

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

Copa de España Absoluta

AEP-1 Nacional de Powerlifting y Press Banca Raw (clásico)

Las Torres De Cotillas, Murcia - 9-10 marzo 2024

Rev. 26/04/2024

MUJERES POWERLIFTING RAW																					
LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA				PESO MUERTO			TOTAL	IPFGL	Pt.		
-52kg																					
1	Cuervo Usano Maria Estela	1995	DTPOW	52,00	0,2525	3	145,0	152,5	-155,5	1	70,0	75,0	77,5	2	145,0	152,5	157,5	3	387,5	97,84	12
2	Martin Ruiz. Patricia	2000	DTPOW	51,92	0,2528	4	125,0	-135,0	135,0	3	82,5	87,5	88,0	1	142,5	152,5	160,0	2	383,0	96,82	9
3	Sousa Perez Alba	1998	VAKNER	51,50	0,2546	1	125,0	130,0	135,0	2	57,5	60,0	62,5	3	142,5	152,5	162,5	1	360,0	91,66	8
-57kg																					
1	Stefan Madalina	1995	DNIXAR	56,96	0,2347	7	147,5	152,5	157,5	1	80,0	85,0	87,5	2	142,5	150,0	-155,0	6	395,0	92,71	12
2	Escosura Flores Lara	2001	FEDCAT	57,00	0,2346	10	-140,0	147,5	-152,5	2	80,0	85,0	87,5	3	150,0	160,0	-162,5	4	395,0	92,67	9
3	Pimentel Gil-Munilla Maria	1998	PSVLL	56,08	0,2375	5	130,0	137,5	142,5	3	85,0	-90,0	90,0	1	137,5	147,5	155,0	5	387,5	92,03	8
4	Abarquero Diezhandino Ester	1995	VAKNER	55,74	0,2386	8	-132,5	-135,0	135,0	6	75,0	77,5	-80,0	4	152,5	162,5	-167,5	3	375,0	89,47	7
5	Rodriguez Ceballos Alba	1999	BRSTOD	55,74	0,2386	9	135,0	140,0	-142,5	4	65,0	-70,0	-70,0	5	160,0	170,0	-182,5	1	375,0	89,47	6
6	Fernandez De Landa Marquinez Oihar	1991	NAVAR	56,50	0,2361	6	125,0	132,5	140,0	5	60,0	-65,0	65,0	6	-160,0	160,0	170,0	2	375,0	88,54	5
-63kg																					
1	Maguregi Rodriguez Jone	1999	PRMOD	62,78	0,2193	14	147,5	-155,0	160,0	1	102,5	107,5	-110,5	1	162,5	172,5	177,5	1	445,0	97,59	12
2	Lostau De La Fuente. Marina	1999	PUSPV	61,64	0,2219	13	140,0	147,5	152,5	2	70,0	75,0	80,0	3	160,0	172,5	-177,5	2	405,0	89,87	9
3	Martin Monroy. Maria Begoña	2000	PBAR	62,68	0,2195	12	137,5	147,5	-152,5	3	82,5	87,5	-90,0	2	155,0	-167,5	-170,0	3	390,0	85,61	8
-69kg																					
1	Muinos Rivera Muriel	1998	FENIX	68,18	0,2086	17	162,5	170,0	176,0	1	-95,0	95,0	-97,5	1	170,0	180,0	-185,0	1	451,0	94,08	12
2	Venalainen Sira Janina	2000	PRMOD	68,98	0,2072	20	140,0	150,0	155,0	3	72,5	77,5	80,0	5	145,0	157,5	162,5	3	397,5	82,36	9
3	Galvan Lopez Laura	1989	PRAET	68,42	0,2082	16	152,5	157,5	-162,5	2	80,0	85,0	-87,5	2	152,5	-160,0	-160,0	5	395,0	82,24	8
4	Velez Herrero Victoria	1991	BURGOS	68,40	0,2082	19	135,0	145,0	-152,5	4	75,0	80,0	-82,5	4	152,5	-165,0	-170,0	4	377,5	78,60	7
--	Canamasas Font Maria	2000	FLSKEN	68,70	0,2077	18	-155,0	-155,0	-155,0	--	75,0	-80,0	82,5	3	157,5	167,5	172,5	2	0,0	0,00	--
-76kg																					
1	Vargas Fernandez Serena	2000	PRMOD	75,72	0,1975	27	155,0	162,5	-167,5	4	92,5	97,5	-100,0	1	185,0	195,0	-205,0	1	455,0	89,86	12
2	Pena Alvarez Claudia	1999	NWERA	74,18	0,1995	28	162,5	170,0	-175,0	2	80,0	85,0	-90,0	3	170,0	182,5	-190,0	3	437,5	87,28	9
3	Ibanez Archilla Leyre	1994	FEDCAT	75,30	0,1980	26	150,0	157,5	162,5	3	87,5	90,0	-92,5	2	170,0	182,5	-190,0	4	435,0	86,13	8
4	Najy Suleimane Naomi Sara	1997	BLCR	75,42	0,1979	25	150,0	165,0	172,5	1	65,0	-72,5	-72,5	4	-180,0	192,5	-200,0	2	430,0	85,10	7
-84kg																					
1	Fuentes Tubella Paula	1998	PBAR	81,36	0,1913	23	157,5	167,5	-175,0	2	82,5	87,5	90,0	2	170,0	182,5	192,5	1	450,0	86,08	12
2	Cianca Penate Alejandra	1997	DTPOW	80,86	0,1918	21	150,0	160,0	167,5	1	-82,5	87,5	90,0	1	160,0	175,0	-190,0	2	432,5	82,95	9
84+kg																					
1	Guri Saperas Julia	1993	MOON	113,98	0,1730	24	160,0	-170,5	170,5	1	85,0	90,0	95,5	1	155,0	170,0	-188,5	1	436,0	75,43	12

