

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

I Campeonato SOB Madrid

AEP-3 de iniciación de Madrid y clubes invitados

Arganda del Rey, Madrid - 20-21 enero 2024

Rev. 06/04/2024

HOMBRES POWERLIFTING RAW																
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
-59 kg																
1 Cruz Camilo Alejandro	2007	INTED	57,70		38	145,0	155,0	165,0	100,0	102,5	107,5	170,0	185,0	195,0	467,5	78,29
-66 kg																
1 Cortes Soto Aitor	2004	IRMAD	65,20		71	165,0	175,0	-177,5	102,5	110,0	-115,0	200,0	210,0	215,0	500,0	78,45
2 Toro Duque Alejandro	2006	ERALLO	61,30		73	167,5	-172,5	172,5	80,0	85,0	-90,0	-175,0	175,0	180,0	437,5	70,93
3 Jimenez Aray Luis Alberto	2005	SONS	64,50		75	145,0	152,5	157,5	70,0	75,0	-80,0	167,5	175,0	-180,0	407,5	64,30
4 Lozoya Tutard Pascal	2002	SOYPOW	64,80		70	117,5	125,0	132,5	65,0	70,0	75,0	142,5	152,5	162,5	370,0	58,24
-74 kg																
1 Oncina Bastante Mario	2003	INTED	71,50		41	170,0	185,0	192,5	100,0	110,0	115,0	215,0	230,0	240,0	547,5	81,83
2 Martín-Viveros Barba Alex	2006	RISING	73,50		36	165,0	175,0	190,0	95,0	102,5	105,0	185,0	200,0	212,5	507,5	74,77
3 Vinueza Maquera Cristian	2004	FENRIR	72,90		33	150,0	160,0	-170,0	105,0	112,5	-120,0	180,0	200,0	220,0	492,5	72,87
4 Galán Ortiz Pablo	1989	MADPOW	72,50		34	150,0	160,0	-170,0	80,0	85,0	90,0	-200,0	205,0	217,5	467,5	69,37
5 Vacas Pérez Alejandro	2005	DANIG	73,40		37	150,0	157,5	-162,5	95,0	100,0	X	-210,0	210,0	X	467,5	68,92
6 Suero Campos Juan Carlos	2006	SOYPOW	72,00		40	147,5	155,0	162,5	82,5	87,5	-92,5	155,0	165,0	175,0	425,0	63,29
7 Borissov Cholakov Metody	2007	SOYPOW	67,90		35	120,0	130,0	140,0	-80,0	85,0	90,0	150,0	162,5	175,0	405,0	62,19
-83 kg																
1 Sotomayor Garcia Alejandro	2003	MGFPW	81,60		72	195,0	210,0	222,5	110,0	120,0	125,0	220,0	240,0	255,0	602,5	84,12
2 Leguizamón Sanabria Néstor	2004	ATPOW	81,20		74	170,0	185,0	200,0	115,0	122,5	130,0	190,0	207,5	225,0	555,0	77,68
3 Miguel Cava Ignacio	2000	DTPOW	81,90		69	167,5	175,0	182,5	95,0	100,0	105,0	225,0	245,0	265,0	552,5	77,00
4 Grisales Morales Juan José	2007	CROM	80,60		79	190,0	197,5	205,0	112,5	120,0	125,0	190,0	197,5	-202,5	527,5	74,11
5 Zambrana Acevedo Imanol	2002	INTED	81,70		80	165,0	175,0	185,0	110,0	112,5	120,0	185,0	197,5	215,0	520,0	72,56
6 Ortega De Lucas Gonzalo	2004	SONS	79,90		82	175,0	185,0	-192,5	100,0	105,0	110,0	200,0	210,0	217,5	512,5	72,33
7 Matesanz Tardío Nicolás	2004	MADPOW	79,20		78	170,0	180,0	-190,0	97,5	105,0	-110,0	205,0	220,0	-225,0	505,0	71,59
8 Ordak Michal	1996	RISING	82,20		64	180,0	190,0	-195,0	95,0	102,5	-105,0	190,0	205,0	-210,0	497,5	69,21
9 Sánchez Bravo Alfonso	2005	DANIG	82,00		67	162,5	170,0	177,5	85,0	90,0	95,0	197,5	207,5	X	480,0	66,85
10 Membreño Medina Cristian Fernando	1997	DANIG	83,00		63	165,0	175,0	180,0	95,0	100,0	-105,0	187,5	200,0	X	480,0	66,44
11 Ruiz Pulido Ruben	2005	FENRIR	75,80		83	165,0	175,0	-185,0	95,0	100,0	-105,0	175,0	-190,0	190,0	465,0	67,42
12 García Flores Daniel	2007	INTED	82,90		77	-157,5	157,5	-167,5	95,0	100,0	105,0	190,0	202,5	-210,0	465,0	64,41
13 Ahmed Akhter Sadman	2000	ENTINT	82,40		76	167,5	175,0	180,0	87,5	92,5	97,5	-172,5	177,5	-180,0	455,0	63,22
14 Calabria Lozano Mario	1997	ERALLO	82,50		66	140,0	152,5	162,5	92,5	100,0	-102,5	180,0	-187,5	187,5	450,0	62,48
15 Echerri Onetti Pablo	2002	SONS	79,30		81	142,5	155,0	162,5	87,5	-95,0	95,0	165,0	180,0	-200,0	437,5	61,98
-- Gordillo Hernández Andrés Felipe	2005	DANIG	79,90		65	160,0	170,0	177,5	90,0	95,0	100,0	-177,5	-202,5	X	0,0	0,00

