

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

II Campeonato Valkyria Cup

AEP-2 Regional Zona NorOeste-1

Boecillo, Valladolid - Sábado, 3 febrero 2024

Rev. 04/02/2024

HOMBRES POWERLIFTING RAW																					
LEVANTADOR		AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	pt			
-59kg																					
1	Mallo Placer Borja	1994	FENIX	57,24	0,1682	2	142,5	150,0	160,0	1	90,0	-95,0	-95,0	2	160,0	170,0	-180,0	1	420,0	70,64	12
2	Nicolas Robles Aitor	2000	GTG	57,28	0,1681	1	130,0	137,5	140,0	2	90,0	95,0	-100,0	1	137,5	150,0	155,0	2	390,0	65,56	9
-66kg																					
1	Martin Vidal Oliver	2003	PUSPV	65,86	0,1561	4	180,0	187,5	192,5	1	-132,5	132,5	140,0	1	195,0	207,5	215,0	2	547,5	85,46	12
2	Alvarez Sanchez. Adrian	2000	GTG	65,84	0,1561	8	150,0	165,0	170,0	3	110,0	115,0	120,0	2	185,0	200,0	212,5	3	502,5	78,44	9
3	Sanchez Merchan Iker Joan	2003	GTG	65,14	0,1570	5	150,0	162,5	170,0	2	97,5	102,5	105,0	3	205,0	215,0	-230,0	1	490,0	76,93	8
4	Paz Serrano Pablo	2005	FENIX	64,98	0,1572	6	157,5	167,5	-175,0	4	90,0	102,5	-107,5	4	177,5	197,5	210,0	4	480,0	75,46	7
5	Pombo Gago Diego	2005	VITAL	65,60	0,1564	9	155,0	162,5	-172,5	6	97,5	102,5	-107,5	5	-172,5	185,0	200,0	5	465,0	72,73	6
6	Alvarez Garcia. Guillermo	1998	FENIX	65,48	0,1565	7	157,5	165,0	-170,0	5	95,0	100,0	-102,5	6	182,5	192,5	-202,5	6	457,5	71,60	5
7	Lopez Barrinso David	1995	RSLIF	63,46	0,1592	3	150,0	-160,0	-167,5	7	75,0	85,0	90,0	7	175,0	185,0	-192,5	7	425,0	67,66	4
-74kg																					
1	Menai. Mehdi Nabil	2001	VAKNER	73,18	0,1477	32	190,0	200,0	-207,5	2	117,5	122,5	-125,0	4	245,0	-252,5	-252,5	1	567,5	83,82	12
2	Martinez Ramos Alex	1987	FENIX	72,16	0,1487	27	192,5	202,5	210,0	1	-115,0	115,0	-120,0	7	-210,0	210,0	225,0	4	550,0	81,78	9
3	Ronquillo Aldana Carlos Antonio	2000	VALKY	70,86	0,1502	28	180,0	192,5	-200,0	5	105,0	110,0	115,0	6	210,0	220,0	230,0	3	537,5	80,73	8
4	Cambeiro Gonzalez Alberto	1995	GALI	72,56	0,1483	35	165,0	175,0	180,0	7	125,0	132,5	-135,0	1	200,0	220,0	-225,0	5	532,5	78,97	7
5	Vicente Pereira Oscar	1997	GALI	72,94	0,1479	29	155,0	165,0	-170,0	9	125,0	132,5	-135,0	2	220,0	-235,0	235,0	2	532,5	78,76	6
6	Perez Peleteiro Abel	2004	VAKNER	74,00	0,1468	34	182,5	190,0	-195,0	6	115,0	120,0	-125,0	5	215,0	-225,0	-227,5	7	525,0	77,07	5
7	Gutierrez Guerra Mario	2006	SALAM	73,60	0,1472	33	180,0	190,0	200,0	3	97,5	102,5	-105,0	9	195,0	207,5	215,0	6	517,5	76,18	4
