

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

I Campeonato SOB Madrid

AEP-3 de iniciación de Madrid y clubes invitados

Arganda del Rey, Madrid - 20-21 enero 2024

PROVISIONAL

Rev. 21/01/2024

HOMBRES POWERLIFTING RAW																	
LEVANTADOR		AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
-59 kg																	
1	Cruz Camilo Alejandro	2007	D POWER M	57,70		38	145,0	155,0	165,0	100,0	102,5	107,5	170,0	185,0	195,0	467,5	78,29
-66 kg																	
1	Cortes Soto Aitor	2004	IE STRENGT	65,20		71	165,0	175,0	-177,5	102,5	110,0	-115,0	200,0	210,0	215,0	500,0	78,45
2	Toro Duque Alejandro	2006	IDO RALLO	61,30		73	167,5	-172,5	172,5	80,0	85,0	-90,0	-175,0	175,0	180,0	437,5	70,93
3	Jimenez Aray Luis Alberto	2005	OF BARBELL	64,50		75	145,0	152,5	157,5	70,0	75,0	-80,0	167,5	175,0	-180,0	407,5	64,30
4	Lozoya Tutard Pascal	2002	WERLIFTER	64,80		70	117,5	125,0	132,5	65,0	70,0	75,0	142,5	152,5	162,5	370,0	58,24
-74 kg																	
1	Oncina Bastante Mario	2003	D POWER M	71,50		41	170,0	185,0	192,5	100,0	110,0	115,0	215,0	230,0	240,0	547,5	81,83
2	Martín-Viveros Barba Alex	2006	IG POWER M	73,50		36	165,0	175,0	190,0	95,0	102,5	105,0	185,0	200,0	212,5	507,5	74,77
3	Vinueza Maquera Cristian	2004	ENRIR Madr	72,90		33	150,0	160,0	-170,0	105,0	112,5	-120,0	180,0	200,0	220,0	492,5	72,87
4	Galán Ortiz Pablo	1989	WERLIFTING	72,50		34	150,0	160,0	-170,0	80,0	85,0	90,0	-200,0	205,0	217,5	467,5	69,37
5	Vacas Pérez Alejandro	2005	IGPOWER M	73,40		37	150,0	157,5	-162,5	95,0	100,0	X	-210,0	210,0	X	467,5	68,92
6	Suero Campos Juan Carlos	2006	WERLIFTER	72,00		40	147,5	155,0	162,5	82,5	87,5	-92,5	155,0	165,0	175,0	425,0	63,29
7	Borissov Cholakov Metody	2007	WERLIFTER	67,90		35	120,0	130,0	140,0	-80,0	85,0	90,0	150,0	162,5	175,0	405,0	62,19
-83 kg																	
1	Sotomayor Garcia Alejandro	2003	OWER TEAM	81,60		72	195,0	210,0	222,5	110,0	120,0	125,0	220,0	240,0	255,0	602,5	84,12
2	Leguizamón Sanabria Néstor	2004	WER TEAM	81,20		74	170,0	185,0	200,0	115,0	122,5	130,0	190,0	207,5	225,0	555,0	77,68
3	Miguel Cava Ignacio	2000	POWER Mac	81,90		69	167,5	175,0	182,5	95,0	100,0	105,0	225,0	245,0	265,0	552,5	77,00
4	Grisales Morales Juan José	2007	JM GYM Mac	80,60		79	190,0	197,5	205,0	112,5	120,0	125,0	190,0	197,5	-202,5	527,5	74,11
5	Zambrana Acevedo Imanol	2002	D POWER M	81,70		80	165,0	175,0	185,0	110,0	112,5	120,0	185,0	197,5	215,0	520,0	72,56
6	Ortega De Lucas Gonzalo	2004	OF BARBELL	79,90		82	175,0	185,0	-192,5	100,0	105,0	110,0	200,0	210,0	217,5	512,5	72,33
7	Matesanz Tardío Nicolás	2004	WERLIFTING	79,20		78	170,0	180,0	-190,0	97,5	105,0	-110,0	205,0	220,0	-225,0	505,0	71,59
8	Ordak Michal	1996	IG POWER M	82,20		64	180,0	190,0	-195,0	95,0	102,5	-105,0	190,0	205,0	-210,0	497,5	69,21
9	Sánchez Bravo Alfonso	2005	IGPOWER M	82,00		67	162,5	170,0	177,5	85,0	90,0	95,0	197,5	207,5	X	480,0	66,85
10	Membreño Medina Cristian Fernando	1997	IGPOWER M	83,00		63	165,0	175,0	180,0	95,0	100,0	-105,0	187,5	200,0	X	480,0	66,44
11	Ruiz Pulido Ruben	2005	ENRIR Madr	75,80		83	165,0	175,0	-185,0	95,0	100,0	-105,0	175,0	-190,0	190,0	465,0	67,42
12	García Flores Daniel	2007	D POWER M	82,90		77	-157,5	157,5	-167,5	95,0	100,0	105,0	190,0	202,5	-210,0	465,0	64,41
13	Ahmed Akhter Sadman	2000	VA INTENSO	82,40		76	167,5	175,0	180,0	87,5	92,5	97,5	-172,5	177,5	-180,0	455,0	63,22
14	Calabria Lozano Mario	1997	IDO RALLO	82,50		66	140,0	152,5	162,5	92,5	100,0	-102,5	180,0	-187,5	187,5	450,0	62,48
15	Echerri Onetti Pablo	2002	OF BARBELL	79,30		81	142,5	155,0	162,5	87,5	-95,0	95,0	165,0	180,0	-200,0	437,5	61,98
--	Gordillo Hernández Andrés Felipe	2005	IGPOWER M	79,90		65	160,0	170,0	177,5	90,0	95,0	100,0	-177,5	-202,5	X	0,0	0,00
-93 kg																	
1	Isla Pérez Jose	1996	WERLIFTER	91,50		16	200,0	212,5	225,0	155,0	162,5	-170,0	235,0	255,0	275,0	662,5	87,36
2	Bustamante Verduras Víctor	1996	OF BARBELL	87,60		20	202,5	217,5	225,0	137,5	142,5	147,5	220,0	232,5	240,0	612,5	82,52
3	Muñoz Mateo Bryan	2004	POWER Mac	90,75		6	200,0	210,0	220,0	127,5	-132,5	X	220,0	240,0	260,0	607,5	80,43
4	Fernandez Criado Angel	1996	OF BARBELL	90,80		1	197,5	212,5	220,0	117,5	122,5	127,5	232,5	247,5	255,0	602,5	79,75
5	Rico Pérez Carlos	2004	POWER Mac	90,30		17	190,0	200,0	210,0	142,5	147,5	150,0	210,0	220,0	-230,0	580,0	76,98
6	Cánovas Pérez Daniel	2001	ITH CAPITAL	86,05		14	190,0	200,0	210,0	130,0	-132,5	-132,5	200,0	215,0	-217,5	555,0	75,45
7	Martínez Martínez Ignacio	2002	IGPOWER M	90,60		10	195,0	205,0	X	112,5	120,0	X	212,5	225,0	X	550,0	72,88
8	Ortega Fernández Francisco	1999	IDO RALLO	87,10		7	170,0	180,0	185,0	107,5	112,5	115,0	210,0	225,0	240,0	540,0	72,96
9	Quintero Gómez Elean	2001	RANDA Madr	90,80		12	165,0	175,0	-180,0	-120,0	120,0	125,0	220,0	-230,0	230,0	530,0	70,15
10	González Lázaro Juan Carlos	1991	IGPOWER M	92,00		8	175,0	185,0	X	115,0	122,5	130,0	205,0	215,0	X	530,0	69,70

