

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
IX Campeonato de Andalucía y Canarias
 AEP-2 Regional de Powerlifting y Press Banca
 Chipiona, Cádiz - 2-3 diciembre 2023

Rev. 03/12/2023

HOMBRES POWERLIFTING RAW																					
LEVANTADOR		AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL				
-66kg																					
1	Gomez Gomez Daniel	2001	FGRAN	65,34	0,1567	1	180,0	185,0	190,0	1	125,0	-130,0	-130,0	2	220,0	-227,5	-230,0	1	535,0	83,83	12
2	Lores Sanchez Antonio	1993	DNIXAR	64,10	0,1583	2	155,0	165,0	167,5	4	145,0	152,5	155,0	1	190,0	202,5	210,0	2	532,5	84,29	9
3	Menda Ramirez Ismael Marcos	2001	FGRAN	65,17	0,1569	5	162,5	172,5	177,5	3	117,5	122,5	127,5	3	185,0	195,0	200,0	5	500,0	78,45	8
4	Navarro Lopez Jorge	1997	ELITP	64,99	0,1572	6	170,0	182,5	-190,0	2	100,0	-107,5	-107,5	5	-190,0	200,0	-210,0	4	482,5	75,85	7
5	Fornelino Lucas Daniel	2000	ELITP	64,09	0,1583	4	140,0	150,0	-155,0	5	105,0	-110,0	-110,0	4	180,0	200,0	-205,0	3	455,0	72,03	6
-74kg																					
1	Palma Palma Raul	1991	FNAZ	73,48	0,1473	10	195,0	207,5	-217,5	2	147,5	152,5	-155,0	1	220,0	235,0	-250,0	3	595,0	87,64	12
2	Nanclares Simon Borja	1999	FGRAN	72,75	0,1481	7	185,0	195,0	202,5	3	125,0	132,5	135,0	2	210,0	227,5	235,0	2	572,5	84,79	9
3	Muñoz Exposito Juan	1999	FNAZ	72,30	0,1486	11	-195,0	-207,5	207,5	1	112,5	117,5	122,5	4	210,0	225,0	235,0	1	565,0	83,96	8
4	Ortega Castro Francisco Javier	1995	ALMBAR	72,74	0,1481	12	175,0	185,0	190,0	6	117,5	125,0	127,5	3	215,0	230,0	-240,0	5	547,5	81,08	7
5	Naranjo Macias Gabriel	2002	PSVLL	72,14	0,1488	8	190,0	-200,0	-200,0	5	107,5	115,0	117,5	5	195,0	207,5	-212,5	7	515,0	76,63	6
6	Paredes Murciano Pablo	2005	NAMEK	70,28	0,1508	13	180,0	190,0	200,0	4	-90,0	90,0	-100,0	7	200,0	210,0	220,0	6	510,0	76,91	5
7	Reina Sanchez Alberto	2002	LIFTAM	72,19	0,1487	9	-157,5	167,5	-177,5	7	100,0	110,0	-112,5	6	230,0	-245,0	-245,0	4	507,5	75,47	4
-83kg																					
1	Delgado Delgado Diego Miguel	1998	ENRGY	82,64	0,1387	36	220,0	232,5	-237,5	1	142,5	150,0	155,0	1	255,0	270,0	-277,5	3	657,5	91,20	12
2	Morales Rodriguez Jose Carlos	1993	84PWT	82,03	0,1393	29	220,0	227,5	-235,0	3	125,0	-130,0	-130,0	13	260,0	270,0	X	2	622,5	86,71	9
3	Garcia Martin, Paulo	2001	CANSTR	82,32	0,1390	31	200,0	-210,0	-210,0	16	130,0	135,0	140,0	4	245,0	265,0	275,0	1	615,0	85,48	8
4	Patino Quintero Mauricio	2000	PSVLL	82,00	0,1393	26	195,0	207,5	217,5	7	122,5	130,0	-135,0	8	230,0	245,0	260,0	5	607,5	84,62	7
5	Vargas Forgas Adrian	1996	FGRAN	82,27	0,1390	30	195,0	210,0	217,5	8	-125,0	125,0	130,0	11	230,0	247,5	260,0	6	607,5	84,44	6
