

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**I Campeonato Goierri - PWR Navarra**  
AEP-3 de iniciación de Guipuzkoa y clubes invitados  
Urretxu, Guipuzkoa - 4 febrero 2024

Rev. 04/02/2024

<b>HOMBRES POWERLIFTING RAW</b>																	
<b>LEVANTADOR</b>	<b>AÑO</b>	<b>CLUB</b>	<b>PESO</b>	<b>COEF.</b>	<b>Ord.</b>	<b>SENTADILLAS</b>			<b>PRESS BANCA</b>			<b>PESO MUERTO</b>			<b>TOTAL</b>	<b>IPFGL</b>	
<b>-66 kg</b>																	
1		Revenga Conde Ignacio Javier	BURGOS	65,00		23	160,0	170,0	175,0	-105,0	107,5	110,0	220,0	232,5	240,0	<b>525,0</b>	<b>82,50</b>
2		Garrido Gómez Martín	NAVAR	64,50		19	-160,0	167,5	172,5	80,0	-87,5	87,5	180,0	197,5	207,5	<b>467,5</b>	<b>73,77</b>
3		Vegas Diez Ioritz	GOIER	64,50		21	-135,0	142,5	155,0	80,0	85,0	90,0	147,5	160,0	175,0	<b>420,0</b>	<b>66,27</b>
4		Melchor Alvarez Aritz	GOIER	65,50		25	-130,0	140,0	-147,5	82,5	90,0	-92,5	132,5	147,5	155,0	<b>385,0</b>	<b>60,26</b>
--		Sancho Fernández Marcos	NAVAR	64,50		22	-92,5	-100,0	-100,0	50,0	55,0	60,0	-152,5	152,5	160,0	<b>0,0</b>	<b>0,00</b>
<b>-74 kg</b>																	
1		Román Garatea Diego	NAVAR	72,00		36	180,0	192,5	197,5	115,0	-125,0	125,0	240,0	252,5	257,5	<b>580,0</b>	<b>86,37</b>
2		Benavides Pina Daniel	NAVAR	73,00		37	202,5	210,0	215,0	102,5	112,5	115,0	210,0	230,0	-237,5	<b>560,0</b>	<b>82,80</b>
3		Vicente Bienzobas Antonio	BURGOS	72,00		44	170,0	177,5	185,0	125,0	130,0	132,5	200,0	215,0	227,5	<b>545,0</b>	<b>81,16</b>
4		Vicario Saiz Oscar	BURGOS	72,50		35	185,0	195,0	200,0	97,5	102,5	110,0	200,0	212,5	-222,5	<b>522,5</b>	<b>77,53</b>
5		Ibarrondo Arana Aimar	ERASO	73,00		38	150,0	160,0	170,0	120,0	125,0	130,0	195,0	205,0	215,0	<b>515,0</b>	<b>76,14</b>
6		Vargas Gil Ibon	NAVAR	72,50		41	185,0	-192,5	195,0	97,5	102,5	107,5	-210,0	210,0	-220,0	<b>512,5</b>	<b>76,05</b>
7		Aldekoa Etxebarria Urdatz	ERASO	73,00		39	170,0	180,0	185,0	107,5	112,5	115,0	185,0	195,0	-205,0	<b>495,0</b>	<b>73,19</b>
8		Assogba Galparsoro Jon	GOIER	71,50		34	145,0	155,0	160,0	65,0	70,0	75,0	200,0	215,0	225,0	<b>460,0</b>	<b>68,75</b>
9		García Vázquez Rubén	GOIER	72,50		43	145,0	155,0	162,5	72,5	77,5	-82,5	190,0	200,0	205,0	<b>445,0</b>	<b>66,03</b>
10		Montón Guinea Oier	NAVAR	70,50		47	150,0	160,0	167,5	80,0	85,0	-87,5	170,0	180,0	187,5	<b>440,0</b>	<b>66,25</b>
11		Marco Ortiz Hugo	BURGOS	72,00		45	-145,0	145,0	-150,0	77,5	82,5	-87,5	185,0	190,0	200,0	<b>427,5</b>	<b>63,66</b>
12		Egia Encinas Julen	GOIER	72,50		40	120,0	130,0	137,5	72,5	77,5	80,0	157,5	170,0	180,0	<b>397,5</b>	<b>58,98</b>
13		Fernández Martínez Izan	NAVAR	72,50		42	130,0	140,0	-150,0	75,0	80,0	-82,5	155,0	167,5	175,0	<b>395,0</b>	<b>58,61</b>
14		Alles Miguel Marco	GOIER	73,50		46	-125,0	-125,0	125,0	-85,0	90,0	-95,0	-140,0	155,0	170,0	<b>385,0</b>	<b>56,72</b>
<b>-83 kg</b>																	
1		Blanco Payo Diego	BURGOS	82,00		58	180,0	190,0	195,0	122,5	130,0	135,0	205,0	220,0	230,0	<b>560,0</b>	<b>78,00</b>
2		Baqueriza Díaz Ekaitz	BURGOS	77,50		52	180,0	192,5	195,0	122,5	130,0	132,5	185,0	205,0	220,0	<b>547,5</b>	<b>78,48</b>
3		Vázquez Díaz Pablo	GOIER	79,50		51	165,0	172,5	185,0	120,0	127,5	135,0	185,0	195,0	210,0	<b>530,0</b>	<b>74,99</b>
4		Sagasti Ochoa Julen	NAVAR	81,00		60	150,0	160,0	175,0	92,5	-97,5	-100,0	215,0	227,5	235,0	<b>502,5</b>	<b>70,42</b>
5		Medel Gómez Liher	GOIER	77,50		54	-172,5	-180,0	185,0	95,0	100,0	105,0	195,0	205,0	210,0	<b>500,0</b>	<b>71,67</b>
6		Nogales Pérez Aimar	GOIER	79,50		49	-170,0	170,0	180,0	85,0	90,0	-92,5	202,5	-220,0	220,0	<b>490,0</b>	<b>69,33</b>
7		Nuevo Galiana Jesus Daniel	BURGOS	81,00		56	152,5	162,5	167,5	95,0	100,0	-102,5	200,0	212,5	222,5	<b>490,0</b>	<b>68,67</b>
8		Legaria Sanz De Galdeano Asier	NAVAR	81,00		57	170,0	180,0	190,0	95,0	102,5	110,0	165,0	175,0	185,0	<b>485,0</b>	<b>67,97</b>
9		Blanco Gonzalez Iker	BURGOS	81,00		61	160,0	172,5	180,0	110,0	117,5	120,0	-180,0	-180,0	180,0	<b>480,0</b>	<b>67,27</b>
10		Molina Valladolid Christian Andrés	NAVAR	81,00		53	155,0	165,0	175,0	90,0	97,5	105,0	165,0	177,5	190,0	<b>470,0</b>	<b>65,87</b>
11		Fernández Arias Jorge	GOIER	79,50		48	-150,0	150,0	160,0	110,0	115,0	-120,0	160,0	170,0	177,5	<b>452,5</b>	<b>64,02</b>
12		Montes Theo	GOIER	78,50		55	157,5	-165,0	-165,0	-100,0	105,0	-110,0	160,0	167,5	-180,0	<b>430,0</b>	<b>61,24</b>
13		Ochoa Baines Unai	NAVAR	82,00		50	97,5	112,5	125,0	72,5	77,5	-82,5	130,0	142,5	-155,0	<b>345,0</b>	<b>48,05</b>

