5	70,0	X	X	<b>372,5</b>	<b>52,05</b>
-- Maldonado Gennarin Lucca Jose	2006	ALMBAR	80,61		11	155,0	157,5	170,0	100,0	105,0	-107,5	-200,0	-210,0	-210,0	<b>0,0</b>	<b>0,00</b>
<b>-93 kg</b>																
1 Cayuela Domínguez José Carlos	1984	84POW	89,90		19	175,0	182,5	-190,0	150,0	155,0	160,0	220,0	230,0	240,0	<b>582,5</b>	<b>77,48</b>
2 Ramírez Mestanza Alfonso	2003	POWRAN	90,83		20	-200,0	207,5	-220,0	125,0	130,0	-132,5	215,0	227,5	240,0	<b>577,5</b>	<b>76,43</b>
<b>-105 kg</b>																
1 Villar Macías Francisco Javier	1992	PJAEN	99,17		1	-242,5	-242,5	245,0	125,0	130,0	132,5	250,0	265,0	272,5	<b>650,0</b>	<b>82,44</b>
2 Vázquez López Alejandro	1987	PJAEN	102,10		10	175,0	182,5	190,0	112,5	120,0	125,0	205,0	215,0	X	<b>530,0</b>	<b>66,30</b>

### MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL

Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Villar Macías Francisco Javier	PJAEN	99,17	-105kg	<b>650,0</b>	<b>82,44</b>	1
2 Cayuela Domínguez José Carlos	84POW	89,90	-93kg	<b>582,5</b>	<b>77,48</b>	1
3 Ramírez Mestanza Alfonso	POWRAN	90,83	-93kg	<b>577,5</b>	<b>76,43</b>	2
4 Rodriguez Ocaña Sergio Raul	ALMBAR	81,48	-83kg	<b>540,0</b>	<b>75,45</b>	1
5 Rivas Boza Claudio	ALMBAR	76,17	-83kg	<b>492,5</b>	<b>71,23</b>	2
6 Gil Borque Alvaro	POWRAN	73,44	-74kg	<b>480,0</b>	<b>70,75</b>	1

### ABREVIACIONES CLUBES:

84POW = 84 POWERLIFTING TEAM Malaga  
 ALMBAR = ALMERÍA BARBELL CLUB  
 GORI = GORILAS POWER TEAM Sevilla  
 LAMBT = LIFT AMBITION Granada  
 POWRAN = POWER RANGERS STRENGTH Jaén  
 PANDUJ = POWERLIFTING ANDÚJAR  
 PJAEN = POWERLIFTING JAEN