

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

I Copa del NorOeste

AEP-2 Regional de Asturias, Cantabria, Castilla y León, Galicia, Euskadi, La Rioja y Navarra

Esquiroz, Navarra - Sábado, 16 diciembre 2023

Rev. 19/12/2023

HOMBRES POWERLIFTING RAW																					
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL					
-66kg																					
1	Chidimi Allam Ilias	2004	NAVAR	65,36	0,1567	19	182,5	190,0	200,0	1	100,0	107,5	-110,0	2	210,0	225,0	-242,5	1	532,5	83,44	12
2	Lungu Lucian Ionut Titel	1997	VAKNER	63,92	0,1586	18	172,5	-180,0	-185,0	3	120,0	125,0	130,0	1	-185,0	200,0	207,5	3	510,0	80,89	9
3	Jiahao Ji	2002	BURGOS	65,98	0,1559	20	180,0	190,0	-195,0	2	100,0	-110,0	-110,0	4	190,0	202,5	-215,0	4	492,5	76,78	8
4	Martin Pena Joaquin	2000	SALAM	64,70	0,1575	17	140,0	145,0	150,0	4	95,0	100,0	-102,5	3	200,0	210,0	-212,5	2	460,0	72,45	7
-74kg																					
1	Martinez Ezquerro David	1997	HANGAR	71,80	0,1491	23	192,5	205,0	217,5	1	107,5	115,0	-117,5	2	230,0	250,0	-267,5	1	582,5	86,85	12
2	Cambeiro Gonzalez Alberto	1995	GALI	72,60	0,1483	21	165,0	177,5	182,5	3	125,0	132,5	135,0	1	200,0	217,5	227,5	2	545,0	80,82	9
3	Vargas Gil Ibon	1990	NAVAR	71,54	0,1494	22	180,0	-187,5	190,0	2	95,0	102,5	-107,5	3	207,5	217,5	225,0	3	517,5	77,31	8
-83kg																					
1	Alvarez Zaldua Joseba	1996	GOIER	81,94	0,1393	26	225,0	235,0	245,0	1	135,0	142,5	147,5	1	257,5	-272,5	272,5	1	665,0	92,63	12
2	Balletero Benito Sergio	1992	SALAM	80,10	0,1409	27	215,0	222,5	-230,0	3	135,0	142,5	145,0	2	235,0	245,0	255,0	2	622,5	87,71	9
3	Sanz Hernandez Ander	1997	GOIER	81,26	0,1399	28	205,0	-220,0	220,0	4	130,0	135,0	137,5	3	235,0	247,5	250,0	4	607,5	84,99	8
4	Guevara Heras Jonathan	1997	NAVAR	82,96	0,1385	24	222,5	232,5	-242,5	2	132,5	-140,0	-140,0	4	210,0	225,0	237,5	5	602,5	83,45	7
5	Lizarraga Guerra Pablo Aitor	1996	NAVAR	82,36	0,1390	25	195,0	205,0	210,0	6	125,0	-132,5	-132,5	6	235,0	255,0	-275,0	3	590,0	82,01	6
6	Perez Velasco Adrian Manuel	1995	BURGOS	82,20	0,1391	29	195,0	205,0	212,5	5	-125,0	130,0	-140,0	5	205,0	-217,5	220,0	6	562,5	78,24	5
-93kg																					
1	Isasi Olazabal Gaizka	1998	NAVAR	91,24	0,1321	6	225,0	-235,0	235,0	2	145,0	157,5	162,5	1	245,0	265,0	270,0	3	667,5	88,18	12
2	Lee Jason	2001	IZRRA	89,08	0,1336	1	245,0	260,0	262,5	1	110,0	115,0	-117,5	6	262,5	-277,5	277,5	1	655,0	87,51	9
3	Jimenez Arribas Miguel	1996	FNORT	89,96	0,1330	2	205,0	215,0	-220,0	3	130,0	135,0	140,0	4	260,0	275,0	-290,0	2	630,0	83,79	8
4	Gutierrez Conde Alfonso	1994	FNORT	90,72	0,1324	5	190,0	-205,0	215,0	4	145,0	150,0	-155,0	2	235,0	250,0	-265,0	5	615,0	81,43	7
5	Sanchez Martin Hugo	2003	NUMA	92,34	0,1313	3	200,0	210,0	-222,5	5	147,5	-152,5	-152,5	3	235,0	255,0	-265,0	4	612,5	80,42	6
—	Aranguren Oquiñena Asier	1992	NAVAR	90,92	0,1323	4	-225,0	-230,0	-230,0	—	132,5	-137,5	-137,5	5	-240,0	X	X	—	0,0	0,00	—
-105kg																					
1	Aramendia San Martin Iago	1999	NAVAR	93,46	0,1305	10	230,0	245,0	255,0	3	155,0	162,5	167,5	1	275,0	295,0	305,0	2	727,5	94,94	12
2	Alonso Lebianio Ander	2003	INDAR	101,04	0,1257	12	250,0	260,0	-270,0	2	137,5	145,0	150,0	4	272,5	285,0	300,0	4	710,0	89,25	9
3	Seron Arizmendi Endika	1998	GOIER	102,28	0,1250	9	230,0	240,0	255,0	4	142,5	152,5	-160,0	3	270,0	290,0	302,5	3	710,0	88,75	8
4	Alonso Seco Miguel	1996	FNORT	103,94	0,1240	14	240,0	255,0	270,0	1	142,5	150,0	155,0	2	250,0	270,0	285,0	5	710,0	88,04	7
5	Prieto Luengo Guillermo	2001	RSLIF	104,06	0,1240	15	205,0	220,0	230,0	7	130,0	137,5	-142,5	7	280,0	300,0	310,0	1	677,5	84,01	6
6	Torralba Alonso Endika	1999	BURGOS	94,18	0,1300	13	225,0	240,0	250,0	5	130,0	135,0	140,0	6	245,0	265,0	280,0	6	670,0	87,10	5
7	Juanes Carrasco Oscar	1995	VAKNER	104,68	0,1236	11	240,0	250,0	-260,0	6	147,5	-155,0	-155,0	5	255,0	265,0	-270,0	7	662,5	81,89	4
-120kg																					
1	Ochoa Paniz Markel	1994	NAVAR	118,98	0,1167	7	235,0	252,5	265,0	1	135,0	145,0	-155,0	1	265,0	285,0	310,0	1	720,0	84,02	12
120+kg																					
1	Echebarria San Francisco Asier	1995	NAVAR	142,66	0,1082	16	240,0	260,0	270,0	1	135,0	145,0	150,0	2	260,0	280,0	-300,0	1	700,0	75,74	12
2	Gonzalez Monge Mario	1988	FNORT	130,24	0,1123	8	225,0	-245,0	-245,0	2	145,0	152,5	-160,0	1	245,0	260,0	-270,0	2	637,5	71,59	9

