

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
I Campeonato Castilla La Nueva
AEP-3 de iniciación de Ciudad Real y clubes invitados
Migueturra, Ciudad Real - Sábado, 13 enero 2024

Rev. 15/01/2024

HOMBRES POWERLIFTING RAW																
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
-59 kg																
1 Vicario López Ariel	2006	ZBBAR	53,60	0,1742	38	117,5	-125,0	-125,0	70,0	77,5	85,0	130,0	140,0	152,5	355,0	61,84
-66 kg																
1 Doce Souto Fernando	1992	BRKRS	65,60	0,1564	44	145,0	155,0	165,0	90,0	97,5	100,0	145,0	160,0	190,0	455,0	71,16
2 Del Fresno José Antonio	2007	ZBBAR	65,50	0,1565	27	137,5	150,0	-157,5	102,5	110,0	115,0	160,0	-175,0	182,5	447,5	70,03
3 Cabrera Fernandez Luis	2006	PALBA	64,60	0,1577	12	140,0	150,0	162,5	72,5	82,5	-87,5	182,5	195,0	-205,0	440,0	69,39
4 Cortés Minguez Carlos	1996	ZBBAR	64,30	0,1581	37	-140,0	145,0	152,5	87,5	92,5	-95,0	160,0	175,0	180,0	425,0	67,19
5 Ruíz Molina Ángel	2002	ECLIP	64,90	0,1573	35	137,5	147,5	155,0	75,0	80,0	85,0	165,0	182,5	-200,0	422,5	66,46
-74 kg																
1 González Martín Daniel	2002	ATOLE	73,30	0,1475	2	177,5	190,0	200,0	105,0	112,5	117,5	185,0	200,0	-210,0	517,5	76,33
2 Ruiz Juarez Alejandro	1997	ATOLE	72,75	0,1481	25	110,0	120,0	135,0	90,0	102,5	-107,5	190,0	205,0	215,0	452,5	67,02
3 Ramirez Muñoz Jaime	2005	ZBBAR	69,80	0,1514	8	142,5	147,5	152,5	-85,0	85,0	87,5	-192,5	200,0	-210,0	440,0	66,62
4 Jiménez Jesus Julian	2000	ZBBAR	73,10	0,1477	24	140,0	150,0	155,0	90,0	-95,0	X	175,0	185,0	195,0	440,0	64,99
5 Melero Romero Hugo	2003	ECLIP	71,80	0,1491	42	147,5	-157,5	-165,0	80,0	85,0	92,5	-170,0	185,0	-200,0	425,0	63,37
6 Sánchez Alexander David	1999	ZBBAR	73,60	0,1472	5	140,0	-147,5	147,5	-100,0	-100,0	100,0	142,5	155,0	-165,0	402,5	59,25
7 Velarde Herrera Sergio	2005	ZBBAR	73,40	0,1474	3	-115,0	-115,0	115,0	85,0	-95,0	95,0	140,0	150,0	162,5	372,5	54,91
-83 kg																
1 Benitez Domínguez Miguel	2006	ZBBAR	81,25	0,1399	18	192,5	200,0	-205,0	-130,0	130,0	-135,0	212,5	227,5	240,0	570,0	79,74
2 Del Olmo Sánchez Tomás	2004	ZBBAR	82,70	0,1387	16	185,0	192,5	200,0	110,0	115,0	120,0	200,0	-212,5	-225,0	520,0	72,12
3 Gonzalez Quinto Felipe	2000	GRSTR	79,55	0,1414	39	165,0	175,0	180,0	100,0	107,5	-112,5	197,5	210,0	215,0	502,5	71,05
4 Lago López Brais	2007	BRKRS	82,85	0,1386	20	160,0	170,0	-175,0	110,0	115,0	-117,5	200,0	212,5	-220,0	497,5	68,93
5 Molina Zúñiga Arturo	2005	ZBBAR	79,25	0,1417	40	155,0	162,5	170,0	102,5	X	X	210,0	-220,0	-225,0	482,5	68,37
6 Juárez Pérez Rubén	1999	ZBBAR	81,30	0,1399	7	137,5	145,0	155,0	82,5	90,0	-92,5	192,5	202,5	210,0	455,0	63,65
7 Salgado De La Cruz Carlos	1999	ZBBAR	81,40	0,1381	30	140,0	145,0	152,5	80,0	85,0	-90,0	205,0	217,5	-225,0	455,0	63,61
8 Sánchez Pines Alonso	2001	ZBBAR	79,09	0,1419	6	140,0	152,5	-160,0	75,0	80,0	-85,0	180,0	192,5	205,0	437,5	62,08
-93 kg																
1 Zamora Reverte Alberto	1997	ZBBAR	88,30	0,1342	45	177,5	192,5	202,5	125,0	-130,0	135,0	-220,0	240,0	-260,0	577,5	77,50
2 Carral Rodriguez Duarte	2004	BRKRS	90,45	0,1326	33	170,0	180,0	190,0	110,0	115,0	120,0	180,0	190,0	200,0	510,0	67,83
3 Pérez Macías David	2004	ZBBAR	90,35	0,1327	31	160,0	170,0	180,0	85,0	92,5	-95,0	205,0	217,5	225,0	497,5	66,02
4 Gómez Paulero Daniel	2000	ZBBAR	90,90	0,1323	23	150,0	162,5	175,0	-105,0	105,0	-110,0	190,0	-200,0	-200,0	470,0	62,18
-105 kg																
1 Ortega Alejandro	1999	ZBBAR	102,80	0,1247	13	215,0	225,0	235,0	120,0	127,5	-132,5	-220,0	230,0	235,0	597,5	74,51
2 Arroyo Chaves Álvaro	1996	ZBBAR	98,40	0,1273	15	190,0	200,0	-210,0	140,0	147,5	-152,5	220,0	230,0	240,0	587,5	74,79
3 Coloma Jose Francisco	2003	ZBBAR	102,00	0,1252	14	207,5	215,0	-222,5	127,5	135,0	142,5	215,0	225,0	230,0	587,5	73,56
-120 kg																
1 Garcia Requena Ferran	2001	GRSTR	114,00	0,1189	21	205,0	220,0	-230,0	107,5	112,5	-117,5	220,0	235,0	245,0	577,5	68,66
120+ kg																
1 Galiano González Julio	1995	ATOLE	134,11	0,1109	28	-210,0	210,0	-225,0	120,0	127,5	135,0	230,0	245,0	-260,0	590,0	65,43

