

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**VII Campeonato del NorOeste, Tierras del Cid**  
AEP-2 Interregional del NOROESTE  
Asturias, Cantabria, Castilla y León, Galicia, Euskadi, La Rioja y Navarra  
Villagonzalo Pedernales, Burgos - 8 junio 2024

Rev. 13/06/2024

<b>HOMBRES POWERLIFTING RAW</b>																					
<b>LEVANTADOR</b>		<b>AÑO</b>	<b>CLUB</b>	<b>PESO</b>	<b>COEF.</b>	<b>Ord,</b>	<b>SENTADILLAS</b>			<b>PRESS BANCA</b>			<b>PESO MUERTO</b>			<b>TOTAL</b>	<b>IPFGL</b>	<b>Pt.</b>			
<b>-59kg</b>																					
1	Mallo Placer Borja	1994	FENIX	58,02	0,1670	8	147,5	157,5	165,0	1	95,0	100,0	-102,5	1	165,0	175,0	-185,0	1	440,0	73,48	12
<b>-66kg</b>																					
1	Miguez Barquero Lorenzo	2001	VAKNER	65,68	0,1563	11	180,0	190,0	-200,0	2	125,0	130,0	137,5	1	185,0	195,0	202,5	1	530,0	82,84	12
2	Lungu Lucian Ionut Titel	1997	VAKNER	64,64	0,1576	10	180,0	190,0	-195,0	1	127,5	132,5	-140,0	2	190,0	-205,0	-205,0	2	512,5	80,77	9
<b>-74kg</b>																					
1	Roman Garatea Diego	2003	NAVAR	72,82	0,1480	15	190,0	200,0	205,0	3	125,0	130,0	135,0	3	250,0	260,0	-270,0	1	600,0	88,80	12
2	Gonzalez Rodriguez. Antonio Jose	2004	VITAL	73,62	0,1472	13	205,0	207,5	220,0	1	-135,0	-140,0	140,0	1	230,0	-250,0	-250,0	4	590,0	86,85	9
3	Ivars Amor Alejandro	1994	NAVAR	73,60	0,1472	14	180,0	190,0	197,5	5	120,0	127,5	132,5	4	225,0	240,0	250,0	2	580,0	85,38	8
4	Iturri Villacorta Kerby	2004	RBC	73,00	0,1479	12	200,0	210,0	-217,5	2	102,5	110,0	-112,5	5	245,0	-257,5	-260,0	3	565,0	83,56	7
5	Vicente Bienzobas Antonio	2003	BURGOS	73,58	0,1472	16	180,0	187,5	200,0	4	127,5	135,0	137,5	2	205,0	225,0	-240,0	5	562,5	82,80	6
<b>-83kg</b>																					
1	Eskibel Lapresa Mikel	2000	NAVAR	81,78	0,1395	20	210,0	220,0	225,0	2	152,5	157,5	162,5	1	230,0	240,0	245,0	6	632,5	88,23	12
2	Sanz Hernandez Ander	1997	GOIER	82,24	0,1391	22	205,0	217,5	225,0	3	130,0	135,0	140,0	4	240,0	255,0	260,0	3	625,0	86,94	9
3	Alvarez Crespo Samuel	2002	VALKY	82,18	0,1391	19	192,5	205,0	212,5	6	135,0	145,0	-150,0	2	240,0	252,5	262,5	2	620,0	86,24	8
4	Vega Gomez Yeray	2000	RBC	82,16	0,1391	17	210,0	220,0	230,0	1	122,5	127,5	132,5	5	-240,0	250,0	-265,0	4	612,5	85,20	7
5	Campa Liébana Unax	2005	RBC	81,90	0,1394	18	197,5	210,0	217,5	4	117,5	125,0	127,5	6	250,0	262,5	-275,0	1	607,5	84,69	6
6	Soutullo Trigo Martin	2000	GALI	82,16	0,1391	21	197,5	207,5	215,0	5	132,5	140,0	-142,5	3	247,5	-255,0	-272,5	5	602,5	83,81	5
<b>-93kg</b>																					
1	Pernas Rio Jonathan	1999	FENIX	92,30	0,1313	31	240,0	260,0	-270,0	1	-170,0	-170,0	170,0	2	-275,0	275,0	285,0	2	715,0	93,88	12