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11 Gonzalez Restrepo Sammel	2005	POWER Ma	88,75		11	172,5	185,0	195,0	102,5	110,0	-115,0	200,0	220,0	-235,0	525,0	70,28
12 Rodríguez Centeno David	2000	DM GYM Ma	90,05		3	187,5	197,5	-202,5	100,0	-107,5	-107,5	195,0	205,0	215,0	512,5	68,11
13 Martín López Daniel	1996	DM GYM Ma	91,00		13	165,0	175,0	182,5	102,5	120,0	127,5	180,0	190,0	200,0	510,0	67,43
14 Herrero Gonzalez Asier	2004	ENRIR Madr	91,90		18	170,0	185,0	200,0	90,0	97,5	102,5	190,0	-207,5	207,5	510,0	67,11
15 Ortega Heras Ivan	2006	DF BARBELL	91,90		9	160,0	170,0	177,5	102,5	107,5	112,5	-205,0	205,0	-220,0	495,0	65,13
16 Suárez González Alberto	2005	DM GYM Ma	89,95		4	160,0	-170,0	170,0	100,0	110,0	112,5	175,0	187,5	200,0	482,5	64,16
17 Ihionkhan Aghahowa Godwin Eromor	2007	WERLIFTER	86,85		19	140,0	150,0	160,0	95,0	100,0	-105,0	195,0	207,5	220,0	480,0	64,95
18 Ballester Fernandez Rafael	1999	DF BARBELL	86,20		2	162,5	-172,5	-182,5	102,5	107,5	-112,5	200,0	-210,0	-210,0	470,0	63,84
19 Romero González-Nicolas Javier	1983	jando Atlet	90,90		15	145,0	155,0	-162,5	-92,5	97,5	102,5	185,0	197,5	205,0	462,5	61,19
20 Torres Megia Javier	1992	TRENGTH M	90,95		5	135,0	142,5	-150,0	90,0	95,0	100,0	155,0	165,0	180,0	422,5	55,88
-105 kg																
1 Casares López Miguel Ángel	1999	C STRENGT	103,70		61	-207,5	207,5	220,0	122,5	125,0	127,5	220,0	232,5	-240,0	580,0	72,03
2 Serrano Pérez Álvaro	2000	D POWER M	102,00		55	182,5	190,0	195,0	115,0	-120,0	122,5	200,0	212,5	225,0	542,5	67,89
3 Navas Moreno Victor	1994	IGPOWER M	96,00		60	187,5	197,5	205,0	117,5	125,0	132,5	192,5	X	X	530,0	68,28
4 Dalmau Giménez Iñaki	1987	IGPOWER M	96,80		57	187,5	200,0	210,0	120,0	127,5	135,0	170,0	185,0	X	530,0	68,00
5 Tineo Arregui Yael	2006	IGPOWER M	102,00		54	-175,0	175,0	-190,0	112,5	120,0	-125,0	220,0	235,0	X	530,0	66,33
-120 kg																
1 Sierra Moreno Alonso	1994	IG POWER M	114,20		53	162,5	175,0	182,5	127,5	-135,0	135,0	195,0	210,0	222,5	540,0	64,16
2 Reyes Montalvo Elvin Omar	1989	IG POWER M	115,70		56	200,0	212,5	-222,5	115,0	122,5	-127,5	205,0	X	X	540,0	63,79
3 Del Giudice Hernández Carlos	2002	ITH CAPITAL	110,70		52	175,0	187,5	-195,0	115,0	-120,0	120,0	197,5	215,0	-232,5	522,5	62,96
4 Porras Nieva Cristian	2002	WERLIFTER	106,20		62	-127,5	135,0	142,5	77,5	82,5	87,5	155,0	165,0	175,0	405,0	49,74
+120 kg																
1 Sosa Valdivia Jose Miguel	2003	WERLIFTER	129,50		59	190,0	200,0	210,0	102,5	110,0	115,0	195,0	210,0	225,0	550,0	61,89