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-93 kg																
1 Isla Pérez Jose	1996	SOYPOW	91,50		16	200,0	212,5	225,0	155,0	162,5	-170,0	235,0	255,0	275,0	662,5	87,36
2 Bustamante Verduras Víctor	1996	SONS	87,60		20	202,5	217,5	225,0	137,5	142,5	147,5	220,0	232,5	240,0	612,5	82,52
3 Muñoz Mateo Bryan	2004	DTPOW	90,75		6	200,0	210,0	220,0	127,5	-132,5	X	220,0	240,0	260,0	607,5	80,43
4 Fernandez Criado Angel	1996	SONS	90,80		1	197,5	212,5	220,0	117,5	122,5	127,5	232,5	247,5	255,0	602,5	79,75
5 Rico Pérez Carlos	2004	DTPOW	90,30		17	190,0	200,0	210,0	142,5	147,5	150,0	210,0	220,0	-230,0	580,0	76,98
6 Cánovas Pérez Daniel	2001	STRCAP	86,05		14	190,0	200,0	210,0	130,0	-132,5	-132,5	200,0	215,0	-217,5	555,0	75,45
7 Martínez Martínez Ignacio	2002	DANIG	90,60		10	195,0	205,0	X	112,5	120,0	X	212,5	225,0	X	550,0	72,88
8 Ortega Fernández Francisco	1999	ERALLO	87,10		7	170,0	180,0	185,0	107,5	112,5	115,0	210,0	225,0	240,0	540,0	72,96
9 Quintero Gómez Elean	2001	GRANDA	90,80		12	165,0	175,0	-180,0	-120,0	120,0	125,0	220,0	-230,0	230,0	530,0	70,15
10 González Lázaro Juan Carlos	1991	DANIG	92,00		8	175,0	185,0	X	115,0	122,5	130,0	205,0	215,0	X	530,0	69,70
11 Gonzalez Restrepo Sammuell	2005	DTPOW	88,75		11	172,5	185,0	195,0	102,5	110,0	-115,0	200,0	220,0	-235,0	525,0	70,28
12 Rodríguez Centeno David	2000	CROM	90,05		3	187,5	197,5	-202,5	100,0	-107,5	-107,5	195,0	205,0	215,0	512,5	68,11
13 Martín López Daniel	1996	CROM	91,00		13	165,0	175,0	182,5	102,5	120,0	127,5	180,0	190,0	200,0	510,0	67,43
14 Herrero Gonzalez Asier	2004	FENRIR	91,90		18	170,0	185,0	200,0	90,0	97,5	102,5	190,0	-207,5	207,5	510,0	67,11
15 Ortega Heras Ivan	2006	SONS	91,90		9	160,0	170,0	177,5	102,5	107,5	112,5	-205,0	205,0	-220,0	495,0	65,13
16 Suárez González Alberto	2005	CROM	89,95		4	160,0	-170,0	170,0	100,0	110,0	112,5	175,0	187,5	200,0	482,5	64,16
17 Ihionkhan Aghahowa Godwin Eromor	2007	SOYPOW	86,85		19	140,0	150,0	160,0	95,0	100,0	-105,0	195,0	207,5	220,0	480,0	64,95
18 Ballester Fernandez Rafael	1999	SONS	86,20		2	162,5	-172,5	-182,5	102,5	107,5	-112,5	200,0	-210,0	-210,0	470,0	63,84
19 Romero González-Nicolas Javier	1983	ALFA	90,90		15	145,0	155,0	-162,5	-92,5	97,5	102,5	185,0	197,5	205,0	462,5	61,19
20 Torres Megia Javier	1992	AGSTR	90,95		5	135,0	142,5	-150,0	90,0	95,0	100,0	155,0	165,0	180,0	422,5	55,88
-105 kg																
1 Casares López Miguel Ángel	1999	SPCFIC	103,70		61	-207,5	207,5	220,0	122,5	125,0	127,5	220,0	232,5	-240,0	580,0	72,03
2 Serrano Pérez Álvaro	2000	INTED	102,00		55	182,5	190,0	195,0	115,0	-120,0	122,5	200,0	212,5	225,0	542,5	67,89
3 Navas Moreno Víctor	1994	DANIG	96,00		60	187,5	197,5	205,0	117,5	125,0	132,5	192,5	X	X	530,0	68,28
4 Dalmau Giménez Iñaki	1987	DANIG	96,80		57	187,5	200,0	210,0	120,0	127,5	135,0	170,0	185,0	X	530,0	68,00
5 Tineo Arregui Yael	2006	DANIG	102,00		54	-175,0	175,0	-190,0	112,5	120,0	-125,0	220,0	235,0	X	530,0	66,33
-120 kg																
1 Sierra Moreno Alonso	1994	RISING	114,20		53	162,5	175,0	182,5	127,5	-135,0	135,0	195,0	210,0	222,5	540,0	64,16
2 Reyes Montalvo Elvin Omar	1989	RISING	115,70		56	200,0	212,5	-222,5	115,0	122,5	-127,5	205,0	X	X	540,0	63,79
3 Del Giudice Hernández Carlos	2002	STRCAP	110,70		52	175,0	187,5	-195,0	115,0	-120,0	120,0	197,5	215,0	-232,5	522,5	62,96
4 Porras Nieva Cristian	2002	SOYPOW	106,20		62	-127,5	135,0	142,5	77,5	82,5	87,5	155,0	165,0	175,0	405,0	49,74
+120 kg																
1 Sosa Valdivia Jose Miguel	2003	SOYPOW	129,50		59	190,0	200,0	210,0	102,5	110,0	115,0	195,0	210,0	225,0	550,0	61,89