8	Sanchez Hernandez Angel	2003	SALAM	74,00	0,1468	30	190,0	-200,0	200,0	4	107,5	-112,5	112,5	8	185,0	195,0	205,0	8	517,5	75,97	3
9	De Las Heras Gonzalez Israel	2006	VALKY	71,20	0,1498	31	160,0	170,0	175,0	8	117,5	125,0	127,5	3	162,5	172,5	-180,0	9	475,0	71,16	2
-83kg																					
1	Caballo Orgaz Jesus	1997	SALAM	80,08	0,1410	24	220,0	235,0	247,5	1	125,0	132,5	137,5	6	260,0	280,0	290,0	1	675,0	95,17	12
2	Alvarez Rodriguez Diego	2000	VEPA	82,74	0,1386	23	210,0	220,0	227,5	3	127,5	132,5	-135,0	8	255,0	267,5	-275,0	2	627,5	86,97	9
3	Aguayo Fontecha David	2001	VALKY	81,52	0,1397	21	220,0	230,0	240,0	2	-147,5	147,5	-155,0	1	215,0	-230,0	230,0	11	617,5	86,26	8
4	Trejo Gonzalez Kevin	2001	PUSPV	80,68	0,1404	19	207,5	217,5	-225,0	6	130,0	137,5	140,0	3	230,0	247,5	-257,5	7	605,0	84,94	7
5	Soutullo Trigo Martin	2000	GALI	81,02	0,1401	25	185,0	195,0	202,5	8	127,5	132,5	140,0	4	-237,5	237,5	255,0	4	597,5	83,71	6
6	Diaz Villa Jorge	2003	FENIX	81,36	0,1398	20	200,0	215,0	225,0	4	130,0	140,0	-145,0	5	212,5	230,0	-250,0	10	595,0	83,18	5
7	Alvarez Crespo Samuel	2002	VALKY	82,36	0,1390	22	190,0	205,0	-210,0	7	130,0	140,0	145,0	2	245,0	-265,0	-265,0	8	595,0	82,70	4
8	Gil Aedo Miguel Angel	2006	VALKY	81,72	0,1395	11	205,0	215,0	220,0	5	-117,5	117,5	-120,0	13	-235,0	235,0	250,0	6	587,5	81,96	3
9	Alvarez Delgado Sergio	1993	FNORT	81,30	0,1399	26	170,0	180,0	190,0	12	107,5	112,5	-117,5	15	235,0	250,0	260,0	3	562,5	78,69	2
10	Rodriguez Serrano David	2006	SALAM	82,54	0,1388	18	-190,0	190,0	200,0	10	110,0	117,5	-125,0	14	220,0	235,0	-240,0	9	552,5	76,69	1
11	Mielgo Dominguez Ricardo	2003	FNORT	82,60	0,1388	15	172,5	-175,0	185,0	14	97,5	102,5	107,5	17	230,0	242,5	255,0	5	547,5	75,99	1
12	Prieto Novo Marcos	2006	FNORT	79,30	0,1417	14	185,0	190,0	-192,5	11	100,0	105,0	110,0	16	210,0	225,0	-240,0	12	525,0	74,39	1
13	Gude Vila Alexis	2001	FENIX	78,42	0,1425	13	185,0	200,0	-215,0	9	117,5	122,5	127,5	9	195,0	-210,0	-210,0	17	522,5	74,46	1
14	Garcia Arias Gael	2004	FENIX	80,58	0,1405	12	165,0	175,0	185,0	13	120,0	-125,0	125,0	11	192,5	202,5	212,5	15	522,5	73,41	1
15	Fernandez Banos Pablo	2004	FNORT	82,20	0,1391	16	160,0	-170,0	170,0	16	130,0	135,0	-140,0	7	200,0	207,5	215,0	14	520,0	72,33	1
16	Gago Remeseiro Alberto Taqui	1984	VITAL	80,60	0,1405	17	165,0	-172,5	-175,0	17	120,0	127,5	-132,5	10	210,0	217,5	-222,5	13	510,0	71,66	1
17	Garcia Gonzalez Armando	2000	GTG	80,60	0,1405	10	150,0	160,0	170,0	15	117,5	-122,5	122,5	12	190,0	200,0	-207,5	16	492,5	69,20	1