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MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL						
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Isla Pérez Jose	SOYPOW	91,50	-93kg	662,5	87,36	1
2 Sotomayor Garcia Alejandro	MGRPW	81,60	-83kg	602,5	84,12	1
3 Bustamante Verduras Victor	SONS	87,60	-93kg	612,5	82,52	2

ABREVIACIONES de CLUBES:
AGSTR = AG STRENGTH Madrid
ALFA = ALFA Forjando Atletas Madrid
ATPOWER TEAM Madrid
BLKBAR = BLACK BARBELL Madrid
CAPIT = STRENGTH CAPITAL Madrid
CROM = CROM GYM Madrid
DANIG = DANIGPOWER Madrid
DTPOW = DT POWER Madrid
EINTE = ENTRENA INTENSO Madrid
ERALLO = EDUARDO RALLO Madrid
FENRIR = FENRIR Madrid
GRNDA = GRANDA POWERLIFTING Madrid
INTED = INTED POWER Madrid
IRMAD = IRONSIDE STRENGTH Madrid
MADPOW = MAD POWERLIFTING Madrid
MGFPW = MGF POWER TEAM Madrid
RAGNA = RAGNAROK Madrid
RISING = RISING POWER Madrid
SNDAY = SUNDAY POWER
SONS = SONS OF BARBELL Madrid
SOYPOW = SOY POWERLIFTER Madrid
SPCFIC= SPECIFIC STRENGTH Madrid
VILLA = VILLA POWERLIFTING Madrid