

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**I Campeonato Ciudad de Valladolid**  
AEP-3 de iniciación de Valladolid y clubes invitados  
Boecillo, Valladolid - Domingo, 4 febrero 2024

Rev. 06/04/2024

| <b>HOMBRES POWERLIFTING RAW</b>    |            |             |             |              |             |                    |        |        |                    |        |        |                    |        |        |              |              |  |
|------------------------------------|------------|-------------|-------------|--------------|-------------|--------------------|--------|--------|--------------------|--------|--------|--------------------|--------|--------|--------------|--------------|--|
| <b>LEVANTADOR</b>                  | <b>AÑO</b> | <b>CLUB</b> | <b>PESO</b> | <b>COEF.</b> | <b>Ord,</b> | <b>SENTADILLAS</b> |        |        | <b>PRESS BANCA</b> |        |        | <b>PESO MUERTO</b> |        |        | <b>TOTAL</b> | <b>IPFGL</b> |  |
| <b>-59kg</b>                       |            |             |             |              |             |                    |        |        |                    |        |        |                    |        |        |              |              |  |
| 1 Pocero Casado Yeray              | 2009       | VALKY       | 48,94       | 0,1830       | -10         | 65,0               | 75,0   | 87,5   | 45,0               | 52,5   | -60,0  | 87,5               | 97,5   | 102,5  | <b>242,5</b> | <b>44,38</b> |  |
| <b>-66kg</b>                       |            |             |             |              |             |                    |        |        |                    |        |        |                    |        |        |              |              |  |
| 1 Sanchez Gutierrez Daniel         | 2001       | RSLIF       | 63,16       | 0,1596       | -10         | 150,0              | 160,0  | 170,0  | 70,0               | 77,5   | 82,5   | 175,0              | 182,5  | 200,0  | <b>452,5</b> | <b>72,22</b> |  |
| 2 Abbattista Chillon Francesco     | 2006       | VALKY       | 63,94       | 0,1585       | -10         | 135,0              | 142,5  | 152,5  | 70,0               | -72,5  | 82,5   | 140,0              | 155,0  | 170,0  | <b>405,0</b> | <b>64,19</b> |  |
| <b>-74kg</b>                       |            |             |             |              |             |                    |        |        |                    |        |        |                    |        |        |              |              |  |
| 1 Gonzalez Rodriguez. Antonio Jose | 2004       | VITAL       | 73,46       | 0,1474       | 2           | 200,0              | 210,0  | -212,5 | -120,0             | 125,0  | -127,5 | 230,0              | 240,0  | 242,5  | <b>577,5</b> | <b>85,12</b> |  |
| 2 Martinez Varela Alberto          | 2002       | FENIX       | 72,68       | 0,1482       | 3           | 175,0              | 187,5  | -190,0 | -110,0             | -115,0 | 115,0  | 205,0              | 217,5  | 225,0  | <b>527,5</b> | <b>78,18</b> |  |
| 3 Perez Sanmamed Victor            | 1994       | VAKNER      | 73,84       | 0,1470       | 8           | 185,0              | 195,0  | -202,5 | 115,0              | 117,5  | -120,0 | 197,5              | 207,5  | 215,0  | <b>527,5</b> | <b>77,54</b> |  |
| 4 Munoz Burgos Oscar               | 2007       | VALKY       | 70,34       | 0,1507       | 4           | 165,0              | 175,0  | -180,0 | 100,0              | 107,5  | 112,5  | 200,0              | 220,0  | -230,0 | <b>507,5</b> | <b>76,48</b> |  |