6	Dovao Miranda Antonio Jesus	2002	PRSJ	81,28	0,1399	34	207,5	220,0	230,0	2	-115,0	115,0	-120,0	19	242,5	260,0	-270,0	4	605,0	84,64	5
7	Carretero Jimenez Jose	1999	FNAZ	78,96	0,1420	27	205,0	220,0	-230,0	4	107,5	112,5	115,0	18	235,0	255,0	-265,0	7	590,0	83,78	4
8	Calvo Munoz Adrian de Jesus	2000	LIFTAM	81,30	0,1399	32	195,0	210,0	217,5	6	120,0	125,0	-127,5	12	220,0	235,0	247,5	8	590,0	82,54	3
9	Castano Del Castillo Carlos	1997	RVSTR	81,67	0,1396	33	200,0	207,5	212,5	10	137,5	-145,0	-145,0	5	230,0	240,0	-247,5	12	590,0	82,36	2
10	Armijos Placeres Adriel	2007	ELCA	81,10	0,1401	35	200,0	210,0	-220,0	12	120,0	127,5	132,5	6	220,0	235,0	-250,0	14	577,5	80,91	1
11	Gamez Moral Juan Jose	1990	BASIC	80,86	0,1403	19	185,0	195,0	200,0	15	135,0	142,5	145,0	3	-210,0	210,0	230,0	16	575,0	80,67	1
12	Gonzalez Fernandez De Toro Alberto	1999	ALMBAR	82,18	0,1391	28	200,0	212,5	220,0	5	102,5	107,5	-110,0	21	225,0	240,0	247,5	9	575,0	79,98	1
13	Aparici Munoz Xavi	2000	IRONS	80,61	0,1405	16	195,0	205,0	-212,5	13	110,0	115,0	117,5	17	220,0	235,0	245,0	10	567,5	79,73	1
14	Moreno Garcia Diego	2001	IRONS	82,18	0,1391	22	175,0	185,0	197,5	17	120,0	127,5	130,0	9	-230,0	240,0	-250,0	13	567,5	78,94	1
15	De La Vega Ayllon Agustin	1994	BASIC	81,62	0,1396	14	185,0	195,0	-200,0	18	125,0	130,0	-132,5	7	220,0	230,0	240,0	11	565,0	78,87	1
16	Martinez Diaz, Juan Diego	1998	ENRGY	80,98	0,1402	25	175,0	195,0	212,5	9	102,5	112,5	-122,5	20	205,0	217,5	230,0	17	555,0	77,81	1
17	Villegas Cornejo Diego Alberto	1999	ALMBAR	81,39	0,1398	17	177,5	190,0	-200,0	20	140,0	150,0	-157,5	2	200,0	212,5	-225,0	20	552,5	77,24	1
18	Alfaro Garcia Mario	2002	LIFTAM	80,62	0,1405	18	190,0	200,0	210,0	11	-117,5	117,5	120,0	14	195,0	-212,5	220,0	19	550,0	77,28	1
19	Segura Plaza Adrian	2001	ALHU	82,25	0,1391	23	187,5	197,5	205,0	14	122,5	130,0	-132,5	10	210,0	-230,0	-230,0	21	545,0	75,81	1
20	Gomez Diaz Andres	2003	ALHU	81,73	0,1395	21	170,0	182,5	190,0	21	120,0	-125,0	-125,0	15	-212,5	-225,0	230,0	18	540,0	75,33	1
21	Castillo Capel Pablo	2001	ALMBAR	78,72	0,1422	24	177,5	190,0	-197,5	19	102,5	110,0	117,5	16	200,0	215,0	230,0	15	537,5	76,43	1
-83kg (INVITADO)																					
--	Schreiber Moritz	1996	FNAZ	79,41	0,1416	15	-202,5	215,0	225,0		120,0	125,0	130,0		250,0	270,0	280,0		635,0	89,92	--

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LEVANTADOR		AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL				
-93kg																					
1	Palma Gonzalez Samuel	1992	FNAZ	92,08	0,1315	48	245,0	265,0	272,5	1	137,5	145,0	147,5	5	250,0	265,0	-275,0	9	685,0	90,08	12
2	Carmona Ruiz Miguel Angel	2002	ANDUJ	91,00	0,1322	47	217,5	235,0	-245,0	9	-140,0	145,0	150,0	4	255,0	280,0	-300,0	3	665,0	87,91	9