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
I Campeonato Castilla La Nueva
AEP-3 de iniciación de Ciudad Real y clubes invitados
Migueturra, Ciudad Real - Sábado, 13 enero 2024

Rev. 15/01/2024

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL							
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.	
1 Benitez Domínguez Miguel	2006 ZBBAR	81,25	-83 kg	570,0	79,74	1	
2 Zamora Reverte Alberto	1997 ZBBAR	88,30	-93 kg	577,5	77,50	1	
3 González Martín Daniel	2002 ATOLE	73,30	-74 kg	517,5	76,33	1	
4 Arroyo Chaves Álvaro	1996 ZBBAR	98,40	-105 kg	587,5	74,79	2	
5 Ortega Alejandro	1999 ZBBAR	102,80	-105 kg	597,5	74,51	1	
6 Coloma Jose Francisco	2003 ZBBAR	102,00	-105 kg	587,5	73,56	3	
7 Del Olmo Sánchez Tomás	2004 ZBBAR	82,70	-83 kg	520,0	72,12	2	
8 Doce Souto Fernando	1992 BRSKRS	65,60	-66 kg	455,0	71,16	1	
9 Gonzalez Quinto Felipe	2000 GRSTR	79,55	-83 kg	502,5	71,05	3	
10 Del Fresno José Antonio	2007 ZBBAR	65,50	-66 kg	447,5	70,03	2	
11 Cabrera Fernandez Luis	2006 PALBA	64,60	-66 kg	440,0	69,39	3	
12 Lago López Brais	2007 BRSKRS	82,85	-83 kg	497,5	68,93	4	
13 Garcia Requena Ferran	2001 GRSTR	114,00	-120 kg	577,5	68,66	1	
14 Molina Zúñiga Arturo	2005 ZBBAR	79,25	-83 kg	482,5	68,37	5	
15 Carral Rodríguez Duarte	2004 BRSKRS	90,45	-93 kg	510,0	67,83	2	
16 Cortés Minguez Carlos	1996 ZBBAR	64,30	-66 kg	425,0	67,19	4	
17 Ruiz Juarez Alejandro	1997 ATOLE	72,75	-74 kg	452,5	67,02	2	
18 Ramirez Muñoz Jaime	2005 ZBBAR	69,80	-74 kg	440,0	66,62	3	
19 Ruíz Molina Ángel	2002 ECLIP	64,90	-66 kg	422,5	66,46	5	
20 Pérez Macías David	2004 ZBBAR	90,35	-93 kg	497,5	66,02	3	

ABREVIACIONES de CLUBES:
ATOLE = ASOCIACION TOLEDO
BRSKRS = BERSERKERS TOLEDO
ECLIP = ECLIPSE POWERLIFTING CR
GRSTR = GR STRENGTH TORRENT Valencia
PALBA = POWERLIFTING ALBACETE
ZBBAR = ZB BARBELL Ciudad Real