| 5 Mourenza Fantans Miguel          | 2001       | FENIX       | 71,88       | 0,1490       | 7           | 182,5              | 190,0  | 192,5  | 102,5              | 110,0  | 115,0  | 177,5              | 190,0  | -200,0 | <b>497,5</b> | <b>74,13</b> |  |
| 6 Herrero Tabanera Sergio          | 2005       | SALAM       | 67,68       | 0,1538       | 6           | -140,0             | 150,0  | 155,0  | 85,0               | 90,0   | 95,0   | 190,0              | -200,0 | -205,0 | <b>440,0</b> | <b>67,67</b> |  |
| 7 Villanueva Cunado Pablo          | 1999       | VALKY       | 72,82       | 0,1480       | 5           | 130,0              | 140,0  | 150,0  | 90,0               | 95,0   | 100,0  | 160,0              | 172,5  | 180,0  | <b>430,0</b> | <b>63,64</b> |  |
| 8 Hernandez Morales Lucas          | 2008       | SALAM       | 72,88       | 0,1480       | 1           | 110,0              | 125,0  | -127,5 | 65,0               | -72,5  | -72,5  | 140,0              | 150,0  | 157,5  | <b>347,5</b> | <b>51,43</b> |  |
| <b>-83kg</b>                       |            |             |             |              |             |                    |        |        |                    |        |        |                    |        |        |              |              |  |
| 1 Fraile Sanz Daniel               | 2004       | VALKY       | 77,22       | 0,1436       | 20          | 187,5              | 200,0  | 210,0  | 117,5              | 125,0  | 130,0  | 205,0              | 217,5  | 230,0  | <b>570,0</b> | <b>81,85</b> |  |
| 2 Viqueira Morigosa Martin         | 1995       | FENIX       | 82,38       | 0,1390       | 22          | 170,0              | 190,0  | 200,0  | 120,0              | 135,0  | -145,0 | -210,0             | -225,0 | 235,0  | <b>570,0</b> | <b>79,23</b> |  |
| 3 Munoz Manrique Luis Enrique      | 2000       | VALKY       | 79,58       | 0,1414       | 19          | 185,0              | -195,0 | 200,0  | 125,0              | 130,0  | 135,0  | 210,0              | 225,0  | 232,5  | <b>567,5</b> | <b>80,24</b> |  |
| 4 Farina Crespo Raul               | 2001       | FENIX       | 81,66       | 0,1396       | 12          | 185,0              | -192,5 | 200,0  | 102,5              | 107,5  | -112,5 | 210,0              | 220,0  | 240,0  | <b>547,5</b> | <b>76,43</b> |  |
| 5 Luezas Lorenzo Jorge             | 2004       | VALKY       | 82,84       | 0,1386       | 13          | 150,0              | 165,0  | -170,0 | 117,5              | 122,5  | -127,5 | 200,0              | -220,0 | 230,0  | <b>517,5</b> | <b>71,73</b> |  |
| 6 Velasco Ayuso Diego              | 2006       | PUSPV       | 80,82       | 0,1403       | 10          | 155,0              | 170,0  | 180,0  | 107,5              | 115,0  | 120,0  | 185,0              | 200,0  | 215,0  | <b>515,0</b> | <b>72,25</b> |  |
| 7 Del Barrio Adeva Rodrigo         | 2002       | VALKY       | 80,92       | 0,1402       | 17          | 177,5              | 190,0  | -195,0 | 122,5              | 130,0  | 132,5  | 175,0              | 190,0  | -195,0 | <b>512,5</b> | <b>71,85</b> |  |
| 8 Gonzalez Dios Martin             | 2005       | FENIX       | 80,94       | 0,1402       | 9           | 175,0              | 182,5  | 190,0  | 110,0              | 115,0  | -120,0 | 195,0              | 205,0  | -215,0 | <b>510,0</b> | <b>71,50</b> |  |
