

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
I Campeonato Goierri - PWR Navarra
AEP-3 de iniciación de Guipuzkoa y clubes invitados
Urretxu, Guipuzkoa - 4 febrero 2024

PROVISIONAL

Rev. 04/02/2024

HOMBRES POWERLIFTING RAW																	
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	
-66 kg																	
1		Revenga Conde Ignacio Javier	BURGOS	65,00		23	160,0	170,0	175,0	-105,0	107,5	110,0	220,0	232,5	240,0	525,0	82,50
2		Garrido Gómez Martín	NAVAR	64,50		19	-160,0	167,5	172,5	80,0	-87,5	87,5	180,0	197,5	207,5	467,5	73,77
3		Vegas Diez Ioritz	GOIER	64,50		21	-135,0	142,5	155,0	80,0	85,0	90,0	147,5	160,0	175,0	420,0	66,27
4		Melchor Alvarez Aritz	GOIER	65,50		25	-130,0	140,0	-147,5	82,5	90,0	-92,5	132,5	147,5	155,0	385,0	60,26
--		Sancho Fernández Marcos	NAVAR	64,50		22	-92,5	-100,0	-100,0	50,0	55,0	60,0	-152,5	152,5	160,0	0,0	0,00
-74 kg																	
1		Román Garatea Diego	NAVAR	72,00		36	180,0	192,5	197,5	115,0	-125,0	125,0	240,0	252,5	257,5	580,0	86,37
2		Benavides Pina Daniel	NAVAR	73,00		37	202,5	210,0	215,0	102,5	112,5	115,0	210,0	230,0	-237,5	560,0	82,80
3		Vicente Bienzobas Antonio	BURGOS	72,00		44	170,0	177,5	185,0	125,0	130,0	132,5	200,0	215,0	227,5	545,0	81,16
4		Vicario Saiz Oscar	BURGOS	72,50		35	185,0	195,0	200,0	97,5	102,5	110,0	200,0	212,5	-222,5	522,5	77,53
5		Ibarrondo Arana Aimar	ERASO	73,00		38	150,0	160,0	170,0	120,0	125,0	130,0	195,0	205,0	215,0	515,0	76,14
6		Vargas Gil Ibon	NAVAR	72,50		41	185,0	-192,5	195,0	97,5	102,5	107,5	-210,0	210,0	-220,0	512,5	76,05
7		Aldekoa Etxebarria Urdatz	ERASO	73,00		39	170,0	180,0	185,0	107,5	112,5	115,0	185,0	195,0	-205,0	495,0	73,19
8		Assogba Galparsoro Jon	GOIER	71,50		34	145,0	155,0	160,0	65,0	70,0	75,0	200,0	215,0	225,0	460,0	68,75
9		García Vázquez Rubén	GOIER	72,50		43	145,0	155,0	162,5	72,5	77,5	-82,5	190,0	200,0	205,0	445,0	66,03
10		Montón Guinea Oier	NAVAR	70,50		47	150,0	160,0	167,5	80,0	85,0	-87,5	170,0	180,0	187,5	440,0	66,25
11		Marco Ortiz Hugo	BURGOS	72,00		45	-145,0	145,0	-150,0	77,5	82,5	-87,5	185,0	190,0	200,0	427,5	63,66
12		Egia Encinas Julen	GOIER	72,50		40	120,0	130,0	137,5	72,5	77,5	80,0	157,5	170,0	180,0	397,5	58,98
13		Fernández Martínez Izan	NAVAR	72,50		42	130,0	140,0	-150,0	75,0	80,0	-82,5	155,0	167,5	175,0	395,0	58,61
14		Alles Miguel Marco	GOIER	73,50		46	-125,0	-125,0	125,0	-85,0	90,0	-95,0	-140,0	155,0	170,0	385,0	56,72
-83 kg																	
1		Blanco Payo Diego	BURGOS	82,00		58	180,0	190,0	195,0	122,5	130,0	135,0	205,0	220,0	230,0	560,0	78,00
2		Baqueriza Díaz Ekaitz	BURGOS	77,50		52	180,0	192,5	195,0	122,5	130,0	132,5	185,0	205,0	220,0	547,5	78,48
3		Vázquez Díaz Pablo	GOIER	79,50		51	165,0	172,5	185,0	120,0	127,5	135,0	185,0	195,0	210,0	530,0	74,99
4		Sagasti Ochoa Julen	NAVAR	81,00		60	150,0	160,0	175,0	92,5	-97,5	-100,0	215,0	227,5	235,0	502,5	70,42
5		Medel Gómez Liher	GOIER	77,50		54	-172,5	-180,0	185,0	95,0	100,0	105,0	195,0	205,0	210,0	500,0	71,67
6		Nogales Pérez Aimar	GOIER	79,50		49	-170,0	170,0	180,0	85,0	90,0	-92,5	202,5	-220,0	220,0	490,0	69,33
7		Nuevo Galiana Jesus Daniel	BURGOS	81,00		56	152,5	162,5	167,5	95,0	100,0	-102,5	200,0	212,5	222,5	490,0	68,67
8		Legaria Sanz De Galdeano Asier	NAVAR	81,00		57	170,0	180,0	190,0	95,0	102,5	110,0	165,0	175,0	185,0	485,0	67,97
9		Blanco Gonzalez Iker	BURGOS	81,00		61	160,0	172,5	180,0	110,0	117,5	120,0	-180,0	-180,0	180,0	480,0	67,27
10		Molina Valladolid Christian Andrés	NAVAR	81,00		53	155,0	165,0	175,0	90,0	97,5	105,0	165,0	177,5	190,0	470,0	65,87
11		Fernández Arias Jorge	GOIER	79,50		48	-150,0	150,0	160,0	110,0	115,0	-120,0	160,0	170,0	177,5	452,5	64,02
12		Montes Theo	GOIER	78,50		55	157,5	-165,0	-165,0	-100,0	105,0	-110,0	160,0	167,5	-180,0	430,0	61,24
13		Ochoa Baines Unai	NAVAR	82,00		50	97,5	112,5	125,0	72,5	77,5	-82,5	130,0	142,5	-155,0	345,0	48,05

