

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

Copa de España OPEN (ABSOLUTO)

AEP-1 de Powerlifting Raw

Almetsilla, Sevilla - 20-22 octubre 2023

Rev. 07/11/2023

MUJERES POWERLIFTING RAW																					
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA			PESO MUERTO			TOTAL	IPFGL			
-47kg																					
1	Garcia De Miguel Gemma	1999	LIFTAM	46,17	0,2822	2	92,5	92,5	92,5	2	52,5	55,0	55,0	1	125,0	127,5	132,5	2	275,0	77,61	12
2	Menai Aya	2005	VAKNER	46,53	0,2800	1	87,5	92,5	95,0	1	45,0	47,5	50,0	2	117,5	125,0	130,0	1	275,0	77,00	9
-52kg																					
1	Aguilera Garcia Alejandra	1996	DNIXAR	51,94	0,2528	8	115,0	122,5	127,5	4	60,0	65,0	67,5	4	170,0	182,5	193,5	1	375,0	94,80	12
2	Gonzalez Pastor. Marina	1995	LP MAD	51,09	0,2564	6	117,5	122,5	127,5	3	72,5	77,5	77,5	2	142,5	150,0	155,0	3	355,0	91,02	9
3	Diaz Ruiz. Violeta	1996	RVSTR	50,21	0,2604	4	107,5	115,0	120,0	6	65,0	70,0	72,5	1	140,0	150,0	155,0	2	342,5	89,19	8
4	Sousa Perez Alba	1998	VAKNER	50,01	0,2614	5	122,5	127,5	130,0	2	57,5	60,0	60,0	5	142,5	152,5	162,5	4	340,0	88,88	7
5	Cabañil Chavez Jessica	1997	BRSTOD	51,55	0,2544	7	142,5	147,5	147,5	1	67,5	70,0	70,0	3	75,0	X	X	6	285,0	72,50	6
—	Fernandez Cordero Sandra	1986	PEXTR	51,26	0,2557	3	105,0	112,5	117,5	5	67,5	67,5	67,5	—	125,0	130,0	137,5	5	0,0	0,00	—
-57kg																					
1	Martinez Carretero Patricia	1986	TRRKO	55,80	0,2384	20	140,0	140,0	145,0	5	77,5	82,5	85,0	4	170,0	175,0	180,0	1	397,5	94,76	12
2	Ordoñez Rodriguez Alba	1998	CROM	55,75	0,2386	27	130,0	140,0	145,0	3	82,5	87,5	91,0	1	142,5	152,5	155,0	5	387,5	92,46	9
3	Escosura Flores Lara	2001	PBAR	55,84	0,2383	24	132,5	140,0	147,5	1	77,5	82,5	85,0	3	140,0	150,0	155,0	6	387,5	92,34	8
4	Stefan Madalina	1995	DNIXAR	56,08	0,2375	21	140,0	147,5	152,5	2	75,0	80,0	82,5	5	135,0	145,0	150,0	11	372,5	88,47	7
5	Pimentel Gil-Munilla Maria	1998	PSVLL	56,28	0,2368	22	127,5	135,0	140,0	6	82,5	85,0	87,5	2	127,5	137,5	142,5	12	370,0	87,62	6
6	Gutierrez Gutierrez Esther	1996	PEXTR	56,54	0,2360	25	130,0	140,0	145,0	4	70,0	75,0	75,0	6	140,0	150,0	155,0	9	365,0	86,14	5
7	Rodriguez Ceballos Alba	1999	BRSTOD	56,01	0,2377	17	125,0	130,0	135,0	7	60,0	65,0	67,5	8	145,0	155,0	160,0	4	355,0	84,38	4
8	Abarquero Diezhandino Ester	1995	VAKNER	56,29	0,2368	26	120,0	127,5	127,5	10	65,0	70,0	70,0	10	142,5	152,5	162,5	3	347,5	82,29	3
9	Andradas Jorge Leticia Lourdes	1995	RVSTR	55,43	0,2396	28	110,0	115,0	120,0	8	50,0	52,5	57,5	12	157,5	170,0	190,0	2	342,5	82,06	2
10	Gomez Alvarez Marta	1997	FNORT	56,01	0,2377	23	105,0	115,0	120,0	9	62,5	65,0	67,5	9	137,5	152,5	162,5	7	337,5	80,22	1
