

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
IX Campeonato de la Federació Catalana de Físic-Culturisme
AEP-2 Regional Este-1: Aragón, Baleares y Cataluña
La Poble de Montornès, Tarragona - 6-7 abril 2024

Rev. 07/04/2024

HOMBRES POWERLIFTING RAW																					
LEVANTADOR		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.			
-66kg																					
1	Contreras Estepa Jose	2006	ULCB	65,58	0,1564	49	167,5	177,5	190,0	1	85,0	92,5	100,0	2	170,0	190,0	212,5	2	502,5	78,59	12
2	Rivera Reche Isaac	2006	FEDCAT	64,92	0,1573	50	155,0	162,5	-170,0	2	107,5	112,5	117,5	1	207,5	220,0	-227,5	1	500,0	78,65	9
-74kg																					
1	Francesc Pacheco Guillem	2001	PRAET	72,96	0,1479	52	-177,5	-177,5	177,5	5	125,0	132,5	-140,0	2	200,0	215,0	222,5	3	532,5	78,76	12
2	Ballester Mora Aleix	2003	NWERA	73,92	0,1469	57	187,5	200,0	205,0	1	102,5	-110,0	-110,0	7	207,5	225,0	-242,5	2	532,5	78,22	9
3	Rubio Duran Arnau	2006	ATENEA	72,86	0,1480	56	177,5	185,0	195,0	2	115,0	122,5	127,5	3	185,0	200,0	-207,5	5	522,5	77,33	8
4	Gonzalez David	1999	NWERA	72,88	0,1480	58	175,0	-187,5	190,0	4	110,0	115,0	-120,0	4	200,0	-220,0	-227,5	6	505,0	74,74	7
5	Fernandez Saez Jonathan	2006	PRAET	71,90	0,1490	53	167,5	180,0	190,0	3	100,0	110,0	-115,0	5	-185,0	195,0	-202,5	7	495,0	73,75	6
6	Garcia Acosta Marti	2006	FEDCAT	72,94	0,1479	51	-160,0	165,0	172,5	6	100,0	105,0	-110,0	6	190,0	-205,0	205,0	4	482,5	71,36	5
—	Alcala Sevilla Javier	1995	PBAR	73,46	0,1474	55	-195,0	-200,0	-200,0	—	135,0	140,0	145,0	1	205,0	217,5	227,5	1	0,0	0,00	—
-83kg (solo PRESS BANCA)																					
1	Virgili Torres Adria	1994	FEDCAT	76,82		1	---	---	---		162,5	172,5	180,0		---	---	---		180,0		
-83kg																					
1	Moya Freixedas Gerard	2002	FRETIK	82,04	0,1392	30	230,0	245,0	257,5	1	140,0	147,5	150,0	2	255,0	270,0	282,5	1	690,0	96,05	12
2	Guirao Alcala Antoni	1991	ATENEA	82,80	0,1386	27	232,5	242,5	-250,0	2	162,5	170,0	-172,5	1	225,0	240,0	252,5	5	665,0	92,17	9
3	Sevilla Marin Diego	1976	SLL	82,40	0,1389	24	210,0	225,0	235,0	3	135,0	142,5	-147,5	5	220,0	240,0	250,0	7	627,5	87,16	8
4	Martinez Granada David	2001	ULCB	82,32	0,1390	26	215,0	X	X	10	130,0	X	X	8	270,0	X	X	2	615,0	85,48	7
5	Fernandez Laparra Joel	2002	STB	80,00	0,1410	23	192,5	205,0	212,5	11	122,5	132,5	137,5	6	230,0	245,0	255,0	4	605,0	85,31	6
6	Landeira Guma Daniel	1993	STB	82,24	0,1391	28	-215,0	220,0	227,5	5	117,5	-122,5	-122,5	11	240,0	252,5	260,0	3	605,0	84,16	5
7	Carrasco Ramos Carlos	1989	MOON	82,14	0,1392	29	207,5	220,0	225,0	6	137,5	142,5	150,0	3	207,5	217,5	227,5	10	602,5	83,87	4