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MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL						
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Isla Pérez Jose	SOYPOW	91,50	-93kg	662,5	87,36	1
2 Sotomayor Garcia Alejandro	MGFPW	81,60	-83kg	602,5	84,12	1
3 Bustamante Verduras Victor	SONS	87,60	-93kg	612,5	82,52	2
4 Oncina Bastante Mario	INTED	71,50	-74kg	547,5	81,83	1
5 Muñoz Mateo Bryan	DTPOW	90,75	-93kg	607,5	80,43	3
6 Fernandez Criado Angel	SONS	90,80	-93kg	602,5	79,75	4
7 Cortes Soto Aitor	IRMAD	65,20	-66kg	500,0	78,45	1
8 Cruz Camilo Alejandro	INTED	57,70	-66kg	467,5	78,29	1
9 Leguizamón Sanabria Néstor	ATPOW	81,20	-83kg	555,0	77,68	2
10 Miguel Cava Ignacio	DTPOW	81,90	-83kg	552,5	77,00	3
11 Rico Pérez Carlos	DTPOW	90,30	-93kg	580,0	76,98	5
12 Cánovas Pérez Daniel	STRCAP	86,05	-93kg	555,0	75,45	6
13 Martín-Viveros Barba Alex	RISING	73,50	-74kg	507,5	74,77	2
14 Grisales Morales Juan José	CROM	80,60	-83kg	527,5	74,11	4
15 Ortega Fernández Francisco	ERALLO	87,10	-93kg	540,0	72,96	8
16 Martínez Martínez Ignacio	DANIG	90,60	-93kg	550,0	72,88	7
17 Vinuesa Maquera Cristian	FENRIR	72,90	-74kg	492,5	72,87	3
18 Zambrana Acevedo Imanol	INTED	81,70	-83kg	520,0	72,56	5
19 Ortega De Lucas Gonzalo	SONS	79,90	-83kg	512,5	72,33	6
20 Casares López Miguel Ángel	SPCFIC	103,70	-105kg	580,0	72,03	1
21 Matesanz Tardío Nicolás	MADPOW	79,20	-83kg	505,0	71,59	7
22 Toro Duque Alejandro	ERALLO	61,30	-66kg	437,5	70,93	2
23 Gonzalez Restrepo Sammuel	DTPOW	88,75	-93kg	525,0	70,28	11
24 Quintero Gómez Elean	GRANDA	90,80	-93kg	530,0	70,15	9
25 González Lázaro Juan Carlos	DANIG	92,00	-93kg	530,0	69,70	10
26 Galán Ortiz Pablo	MADPOW	72,50	-74kg	467,5	69,37	4
27 Ordak Michal	RISING	82,20	-83kg	497,5	69,21	8
28 Vacas Pérez Alejandro	DANIG	73,40	-74kg	467,5	68,92	5
29 Navas Moreno Victor	DANIG	96,00	-105kg	530,0	68,28	3
30 Rodríguez Centeno David	CROM	90,05	-93kg	512,5	68,11	12

ABREVIACIONES de CLUBES:
AGSTR = AG STRENGTH Madrid
ALFA = ALFA Forjando Atletas Madrid
ATPOW = ATPower Team Madrid
BLKBAR = BLACK BARBELL Madrid
CAPIT = STRENGTH CAPITAL Madrid
CROM = CROM GYM Madrid
DANIG = DANIGPOWER Madrid
DTPOW = DT POWER Madrid
EINTE = ENTRENA INTENSO Madrid
ERALLO = EDUARDO RALLO Madrid
FENRIR = FENRIR Madrid
GRNDA = GRANDA POWERLIFTING Madrid
INTED = INTED
IRMAD = IRONSIDE STRENGTH Madrid
MADPOW = MAD POWERLIFTING Madrid
MGFPW = MGF POWER TEAM Madrid
RAGNA = RAGNAROK Madrid
RISING = RISING POWER Madrid
SNDAY = SUNDAY POWER
SONS = SONS OF BARBELL Madrid
SOYPOW = SOY POWERLIFTER Madrid
SPCFIC= SPECIFIC STRENGTH Madrid
VILLA = VILLA POWERLIFTING Madrid