



# ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

## I Campeonato Élite-PowerHouse

AEP-3 de iniciación de Sevilla. Huelva, Córdoba, Cádiz y clubes invitados

Almensilla, Sevilla - 25 noviembre 2023

Rev. 27/11/2023

<b>HOMBRES POWERLIFTING RAW</b>																
<b>LEVANTADOR</b>	<b>AÑO</b>	<b>CLUB</b>	<b>PESO</b>	<b>COEF.</b>	<b>Ord,</b>	<b>SENTADILLAS</b>			<b>PRESS BANCA</b>			<b>PESO MUERTO</b>			<b>TOTAL</b>	<b>IPFGL</b>
10 Jiménez Sánchez Rafael	2002	PLCO	87,20	0,1350	6	200,0	210,0	215,0	100,0	105,0	107,5	190,0	200,0	<del>210,0</del>	<b>522,5</b>	<b>70,54</b>
11 Bancalero Carretero Manuel	1999	PSVLL	90,20	0,1328	36	160,0	170,0	180,0	<del>110,0</del>	115,0	117,5	200,0	215,0	225,0	<b>522,5</b>	<b>69,39</b>
12 Ros Borja Alejandro Jose	1987	ALMBAR	90,70	0,1324	42	150,0	160,0	170,0	110,0	115,0	117,5	197,5	210,0	<del>220,0</del>	<b>497,5</b>	<b>65,87</b>
13 Hinojosa Barrera Antonio Manuel	2003	FGUAD	91,00	0,1322	26	155,0	170,0	180,0	100,0	107,5	<del>115,0</del>	185,0	195,0	205,0	<b>492,5</b>	<b>65,11</b>
14 Ligeró Marquez Francisco	2006	PSVLL	91,10	0,1321	19	<del>177,5</del>	<del>177,5</del>	177,5	<del>102,5</del>	<del>102,5</del>	102,5	170,0	180,0	190,0	<b>470,0</b>	<b>62,09</b>
15 Pérez Valderrama José Ángel	1997	FGUAD	89,00	0,1337	39	155,0	165,0	<del>175,0</del>	90,0	97,5	<del>105,0</del>	180,0	<del>190,0</del>	190,0	<b>452,5</b>	<b>60,50</b>
<b>-105 kg</b>																
1 Cepoiu Cristian	1999	FNAZ	101,40	0,1255	11	200,0	212,5	225,0	127,5	135,0	<del>137,5</del>	232,5	252,5	270,0	<b>630,0</b>	<b>79,07</b>
2 Rodríguez Cuenda César	2001	FGUAD	104,50	0,1237	15	205,0	215,0	<del>220,0</del>	132,5	142,5	147,5	220,0	240,0	<del>252,5</del>	<b>602,5</b>	<b>74,53</b>
3 Vazquez Perez Mario	2004	PSVLL	99,60	0,1266	22	185,0	197,5	205,0	120,0	127,5	<del>132,5</del>	220,0	235,0	245,0	<b>577,5</b>	<b>73,11</b>
4 Gonzalez Medina Manuel Angel	2000	FGUAD	98,20	0,1274	25	195,0	210,0	215,0	105,0	112,5	<del>115,0</del>	217,5	235,0	245,0	<b>572,5</b>	<b>72,94</b>
5 García Alhama Francisco Javier	2003	ALHU	97,50	0,1279	35	185,0	195,0	205,0	120,0	125,0	130,0	215,0	<del>225,0</del>	230,0	<b>565,0</b>	<b>72,26</b>
6 Izquiero Torres Juan Manuel	2002	IRONS	101,20	0,1256	49	155,0	165,0	175,0	112,5	120,0	125,0	205,0	220,0	230,0	<b>530,0</b>	<b>66,57</b>
7 Cañete Lumbreras David	1998	CHIPI	101,50	0,1254	50	200,0	<del>215,0</del>	<del>215,0</del>	110,0	<del>120,0</del>	<del>120,0</del>	210,0	220,0	<del>230,0</del>	<b>530,0</b>	<b>66,46</b>
8 Bouiekhf Adam	2002	PLCO	102,60	0,1248	59	152,5	165,0	175,0	87,5	92,5	<del>97,5</del>	195,0	215,0	225,0	<b>492,5</b>	<b>61,46</b>
<b>-120 kg</b>																
1 Repiso Migueles Juan José	1997	PLCO	110,50	0,1206	2	230,0	240,0	250,0	130,0	<del>140,0</del>	<del>145,0</del>	230,0	240,0	250,0	<b>630,0</b>	<b>75,98</b>

### MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

<b>Nombre</b>	<b>Club</b>	<b>Peso</b>	<b>Cat.</b>	<b>Total</b>	<b>GL pt.</b>	<b>Clas.</b>
1 Vallejo Ríos Ángel José	BASIC	91,90	-93kg	<b>652,5</b>	<b>85,87</b>	1
2 Nieto Espartero Felix	ELITP	82,00	-83kg	<b>575,0</b>	<b>80,10</b>	1
3 Cepoiu Cristian	FNAZ	101,40	-105kg	<b>630,0</b>	<b>79,07</b>	1
4 Rubio Lobo Fernando	ELITP	73,00	-74kg	<b>532,5</b>	<b>78,76</b>	1
5 Ruiz Solier Sergio Raul	ENRGY	79,10	-83kg	<b>550,0</b>	<b>78,05</b>	3
6 Galiano Galindo Alvaro	FGUAD	85,70	-93kg	<b>572,5</b>	<b>77,97</b>	3
7 Mendez Moreira Andres Paul	PLCO	86,30	-93kg	<b>572,5</b>	<b>77,69</b>	4
8 Valencia Lopez Jose Manuel	ELITP	80,50	-83kg	<b>552,5</b>	<b>77,68</b>	2
9 Carrascosa Martinez Alejandro	IRONS	72,60	-74kg	<b>517,5</b>	<b>76,75</b>	2
10 Sanchez Kalashnikov Cristian	ELITP	90,20	-93kg	<b>577,5</b>	<b>76,69</b>	2
11 Repiso Migueles Juan José	PLCO	110,50	-120kg	<b>630,0</b>	<b>75,98</b>	1
12 Vicente Zafra Carlos	RVSTR	81,30	-83kg	<b>537,5</b>	<b>75,20</b>	4
13 Grau Herruzo Javier	ALMBAR	76,60	-83kg	<b>520,0</b>	<b>74,98</b>	9
14 Hinojosa Fuentes Ignacio	FNAZ	81,50	-83kg	<b>535,0</b>	<b>74,74</b>	5
15 Garcia Pueyo Victor	FNAZ	80,00	-83kg	<b>530,0</b>	<b>74,73</b>	6
16 Gavaldá Pérez Álvaro	IRONS	73,20	-74kg	<b>505,0</b>	<b>74,54</b>	3
17 Rodríguez Cuenda César	FGUAD	104,50	-105kg	<b>602,5</b>	<b>74,53</b>	2
18 Zamora Elena Gonzalo	ALHU	73,00	-74kg	<b>500,0</b>	<b>73,95</b>	4
19 Marinas Piedra Alvaro	PLCO	81,60	-83kg	<b>525,0</b>	<b>73,29</b>	7
20 Domínguez Muñoz Guillermo	IRONS	81,80	-83kg	<b>525,0</b>	<b>73,24</b>	8

### ABREVIACIONES de CLUBES:

84PWT = 84 POWERLIFTING TEAM Malaga  
 ALMBAR = ALMERÍA BARBELL CLUB  
 ALHU = ALTERNATIVE RAW Huelva  
 BASIC = BASIC STRENGTH Cádiz  
 ELIP = ÉLITE POWERLIFTING Bollullos  
 ENRGY = ENERGY ALHAURÍN  
 FGUAD = FUERZA GUADAIRA  
 FNAZ = FUERZA NAZARI Granada  
 GOPS = GORILAS POWER TEAM Sevilla  
 IRONS = IRONSIDE STRENGTH Sevilla  
 LIFAM = LIFT AMBITION Granada  
 MALPT = MÁLAGA POWER TEAM  
 MGF = MGF POWER TEAM Madrid  
 MOONSTONE BARBELL Sabadell  
 PRSJ = POWER RANGERS STRENGTH Jaén  
 CHIPI = POWERLIFTING CHIPIONA  
 PLCO = POWERLIFTING LIFTERS Córdoba  
 PSVLL = POWERLIFTING SEVILLA  
 RVSTR = RV STRENGTH Huelva

**DT = Descalificación Técnica**