3	Velasco Bersabe Carlos	2003	PRSJ	88,83	0,1338	51	-215,0	222,5	235,0	8	127,5	135,0	140,0	9	-252,5	265,0	280,0	2	655,0	87,64	8
4	Moreno Cabrera Mariano	1999	PSVLL	87,07	0,1351	54	215,0	225,0	235,0	7	135,0	142,5	-150,0	6	245,0	260,0	275,0	4	652,5	88,15	7
5	Fernandez Tenorio Juan Carlos	1990	IRONS	92,33	0,1313	41	220,0	232,5	242,5	3	112,5	117,5	122,5	18	252,5	270,0	285,0	1	650,0	85,34	6
6	Corpas Orozco Juan Manuel	1995	ALMBAR	89,54	0,1333	57	-230,0	240,0	-250,0	4	142,5	-145,0	-145,0	7	240,0	265,0	-277,5	8	647,5	86,31	5
7	De La Torre Ruiz Manuel	1998	LIFTAM	91,16	0,1321	53	215,0	227,5	240,0	5	110,0	-125,0	130,0	11	250,0	-265,0	270,0	6	640,0	84,54	4
8	Ben Hammou Oussama	1996	FNAZ	90,45	0,1326	52	205,0	-220,0	220,0	13	135,0	140,0	142,5	8	250,0	267,5	-287,5	7	630,0	83,54	3
9	Temblador Fabra Ricardo	1997	LIFTAM	90,50	0,1326	46	197,5	210,0	220,0	14	145,0	150,0	155,0	1	227,5	242,5	255,0	14	630,0	83,54	2
10	Bethencourt Gonzalez Luis Jose	1995	CANSTR	92,60	0,1311	56	195,0	207,5	215,0	17	140,0	147,5	152,5	3	-245,0	245,0	262,5	12	630,0	82,59	1
11	Sampedro Quintana Alberto	1999	LIFTAM	91,56	0,1318	55	222,5	237,5	242,5	2	130,0	135,0	-140,0	10	227,5	242,5	-250,0	19	620,0	81,72	1
12	Fernandez Soto Sergio	1995	IRONS	91,50	0,1319	49	220,0	232,5	240,0	6	117,5	-122,5	122,5	17	237,5	252,5	-260,0	15	615,0	81,12	1
13	Bravo Ramirez Francisco Javier	2001	FGUAD	91,87	0,1316	45	187,5	200,0	210,0	18	117,5	125,0	130,0	13	245,0	260,0	275,0	5	615,0	80,93	1
14	Fernandez Moro Francisco	2002	IRONS	92,49	0,1312	37	215,0	225,0	230,0	10	142,5	150,0	155,0	2	220,0	230,0	-245,0	20	615,0	80,69	1
15	Rodriguez Ocana Alfonso	2000	ALMBAR	89,44	0,1334	44	210,0	220,0	225,0	11	115,0	122,5	125,0	16	235,0	250,0	260,0	13	610,0	81,37	1
16	Trenas Rodriguez Manuel Angel	1996	BASIC	92,38	0,1312	42	215,0	-225,0	-225,0	16	120,0	125,0	127,5	15	240,0	255,0	265,0	10	607,5	79,70	1
17	Rodriguez Mudarra David	1995	FNAZ	91,23	0,1321	38	195,0	210,0	215,0	15	110,0	-117,5	-117,5	20	235,0	255,0	262,5	11	587,5	77,61	1
18	Gil Granado Miguel Angel	2006	ALHU	91,70	0,1317	40	200,0	215,0	225,0	12	107,5	115,0	-120,0	19	230,0	245,0	-260,0	17	585,0	77,04	1
19	Roca Gil Enrique	1997	ELITP	91,81	0,1316	39	192,5	207,5	-215,0	20	127,5	-135,0	-137,5	14	222,5	240,0	250,0	16	585,0	76,99	1
20	Ramirez Mestanza Alfonso	2003	PRSJ	91,25	0,1320	43	-202,5	-207,5	207,5	19	130,0	-135,0	-135,0	12	230,0	242,5	-250,0	18	580,0	76,56	1
-105kg																					
1	Garcia Noguier Rafael	1997	IRONS	104,68	0,1236	74	250,0	260,0	270,0	1	180,0	187,5	195,0	1	255,0	267,5	-280,0	4	732,5	90,54	12
2	Vera Casas Adrian	2001	IRONS	104,01	0,1240	71	230,0	245,0	255,0	3	147,5	155,0	160,0	3	250,0	270,0	280,0	3	695,0	86,18	9