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HOMBRES POWERLIFTING RAW																					
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS			PRESS BANCA				PESO MUERTO			TOTAL	IPFGL	pt			
-93kg																					
1 Matthes Sanz Sergio	2001	VALKY	92,42	0,1312	40	237,5	247,5	255,0	1	122,5	130,0	-135,0	4	240,0	255,0	270,0	1	655,0	85,94	12	
2 Farina Martinez Ignacio	2005	FNORT	90,18	0,1328	39	225,0	237,5	245,0	2	135,0	142,5	147,5	1	232,5	247,5	260,0	2	652,5	86,65	9	
3 Vicario Mediavilla Marcos	2004	VALKY	91,04	0,1322	43	205,0	215,0	222,5	4	130,0	137,5	-145,0	2	235,0	255,0	-280,0	6	615,0	81,30	8	
4 Castanon De La Fuente Jesus	1980	VEPA	87,44	0,1349	38	205,0	215,0	225,0	3	120,0	125,0	130,0	3	240,0	255,0	-260,0	3	610,0	82,29	7	
5 Gonzalez Santalla Nuno	2003	FENIX	89,98	0,1330	44	180,0	192,5	205,0	5	112,5	117,5	125,0	5	225,0	240,0	255,0	5	585,0	77,81	6	
6 Herrero Gonzalez Sergio	1999	SALAM	89,44	0,1334	37	180,0	190,0	-200,0	6	117,5	120,0	122,5	6	230,0	240,0	255,0	4	567,5	75,70	5	
7 Braham Zabaco Omar	2005	VALKY	92,22	0,1314	42	172,5	182,5	190,0	7	117,5	-125,0	-130,0	7	220,0	237,5	-250,0	7	545,0	71,61	4	
8 Freire Aquelleiro Oscar	1995	FENIX	85,56	0,1363	41	165,0	175,0	182,5	8	100,0	105,0	107,5	8	215,0	225,0	235,0	8	525,0	71,56	3	
-105kg																					
1 Lado Campana Daniel	1997	FENIX	100,98	0,1257	50	-252,5	260,0	272,5	1	150,0	-157,5	157,5	1	277,5	290,0	305,0	1	735,0	92,39	12	
2 Romo Torralba Guillermo	1994	RSLIF	101,96	0,1252	51	230,0	245,0	-255,0	3	140,0	150,0	155,0	2	270,0	290,0	300,0	2	700,0	87,64	9	
3 Abad Costa Ismael	2002	FENIX	103,56	0,1243	49	230,0	245,0	255,0	2	135,0	140,0	142,5	4	-242,5	257,5	X	6	655,0	81,42	8	
4 Campillo Suarez Daniel	1997	GTG	102,44	0,1249	46	220,0	230,0	240,0	4	130,0	137,5	-140,0	5	245,0	260,0	272,5	4	650,0	81,19	7	
5 Seijas Gonzalez Martin	2001	FENIX	102,64	0,1248	47	225,0	240,0	-250,0	5	120,0	127,5	-132,5	6	250,0	270,0	-282,5	5	637,5	79,56	6	
6 Ortiz Barron Alejandro Luis	1995	FENIX	101,98	0,1252	48	205,0	215,0	222,5	6	137,5	145,0	150,0	3	240,0	255,0	-265,0	7	627,5	78,56	5	
7 Sanchez Valle Javier	1997	SALAM	104,44	0,1238	45	200,0	215,0	220,0	7	110,0	120,0	-125,0	7	250,0	275,0	-300,0	3	615,0	76,14	4	

CLASIFICACIÓN POR CLUBES			
	pt.	Puntuaciones	
1 FENIX GALICIA POWER	48	[12+12+9+8+7]	401,69 GL Pts
2 VALKYRIA PT Valladolid	40	[12+8+8+8+4]	416,94 GL Pts
3 GRIND TEAM Gijon	34	[9+9+8+7+1]	371,31 GL Pts
4 POWERLIFTING SALAMANCA	28	[12+5+4+4+3]	399,16 GL Pts
5 PUCELA STENGTH POWER Valladolid	19	[12+7]	170,41 GL Pts
6 GALILIFTERS Pontevedra	19	[7+6+6]	241,44 GL Pts

