

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

I Campeonato Centaurus Cup

AEP-3 de iniciación de Barcelona y clubes invitados de Cataluña

Sant Adrià de Besòs, Barcelona - 1 junio 2024

Rev. 03/06/2024

MUJERES POWERLIFTING RAW																
LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
-52 kg																
1 Lozoya López Estefania	2002	RZPOW	49,90		3	-77,5	77,5	-85,0	40,0	45,0	47,5	90,0	100,0	105,0	230,0	60,23
-57 kg																
1 Rojas Manrique Sara	2005	VOLCA	54,10		8	102,5	107,5	112,5	52,5	57,5	60,0	125,0	132,5	140,0	312,5	76,35
2 Rojas Urrego Alejandra	1993	PBAR	55,60		11	107,5	112,5	-117,5	-52,5	55,0	57,5	112,5	120,0	125,0	295,0	70,52
3 Pérez Arenas Laia	1999	PBAR	54,30		10	95,0	105,0	112,5	32,5	37,5	42,5	105,0	115,0	122,5	277,5	67,59
-63 kg																
1 Fernández Roura Claudia	2001	RZPOW	60,60		6	110,0	120,0	130,0	50,0	55,0	60,0	110,0	125,0	140,0	330,0	74,08
2 Garcia Nilo Ester	2005	MOON	59,20		5	85,0	92,5	100,0	47,5	52,5	55,0	100,0	110,0	117,5	272,5	62,18
3 Romea Nieto Noa	2005	RIVAL	61,40		1	85,0	92,5	-100,0	-42,5	45,0	-50,0	100,0	112,5	-122,5	250,0	55,63
4 Marcos Saiz Sílvia	1979	OLYMP	59,90		4	-70,0	75,0	80,0	37,5	40,0	-42,5	80,0	95,0	-105,0	215,0	48,66
-69 kg																
1 Salichs Cotrina Milena	2004	MOON	67,90		17	125,0	135,0	-145,0	75,0	80,0	-82,5	-170,0	170,0	175,0	390,0	81,53
2 Sanoja Moya Veronica	2000	TNEWE	64,45		19	-120,0	120,0	-125,0	52,5	55,0	-57,5	145,0	-155,0	155,0	330,0	71,17
3 Vives Benedicto Mònica	2005	FVILLA	66,60		15	105,0	112,5	115,0	72,5	75,0	77,5	120,0	130,0	137,5	330,0	69,77
4 Fitó Rosillo Helena	2001	UNDER	68,20		16	110,0	117,5	-122,5	62,5	67,5	-72,5	105,0	115,0	-120,0	300,0	62,56
5 Tudela Garulera Meritxell	2004	RIVAL	67,50		13	105,0	110,0	115,0	57,5	60,0	-65,0	105,0	115,0	122,5	297,5	62,41
6 Gavilanes Hospital Alejandra	2000	TNEWE	65,05		12	97,5	102,5	107,5	47,5	52,5	-57,5	120,0	130,0	-135,0	290,0	62,18
7 Font Torroella Emma	1999	RZPOW	67,00		18	102,5	110,0	-115,0	45,0	-47,5	X	110,0	120,0	130,0	285,0	60,04
-76 kg																
1 Moreno Aguado Sonia	2006	RZPOW	72,10		38	92,5	-100,0	100,0	50,0	55,0	-57,5	120,0	-127,5	-127,5	275,0	55,65
-84 kg																
1 Calderón Jiménez Carla	1996	ATNEA	78,85		41	122,5	-130,0	130,0	70,0	75,0	-80,0	140,0	145,0	152,5	357,5	69,31
2 De Miguel Jiménez Noelia	1994	RZPOW	77,20		39	102,5	110,0	115,0	40,0	-45,0	-45,0	125,0	-135,0	-135,0	280,0	54,80

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Salichs Cotrina Milena	MOON	67,90	-69kg	390,0	81,53	1
2 Rojas Manrique Sara	VOLCA	54,10	-57kg	312,5	76,35	1
3 Fernández Roura Claudia	RZPOW	60,60	-63kg	330,0	74,08	1
4 Sanoja Moya Veronica	TNEWE	64,45	-69kg	330,0	71,17	2
5 Rojas Urrego Alejandra	PBAR	55,60	-57kg	295,0	70,52	2
6 Vives Benedicto Mònica	FVILLA	66,60	-69kg	330,0	69,77	3
7 Calderón Jiménez Carla	ATNEA	78,85	-84kg	357,5	69,31	1
8 Pérez Arenas Laia	PBAR	54,30	-57kg	277,5	67,59	3
9 Fitó Rosillo Helena	UNDER	68,20	-69kg	300,0	62,56	4
10 Tudela Garulera Meritxell	RIVAL	67,50	-69kg	297,5	62,41	5
11 Garcia Nilo Ester	MOON	59,20	-63kg	272,5	62,18	2
12 Gavilanes Hospital Alejandra	TNEWE	65,05	-69kg	290,0	62,18	6

ABREVIACIONES de CLUBES:

ATNEA = ATNEA POWERLIFTING Barcelona
 FLSKEN = FORÇA LAIESKEN Barcelona
 FVILLA = FORÇA VILLAFRANCA
 FRTIK = FRENETIK POWERLIFTING Barcelona
 MOON = MOONSTONE BARBELL Sabadell
 OLYMP = OLYMPIA BARCELONA
 PBAR = POWERLIFTING BARCELONA
 PRAET = PRAETORIANS Tarragona
 RIVAL = RIVAL POWERLIFTING Barcelona
 RZPOW = RZ POWER TEAM Sabadell
 STBSTR = STB STRENGTH Barcelona
 TNWER = THE NEW ERA TEAM Barcelona
 UNDER = UNDERGROUND LIFTING Barcelona
 VOLCAN = VOLCANO STRENGTH Girona