3	Medina Castillo Roman	1997	FGRAN	103,22	0,1245	73	225,0	242,5	252,5	4	137,5	142,5	-145,0	8	255,0	277,5	290,0	1	685,0	85,28	8
4	Ceballos Becerril Pablo	1984	PSVLL	102,83	0,1247	76	225,0	240,0	250,0	5	137,5	142,5	147,5	5	250,0	270,0	280,0	2	677,5	84,48	7
5	Lopez Prieta Juan	2004	IRONS	103,19	0,1245	72	242,5	260,0	265,0	2	137,5	145,0	147,5	6	215,0	230,0	242,5	9	642,5	79,99	6
6	Ruiz Jauregui Alejandro	2001	ALMBAR	103,94	0,1240	68	205,0	217,5	225,0	8	140,0	145,0	150,0	4	230,0	250,0	-270,0	5	625,0	77,50	5
7	Maturana Fernandez Antonio	1998	ALMBAR	102,19	0,1250	69	215,0	225,0	235,0	7	107,5	112,5	117,5	10	215,0	230,0	245,0	6	597,5	74,69	4
8	Rodriguez Moyano Cristobal	1994	ALMBAR	95,94	0,1289	61	190,0	202,5	215,0	9	-127,5	-135,0	135,0	9	-202,5	220,0	240,0	7	590,0	76,05	3
9	Diaz Wallsten Carlos Alberto	1984	ENRGY	101,13	0,1257	60	195,0	202,5	-210,0	10	137,5	142,5	-147,5	7	230,0	237,5	-242,5	8	582,5	73,22	2
—	Puentes Sanchez Jose Francisco	1997	ALMBAR	103,43	0,1243	75	225,0	237,5	245,0	6	160,0	162,5	-165,0	2	-270,0	-285,0	-287,5	—	0,0	0,00	—
—	Aguilera Galan Jose Manuel	2001	FGUAD	103,50	0,1243	70	-230,0	-242,5	-250,0	—	X	X	X	—	X	X	X	—	0,0	0,00	—
-120kg																					
1	Ballesteros Fernades Daniel	1999	ALMBAR	116,11	0,1179	67	245,0	262,5	272,5	1	125,0	130,0	-132,5	5	260,0	275,0	285,0	1	687,5	81,06	12
2	Martinez Hoyo, Samuel	1994	ANDUJ	118,94	0,1167	66	240,0	260,0	270,0	2	135,0	142,5	147,5	4	240,0	260,0	270,0	3	677,5	79,06	9
3	Tripiana Garcia Diego	1996	IRONS	117,41	0,1174	62	-230,0	245,0	-260,0	4	137,5	145,0	152,5	2	235,0	250,0	260,0	2	657,5	77,19	8
4	Repiso Migueles Juan Jose	1997	PLCO	109,30	0,1212	65	235,0	245,0	255,0	3	130,0	140,0	147,5	3	235,0	245,0	252,5	4	655,0	79,39	7
5	Perez Castro Adrian	2005	PSVLL	119,27	0,1166	63	210,0	-225,0	230,0	6	142,5	152,5	160,0	1	217,5	235,0	245,0	5	635,0	74,04	6
6	Tavio Parada Bryan	2007	FGUAN	115,18	0,1184	64	212,5	225,0	230,0	5	115,0	-122,5	-122,5	6	225,0	-237,5	-250,0	6	570,0	67,49	5
+120kg (solo PRESS BANCA)																					
1	Perez Felipe Ignacio	1993	FGRAN	139,60	0,3968	58					-157,5	-157,5	157,5	1					157,5	62,50	

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CLASIFICACIÓN POR CLUBES					pt.	Puntuaciones					
1	FUERZA GRANADA	43	[12+9+8+8+6]	416,80	GL Pts	12	DEPORNIXAR ALMERIA	9	[9]	84,3	GL Pts
2	IRONSIDE STRENGTH Sevilla	41	[12+9+8+6+6]	419,24	GL Pts	13	CANARY STRENGTH	9	[8+1]	168,1	GL Pts
3	FUERZA NAZARI Granada	39	[12+12+8+4+3]	429,00	GL Pts	14	POWERLIFTING LIFTERS Cordoba	7	[7]	79,4	GL Pts
4	ALMERIA BARBELL CLUB	33	[12+7+5+5+4]	400,64	GL Pts	15	NAMEK BARBELL CLUB Cadiz	5	[5]	76,9	GL Pts
5	POWERLIFTING SEVILLA	33	[7+7+7+6+6]	407,93	GL Pts	16	FUERZA GUANCHE Canarias	5	[5]	67,5	GL Pts