11	Jimenez Guillen Sara	1993	ATENEA	55,17	0,2405	18	110,0	115,0	120,0	12	60,0	65,0	67,5	7	140,0	147,5	155,0	10	327,5	78,76	1
12	Rodriguez Hernandez Nayade	1997	FGUAN	55,25	0,2402	19	110,0	117,5	120,0	11	52,5	57,5	60,0	11	140,0	150,0	155,0	8	325,0	78,06	1
-63kg																					
1	Maguregi Rodriguez Jone	1999	INDAR	61,88	0,2214	13	140,0	147,5	152,5	2	97,5	97,5	105,5	1	162,5	170,0	175,0	1	433,0	95,87	12
2	Fernandez Ortiz Laura Libertad	1995	MYRT	62,34	0,2203	10	140,0	140,0	145,0	3	77,5	80,0	80,0	4	145,0	152,5	160,0	3	380,0	83,71	9
3	Sison Garcia Muriel	1999	NWERA	62,01	0,2211	14	147,5	155,0	160,0	1	50,0	55,0	60,0	8	147,5	157,5	162,5	2	377,5	83,47	8
4	Maggioni Maria Isabel	1996	FGUAN	61,85	0,2214	9	130,0	137,5	140,0	4	75,0	80,0	82,5	3	145,0	152,5	155,0	4	372,5	82,47	7
5	Muniesa Lacasa Sara	1999	INDAR	62,35	0,2203	15	135,0	135,0	142,5	5	72,5	77,5	80,0	5	145,0	155,0	165,0	5	370,0	81,51	6
6	Stabile Lacasta Irene	1995	RVSTR	61,95	0,2212	16	115,0	122,5	127,5	7	77,5	80,0	85,0	2	125,0	135,0	142,5	8	355,0	78,53	5
7	Grimaldi Bouillet Lisa	1999	SPCFIC	62,10	0,2208	11	125,0	132,5	140,0	6	67,5	70,0	72,5	7	142,5	147,5	147,5	6	350,0	77,28	4
8	Abad Juzgado Sara	1996	DTPOW	62,73	0,2194	12	112,5	112,5	112,5	8	70,0	75,0	77,5	6	135,0	145,0	152,5	7	335,0	73,50	3
-69kg																					
1	Veiga Lestegas Rosalia	1998	VAKNER	66,46	0,2117	48	142,5	150,0	155,0	5	95,0	97,5	100,0	2	180,0	190,0	200,0	1	452,5	95,79	12
2	Vico Martinez Eva	1998	FNORT	67,69	0,2094	45	157,5	162,5	162,5	4	97,5	102,5	105,0	1	180,0	187,5	192,5	2	450,0	94,23	9
3	Jimenez Calabuig Silvia	1996	BGOAL	66,77	0,2111	42	160,0	165,0	170,0	1	92,5	95,0	97,5	3	170,0	177,5	182,5	4	445,0	93,94	8
4	Pedraza Molina Claudia	1998	LIFTAM	67,66	0,2095	41	155,0	162,5	165,0	2	80,0	85,0	85,0	8	180,0	190,0	202,5	3	425,0	89,04	7
5	Martinez Soría Julia	1999	ERALLO	66,85	0,2110	46	135,0	142,5	150,0	8	90,0	92,5	95,0	4	165,0	175,0	180,0	5	412,5	87,04	6
6	Galvan Lopez Laura	1989	PRAET	68,53	0,2080	47	152,5	162,5	165,0	3	80,0	85,0	85,0	9	145,0	152,5	157,5	11	395,0	82,16	5
7	Venalainen Sira Janina	2000	PRMOD	68,85	0,2074	38	132,5	142,5	150,0	6	72,5	77,5	80,0	10	147,5	160,0	167,5	6	395,0	81,92	4
8	Manglano Niño Alba	1995	CANSTR	65,74	0,2131	37	135,0	145,0	152,5	7	77,5	82,5	87,5	7	157,5	170,0	170,0	7	385,0	82,04	3
9	Aguilar Sanchez Irene	1991	MADPOW	65,66	0,2132	40	130,0	130,0	137,5	9	85,0	87,5	87,5	5	145,0	145,0	155,0	8	377,5	80,48	2
10	Garrido Romero Blanca	1999	AFA	67,42	0,2099	36	110,0	117,5	125,0	11	80,0	85,0	90,0	6	140,0	152,5	160,0	10	362,5	76,09	1
11	Molla Robles Paula	1997	FIA	67,76	0,2093	39	117,5	127,5	135,0	10	70,0	75,0	75,0	11	155,0	167,5	175,0	9	360,0	75,35	1