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<b>LEVANTADOR</b>	<b>AÑO</b>	<b>CLUB</b>	<b>PESO</b>	<b>COEF.</b>	<b>Ord.</b>	<b>SENTADILLAS</b>			<b>PRESS BANCA</b>			<b>PESO MUERTO</b>			<b>TOTAL</b>	<b>IPFGL</b>
<b>-93 kg</b>																
1		Torralba Alonso Endika	BURGOS	92,50	33	220,0	235,0	X	-125,0	130,0	135,0	240,0	260,0	270,0	<b>640,0</b>	<b>83,95</b>
2		López Dambolenea Iker	GOIER	88,00	32	212,5	225,0	230,0	117,5	125,0	-132,5	235,0	250,0	260,0	<b>615,0</b>	<b>82,67</b>
3		Kintana De Vega Lander	BURGOS	91,50	28	170,0	185,0	200,0	-115,0	120,0	127,5	225,0	242,5	260,0	<b>587,5</b>	<b>77,47</b>
4		Bidezabal Garrastazu Mikel	GOIER	89,50	27	180,0	190,0	200,0	115,0	125,0	130,0	200,0	210,0	220,0	<b>550,0</b>	<b>73,32</b>
5		Merino Lopez De Robles Unax	NAVAR	91,00	29	185,0	195,0	-205,0	-120,0	120,0	-130,0	220,0	230,0	-235,0	<b>545,0</b>	<b>72,06</b>
6		Otero Campo Miguel Angel	GOIER	91,50	26	180,0	190,0	-195,0	120,0	125,0	130,0	190,0	200,0	205,0	<b>525,0</b>	<b>69,23</b>
7		Alvarez Barrena Raúl	GOIER	84,00	30	155,0	162,5	170,0	110,0	115,0	120,0	180,0	195,0	202,5	<b>492,5</b>	<b>67,76</b>
8		Roman Urtaran Urko	GOIER	87,50	31	-170,0	180,0	187,5	105,0	110,0	-117,5	185,0	195,0	-210,0	<b>492,5</b>	<b>66,39</b>
<b>-105 kg</b>																
1		Guerrero Rodriguez Jon Ander	GOIER	99,00	20	222,5	230,0	-240,0	132,5	-140,0	-140,0	250,0	255,0	-260,0	<b>617,5</b>	<b>78,38</b>
2		Larrinaga Larrea Egoitz	ERASO	103,50	18	180,0	195,0	205,0	105,0	112,5	117,5	220,0	240,0	-255,0	<b>562,5</b>	<b>69,92</b>
3		Arizaleta Legaria Jon	NAVAR	104,00	24	195,0	207,5	-212,5	117,5	122,5	-127,5	205,0	215,0	-220,0	<b>545,0</b>	<b>67,59</b>
<b>-120 kg</b>																
1		Fernandes Babiano Daniel	NAVAR	113,50	59	192,5	205,0	215,0	92,5	97,5	102,5	222,5	235,0	250,0	<b>567,5</b>	<b>67,62</b>

