

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
Campeonato de España SUBJUNIOR
AEP-1 de Powerlifting y Press Banca
Baza, Granada - 23-24 septiembre 2023

Rev. 08/11/2023

MUJERES POWERLIFTING RAW																					
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL				
-47 kg																					
1	Santos Mediavilla Paula	2005	CANSTR	46,68	0,2791	3	97,5	103,0	105,0	1	62,5	65,0	67,5	1	122,5	X	128,0	2	298,0	83,17	12
2	Menai Aya	2005	VAKNER	45,81	0,2845	1	82,5	87,5	92,5	2	45,0	50,0	50,0	3	115,0	122,5	128,5	1	266,0	75,68	9
3	Quirante Perez.. Maria	2006	MALPT	44,31	0,2946	4	67,5	77,5	87,5	3	42,5	47,5	47,5	2	85,0	97,5	105,0	3	240,0	70,70	8
4	Oliva Garcia Alexia	2006	CANSTR	46,73	0,2788	2	80,0	85,0	90,0	5	32,5	37,5	37,5	5	95,0	105,0	115,0	4	222,5	62,03	7
5	Souto Fernandez Noa	2005	VAKNER	46,20	0,2820	5	77,5	82,5	85,0	4	37,5	40,0	42,5	4	85,0	90,0	95,0	5	215,0	60,63	6
-52 kg																					
1	Bernabeu Gomez Lucia	2005	SPARTA	51,02	0,2567	7	107,5	113,0	115,5	1	68,0	73,0	76,5	1	110,0	120,0	125,0	4	317,0	81,37	12
2	Alvarez Belmonte Lucia	2005	ZBCR	50,77	0,2578	6	92,5	100,0	105,0	3	55,0	60,0	62,5	3	140,0	147,0	158,0	1	312,0	80,43	9
3	Cerda Garcia Nuria	2005	AFA	49,26	0,2650	9	95,0	97,5	100,0	5	55,0	60,0	65,0	2	122,5	135,0	140,0	2	297,5	78,84	8
4	Martinez Cortes Lucia	2005	BRSTOD	48,87	0,2670	10	95,0	95,0	100,0	4	50,0	52,5	55,0	4	117,5	117,5	127,5	3	280,0	74,76	7
5	Garcimartin Navarrete Beatriu	2006	AFA	50,58	0,2587	8	90,0	100,0	110,0	2	40,0	45,0	47,5	5	110,0	115,0	X	5	272,5	70,50	6
-57 kg																					
1	Fragoso Kurchak Alexandra	2007	CROM	56,46	0,2363	22	107,5	112,5	117,5	2	72,5	77,5	80,0	1	125,0	132,5	138,0	2	335,5	79,28	12
2	Torres Serra Amaya	2006	IBIZA	56,59	0,2358	21	117,5	125,5	130,0	1	55,0	60,0	65,0	4	110,0	120,0	130,0	5	320,5	75,57	9
3	Cuesta Chamochumbi Paula	2006	ZBCR	56,11	0,2374	15	95,0	105,0	112,5	6	55,0	60,0	62,5	6	122,5	132,5	137,5	3	302,5	71,81	8
4	Alonso Gonzalez Ceila	2005	FGUAN	56,33	0,2367	14	95,0	102,5	105,0	9	57,5	62,5	62,5	5	117,5	127,5	138,5	1	296,0	70,06	7
5	Coll Rodriguez Irene	2005	FVLFR	54,38	0,2433	11	100,0	102,5	105,0	4	62,5	65,0	67,5	2	107,5	115,0	127,5	11	287,5	69,95	6
6	Valero Franciso Julia	2007	ATENEA	55,80	0,2384	12	95,0	102,5	107,5	3	57,5	60,0	60,0	7	102,5	112,5	117,5	8	282,5	67,35	5
7	Rodriguez Munoz Martha	2006	RISING	56,25	0,2369	19	92,5	102,5	107,5	7	42,5	47,5	50,0	11	110,0	122,5	130,0	4	282,5	66,92	4
8	Crespo Gomez Lucia	2005	FENIX	55,90	0,2381	20	92,5	100,0	105,0	5	52,5	57,5	60,0	8	117,5	125,0	125,0	9	280,0	66,67	3
9	Casas Jimenez Nuria	2005	LIFTAM	55,90	0,2381	17	97,5	102,5	102,5	8	52,5	55,0	57,5	9	120,0	122,5	122,5	6	275,0	65,48	2
10	Rada Tejero Angela	2006	BURGOS	55,94	0,2379	23	87,5	95,0	97,5	11	55,0	60,0	65,0	3	110,0	117,5	125,0	10	270,0	64,23	1
11	Da Silva Rocha Soraia	2005	INDAR	56,02	0,2377	16	75,0	80,0	82,5	12	50,0	57,5	57,5	10	92,5	100,0	100,0	13	225,0	53,48	1
12	Gonzalez Martinez Yanira	2006	FIA	56,12	0,2374	18	75,0	80,0	85,0	13	40,0	40,0	40,0	12	95,0	102,5	105,0	12	222,5	52,82	1
—	Alba Balmon Isabel	2006	ZBCR	55,99	0,2378	13	85,0	90,0	90,0	10	55,0	55,0	55,0	—	110,0	115,0	120,0	7	0,0	0,00	—
-63 kg																					
1	Carabot Tosar Marina	2005	DTPOW	62,36	0,2202	27	105,0	115,0	120,0	6	62,5	65,0	67,5	3	140,0	150,0	161,0	1	343,5	75,64	12
2	Domingo Benegas Alba	2007	FEDCAT	61,97	0,2211	26	105,0	110,0	115,0	5	67,5	72,5	72,5	1	150,0	155,0	162,5	2	342,5	75,73	9
3	Llorens Garcia Veronica	2005	VALKY	61,77	0,2216	29	120,0	128,5	128,5	1	60,0	65,0	67,5	2	142,5	152,5	160,5	3	340,0	75,34	8
4	Albaladejo Garcia Mireia	2005	JAEN	62,42	0,2201	25	102,5	107,5	112,5	8	52,5	57,5	60,0	6	142,5	150,0	155,0	4	315,0	69,33	7
5	Castellsague Henao Maria	2005	ULCB	59,45	0,2275	24	105,0	110,0	115,0	2	52,5	57,5	62,5	4	115,0	122,5	127,5	7	300,0	68,25	6
6	Martinez AVECILLA Aurora	2005	NAVAR	60,75	0,2241	30	115,0	127,5	127,5	3	50,0	55,0	57,5	7	120,0	127,5	127,5	6	297,5	66,67	5
7	Luque Montero Lucia	2007	84PWT	61,75	0,2217	32	105,0	112,5	115,0	7	55,0	60,0	60,0	5	107,5	115,0	120,0	8	292,5	64,85	4
8	Gonzalez Diaz Melaniee	2005	ZBCR	61,63	0,2220	31	92,5	97,5	102,5	9	47,5	50,0	52,5	9	122,5	127,5	132,5	5	280,0	62,16	3
9	Bernal Esquinas Paula	2005	SONS	60,84	0,2239	28	115,0	122,5	122,5	4	52,5	57,5	57,5	8	70,0	72,5	X	9	237,5	53,18	2
-69 kg																					
1	Gonzalez Tirado Ainhoa	2005	CHIPI	64,46	0,2156	49	125,0	132,5	138,0	2	65,0	70,0	72,5	1	150,0	160,0	166,0	1	371,0	79,99	12
2	Martinez López-Yarto Diana	2005	AGSTR	67,68	0,2094	50	112,5	120,0	125,0	3	67,5	70,0	72,5	2	140,0	150,0	160,0	2	357,5	74,86	9
3	Doblado Acosta Briseida	2005	FGUAN	66,34	0,2119	51	125,0	132,5	135,0	1	50,0	55,0	57,5	5	132,5	142,5	152,5	3	335,0	70,99	8
4	Garcia Nunez Maina	2005	SONS	66,83	0,2110	48	107,5	112,5	117,5	4	60,0	65,0	67,5	3	135,0	145,0	145,0	4	317,5	66,99	7
5	Arnau Sirera Alba	2005	FEDCAT	68,59	0,2079	47	100,0	107,5	117,5	5	55,0	62,5	67,5	4	122,5	130,0	135,0	5	315,0	65,49	6