8	Basso Castell Javier	2002	FLSKEN	81,68	0,1396	22	195,0	207,5	217,5	8	125,0	132,5	137,5	7	230,0	245,0	-260,0	8	600,0	83,76	3
9	Arkhouchen Akhrchin Adam	2002	UFORCE	82,26	0,1391	14	215,0	225,0	230,0	4	122,5	127,5	-135,0	9	215,0	230,0	-257,5	9	587,5	81,72	2
10	Moya Benitez Antonio	1992	FEDCAT	81,78	0,1395	21	195,0	205,0	215,0	9	132,5	140,0	145,0	4	195,0	210,0	220,0	12	580,0	80,91	1
11	Martinez Valencia Gerard	2007	OLYMP	77,80	0,1431	20	182,5	192,5	200,0	13	115,0	120,0	125,0	10	-235,0	250,0	-265,0	6	575,0	82,28	1
12	Ramos Costa Jose	2005	PBAR	81,36	0,1398	19	205,0	212,5	217,5	7	100,0	105,0	-110,0	14	200,0	215,0	225,0	11	547,5	76,54	1
13	Singh Satvir	2006	FLSKEN	75,76	0,1450	17	190,0	200,0	-210,0	12	100,0	105,0	110,0	13	200,0	210,0	215,0	15	525,0	76,13	1
14	Bonet Bernadi Oleguer	2007	RIVAL	76,82	0,1440	11	167,5	180,0	185,0	15	102,5	110,0	115,0	12	200,0	215,0	-225,0	16	515,0	74,16	1
15	Javier Royo Jose	2004	TCEZ	82,57	0,1388	15	165,0	177,5	185,0	16	95,0	100,0	105,0	16	195,0	210,0	220,0	14	510,0	70,79	1
16	Alfaro Teruel Raul	2002	MOON	75,28	0,1455	18	180,0	190,0	-195,0	14	100,0	-110,0	-110,0	17	190,0	205,0	-220,0	17	495,0	72,02	1
17	Ivan Cezar Valentin	2006	PRAET	82,40	0,1389	12	150,0	160,0	170,0	17	100,0	105,0	-110,0	15	205,0	-217,5	220,0	13	495,0	68,76	1
-93kg (solo PRESS BANCA)																					
1	Garcia Vilanova Ivan	2003	FEDCAT			2	---	---	---		137,5	145,0	-152,5		---	---	---		145,0		
-93kg																					
1	Retamosa Guisado Daniel	1996	NWERA	91,50	0,1319	43	237,5	255,0	267,5	1	162,5	170,0	-175,0	1	225,0	252,5	-277,5	6	690,0	91,01	12
2	Sola I Iglesias Sergi	2000	PRAET	92,24	0,1313	44	245,0	260,0	267,5	2	142,5	147,5	152,5	2	250,0	270,0	-295,0	2	690,0	90,60	9
3	Borrego Felices Victor	2006	FEDCAT	90,56	0,1325	45	210,0	222,5	227,5	5	135,0	142,5	145,0	3	265,0	280,0	292,5	1	665,0	88,11	8
4	Ribes Fuster Vicent	2002	MOON	91,50	0,1319	42	220,0	220,0	232,5	4	125,0	132,5	-135,0	4	245,0	265,0	-275,0	3	630,0	83,10	7
5	Araya Tauler Raul	1974	FVLFR	92,80	0,1310	40	210,0	225,0	235,0	3	120,0	130,0	-140,0	7	220,0	235,0	-245,0	8	600,0	78,60	6
6	Romano Lorenzo Carlos	2003	FRETIK	91,34	0,1320	47	197,5	210,0	225,0	6	107,5	115,0	-120,0	12	230,0	245,0	257,5	5	597,5	78,87	5
7	Embid Gaspar Christian	1992	TCEZ	92,64	0,1311	48	200,0	210,0	215,0	7	117,5	125,0	130,0	6	230,0	245,0	-260,0	7	590,0	77,35	4
8	Algaba Chueca Francisco	1992	FEDCAT	84,66	0,1371	46	175,0	190,0	202,5	11	110,0	117,5	122,5	10	222,5	242,5	260,0	4	585,0	80,20	3