| 9 Martin Garzon Andres             | 2005       | SALAM       | 80,56       | 0,1405       | 14          | 175,0              | 185,0  | -190,0 | -105,0             | 105,0  | 110,0  | 202,5              | -212,5 | 212,5  | <b>507,5</b> | <b>71,30</b> |  |
| 10 Sanjuan Munumer Pablo           | 2002       | VALKY       | 81,34       | 0,1399       | 11          | 175,0              | 182,5  | -190,0 | 87,5               | 90,0   | 92,5   | 210,0              | 220,0  | 230,0  | <b>505,0</b> | <b>70,65</b> |  |
| 11 Macon Casares David             | 2004       | VALKY       | 81,76       | 0,1395       | 18          | 175,0              | 185,0  | -192,5 | 100,0              | -105,0 | -105,0 | 190,0              | 197,5  | 215,0  | <b>500,0</b> | <b>69,75</b> |  |
| 12 Vara Gonzalez Jesus             | 2005       | VALKY       | 81,64       | 0,1396       | 15          | -155,0             | 155,0  | -167,5 | 95,0               | 100,0  | 105,0  | 205,0              | 220,0  | -240,0 | <b>480,0</b> | <b>67,01</b> |  |
| 13 Quindos Gonzalez Tomas          | 2008       | VAKNER      | 76,72       | 0,1441       | 21          | 140,0              | 150,0  | 160,0  | 97,5               | 102,5  | -107,5 | 150,0              | 160,0  | 170,0  | <b>432,5</b> | <b>62,32</b> |  |
| 14 Mendez Gomez Ignacio            | 2000       | VAKNER      | 82,20       | 0,1391       | 16          | 150,0              | 160,0  | -167,5 | 85,0               | 90,0   | 95,0   | 155,0              | 160,0  | 170,0  | <b>425,0</b> | <b>59,12</b> |  |
| <b>-93kg</b>                       |            |             |             |              |             |                    |        |        |                    |        |        |                    |        |        |              |              |  |
| 1 Pernas Rio Jonathan              | 1999       | FENIX       | 91,64       | 0,1318       | 31          | 220,0              | 230,0  | 240,0  | 150,0              | 162,5  | 170,0  | 220,0              | 250,0  | 270,0  | <b>680,0</b> | <b>89,62</b> |  |
| 2 Castanos Calleja Raul            | 1996       | PUSPV       | 91,14       | 0,1321       | 37          | 197,5              | 210,0  | 220,0  | 137,5              | 145,0  | -150,0 | 190,0              | 207,5  | 220,0  | <b>585,0</b> | <b>77,28</b> |  |
| 3 Alvarez Minambres Victor         | 1998       | PUSPV       | 89,28       | 0,1335       | 36          | 180,0              | 190,0  | 200,0  | 122,5              | -127,5 | -127,5 | 220,0              | 232,5  | -240,0 | <b>555,0</b> | <b>74,09</b> |  |
| 4 Cadarso Sanchez Marcos           | 2001       | VALKY       | 92,28       | 0,1313       | 34          | 182,5              | 192,5  | -200,0 | 117,5              | 125,0  | -130,0 | 210,0              | -225,0 | 230,0  | <b>547,5</b> | <b>71,89</b> |  |
| 5 Sastre Hernandez Miguel          | 2005       | SALAM       | 91,06       | 0,1322       | 35          | -185,0             | 185,0  | 200,0  | 92,5               | -100,0 | 100,0  | 200,0              | 210,0  | 225,0  | <b>525,0</b> | <b>69,41</b> |  |
| 6 Pola Otero Eduardo Daniel        | 2001       | FENIX       | 91,06       | 0,1322       | 24          | 170,0              | 180,0  | -190,0 | 117,5              | 122,5  | -130,0 | 185,0              | 197,5  | 207,5  | <b>510,0</b> | <b>67,42</b> |  |
| 7 Sampedro Rodriguez Raul          | 2002       | VALKY       | 89,22       | 0,1335       | 23          | 160,0              | 170,0  | 180,0  | 80,0               | 87,5   | -92,5  | 200,0              | 210,0  | 220,0  | <b>487,5</b> | <b>65,08</b> |  |