CLASIFICACIÓN POR CLUBES	pt.	Puntuaciones	
1 THE PRMODE Granada	33	[12+12+9]	269,81 GL Pts
2 DT POWER Madrid	30	[12+9+9]	277,62 GL Pts
3 POWERLIFTING BARCELONA	20	[12+8]	171,69 GL Pts
4 FEDERACION CATALANA	17	[9+8]	178,80 GL Pts
5 VAKNER POWERLIFTING GALIZA	15	[8+7]	181,13 GL Pts
6 FENIX GALICIA POWER	12	[12]	94,08 GL Pts
7 DEPORNIXAR ALMERIA	12	[12]	92,71 GL Pts
8 MOONSTONE BARBELL Sabadell	12	[12]	75,43 GL Pts
9 PUCELA STENGTH POWER Valladolid	9	[9]	89,87 GL Pts

CLASIFICACIÓN POR CLUBES	pt.	Puntuaciones	
10 THE NEW ERA TEAM Barcelona	9	[9]	87,28 GL Pts
11 POWERLIFTING SEVILLA	8	[8]	92,03 GL Pts
12 PRAETORIANS TARRAGONA	8	[8]	82,24 GL Pts
13 BLACK CROWN Madrid	7	[7]	85,10 GL Pts
14 STRENGTH BURGOS	7	[7]	78,60 GL Pts
15 BERSERKERS TOLEDO	6	[6]	89,47 GL Pts
16 POWERLIFTING NAVARRA	5	[5]	88,54 GL Pts
-- FORCA LAIESKEN Barcelona	--		

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MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL						
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Cuervo Usano Maria Estela	DTPOW	52,00		387,5	97,843750	1
2 Maguregi Rodriguez Jone	PRMOD	62,78		445,0	97,588500	1
3 Martin Ruiz. Patricia	DTPOW	51,92		383,0	96,822400	2
4 Muinos Rivera Muriel	FENIX	68,18		451,0	94,078600	1
5 Stefan Madalina	DNIXAR	56,96		395,0	92,706500	1
6 Escosura Flores Lara	FEDCAT	57,00		395,0	92,667000	2
7 Pimentel Gil-Munilla Maria	PSVLL	56,08		387,5	92,031250	3
8 Sousa Perez Alba	VAKNER	51,50		360,0	91,656000	3
9 Lostau De La Fuente. Marina	PUSPV	61,64		405,0	89,869500	2
10 Vargas Fernandez Serena	PRMOD	75,72		455,0	89,862500	1

RECORDS:

ABS	M1
JUN	M2
SBJ	M3
	M4

ABREVIACIONES de CLUBES:			
BLCR = BLACK CROWN Madrid	FEDCAT = FEDERACION CATALANA	NWERA = THE NEW ERA TEAM Barcelona	PRMOD = THE PRMODE Granada
BRSTOD = BERSERKERS TOLEDO	FENIX = FENIX GALICIA POWER	PBAR = POWERLIFTING BARCELONA	PSVLL = POWERLIFTING SEVILLA
BURGOS = STRENGTH BURGOS	FLSKEN = FORCA LAIESKEN Barcelona	POVA = POWER VALHALLA Madrid	PUSPV = PUCELA STENGTH POWER Valladolid
DNIXAR = DEPORNIXAR ALMERIA	MOON = MOONSTONE BARBELL Sabadell	POVMAD = POWERLIFTING MADRID	VAKNER = VAKNER POWERLIFTING GALIZA
DTPOW = DT POWER Madrid	NAVAR = POWERLIFTING NAVARRA	PRAET = PRAETORIANS TARRAGONA	