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
IX Campeonato de la Federació Catalana de Físic-Culturisme
AEP-2 Regional Este-1: Aragón, Baleares y Cataluña
La Poble de Montornès, Tarragona - 6-7 abril 2024

Rev. 07/04/2024

HOMBRES POWERLIFTING RAW																					
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA				PESO MUERTO			TOTAL	IPFGL	Pt.			
9 Soliz Herrera Jorge Mauricio	1998	NWERA	89,16	0,1336	32	-177,5	187,5	200,0	12	122,5	130,0	-132,5	5	215,0	222,5	230,0	10	560,0	74,82	2	
10 Paniagua Andilla Xavier	2002	MOON	91,24	0,1321	34	190,0	200,0	210,0	8	102,5	110,0	115,0	11	190,0	210,0	220,0	12	545,0	71,99	1	
11 Mohammad Jabeen Hariss	1999	MOON	87,36	0,1349	33	180,0	187,5	195,0	13	95,0	100,0	-107,5	13	220,0	230,0	-240,0	9	525,0	70,82	1	
12 Tripiana Sanz Gabriel	1991	BARBAS	90,22	0,1328	31	195,0	207,5	-217,5	9	120,0	-127,5	127,5	8	190,0	-215,0	-220,0	13	525,0	69,72	1	
13 Sanchez Bascompte Guillem	2003	FVLFR	87,52	0,1348	35	175,0	187,5	-200,0	14	90,0	95,0	100,0	14	205,0	-220,0	220,0	11	507,5	68,41	1	
— Traverre Bosch Nil	2001	ULCB	92,50	0,1312	41	180,0	190,0	207,5	10	117,5	127,5	-142,5	9	-215,0	X	X	—	0,0	0,00	—	
-105kg																					
1 Terraga Gomez Victor	1996	MOON	103,32	0,1244	9	245,0	260,0	270,0	1	160,0	170,0	-172,5	2	260,0	277,5	-285,0	2	717,5	89,26	12	
2 Oyeghe Blasco Daniel	2001	FEDCAT	101,48	0,1255	10	240,0	250,0	260,0	3	140,0	145,0	150,0	4	260,0	280,0	300,0	1	710,0	89,11	9	
3 Tordable Hinojosa Daniel	1994	NWERA	101,58	0,1254	3	237,5	252,5	265,0	2	162,5	172,5	177,5	1	245,0	267,5	-292,5	3	710,0	89,03	8	
4 Vega D'Aurelio Unai	1990	FLSKEN	97,40	0,1279	6	215,0	222,5	-230,0	6	-147,5	147,5	150,0	3	220,0	237,5	245,0	5	617,5	78,98	7	
5 Tubau Molina Alex	2001	NWERA	98,34	0,1273	5	200,0	215,0	227,5	4	115,0	120,0	125,0	7	235,0	252,5	-262,5	4	605,0	77,02	6	
6 Vazquez Perez Carlos Javier	1996	IBIZA	104,40	0,1238	7	205,0	215,0	227,5	5	140,0	147,5	-150,0	5	-215,0	215,0	-250,0	7	590,0	73,04	5	
7 Garnes Gil Miguel Angel	2001	IBIZA	104,86	0,1235	4	205,0	-220,0	220,0	7	132,5	-142,5	-142,5	6	230,0	-245,0	-245,0	6	582,5	71,94	4	
-120kg																					
1 Dominguez Arega Negussie Fabian	2002	RIVAL	106,80	0,1225	36	250,0	265,0	-280,0	2	170,0	-180,0	185,0	1	250,0	270,0	-290,0	2	720,0	88,20	12	
2 Ciutat Valverde Carlos	2000	MOON	114,50	0,1187	37	245,0	260,0	272,5	1	155,0	162,5	-170,0	3	245,0	262,5	277,5	1	712,5	84,57	9	
3 Yoshifumi Pol	2004	FLSKEN	114,50	0,1187	38	-250,0	260,0	265,0	3	155,0	-165,0	170,0	2	230,0	-240,0	X	3	665,0	78,94	8	
120+kg																					
1 Baldrich Alemany Eduard	2004	MOON	126,30	0,1137	39	275,0	290,0	300,0	1	135,0	142,5	147,5	1	290,0	305,0	315,0	1	762,5	86,70	12	

CLASIFICACIÓN POR CLUBES	pt.	Puntuaciones
1 MOONSTONE BARBELL Sabadell	44	[12+12+9+7+4] 427,49 GL Pts
2 THE NEW ERA TEAM Barcelona	42	[12+9+8+7+6] 410,03 GL Pts
3 FEDERACION CATALANA	34	[9+9+8+5+3] 407,43 GL Pts
4 PRAETORIANS TARRAGONA	28	[12+9+6+1] 311,86 GL Pts
5 UNDERGROUND LIFTING CLUB Barce	19	[12+7] 164,08 GL Pts
6 FORCA LAIESKEN Barcelona	19	[8+7+3+1] 317,80 GL Pts
7 FRENETIK POWERLIFTING Barcelona	17	[12+5] 174,92 GL Pts
8 ATENEA POWERLIFTING Barcelona	17	[9+8] 169,50 GL Pts
9 RIVAL POWERLIFTING Barcelona	13	[12+1] 162,36 GL Pts

CLASIFICACIÓN POR CLUBES	pt.	Puntuaciones
10 STB STRENGTH Barcelona	11	[6+5] 169,46 GL Pts
11 POWERLIFTING IBIZA	9	[5+4] 144,98 GL Pts
12 STRENGTH LEGACY Lleida	8	[8] 87,16 GL Pts
13 FORCA VILAFRANCA	7	[6+1] 147,01 GL Pts
14 TEAM CE POWERLIFTING Zaragoza	5	[4+1] 148,14 GL Pts
15 UNITY FORCE Tarragona	2	[2] 81,72 GL Pts
16 OLYMPIA Barcelona	1	[1] 82,28 GL Pts
17 POWERLIFTING BARCELONA	1	[1] 76,54 GL Pts
18 BARBASTRO POWER Huesca	1	[1] 69,72 GL Pts

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
IX Campeonato de la Federació Catalana de Físic-Culturisme
AEP-2 Regional Este-1: Aragón, Baleares y Cataluña
La Poble de Montornès, Tarragona - 6-7 abril 2024

Rev. 07/04/2024

HOMBRES POWERLIFTING RAW										
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS	PRESS BANCA	PESO MUERTO	TOTAL	IPFGL Pt.