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LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL				
-76 kg																					
1	Jimenez Vilches Sara	2006	STB	74,15	0,1995	33	125,0	125,0	132,5	3	75,0	75,0	78,5	1	145,0	152,5	160,0	1	371,0	74,01	12
2	Siguenza Ferrandez Carla Irene	2007	GRSTR	73,30	0,2007	35	122,5	132,5	140,5	2	63,0	68,0	72,5	2	120,0	130,0	140,0	5	345,0	69,24	9
3	Alcina Campos Amanda	2006	FIA	71,96	0,2026	34	120,0	125,0	132,5	1	50,0	57,5	60,0	7	135,0	145,0	152,5	2	342,5	69,39	8
4	Inareta Munoz Olga	2005	FGUAD	70,70	0,2044	36	115,0	122,5	127,5	4	57,5	62,5	65,0	4	125,0	132,5	135,0	8	325,0	66,43	7
5	Codesido Fernandez Laura	2005	FENIX	74,85	0,1986	38	112,5	112,5	120,0	5	50,0	55,0	57,5	8	150,0	160,5	160,5	3	325,0	64,55	6
6	Rodriguez Vicente Martina	2005	FENIX	73,05	0,2010	37	105,0	112,5	115,0	6	63,5	67,5	70,0	3	125,0	135,0	142,5	7	320,0	64,32	5
7	Garcia Ferrero Raquel	2005	FENIX	72,63	0,2016	39	102,5	107,5	112,5	8	55,0	57,5	60,0	5	130,0	140,0	147,5	4	315,0	63,50	4
8	Riopedre Menendez Elsa	2005	ASTUR	71,27	0,2036	40	100,0	107,5	112,5	7	57,5	65,0	65,0	6	137,5	150,0	150,0	6	307,5	62,61	3
-84 kg																					
1	Bravo Lozano Eva	2005	CROM	80,96	0,1917	41	130,0	140,0	147,5	2	55,0	60,0	62,5	2	135,0	150,0	164,0	2	374,0	71,70	12
2	Cordoba Priego Alma	2005	UFORCE	81,39	0,1913	44	137,5	147,5	151,0	1	65,0	70,0	73,5	1	142,5	152,5	157,5	3	373,5	71,45	9
3	Munoz-Torrero Brown Alexandra	2005	ZBCR	76,58	0,1965	43	130,0	130,0	130,0	4	52,5	55,0	57,5	3	150,0	157,5	164,5	1	349,5	68,68	8
4	Del Aguila Gomez Ana	2005	DNIXAR	82,32	0,1904	42	120,0	132,5	137,5	3	52,5	55,0	60,0	4	137,5	142,5	147,5	4	335,0	63,78	7
5	Marabel Perez Jimena	2006	INDAR	84,00	0,1888	45	105,0	112,5	117,5	5	50,0	55,0	57,5	5	120,0	130,0	135,0	5	307,5	58,06	6
+84 kg																					
1	Moreno Suarez Kiara	2005	ELCA	99,38	0,1786	46	147,5	155,5	160,0	1	67,5	72,5	77,5	1	135,0	142,5	150,0	1	378,0	67,51	12