CLASIFICACIÓN POR CLUBES			
	pt.	Puntuaciones	
7 VAKNER POWERLIFTING GALIZA	17	[12+5]	160,89 GL Pts
8 VETUSTA POWERLIFTING Asturias	16	[9+7]	169,26 GL Pts
9 FUERZA NORTE Leon	14	[9+2+1+1]	388,06 GL Pts
10 RS LIFTING Avila	13	[9+4]	155,30 GL Pts
11 GIM VITAL Pontevedra	7	[6+1]	144,38 GL Pts

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HOMBRES POWERLIFTING RAW										
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS	PRESS BANCA	PESO MUERTO	TOTAL	IPFGL pt

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL						
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Caballo Orgaz Jesus	SALAM	80,08	-83kg	675,0	95,17	1
2 Lado Campana Daniel	FENIX	100,98	-105kg	735,0	92,39	1
3 Romo Torralba Guillermo	RSLIF	101,96	-105kg	700,0	87,64	2
4 Alvarez Rodriguez Diego	VEPA	82,74	-83kg	627,5	86,97	2
5 Farina Martinez Ignacio	FNORT	90,18	-93kg	652,5	86,65	2
6 Aguayo Fontecha David	VALKY	81,52	-83kg	617,5	86,26	3
7 Matthes Sanz Sergio	VALKY	92,42	-93kg	655,0	85,94	1
8 Martin Vidal Oliver	PUSPV	65,86	-66kg	547,5	85,46	1
9 Trejo Gonzalez Kevin	PUSPV	80,68	-83kg	605,0	84,94	4
10 Menai. Mehdi Nabil	VAKNER	73,18	-74kg	567,5	83,82	1
11 Soutullo Trigo Martin	GALI	81,02	-83kg	597,5	83,71	5
12 Diaz Villa Jorge	FENIX	81,36	-83kg	595,0	83,18	6
13 Alvarez Crespo Samuel	VALKY	82,36	-83kg	595,0	82,70	7
14 Castanon De La Fuente Jesus	VEPA	87,44	-93kg	610,0	82,29	4
15 Gil Aedo Miguel Angel	VALKY	81,72	-83kg	587,5	81,96	8
16 Martinez Ramos Alex	FENIX	72,16	-74kg	550,0	81,78	2
17 Abad Costa Ismael	FENIX	103,56	-105kg	655,0	81,42	3
18 Vicario Mediavilla Marcos	VALKY	91,04	-93kg	615,0	81,30	3
19 Campillo Suarez Daniel	GTG	102,44	-105kg	650,0	81,19	4
20 Ronquillo Aldana Carlos Antonio	VALKY	70,86	-74kg	537,5	80,73	3
21 Seijas Gonzalez Martin	FENIX	102,64	-105kg	637,5	79,56	5
22 Cambeiro Gonzalez Alberto	GALI	72,56	-74kg	532,5	78,97	4
23 Vicente Pereira Oscar	GALI	72,94	-74kg	532,5	78,76	5
24 Alvarez Delgado Sergio	FNORT	81,30	-83kg	562,5	78,69	9
25 Ortiz Barron Alejandro Luis	FENIX	101,98	-105kg	627,5	78,56	6
26 Alvarez Sanchez. Adrian	GTG	65,84	-66kg	502,5	78,44	2
27 Gonzalez Santalla Nuno	FENIX	89,98	-93kg	585,0	77,81	5
28 Perez Peleteiro Abel	VAKNER	74,00	-74kg	525,0	77,07	6
29 Sanchez Merchan Iker Joan	GTG	65,14	-66kg	490,0	76,93	3
30 Rodriguez Serrano David	SALAM	82,54	-83kg	552,5	76,69	10

ABREVIACIONES de CLUBES:

FENIX = FENIX GALICIA POWER
 FNORT = FUERZA NORTE Leon
 GALI = GALILIFTERS Pontevedra
 GTG = GRIND TEAM Gijon
 PUSPV = PUCELA STENGTH POWER Valladolid
 RSLIF = RS LIFTING Avila
 SALAM = POWERLIFTING SALAMANCA
 VAKNER = VAKNER POWERLIFTING GALIZA
 VALKY = VALKYRIA PT Valladolid
 VEPA = VETUSTA POWERLIFTING Asturias
 VITAL = GIM VITAL Pontevedra