6	POWERLIFTING ANDUJAR	18	[9+9]	166,98	GL Pts	17	BASIC STRENGTH Cadiz	3	[1+1+1]	239,3	GL Pts
7	ENERGY ALHAURIN	15	[12+2+1]	242,23	GL Pts	18	ALTERNATIVE RAW Huelva	3	[1+1+1]	228,2	GL Pts
8	POWER RANGERS STRENGTH JAEN	14	[8+5+1]	248,84	GL Pts	19	RV STRENGTH Huelva	2	[2]	82,4	GL Pts
9	ELITE POWERLIFTING Bollullos	14	[7+6+1]	224,86	GL Pts	20	FUERZA GUADAIRA	1	[1]	80,9	GL Pts
10	LIFT AMBITION Granada	14	[4+4+3+2+1]	407,80	GL Pts	21	ELITE CANARIAS	1	[1]	80,9	GL Pts
11	84 POWERLIFTING TEAM Malaga	9	[9]	86,71	GL Pts						GL Pts

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL						
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Delgado Delgado Diego Miguel	ENRGY	82,64	-83kg	657,5	91,195250	1
2 Garcia Noguera Rafael	IRONS	104,68	-105kg	732,5	90,537000	1
3 Palma Gonzalez Samuel	FNAZ	92,08	-93kg	685,0	90,077500	1
4 Moreno Cabrera Mariano	PSVLL	87,07	-93kg	652,5	88,152750	4
5 Carmona Ruiz Miguel Angel	ANDUJ	91,00	-93kg	665,0	87,913000	2
6 Palma Palma. Raul	FNAZ	73,48	-74kg	595,0	87,643500	1
7 Velasco Bersabe Carlos	PRSJ	88,83	-93kg	655,0	87,639000	3
8 Morales Rodriguez Jose Carlos	84PWT	82,03	-83kg	622,5	86,714250	2
9 Corpas Orozco Juan Manuel	ALMBAR	89,54	-93kg	647,5	86,311750	6
10 Vera Casas Adrian	IRONS	104,01	-105kg	695,0	86,180000	2
11 Garcia Martin. Paulo	CANSTR	82,32	-83kg	615,0	85,485000	3
12 Fernandez Tenorio Juan Carlos	IRONS	92,33	-93kg	650,0	85,345000	5
13 Medina Castillo Roman	FGRAN	103,22	-105kg	685,0	85,282500	3
14 Nanclares Simon Borja	FGRAN	72,75	-74kg	572,5	84,787250	2
15 Dovao Miranda Antonio Jesus	PRSJ	81,28	-83kg	605,0	84,639500	6
16 Patino Quintero Mauricio	PSVLL	82,00	-83kg	607,5	84,624750	4
17 De La Torre Ruiz Manuel	LIFTAM	91,16	-93kg	640,0	84,544000	7
18 Ceballos Becerril Pablo	PSVLL	102,83	-105kg	677,5	84,484250	4
19 Vargas Forgas Adrian	FGRAN	82,27	-83kg	607,5	84,442500	5
20 Lores Sanchez Antonio	DNIXAR	64,10	-66kg	532,5	84,294750	2

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ABREVIACIONES de CLUBES:

84PWT = 84 POWERLIFTING TEAM Malaga	DNIXAR = DEPORNIXAR ALMERIA	FGUAN = FUERZA GUANCHE Canarias	PRSJ = POWER RANGERS STRENGTH JAEN
ALHU = ALTERNATIVE RAW Huelva	ELCA = ELITE CANARIAS	FNAZ = FUERZA NAZARI Granada	PSVLL = POWERLIFTING SEVILLA
ALMBAR = ALMERIA BARBELL CLUB	ELITP = ELITE POWERLIFTING Bollullos	IRONS = IRONSIDE STRENGTH Sevilla	RVSTR = RV STRENGTH Huelva
ANDUJ = POWERLIFTING ANDUJAR	ENRGY = ENERGY ALHAURIN	LIFTAM = LIFT AMBITION Granada	
BASIC = BASIC STRENGTH Cadiz	FGRAN = FUERZA GRANADA	NAMEK = NAMEK BARBELL CLUB Cadiz	
CANSTR = CANARY STRENGTH	FGUAD = FUERZA GUADAIRA	PLCO = POWERLIFTING LIFTERS Cordoba	