

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

I Campeonato de Hellín

AEP-3 de iniciación de Valencia y clubes invitados

Hellín, Albacete - 13-14 enero 2023

Rev. 04/02/2024

MUJERES POWERLIFTING RAW																	
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
-52kg																	
1	Hernandez Gonzalez Sonia	1994	AFA	50,72	0,2581	1	70,0	77,5	80,0	42,5	47,5	50,0	92,5	97,5	-100,0	227,5	58,72
-57kg																	
1	Vila Alfaro Nerea	1999	GRSTR	55,25	0,2402	6	95,0	102,5	107,5	50,0	55,0	60,0	112,5	122,5	127,5	295,0	70,86
2	Faure Rodriguez Lucia	2001	FLSKEN	56,44	0,2363	5	105,0	112,5	117,5	-47,5	47,5	50,0	115,0	120,0	127,5	295,0	69,71
3	Sebastia Enrich Marta	2004	FIA	54,89	0,2415	3	90,0	97,5	102,5	55,0	60,0	62,5	100,0	107,5	115,0	280,0	67,62
4	Norocel Norocel Bianca Elena	2007	GRSTR	54,30	0,2436	2	80,0	90,0	-100,0	37,5	40,0	-42,5	90,0	-97,5	-97,5	220,0	53,59
5	Valiente Bonafe Mayte	1981	GRSTR	55,45	0,2396	4	70,0	77,5	82,5	32,5	35,0	37,5	85,0	95,0	-107,5	215,0	51,51
—	Sanchez Teruel Elena	2006	BNZAI	55,08	0,2408	7	115,0	117,5	122,5	-50,0	-55,0	-55,0	115,0	125,0	130,0	0,0	0,00
-63kg																	
1	Martinez Pastor Marta	2000	GRSTR	60,69	0,2243	18	107,5	115,0	122,5	45,0	50,0	55,0	120,0	132,5	145,0	322,5	72,34
2	Abad Dominguez Andrea	2004	AFA	61,70	0,2218	15	97,5	107,5	112,5	52,5	57,5	-62,5	110,0	120,0	130,0	300,0	66,54
3	Barrenetxea Macias Maider	1992	AFA	62,16	0,2207	11	-90,0	-102,5	105,0	52,5	-57,5	-57,5	125,0	135,0	142,5	300,0	66,21
4	Fava Vidal Janira	2002	FIA	61,34	0,2227	17	100,0	105,0	112,5	57,5	62,5	67,5	105,0	110,0	117,5	297,5	66,25
5	Cruz Rosillo Nadia	2002	GRSTR	60,46	0,2249	16	-95,0	102,5	-107,5	47,5	52,5	-55,0	115,0	-125,0	130,0	285,0	64,10
6	Perez Chorda Mariola Corega	1968	AFA	63,03	0,2187	13	80,0	90,0	100,0	45,0	52,5	55,0	90,0	100,0	110,0	265,0	57,96
7	Blanquer Adam Marta Helene	2000	GRSTR	57,77	0,2322	12	-80,0	82,5	90,0	40,0	42,5	45,0	105,0	115,0	-125,0	250,0	58,05
-69kg																	
1	Guerrero Fernandez Adelaida	2006	BNZAI	65,30	0,2139	19	95,0	-107,5	-115,0	45,0	50,0	55,0	115,0	127,5	140,0	290,0	62,03
-76kg																	
1	Montero Gonzalez Isabel	2004	AFA	74,16	0,1995	11	125,0	135,0	140,0	60,0	67,5	-72,5	135,0	150,0	160,0	367,5	73,32
2	Wall Melissa Jane	1966	AFA	75,61	0,1976	10	-85,0	85,0	-90,0	55,0	-57,5	-57,5	120,0	130,0	135,0	275,0	54,34
3	Borislavova Ivanova Lilyana	1972	FIA	74,56	0,1990	9	60,0	70,0	77,5	35,0	-40,0	-40,0	90,0	100,0	105,0	217,5	43,28
84+kg																	
1	Tabureauu Doina	1996	FIA	89,33	0,1846	8	125,0	140,0	150,0	65,0	72,5	77,5	135,0	150,0	160,0	387,5	71,53

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.	
1	Montero Gonzalez Isabel	AFA	74,16	-76kg	367,5	73,32	1
2	Martinez Pastor Marta	GRSTR	60,69	-63kg	322,5	72,34	1
3	Tabureauu Doina	FIA	89,33	+84kg	387,5	71,53	1
4	Vila Alfaro Nerea	GRSTR	55,25	-57kg	295,0	70,86	1
5	Faure Rodriguez Lucia	FLSKEN	56,44	-57kg	295,0	69,71	2
6	Sebastia Enrich Marta	FIA	54,89	-57kg	280,0	67,62	3
7	Abad Dominguez Andrea	AFA	61,70	-63kg	300,0	66,54	2
8	Fava Vidal Janira	FIA	61,34	-63kg	297,5	66,25	4
9	Barrenetxea Macias Maider	AFA	62,16	-63kg	300,0	66,21	3
10	Cruz Rosillo Nadia	GRSTR	60,46	-63kg	285,0	64,10	5
11	Guerrero Fernandez Adelaida	BNZAI	65,30	-69kg	290,0	62,03	1
12	Hernandez Gonzalez Sonia	AFA	50,72	-52kg	227,5	58,72	1

ABREVIACIONES de CLUBES:

AFA = ALTEA-FINESTRAT-L'ALFAS
 BNZAI = BANZAI STRENGTH Cartagena
 FIA = FUERZA ISABEL ATLAS Chiva
 FLSKEN = FORCA LAIESKEN Barcelona
 GRSTR = GR STRENGTH TORRENT Valencia