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LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA			PESO MUERTO			TOTAL	IPFGL				
-76kg																					
1	Erimo Sabadell Rosa	1992	SIDER	74,89	0,1985	31	160,0	172,5	182,5	1	90,0	97,5	102,5	1	200,0	215,0	225,5	1	500,5	99,35	12
2	Vargas Fernandez Serena	2000	FNORT	75,58	0,1977	33	152,5	162,5	167,5	3	90,0	92,5	95,0	2	185,0	192,5	200,0	2	462,5	91,44	9
3	Ibañez Archilla Leyre	1994	FEDCAT	75,82	0,1974	29	157,5	167,5	167,5	5	90,0	95,0	95,0	3	175,0	182,5	190,0	4	430,0	84,88	8
4	Peña Alvarez Claudia	1999	NWERA	75,48	0,1978	35	155,0	165,0	172,5	2	82,5	87,5	87,5	4	170,0	182,5	190,0	5	425,0	84,06	7
5	Najy Suleimane Naomi Sara	1997	SONS	75,07	0,1983	34	142,5	155,0	160,0	4	62,5	67,5	70,0	6	182,5	195,0	200,0	3	422,5	83,78	6
6	Sanchez Chamoso Paula	1996	IRONS	74,32	0,1993	30	140,0	150,0	152,5	6	75,0	80,0	82,5	5	150,0	160,0	172,5	6	392,5	78,23	5
-84kg																					
1	Zamora Ferrus Claudia	1999	AFA	82,25	0,1904	50	162,5	175,0	177,5	2	98,0	102,0	104,5	1	165,0	177,5	187,5	3	467,0	88,92	12
2	Fuentes Tubella Paula	1998	ANDUJ	78,10	0,1947	51	162,5	175,0	177,5	1	87,5	92,5	92,5	3	165,0	182,5	192,5	1	457,5	89,08	9
3	Martinez Ruiz Laura	1996	FVLFR	83,00	0,1897	52	160,0	170,0	175,0	3	87,5	92,5	97,5	2	180,0	190,0	200,0	2	457,5	86,79	8
4	Cianca Peñate Alejandra	1997	DTPOW	79,39	0,1933	49	142,5	150,0	157,5	4	80,0	85,0	87,5	4	162,5	177,5	182,5	4	420,0	81,19	7
84+kg																					
1	Guri Saperas Julia	1993	MOON	110,90	0,1740	54	155,0	165,0	165,0	1	85,0	87,5	90,0	1	160,0	175,0	175,0	2	430,0	74,82	12
—	Canto Serantes Sofia	1995	FENIX	94,48	0,1813	53	135,0	140,0	140,0	—	70,0	72,5	75,0	2	157,5	170,0	180,0	1	0,0	0,00	—

RECORDS: **ABS** **JUN**

CLASIFICACIÓN POR CLUBES	pt.	Puntuaciones	
1 VAKNER POWERLIFTING GALIZA	31	[12+9+7+3]	343,96 GL Pts
2 DEPORNIXAR ALMERIA	19	[12+7]	183,27 GL Pts
3 LIFT AMBITION Granada	19	[12+7]	166,64 GL Pts
4 FUERZA NORTE Leon	19	[9+9+1]	265,89 GL Pts
5 INDAR POWER Vitoria	18	[12+6]	177,38 GL Pts
6 THE NEW ERA TEAM Barcelona	15	[8+7]	144,88 GL Pts
7 RV STRENGTH Huelva	15	[8+5+2]	249,78 GL Pts
8 ALTEA-FINESTRAT-L'ALFAS	13	[12+1]	165,01 GL Pts
9 SIDEROPOLIS Madrid	12	[12]	99,35 GL Pts
10 STRONGMAN TARRAKO Tarragona	12	[12]	94,76 GL Pts
11 MOONSTONE BARBELL Sabadell	12	[12]	74,82 GL Pts
12 DT POWER Madrid	10	[7+3]	154,68 GL Pts
13 BERSERKERS TOLEDO	10	[6+4]	156,89 GL Pts
14 CROM GYM Madrid	9	[9]	92,46 GL Pts
15 LEV. POTENCIA MADRID	9	[9]	91,02 GL Pts
16 POWERLIFTING ANDUJAR	9	[9]	89,08 GL Pts
17 MYRTEA LIFTING Murcia	9	[9]	83,71 GL Pts
18 BEGOAL Alicante	8	[8]	93,94 GL Pts