RECORDS: JUN SBJ

CLASIFICACIÓN POR CLUBES		pt.	Puntuaciones
1	ZB Barbell Ciudad Real	28	[9+8+8+3] 283,08 GL Pts
2	CROM GYM Madrid	24	[12+12] 150,97 GL Pts
3	CANARY STRENGTH	19	[12+7] 145,2 GL Pts
4	FEDERACION CATALANA	15	[9+6] 141,22 GL Pts
5	VAKNER POWERLIFTING GALIZA	15	[9+6] 136,31 GL Pts
6	FUERZA GUANCHE Canarias	15	[8+7] 141,05 GL Pts
7	ALTEA-FINESTRAT-L'ALFAS	14	[8+6] 149,33 GL Pts
8	FENIX GALICIA POWER	13	[6+4+3] 194,72 GL Pts
9	SPARTA Murcia	12	[12] 81,37 GL Pts
10	POWERLIFTING Chipiona	12	[12] 79,99 GL Pts
11	DT POWER Madrid	12	[12] 75,64 GL Pts
12	STB STRENGTH Barcelona	12	[12] 74,01 GL Pts
13	ELITE CANARIAS	12	[12] 67,51 GL Pts
14	POWERLIFTING IBIZA	9	[9] 75,57 GL Pts
15	AG STRENGTH Madrid	9	[9] 74,86 GL Pts
16	UNITY FORCE Tarragona	9	[9] 71,45 GL Pts
17	GR STRENGTH TORRENT Valencia	9	[9] 69,24 GL Pts
18	FUERZA ISABEL ATLAS Chiva	9	[8+1] 122,21 GL Pts

CLASIFICACIÓN POR CLUBES		pt.	Puntuaciones
19	SONS OF BARBELL Madrid	9	[7+2] 120,17 GL Pts
20	VALKYRIA PT Valladolid	8	[8] 75,34 GL Pts
21	MALAGA POWER TEAM	8	[8] 70,7 GL Pts
22	BERSERKERS TOLEDO	7	[7] 74,76 GL Pts
23	POWERLIFTING JAEN	7	[7] 69,33 GL Pts
24	FUERZA GUADAIRA	7	[7] 66,43 GL Pts
25	DEPORNIXAR ALMERIA	7	[7] 63,78 GL Pts
26	INDAR POWER Vitoria	7	[6+1] 111,54 GL Pts
27	FORCA VILAFRANCA	6	[6] 69,95 GL Pts
28	UNDERGROUND LIFTING Barcelona	6	[6] 68,25 GL Pts
29	ATENEA POWERLIFTING Barcelona	5	[5] 67,35 GL Pts
30	POWERLIFTING NAVARRA	5	[5] 66,67 GL Pts
31	SIDEROPOLIS Madrid	5	[5] 64,32 GL Pts
32	RISING POWER Madrid	4	[4] 66,92 GL Pts
33	84 POWERLIFTING TEAM Malaga	4	[4] 64,85 GL Pts
34	ASOCIACION ASTURIANA	3	[3] 62,61 GL Pts
35	LIFT AMBITION Granada	2	[2] 65,48 GL Pts
36	STRENGTH BURGOS	1	[1] 64,23 GL Pts

