

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

I Campeonato La Palomera

AEP-3 de iniciación de León y clubes invitados

León - 28 enero 2024

Rev. 05/04/2024

HOMBRES POWERLIFTING RAW																
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
-66 kg																
1 Mediavilla Aller Jorge	2005	FNORT	64,86			122,5	137,5	-147,5	80,0	85,0	-90,0	157,5	172,5	-182,5	395,0	62,15
-74 kg																
1 Rego Hermida Cristian	1997	FENIX	71,62			155,0	-165,0	165,0	120,0	-132,5	-132,5	195,0	210,0	215,0	500,0	74,66
-83 kg																
1 Fernández Fernández Damián	1996	GRIND	82,22			190,0	200,0	210,0	145,0	150,0	-155,0	230,0	240,0	250,0	610,0	84,84
2 Garcia Garcia Luis	1998	FNORT	78,52			170,0	177,5	190,0	-120,0	127,5	132,5	215,0	227,5	237,5	560,0	79,74
3 Campos Muiño Javier	2008	FENIX	80,34			197,5	-210,0	215,0	95,0	110,0	-120,0	190,0	210,0	220,0	545,0	76,70
4 Prieto Novo Marcos	2006	GRIND	79,92			185,0	190,0	-195,0	97,5	102,5	107,5	205,0	220,0	230,0	527,5	74,44
5 Domínguez Padín Adrián	1994	GRIND	81,30			-170,0	170,0	-180,0	140,0	145,0	-147,5	190,0	200,0	205,0	520,0	72,74
6 Sánchez Rodríguez Lián	2004	FNORT	78,08			152,5	162,5	172,5	112,5	120,0	-127,5	202,5	217,5	225,0	517,5	73,90
7 Fernandez Baños Pablo	2004	FNORT	81,10			-160,0	-160,0	160,0	120,0	130,0	135,0	-190,0	195,0	-205,0	490,0	68,63
8 García Llorián Rodrigo	2006	ASTUR	79,90			165,0	-175,0	185,0	-77,5	85,0	90,0	177,5	192,5	205,0	480,0	67,74
9 Perez Alves Raul	1995	FNORT	79,62			167,5	175,0	180,0	77,5	82,5	-87,5	177,5	190,0	200,0	462,5	65,39
10 Quintela Rega Antonio	2004	FNORT	80,60			140,0	150,0	155,0	87,5	95,0	-100,0	-155,0	165,0	177,5	427,5	60,06
11 Valeriev Vasilev Bozhidar	2004	FNORT	80,42			120,0	127,5	140,0	-90,0	95,0	-97,5	155,0	170,0	190,0	425,0	59,78
12 García González Diego	2006	GRIND	81,38			115,0	122,5	125,0	-80,0	80,0	-85,0	-160,0	175,0	180,0	385,0	53,83
13 Prieto González César	2006	FNORT	80,54			-60,0	-70,0	70,0	90,0	-95,0	100,0	180,0	190,0	-205,0	360,0	50,60
-93 kg																
1 Sánchez Vázquez Izan	2005	GRIND	83,62			185,0	192,5	200,0	-100,0	105,0	112,5	210,0	-222,5	-230,0	522,5	72,06
2 Prieto Simón Víctor	2004	FNORT	86,02			170,0	182,5	192,5	-102,5	107,5	-110,0	185,0	200,0	210,0	510,0	69,34
3 Gonzalo Carvajal Miguel	2004	FNORT	90,18			162,5	-175,0	175,0	102,5	107,5	112,5	180,0	195,0	205,0	492,5	65,41
4 García González Asier	2005	GRIND	87,64			115,0	122,5	127,5	70,0	75,0	80,0	170,0	180,0	-190,0	387,5	52,20
-105 kg																
1 San Miguel Arce Pablo	1997	GRIND	100,00			170,0	182,5	190,0	122,5	127,5	130,0	205,0	215,0	225,0	545,0	68,85
2 Vega Rodríguez Adrian	2004	FNORT	104,06			175,0	185,0	195,0	102,5	110,0	-112,5	200,0	-215,0	-230,0	505,0	62,61
3 Reguera Fernández Daniel	2001	GRIND	93,98			127,5	135,0	140,0	92,5	100,0	102,5	200,0	212,5	220,0	462,5	60,20
-120 kg																
1 Francos Piñera Juan	2008	GRIND	107,54			142,5	150,0	157,5	100,0	105,0	-107,5	160,0	172,5	182,5	445,0	54,34

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL						
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Fernández Fernández Damián	GRIND	82,22	-83kg	610,0	84,84	1
2 Garcia Garcia Luis	FNORT	78,52	-83kg	560,0	79,74	2
3 Campos Muiño Javier	FENIX	80,34	-83kg	545,0	76,70	3
4 Rego Hermida Cristian	FENIX	71,62	-74kg	500,0	74,66	1
5 Prieto Novo Marcos	GRIND	79,92	-83kg	527,5	74,44	4
6 Sánchez Rodríguez Lián	FNORT	78,08	-83kg	517,5	73,90	6
7 Domínguez Padín Adrián	GRIND	81,30	-83kg	520,0	72,74	5
8 Sánchez Vázquez Izan	GRIND	83,62	-93kg	522,5	72,06	1
9 Prieto Simón Víctor	FNORT	86,02	-93kg	510,0	69,34	2
10 San Miguel Arce Pablo	GRIND	100,00	-105kg	545,0	68,85	1

ABREVIACIONES de CLUBES:
ASTUR = ASOCIACIÓN ASTURIANA
FENIX = FÉNIX GALICIA POWER
FNORT = FUERZA NORTE León
GALI = GALILIFTERS Pontevedra
GRIND = GRIND TEAM GIJON