| 8 Pineiro Rodriguez Andres         | 2001       | VAKNER      | 88,40       | 0,1341       | 38          | 145,0              | 155,0  | 165,0  | 90,0               | 95,0   | 102,5  | 180,0              | 190,0  | 200,0  | <b>467,5</b> | <b>62,69</b> |  |
| 9 Fuentes Hernandez Ruben          | 2000       | SALAM       | 92,66       | 0,1311       | 32          | 130,0              | 142,5  | -155,0 | 70,0               | 77,5   | -82,5  | -170,0             | 185,0  | 200,0  | <b>420,0</b> | <b>55,06</b> |  |
| — Elena Ruiz Sergio                | 1999       | RSLIF       | 91,98       | 0,1315       | 33          | -200,0             | -205,0 | -205,0 | 97,5               | 102,5  | -107,5 | 210,0              | 227,5  | 235,0  | <b>0,0</b>   | <b>0,00</b>  |  |

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| <b>HOMBRES POWERLIFTING RAW</b> |                          |            |             |             |              |             |                    |        |        |                    |        |        |                    |       |        |              |              |
|---------------------------------|--------------------------|------------|-------------|-------------|--------------|-------------|--------------------|--------|--------|--------------------|--------|--------|--------------------|-------|--------|--------------|--------------|
| <b>LEVANTADOR</b>               |                          | <b>AÑO</b> | <b>CLUB</b> | <b>PESO</b> | <b>COEF.</b> | <b>Ord,</b> | <b>SENTADILLAS</b> |        |        | <b>PRESS BANCA</b> |        |        | <b>PESO MUERTO</b> |       |        | <b>TOTAL</b> | <b>IPFGL</b> |
| <b>-105kg</b>                   |                          |            |             |             |              |             |                    |        |        |                    |        |        |                    |       |        |              |              |
| 1                               | San Juan Cortes Gabriel  | 1996       | VALKY       | 101,90      | 0,1252       | 28          | -210,0             | 215,0  | 232,5  | 135,0              | 142,5  | 147,5  | 240,0              | 255,0 | 270,0  | <b>650,0</b> | <b>81,38</b> |
| 2                               | Rodriguez Roel Francisco | 2000       | VAKNER      | 100,62      | 0,1260       | 26          | 190,0              | 200,0  | 212,5  | -122,5             | 130,0  | -135,0 | 200,0              | 212,5 | -222,5 | <b>555,0</b> | <b>69,93</b> |
| 3                               | Monteagudo Lojo Daniel   | 1998       | VAKNER      | 103,36      | 0,1244       | 29          | 180,0              | 195,0  | 205,0  | 97,5               | -107,5 | -107,5 | 180,0              | 190,0 | 200,0  | <b>502,5</b> | <b>62,51</b> |
| 4                               | Jubete Chico Carlos      | 2007       | VALKY       | 102,20      | 0,1250       | 27          | 175,0              | 185,0  | -195,0 | 77,5               | -85,0  | 85,0   | 190,0              | 205,0 | 220,0  | <b>490,0</b> | <b>61,25</b> |
| 5                               | Peral Oliveira Julio     | 1992       | RSLIF       | 101,66      | 0,1253       | 25          | 145,0              | 155,0  | 165,0  | 72,5               | 80,0   | -87,5  | 175,0              | 187,5 | -200,0 | <b>432,5</b> | <b>54,19</b> |
| <b>-120kg</b>                   |                          |            |             |             |              |             |                    |        |        |                    |        |        |                    |       |        |              |              |
