

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**I Campeonato Cold Moon**  
AEP-3 de iniciación de Barcelona y clubes invitados  
Sant Adrià del Besòs, Barcelona - 17-18 febrero 2024

Rev. 14/03/2024

<b>MUJERES POWERLIFTING RAW</b>																	
<b>LEVANTADORA</b>		<b>AÑO</b>	<b>CLUB</b>	<b>PESO</b>	<b>COEF.</b>	<b>Ord.</b>	<b>SENTADILLAS</b>			<b>PRESS BANCA</b>			<b>PESO MUERTO</b>			<b>TOTAL</b>	<b>IPFGL</b>
<b>-47kg</b>																	
1	Calvo Bermúdez Yaiza	2007	RIVAL	43,20		6	67,5	72,5	77,5	35,0	37,5	40,0	82,5	87,5	95,0	<b>212,5</b>	<b>64,37</b>
<b>-52kg</b>																	
1	Medina Torrent Clàudia	2004	UNITY	51,70		7	97,5	105,0	<del>-110,0</del>	60,0	65,0	<del>-67,5</del>	110,0	120,0	127,5	<b>297,5</b>	<b>75,50</b>
2	Cubero Martínez Paula	2000	FEDCAT	51,40		4	100,0	107,5	<del>-112,5</del>	47,5	50,0	52,5	<del>-117,5</del>	125,0	130,0	<b>290,0</b>	<b>73,97</b>
3	Tomàs Alvado Raquel	2002	MOON	51,40		3	95,0	100,0	<del>-105,0</del>	57,5	60,0	<del>-62,5</del>	112,5	120,0	125,0	<b>285,0</b>	<b>72,69</b>
4	Garcia Torné Júlia	2002	PBAR	51,00		2	85,0	95,0	<del>-100,0</del>	37,5	45,0	<del>-50,0</del>	105,0	112,5	120,0	<b>260,0</b>	<b>66,77</b>
5	Illanas Arribas Luz	2000	PBAR	50,60		5	82,5	87,5	92,5	<del>-55,0</del>	55,0	<del>-60,0</del>	<del>-97,5</del>	97,5	105,0	<b>252,5</b>	<b>65,30</b>
6	Basquens Muñoz Marta	1997	TNWERA	51,90		1	77,5	85,0	90,0	42,5	47,5	50,0	90,0	100,0	110,0	<b>250,0</b>	<b>63,23</b>
<b>-57kg</b>																	
1	Gonzalez Palao Lucia	2001	STRLEG	56,80		13	95,0	105,0	110,0	57,5	65,0	67,5	115,0	<del>-125,0</del>	130,0	<b>307,5</b>	<b>72,32</b>
2	Turrillo Gonzalez Dana	2008	PBAR	56,40		10	105,0	112,5	<del>-117,5</del>	55,0	60,0	<del>-62,5</del>	117,5	122,5	125,0	<b>297,5</b>	<b>70,34</b>
3	García Rodríguez Sarai	2005	RIVAL	55,10		8	85,0	90,0	92,5	<del>-55,0</del>	55,0	<del>-60,0</del>	130,0	140,0	<del>-142,5</del>	<b>287,5</b>	<b>69,22</b>
4	Alsina Castro Julieta	2007	OLYMP	54,70		12	80,0	85,0	<del>-87,5</del>	47,5	50,0	52,5	112,5	120,0	125,0	<b>262,5</b>	<b>63,57</b>
5	Illescas Díaz Maria	2006	PRAET	53,40		11	85,0	90,0	<del>-95,0</del>	<del>-42,5</del>	42,5	<del>-47,5</del>	97,5	105,0	110,0	<b>242,5</b>	<b>59,88</b>
6	Ochando Moreno Sònia	2001	STBSTR	56,30		14	70,0	80,0	<del>-87,5</del>	42,5	47,5	52,5	85,0	100,0	<del>-112,5</del>	<b>232,5</b>	<b>55,05</b>
<b>-63kg</b>																	
1	Sarria Pascual Alba	1994	TNWERA	61,05		86	112,5	120,0	125,0	60,0	65,0	67,5	140,0	152,5	165,0	<b>357,5</b>	<b>79,85</b>
2	Morgado Monsó Iris	2004	PRAET	61,65		84	112,5	117,5	122,5	47,5	50,0	<del>-52,5</del>	142,5	152,5	<del>-160,0</del>	<b>325,0</b>	<b>72,12</b>
3	Farcas Pop Elena	2004	MOON	60,90		77	82,5	92,5	100,0	47,5	52,5	55,0	110,0	120,0	130,0	<b>285,0</b>	<b>63,77</b>
4	Sanchez Polbach Claudia	1994	TNWERA	62,75		78	102,5	110,0	<del>-115,0</del>	55,0	57,5	<del>-60,0</del>	105,0	112,5	117,5	<b>285,0</b>	<b>62,51</b>