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CLASIFICACIÓN POR CLUBES		pt.	Puntuaciones	
1	POWERLIFTING NAVARRA	60	[12+12+12+12+1	426,32 GL Pts
2	FUERZA NORTE Leon	31	[9+8+7+7]	324,85 GL Pts
3	GOIERRI KE Guipuzkoa	28	[12+8+8]	266,37 GL Pts
4	STRENGTH BURGOS	18	[8+5+5]	242,12 GL Pts
5	POWERLIFTING SALAMANCA	16	[9+7]	160,16 GL Pts
6	VAKNER POWERLIFTING GALIZA	13	[9+4]	162,77 GL Pts

CLASIFICACIÓN POR CLUBES		pt.	Puntuaciones	
7	HANGAR La Rioja	12	[12]	86,85 GL Pts
8	INDAR POWER Vitoria	9	[9]	89,25 GL Pts
9	IZARRA POWERLIFTING Bizkaia	9	[9]	87,51 GL Pts
10	GALILIFTERS Pontevedra	9	[9]	80,82 GL Pts
11	RS LIFTING Avila	6	[6]	84,01 GL Pts
12	POWERLIFTING NUMANCIA	6	[6]	80,42 GL Pts

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL							
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.	
1	Aramendia San Martin Iago	NAVARRA	93,46	-105kg	727,5	94,938750	1
2	Alvarez Zaldua Joseba	GOIER	81,94	-83kg	665,0	92,634500	1
3	Alonso Lebianio Ander	INDAR	101,04	-105kg	710,0	89,247000	2
4	Seron Arizmendi Endika	GOIER	102,28	-105kg	710,0	88,750000	3
5	Isasi Olazabal Gaizka	NAVARRA	91,24	-93kg	667,5	88,176750	1
6	Alonso Seco Miguel	FNORT	103,94	-105kg	710,0	88,040000	4
7	Ballester Benito Sergio	SALAM	80,10	-83kg	622,5	87,710250	2
8	Lee Jason	IZRRA	89,08	-93kg	655,0	87,508000	2
9	Torralba Alonso Endika	BURGOS	94,18	-105kg	670,0	87,100000	6
10	Martinez Ezquerro David	HANGAR	71,80	-74kg	582,5	86,850750	1
11	Sanz Hernandez Ander	GOIER	81,26	-83kg	607,5	84,989250	3
12	Ochoa Paniz Markel	NAVARRA	118,98	-120kg	720,0	84,024000	1
13	Prieto Luengo Guillermo	RSLIF	104,06	-105kg	677,5	84,010000	5
14	Jimenez Arribas Miguel	FNORT	89,96	-93kg	630,0	83,790000	3
15	Guevara Heras Jonathan	NAVARRA	82,96	-83kg	602,5	83,446250	4
16	Chidimi Allam Ilias	NAVARRA	65,36	-66kg	532,5	83,442750	1
17	Lizarraga Guerra Pablo Aitor	NAVARRA	82,36	-83kg	590,0	82,010000	5
18	Juanes Carrasco Oscar	VAKNER	104,68	-105kg	662,5	81,885000	7
19	Gutierrez Conde Alfonso	FNORT	90,72	-93kg	615,0	81,426000	4
20	Lungu Lucian Ionut Titel	VAKNER	63,92	-66kg	510,0	80,886000	2

ABREVIACIONES de CLUBES:

BURGOS = STRENGTH BURGOS
 FNORT = FUERZA NORTE Leon
 GALI = GALILIFTERS Pontevedra

GOIER = GOIERRI KE Guipuzkoa
 HANGAR = HANGAR La Rioja
 INDAR = INDAR POWER Vitoria

IZRRA = IZARRA POWERLIFTING Bizkaia
 NAVARRA = POWERLIFTING NAVARRA
 NUMA = POWERLIFTING NUMANCIA

RSLIF = RS LIFTING Avila
 SALAM = POWERLIFTING SALAMANCA
 VAKNER = VAKNER POWERLIFTING GALIZA