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL							
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.	
1 Moya Freixedas Gerard	FRETIK	82,04	-83kg	690,0	96,05	1	
2 Guirao Alcalá Antoni	ATENEA	82,80	-83kg	665,0	92,17	2	
3 Retamosa Guisado Daniel	NWERA	91,50	-93kg	690,0	91,01	1	
4 Sola I Iglesias Sergi	PRAET	92,24	-93kg	690,0	90,60	2	
5 Terraga Gomez Victor	MOON	103,32	-105kg	717,5	89,26	1	
6 Oyeghe Blasco Daniel	FEDCAT	101,48	-105kg	710,0	89,11	2	
7 Tordable Hinojosa Daniel	NWERA	101,58	-105kg	710,0	89,03	3	
8 Dominguez Arega Negussie Fabian	RIVAL	106,80	-120kg	720,0	88,20	1	
9 Borrego Felices Victor	FEDCAT	90,56	-93kg	665,0	88,11	3	
10 Sevilla Marin Diego	SLL	82,40	-83kg	627,5	87,16	3	
11 Baldrich Alemany Eduard	MOON	126,30	+120kg	762,5	86,70	1	
12 Martinez Granada David	ULCB	82,32	-83kg	615,0	85,48	4	
13 Fernandez Laparra Joel	STB	80,00	-83kg	605,0	85,31	5	
14 Ciudad Valverde Carlos	MOON	114,50	-120kg	712,5	84,57	2	
15 Landeira Guma Daniel	STB	82,24	-83kg	605,0	84,16	6	
16 Carrasco Ramos Carlos	MOON	82,14	-83kg	602,5	83,87	7	
17 Basso Castell Javier	FLSKEN	81,68	-83kg	600,0	83,76	8	
18 Ribes Fuster Vicent	MOON	91,50	-93kg	630,0	83,10	4	
19 Martinez Valencia Gerard	OLYMP	77,80	-83kg	575,0	82,28	11	
20 Arkhouchen Akhrchin Adam	UFORCE	82,26	-83kg	587,5	81,72	9	
21 Moya Benitez Antonio	FEDCAT	81,78	-83kg	580,0	80,91	10	
22 Algaba Chueca Francisco	FEDCAT	84,66	-93kg	585,0	80,20	8	
23 Vega D'Aurelio Unai	FLSKEN	97,40	-105kg	617,5	78,98	4	
24 Yoshifumi Pol	FLSKEN	114,50	-120kg	665,0	78,94	3	
25 Romano Lorenzo Carlos	FRETIK	91,34	-93kg	597,5	78,87	6	
26 Francesc Pacheco Guillem	PRAET	72,96	-74kg	532,5	78,76	1	
27 Rivera Reche Isaac	FEDCAT	64,92	-66kg	500,0	78,65	2	
28 Araya Tauler Raul	FVLFR	92,80	-93kg	600,0	78,60	5	
29 Contreras Estepa Jose	ULCB	65,58	-66kg	502,5	78,59	1	
30 Ballester Mora Aleix	NWERA	73,92	-74kg	532,5	78,22	2	

ABREVIACIONES de CLUBES:
ATENEA = ATENEA POWERLIFTING Barcelona
BARBAS = BARBASTRO POWER Huesca
FEDCAT = FEDERACION CATALANA
FLSKEN = FORCA LAIESKEN Barcelona
FRETIK = FRENETIK POWERLIFTING Barcelona
FVLFR = FORCA VILAFRANCA
IBIZA = POWERLIFTING IBIZA
MOON = MOONSTONE BARBELL Sabadell
NWERA = THE NEW ERA TEAM Barcelona
OLYMP = OLYMPIA Barcelona
PBAR = POWERLIFTING BARCELONA
PRAET = PRAETORIANS TARRAGONA
RIVAL = RIVAL POWERLIFTING Barcelona
SLL = STRENGTH LEGACY Lleida
STB = STB STRENGTH Barcelona
TCEZ = TEAM CE POWERLIFTING Zaragoza
UFORCE = UNITY FORCE Tarragona
ULCB = UNDERGROUND LIFTING CLUB Barcelona