5	Guerra Rossetto Laura	2002	STRSTR	63,00		83	110,0	<del>-112,5</del>	<del>-112,5</del>	52,5	55,0	<del>-57,5</del>	110,0	117,5	<del>-125,0</del>	<b>282,5</b>	<b>61,81</b>
6	Arrufat Pérez Ariadna	2005	VOLCA	58,40		82	95,0	105,0	<del>-115,0</del>	45,0	50,0	<del>-52,5</del>	105,0	115,0	125,0	<b>280,0</b>	<b>64,52</b>
7	Carillo Valero Sara	2002	PRAET	61,85		79	85,0	92,5	97,5	45,0	50,0	52,5	110,0	117,5	122,5	<b>272,5</b>	<b>60,34</b>
8	Rovira Oreja Judith	2003	STBSTR	62,35		80	102,5	<del>-110,0</del>	<del>-110,0</del>	52,5	55,0	<del>-57,5</del>	110,0	115,0	<del>-120,0</del>	<b>272,5</b>	<b>60,02</b>
9	Moyano Portaz Marta	2001	STBSTR	60,45		87	92,5	100,0	105,0	45,0	<del>-50,0</del>	<del>-50,0</del>	105,0	112,5	117,5	<b>267,5</b>	<b>60,15</b>
10	Pérez Ruiz Sandra	2005	TNWERA	61,90		89	80,0	92,5	100,0	37,5	42,5	47,5	87,5	97,5	112,5	<b>260,0</b>	<b>57,54</b>
11	Gonzalez Artigas Sara	1993	TEAMCE	60,95		76	92,5	97,5	100,0	40,0	<del>-45,0</del>	<del>-45,0</del>	105,0	115,0	<del>-120,0</del>	<b>255,0</b>	<b>57,02</b>
12	Jimenez Sanchez Emma	2003	TNWERA	62,65		81	82,5	<del>-90,0</del>	<del>-92,5</del>	42,5	45,0	47,5	115,0	125,0	<del>-130,0</del>	<b>255,0</b>	<b>55,99</b>
13	Blanco Domínguez Yaiza	2006	PBAR	57,55		85	80,0	85,0	90,0	45,0	50,0	52,5	100,0	110,0	<del>-115,0</del>	<b>252,5</b>	<b>58,81</b>
14	Montell Muñoz Abril	2006	STRSTR	60,60		88	77,5	85,0	<del>-87,5</del>	40,0	<del>-45,0</del>	<del>-45,0</del>	100,0	107,5	112,5	<b>237,5</b>	<b>53,32</b>
<b>-69kg</b>																	
1	Bonilla Gallegos Daniela	2004	UNDER	68,30		40	100,0	107,5	112,5	75,0	80,0	<del>-82,5</del>	125,0	137,5	<del>-145,0</del>	<b>330,0</b>	<b>68,76</b>
2	Arnau Sirera Alba	2005	FEDCAT	68,10		41	112,5	117,5	<del>-122,5</del>	62,5	<del>-67,5</del>	<del>-67,5</del>	120,0	130,0	140,0	<b>320,0</b>	<b>66,79</b>
3	Boixader Tomás Helena	1996	MOON	68,50		34	105,0	110,0	115,0	55,0	57,5	60,0	120,0	130,0	137,5	<b>312,5</b>	<b>65,01</b>
4	Mayo Torrens Gabriela	1998	FLSKN	67,70		38	105,0	110,0	115,0	50,0	55,0	60,0	110,0	117,5	125,0	<b>300,0</b>	<b>62,82</b>
5	Ravello Saldaña Milagros	1980	FVILLA	68,00		35	90,0	95,0	100,0	42,5	<del>-47,5</del>	47,5	107,5	117,5	127,5	<b>275,0</b>	<b>57,44</b>
6	Pérez Benítez Carla	2001	VOLCA	68,80		37	87,5	92,5	<del>-97,5</del>	45,0	<del>-47,5</del>	<del>-47,5</del>	110,0	<del>-122,5</del>	<del>-122,5</del>	<b>247,5</b>	<b>51,36</b>
<b>-76kg</b>																	
1	Beiro Garcia Andrea	1999	FLSKN	74,70		36	132,5	137,5	<del>-142,5</del>	<del>-67,5</del>	72,5	75,0	132,5	140,0	150,0	<b>362,5</b>	<b>72,06</b>
2	Rodríguez González Raquel	1994	OLYMP	73,80		42	87,5	92,5	97,5	50,0	52,5	55,0	115,0	122,5	130,0	<b>282,5</b>	<b>56,49</b>
3	Gómez Nieto Sofía	2002	TNWERA	70,00		39	80,0	87,5	92,5	37,5	40,0	45,0	102,5	110,0	120,0	<b>257,5</b>	<b>52,93</b>
<b>-84kg</b>																	
1	Gordillo Porlán Maria	1999	MOON	82,00		46	100,0	107,5	115,0	47,5	<del>-52,5</del>	<del>-52,5</del>	115,0	122,5	127,5	<b>290,0</b>	<b>55,30</b>