<b>MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL</b>							<b>ABREVIACIONES de CLUBES:</b>
<b>Nombre</b>	<b>Club</b>	<b>Peso</b>	<b>Cat.</b>	<b>Total</b>	<b>GL pt.</b>	<b>Clas.</b>	
1	ROMÁN GARATEA DIEGO	72,00	-74kg	<b>580,0</b>	<b>86,37</b>	1	BURGOS = BURGOS
2	TORRALBA ALONSO ENDIKA	92,50	-93kg	<b>640,0</b>	<b>83,95</b>	1	ERASO = ERASO
3	BENAVIDES PINA DANIEL	73,00	-74kg	<b>560,0</b>	<b>82,80</b>	2	GOIER = GOIER
4	LÓPEZ DAMBOLNEA IKER	88,00	-93kg	<b>615,0</b>	<b>82,67</b>	2	NAVAR = NAVAR
5	REVENGA CONDE IGNACIO JAVIER	65,00	-66kg	<b>525,0</b>	<b>82,50</b>	1	NUMA = POWERLIFTING NUMANCIA
6	VICENTE BIENZOBAS ANTONIO	72,00	-74kg	<b>545,0</b>	<b>81,16</b>	3	
7	BAQUERIZA DIAZ EKAITZ	77,50	-83kg	<b>547,5</b>	<b>78,48</b>	2	
8	GUERRERO RODRIGUEZ JON ANDER	99,00	-105kg	<b>617,5</b>	<b>78,38</b>	1	
9	BLANCO PAYO DIEGO	82,00	-83kg	<b>560,0</b>	<b>78,00</b>	1	
10	VICARIO SAIZ OSCAR	72,50	-74kg	<b>522,5</b>	<b>77,53</b>	4	
11	KINTANA DE VEGA LANDER	91,50	-93kg	<b>587,5</b>	<b>77,47</b>	3	
12	IBARRONDO ARANA AIMAR	73,00	-74kg	<b>515,0</b>	<b>76,14</b>	5	
13	VARGAS GIL IBON	72,50	-74kg	<b>512,5</b>	<b>76,05</b>	6	
14	VÁZQUEZ DÍAZ PABLO	79,50	-83kg	<b>530,0</b>	<b>74,99</b>	3	
15	GARRIDO GÓMEZ MARTÍN	64,50	-66kg	<b>467,5</b>	<b>73,77</b>	2	
16	BIDEZABAL GARRASTAZU MIKEL	89,50	-93kg	<b>550,0</b>	<b>73,32</b>	4	
17	ALDEKOA ETXEARRIA URDATZ	73,00	-74kg	<b>495,0</b>	<b>73,19</b>	7	
18	MERINO LOPEZ DE ROBLES UNAX	91,00	-93kg	<b>545,0</b>	<b>72,06</b>	5	
19	MEDEL GÓMEZ LIHER	77,50	-83kg	<b>500,0</b>	<b>71,67</b>	5	
20	SAGASTI OCHOA JULEN	81,00	-83kg	<b>502,5</b>	<b>70,42</b>	4	