CLASIFICACIÓN POR CLUBES	pt.	Puntuaciones	
19 POWERLIFTING BARCELONA	8	[8]	92,3 GL Pts
20 FORÇA VILAFRANCA	8	[8]	86,8 GL Pts
21 FEDERACION CATALANA	8	[8]	84,9 GL Pts
22 FUERZA GUANCHE Canarias	8	[7+1]	160,5 GL Pts
23 POWERLIFTING SEVILLA	6	[6]	87,6 GL Pts
24 EDUARDO RALLO Madrid	6	[6]	87,0 GL Pts
25 SONS OF BARBELL Madrid	6	[6]	83,8 GL Pts
26 POWERLIFTING EXTREMADURA	5	[5]	86,1 GL Pts
27 PRAETORIANS TARRAGONA	5	[5]	82,2 GL Pts
28 IRONSIDE STRENGTH Sevilla	5	[5]	78,2 GL Pts
29 THE PRMODE Granada	4	[4]	81,9 GL Pts
30 SPECIFIC STRENGTH Madrid	4	[4]	77,3 GL Pts
31 CANARY STRENGTH	3	[3]	82,0 GL Pts
32 MAD POWERLIFTING Madrid	2	[2]	80,5 GL Pts
33 ATENEA POWERLIFTING Barcelona	1	[1]	78,8 GL Pts
34 FUERZA ISABEL ATLAS Chiva	1	[1]	75,4 GL Pts
— FENIX GALICIA POWER	—		