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HOMBRES POWERLIFTING RAW																	
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	
-93 kg																	
1		Torralba Alonso Endika	BURGOS	92,50		33	220,0	235,0	X	-125,0	130,0	135,0	240,0	260,0	270,0	640,0	83,95
2		López Dambolenea Iker	GOIER	88,00		32	212,5	225,0	230,0	117,5	125,0	-132,5	235,0	250,0	260,0	615,0	82,67
3		Kintana De Vega Lander	BURGOS	91,50		28	170,0	185,0	200,0	-115,0	120,0	127,5	225,0	242,5	260,0	587,5	77,47
4		Bidezabal Garrastazu Mikel	GOIER	89,50		27	180,0	190,0	200,0	115,0	125,0	130,0	200,0	210,0	220,0	550,0	73,32
5		Merino Lopez De Robles Unax	NAVAR	91,00		29	185,0	195,0	-205,0	-120,0	120,0	-130,0	220,0	230,0	-235,0	545,0	72,06
6		Otero Campo Miguel Angel	GOIER	91,50		26	180,0	190,0	-195,0	120,0	125,0	130,0	190,0	200,0	205,0	525,0	69,23
7		Alvarez Barrena Raúl	GOIER	84,00		30	155,0	162,5	170,0	110,0	115,0	120,0	180,0	195,0	202,5	492,5	67,76
8		Roman Urtaran Urko	GOIER	87,50		31	-170,0	180,0	187,5	105,0	110,0	-117,5	185,0	195,0	-210,0	492,5	66,39
-105 kg																	
1		Guerrero Rodriguez Jon Ander	GOIER	99,00		20	222,5	230,0	-240,0	132,5	-140,0	-140,0	250,0	255,0	-260,0	617,5	78,38
2		Larrinaga Larrea Egoitz	ERASO	103,50		18	180,0	195,0	205,0	105,0	112,5	117,5	220,0	240,0	-255,0	562,5	69,92
3		Arizaleta Legaria Jon	NAVAR	104,00		24	195,0	207,5	-212,5	117,5	122,5	-127,5	205,0	215,0	-220,0	545,0	67,59
-120 kg																	
1		Fernandes Babiano Daniel	NAVAR	113,50		59	192,5	205,0	215,0	92,5	97,5	102,5	222,5	235,0	250,0	567,5	67,62

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL							
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.	
1	Román Garatea Diego	NAVAR	72,00	-74kg	580,0	86,37	1
2	Torralba Alonso Endika	BURGOS	92,50	-93kg	640,0	83,95	1
3	Benavides Pina Daniel	NAVAR	73,00	-74kg	560,0	82,80	2

ABREVIACIONES de CLUBES:

BURGOS = BURGOS
ERASO = ERASO
GOIER = GOIER
NAVAR = NAVAR
NUMA = POWERLIFTING NUMANCIA