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<b>LEVANTADORA</b>		<b>AÑO</b>	<b>CLUB</b>	<b>PESO</b>	<b>COEF.</b>	<b>Ord.</b>	<b>SENTADILLAS</b>		<b>PRESS BANCA</b>			<b>PESO MUERTO</b>		<b>TOTAL</b>	<b>IPFGL</b>		
<b>+84kg</b>																	
1	Brichs Pou Berta	1998	FLSKN	106,00		49	-95,0	95,0	120,0	-40,0	40,0	55,0	-95,0	-95,0	95,0	<b>270,0</b>	<b>47,45</b>

<b>MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL</b>							<b>ABREVIACIONES de CLUBES:</b>							
<b>Nombre</b>	<b>Club</b>	<b>Peso</b>	<b>Cat.</b>	<b>Total</b>	<b>GL pt.</b>	<b>Clas.</b>								
1	Sarria Pascual Alba	TNWERA	61,05	-63kg	<b>357,5</b>	<b>79,85</b>	1	ATENEA = ATENEA POWERLIFTING Barcelona						
2	Medina Torrent Clàudia	UNITY	51,70	-52kg	<b>297,5</b>	<b>75,50</b>	1	FEDCAT = FEDERACIÓN CATALANA						
3	Cubero Martínez Paula	FEDCAT	51,40	-52kg	<b>290,0</b>	<b>73,97</b>	2	FLSKEN = FORÇA LAIESKEN Barcelona						
4	Tomàs Alvado Raquel	MOON	51,40	-52kg	<b>285,0</b>	<b>72,69</b>	3	FVILA = FORÇA VILAFRANCA						
5	Gonzalez Palao Lucia	STRLEG	56,80	-57kg	<b>307,5</b>	<b>72,32</b>	1	MOON = MOONSTONE BARBELL Sabadell						
6	Morgado Monsó Iris	PRAET	61,65	-63kg	<b>325,0</b>	<b>72,12</b>	2	OLYMP = OLYMPIA Barcelona						
7	Beiro Garcia Andrea	FLSKN	74,70	-76kg	<b>362,5</b>	<b>72,06</b>	1	PBAR = POWERLIFTING BARCELONA						
8	Turrillo Gonzalez Dana	PBAR	56,40	-57kg	<b>297,5</b>	<b>70,34</b>	2	PIBIZA = POWERLIFTING IBIZA						
9	García Rodriguez Sarai	RIVAL	55,10	-57kg	<b>287,5</b>	<b>69,22</b>	3	POWMAD = POWERLIFTING MADRID						
10	Bonilla Gallegos Daniela	UNDER	68,30	-69kg	<b>330,0</b>	<b>68,76</b>	1	PRAET = PRAETORIANS Tarragona						
11	Arnau Sirera Alba	FEDCAT	68,10	-69kg	<b>320,0</b>	<b>66,79</b>	2	RIVAL = RIVAL POWERLIFTING Barcelona						
12	Garcia Torné Júlia	PBAR	51,00	-52kg	<b>260,0</b>	<b>66,77</b>	4	SIDER = SIDEROPOLIS Madrid						
13	Illanas Arribas Luz	PBAR	50,60	-52kg	<b>252,5</b>	<b>65,30</b>	5	STBSTR = STB STRENGTH Barcelona						
14	Boixader Tomás Helena	MOON	68,50	-69kg	<b>312,5</b>	<b>65,01</b>	3	STRLEG = STRENGTH LEGACY Lleida						
15	Arrufat Pérez Ariadna	VOLCA	58,40	-63kg	<b>280,0</b>	<b>64,52</b>	6	TEAMCE = TEAM CE POWERLIFTING Zaragoza						
16	Calvo Bermúdez Yaiza	RIVAL	43,20	-47kg	<b>212,5</b>	<b>64,37</b>	1	TNWERA = THE NEW ERA TEAM Barcelona						
17	Farcas Pop Elena	MOON	60,90	-63kg	<b>285,0</b>	<b>63,77</b>	3	UNDER = UNDERGROUND LIFTING Barcelona						
18	Alsina Castro Julieta	OLYMP	54,70	-57kg	<b>262,5</b>	<b>63,57</b>	4	UNITY = UNITY FORCE Tarragona						
19	Basquens Muñoz Marta	TNWERA	51,90	-52kg	<b>250,0</b>	<b>63,23</b>	6	VOLCA = VOLCANO STRENGTH Girona						
20	Mayo Torrens Gabriela	FLSKN	67,70	-69kg	<b>300,0</b>	<b>62,82</b>	4							