| 1                               | Rivas Cedrun Borja Ibai  | 2005       | PUSPV       | 113,52      | 0,1191       | 30          | 175,0              | -182,5 | -185,0 | 97,5               | 105,0  | 110,0  | -170,0             | 180,0 | 190,0  | <b>475,0</b> | <b>56,57</b> |

| <b>MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL</b> |                                  |             |             |              |               |              |   |
|---|----------------------------------|-------------|-------------|--------------|---------------|--------------|---|
| <b>Nombre</b>   | <b>Club</b>                      | <b>Peso</b> | <b>Cat.</b> | <b>Total</b> | <b>GL pt.</b> | <b>Clas.</b> |   |
| 1   | Pernas Rio Jonathan              | FENIX       | 91,64       | -93kg        | <b>680,0</b>  | <b>89,62</b> | 1 |
| 2   | Gonzalez Rodriguez. Antonio Jose | VITAL       | 73,46       | -74kg        | <b>577,5</b>  | <b>85,12</b> | 1 |
| 3   | Fraile Sanz Daniel               | VALKY       | 77,22       | -83kg        | <b>570,0</b>  | <b>81,85</b> | 1 |
| 4   | San Juan Cortes Gabriel          | VALKY       | 101,90      | -105kg       | <b>650,0</b>  | <b>81,38</b> | 1 |
| 5   | Munoz Manrique Luis Enrique      | VALKY       | 79,58       | -83kg        | <b>567,5</b>  | <b>80,24</b> | 3 |
| 6   | Viqueira Morigosa Martin         | FENIX       | 82,38       | -83kg        | <b>570,0</b>  | <b>79,23</b> | 2 |
| 7   | Martinez Varela Alberto          | FENIX       | 72,68       | -74kg        | <b>527,5</b>  | <b>78,18</b> | 2 |
| 8   | Perez Sanmamed Victor            | VAKNER      | 73,84       | -74kg        | <b>527,5</b>  | <b>77,54</b> | 3 |
| 9   | Castanos Calleja Raul            | PUSPV       | 91,14       | -93kg        | <b>585,0</b>  | <b>77,28</b> | 2 |
| 10  | Munoz Burgos Oscar               | VALKY       | 70,34       | -74kg        | <b>507,5</b>  | <b>76,48</b> | 4 |
| 11  | Farina Crespo Raul               | FENIX       | 81,66       | -83kg        | <b>547,5</b>  | <b>76,43</b> | 4 |
| 12  | Mourenza Fantans Miguel          | FENIX       | 71,88       | -74kg        | <b>497,5</b>  | <b>74,13</b> | 5 |
| 13  | Alvarez Minambres Victor         | PUSPV       | 89,28       | -93kg        | <b>555,0</b>  | <b>74,09</b> | 3 |
| 14  | Velasco Ayuso Diego              | PUSPV       | 80,82       | -83kg        | <b>515,0</b>  | <b>72,25</b> | 6 |
| 15  | Sanchez Gutierrez Daniel         | RSLIF       | 63,16       | -66kg        | <b>452,5</b>  | <b>72,22</b> | 1 |
| 16  | Cadarso Sanchez Marcos           | VALKY       | 92,28       | -93kg        | <b>547,5</b>  | <b>71,89</b> | 4 |
| 17  | Del Barrio Adeva Rodrigo         | VALKY       | 80,92       | -83kg        | <b>512,5</b>  | <b>71,85</b> | 7 |
| 18  | Luezas Lorenzo Jorge             | VALKY       | 82,84       | -83kg        | <b>517,5</b>  | <b>71,73</b> | 5 |
| 19  | Gonzalez Dios Martin             | FENIX       | 80,94       | -83kg        | <b>510,0</b>  | <b>71,50</b> | 8 |
| 20  | Martin Garzon Andres             | SALAM       | 80,56       | -83kg        | <b>507,5</b>  | <b>71,30</b> | 9 |

| <b>ABREVIACIONES de CLUBES:</b>         |
|---|
| FENIX = FENIX GALICIA POWER             |
| PUSPV = PUCELA STENGTH POWER Valladolid |
| RSLIF = RS LIFTING Avila                |
| SALAM = POWERLIFTING SALAMANCA          |
| VAKNER = VAKNER POWERLIFTING GALIZA     |
| VALKY = VALKYRIA PT Valladolid          |
| VITAL = GIM VITAL Pontevedra            |