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LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS	PRESS BANCA	PESO MUERTO	TOTAL	IPFGL
MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL										
	Nombre	Club	Peso	Cat.		Total	GL pt.	Clas.		
1	Santos Mediavilla Paula	CANARY STRENGTH	46,68	-47kg		298,0	83,171800	1		
2	Bernabeu Gomez Lucia	SPARTA Murcia	51,02	-52kg		317,0	81,373900	1		
3	Alvarez Belmonte Lucia	ZB Barbell Ciudad Real	50,77	-52kg		312,0	80,433600	2		
4	Gonzalez Tirado Ainhoa	POWERLIFTING Chipic	64,46	-69kg		371,0	79,987600	1		
5	Fragoso Kurchak Alexandra	CROM GYM Madrid	56,46	-57kg		335,5	79,278650	1		
6	Cerda Garcia Nuria	ALTEA-FINESTRAT-L'A	49,26	-52kg		297,5	78,837500	3		
7	Domingo Benegas Alba	FEDERACION CATALAI	61,97	-63kg		342,5	75,726750	2		
8	Menai Aya	VAKNER POWERLIFTII	45,81	-47kg		266,0	75,677000	2		
9	Carabot Tosar Marina	DT POWER Madrid	62,36	-63kg		343,5	75,638700	1		
10	Torres Serra Amaya	POWERLIFTING IBIZA	56,59	-57kg		320,5	75,573900	2		
11	Llorens Garcia Veronica	VALKYRIA PT Valladolid	61,77	-63kg		340,0	75,344000	3		
12	Martinez López-Yarto Diana	AG STRENGTH Madrid	67,68	-69kg		357,5	74,860500	2		
13	Martinez Cortes Lucia	BERSERKERS TOLEDO	48,87	-52kg		280,0	74,760000	4		
14	Jimenez Vilches Sara	STB STRENGTH Barcel	74,15	-76kg		371,0	74,014500	1		
15	Cuesta Chamochumbi Paula	ZB Barbell Ciudad Real	56,11	-57kg		302,5	71,813500	3		
16	Bravo Lozano Eva	CROM GYM Madrid	80,96	-84kg		374,0	71,695800	1		
17	Cordoba Priego Alma	UNITY FORCE Tarrago	81,39	-84kg		373,5	71,450550	2		
18	Doblado Acosta Briseida	FUERZA GUANCHE Car	66,34	-69kg		335,0	70,986500	3		
19	Quirante Perez.. Maria	MALAGA POWER TEAM	44,31	-47kg		240,0	70,704000	3		
20	Garcimartin Navarrete Beatriu	ALTEA-FINESTRAT-L'A	50,58	-52kg		272,5	70,495750	5		

ABREVIACIONES:

84PWT = 84 POWERLIFTING TEAM Malaga	CROM = CROM GYM Madrid	FVLFR = FORCA VILAFRANCA	SIDER = SIDEROPOLIS Madrid
AFA = ALTEA-FINESTRAT-L'ALFAS	DNIXAR = DEPORNIXAR ALMERIA	GRSTR = GR STRENGTH TORRENT Valencia	SONS = SONS OF BARBELL Madrid
AGSTR = AG STRENGTH Madrid	DTPOW = DT POWER Madrid	IBIZA = POWERLIFTING IBIZA	SPARTA = SPARTA Murcia
ASTUR = ASOCIACION ASTURIANA	ELCA = ELITE CANARIAS	INDAR = INDAR POWER Vitoria	STB = STB STRENGTH Barcelona
ATENEA = ATENEA POWERLIFTING Barcelona	FEDCAT = FEDERACION CATALANA	JAEN = POWERLIFTING JAEN	UFORCE = UNITY FORCE Tarragona
BRSTOD = BERSERKERS TOLEDO	FENIX = FENIX GALICIA POWER	LIFTAM = LIFT AMBITION Granada	ULCB = UNDERGROUND LIFTING CLUB Barcelona
BURGOS = STRENGTH BURGOS	FGUAD = FUERZA GUADAIRA	MALPT = MALAGA POWER TEAM	VAKNER = VAKNER POWERLIFTING GALIZA
CANSTR = CANARY STRENGTH	FGUAN = FUERZA GUANCHE Canarias	NAVAR = POWERLIFTING NAVARRA	VALKY = VALKYRIA PT Valladolid
CHIPI = POWERLIFTING Chipiona	FIA = FUERZA ISABEL ATLAS Chiva	RISING = RISING POWER Madrid	ZBCR = ZB Barbell Ciudad Real