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LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS	PRESS BANCA	PESO MUERTO	TOTAL	IPFGL
MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL										
Nombre		Club		Peso		Cat.	Total	GL pt.	Clas.	
1		Erimo Sabadell Rosa	SIDEROPOLIS Madrid	74,89		-76kg	500,5	99,349250	1	
2		Maguregi Rodriguez Jone	INDAR POWER Vitoria	61,88		-63kg	433,0	95,866200	1	
3		Veiga Lestegas Rosalia	VAKNER POWERLIFTING GALIZ	66,46		-69kg	452,5	95,794250	1	
4		Aguilera Garcia Alejandra	DEPORNIXAR ALMERIA	51,94		-52kg	375,0	94,800000	1	
5		Martinez Carretero Patricia	STRONGMAN TARRAKO Tarragc	55,80		-57kg	397,5	94,764000	1	
6		Vico Martinez Eva	FUERZA NORTE Leon	67,69		-69kg	450,0	94,230000	2	
7		Jimenez Calabuig Silvia	BEGOAL Alicante	66,77		-69kg	445,0	93,939500	3	
8		Ordoñez Rodriguez Alba	CROM GYM Madrid	55,75		-57kg	387,5	92,457500	2	
9		Escosura Flores Lara	POWERLIFTING BARCELONA	55,84		-57kg	387,5	92,341250	3	
10		Vargas Fernandez Serena	FUERZA NORTE Leon	75,58		-76kg	462,5	91,436250	2	
11		Gonzalez Pastor. Marina	LEV. POTENCIA MADRID	51,09		-52kg	355,0	91,022000	2	
12		Diaz Ruiz. Violeta	RV STRENGTH Huelva	50,21		-52kg	342,5	89,187000	3	
13		Fuentes Tubella Paula	POWERLIFTING ANDUJAR	78,10		-84kg	457,5	89,075250	2	
14		Pedraza Molina Claudia	LIFT AMBITION Granada	67,66		-69kg	425,0	89,037500	4	
15		Zamora Ferrus Claudia	ALTEA-FINESTRAT-L'ALFAS	82,25		-84kg	467,0	88,916800	1	
16		Sousa Perez Alba	VAKNER POWERLIFTING GALIZ	50,01		-52kg	340,0	88,876000	4	
17		Stefan Madalina	DEPORNIXAR ALMERIA	56,08		-57kg	372,5	88,468750	4	
18		Pimentel Gil-Munilla Maria	POWERLIFTING SEVILLA	56,28		-57kg	370,0	87,616000	5	
19		Martinez Soría Julia	EDUARDO RALLO Madrid	66,85		-69kg	412,5	87,037500	5	
20		Martinez Ruiz Laura	FORÇA VILAFRANCA	83,00		-84kg	457,5	86,787750	3	
21		Gutierrez Gutierrez Esther	POWERLIFTING EXTREMADURA	56,54		-57kg	365,0	86,140000	6	
22		Ibañez Archilla Leyre	FEDERACION CATALANA	75,82		-76kg	430,0	84,882000	3	
23		Rodriguez Ceballos Alba	BERSERKERS TOLEDO	56,01		-57kg	355,0	84,383500	7	
24		Peña Alvarez Claudia	THE NEW ERA TEAM Barcelona	75,48		-76kg	425,0	84,065000	4	
25		Najy Suleimane Naomi Sara	SONS OF BARBELL Madrid	75,07		-76kg	422,5	83,781750	5	
26		Fernandez Ortiz Laura Libertad	MYRTEA LIFTING Murcia	62,34		-63kg	380,0	83,714000	2	
27		Sison Garcia Muriel	THE NEW ERA TEAM Barcelona	62,01		-63kg	377,5	83,465250	3	
28		Maggioni Maria Isabel	FUERZA GUANCHE Canarias	61,85		-63kg	372,5	82,471500	4	
29		Abarquero Diezhandino Ester	VAKNER POWERLIFTING GALIZ	56,29		-57kg	347,5	82,288000	8	
30		Galvan Lopez Laura	PRAETORIANS TARRAGONA	68,53		-69kg	395,0	82,160000	6	

ABREVIACIONES:

AFA = ALTEA-FINESTRAT-L'ALFAS	ELITP = ELITE POWERLIFTING Bollullos	INDAR = INDAR POWER Vitoria	PRAET = PRAETORIANS TARRAGONA
ALMBAR = ALMERIA BARBELL CLUB	ENRGY = ENERGY ALHAURIN	IRONS = IRONSIDE STRENGTH Sevilla	PRMOD = THE PRMODE Granada
ANDUJ = POWERLIFTING ANDUJAR	ERALLO = EDUARDO RALLO Madrid	LIFTAM = LIFT AMBITION Granada	PSVLL = POWERLIFTING SEVILLA
ATENEA = ATENEA POWERLIFTING Barcelona	FEDCAT = FEDERACION CATALANA	LPMAD = LEV. POTENCIA MADRID	RVSTR = RV STRENGTH Huelva
BGOAL = BEGOAL Alicante	FENIX = FENIX GALICIA POWER	MADPOW = MAD POWERLIFTING Madrid	SIDER = SIDEROPOLIS Madrid
BRSTOD = BERSERKERS TOLEDO	FGUAN = FUERZA GUANCHE Canarias	MOON = MOONSTONE BARBELL Sabadell	SONS = SONS OF BARBELL Madrid
CANSTR = CANARY STRENGTH	FIA = FUERZA ISABEL ATLAS Chiva	MYRT = MYRTEA LIFTING Murcia	SPCFIC = SPECIFIC STRENGTH Madrid
CROM = CROM GYM Madrid	FNORT = FUERZA NORTE Leon	NWERA = THE NEW ERA TEAM Barcelona	TRRKO = STRONGMAN TARRAKO Tarragona
DNIXAR = DEPORNIXAR ALMERIA	FVLFR = FORÇA VILAFRANCA	PBAR = POWERLIFTING BARCELONA	VAKNER = VAKNER POWERLIFTING GALIZA
DTPOW = DT POWER Madrid	GRNDA = GRANDA Madrid	PEXTR = POWERLIFTING EXTREMADURA	