2	Isasi Olazabal Gaizka	1998	NAVAR	92,02	0,1315	29	240,0	252,5	-257,5	2	155,0	170,0	-175,0	1	260,0	275,0	-292,5	5	697,5	91,72	9
3	Gomez Sanz Jesus	2000	RBC	91,76	0,1317	25	237,5	245,0	250,0	3	140,0	150,0	152,5	3	255,0	270,0	-287,5	7	672,5	88,57	8
4	Torralla Alonso Endika	1999	IHB	92,12	0,1314	30	-235,0	242,5	-252,5	4	137,5	140,0	145,0	6	260,0	280,0	-287,5	3	667,5	87,71	7
5	Jimenez Arribas Miguel	1996	FNORT	92,88	0,1309	27	205,0	215,0	225,0	7	135,0	140,0	145,0	7	270,0	-282,5	290,0	1	660,0	86,39	6
6	Eleta Garcia De Vicuña Iñigo	1999	NAVAR	90,00	0,1329	32	215,0	225,0	235,0	5	140,0	-145,0	145,0	5	255,0	270,0	-290,0	6	650,0	86,39	5
7	Aranguren Oquinena Asier	1992	NAVAR	91,48	0,1319	26	222,5	-235,0	-240,0	8	132,5	140,0	142,5	8	247,5	265,0	275,0	4	640,0	84,42	4
8	Fernandez Ramos. Guillermo	1995	VAKNER	92,22	0,1314	28	222,5	235,0	-245,0	6	142,5	150,0	-157,5	4	235,0	250,0	-260,0	8	635,0	83,44	3
<b>-105kg</b>																					
1	Seron Arizmendi Endika	1998	GOIER	98,58	0,1272	7	240,0	255,0	265,0	2	147,5	157,5	-162,5	2	265,0	290,0	-312,5	2	712,5	90,63	12
2	Bustillo Garcia Carlos	1993	BURGOS	103,94	0,1240	3	237,5	252,5	260,0	3	130,0	135,0	140,0	6	270,0	290,0	300,0	1	700,0	86,80	9
3	Alonso Seco Miguel	1996	FNORT	104,96	0,1235	6	240,0	260,0	275,0	1	142,5	150,0	-155,0	5	260,0	275,0	-290,0	4	700,0	86,45	8
4	Romo Torralba Guillermo	1994	RSLIF	102,84	0,1247	2	250,0	-260,0	-260,0	4	145,0	155,0	-160,0	3	280,0	-300,0	-300,0	3	685,0	85,42	7
5	Gonzalez Pisano Andres	1996	ENTINT	104,02	0,1240	4	235,0	250,0	-255,0	5	155,0	165,0	170,0	1	230,0	240,0	-250,0	6	660,0	81,84	6
6	Juanes Carrasco Oscar	1995	VAKNER	104,10	0,1240	5	240,0	250,0	-255,0	6	147,5	155,0	-160,0	4	252,5	-265,0	-265,0	5	657,5	81,53	5
<b>-120kg</b>																					
1	Ochoa Paniz Markel	1994	RBARB	118,98	0,1167	23	255,0	275,0	280,0	1	145,0	150,0	155,0	1	280,0	310,0	-315,0	1	745,0	86,94	12
<b>120+kg</b>																					
1	Echebarria San Francisco Asier	1995	NAVAR	142,76	0,1082	24	-255,0	265,0	-275,0	1	145,0	150,0	155,0	1	265,0	285,0	-300,0	1	705,0	76,28	12

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CLASIFICACIÓN POR CLUBES			
	pt.	Puntuaciones	
1 POWERLIFTING NAVARRA	53	[12+12+12+9+8]	430,41 GL Pts
2 RAW BARBELL CLUB Bizkaia	40	[12+8+7+7+6]	428,96 GL Pts
3 VAKNER POWERLIFTING GALIZA	29	[12+9+5+3]	167,36 GL Pts
4 FENIX GALICIA POWER	24	[12+12]	177,57 GL Pts
5 GOIERRI KE Guipuzkoa	21	[12+9]	247,81 GL Pts
6 STRENGTH BURGOS	15	[9+6]	169,60 GL Pts
7 FUERZA NORTE Leon	14	[8+6]	172,84 GL Pts

CLASIFICACIÓN POR CLUBES			
	pt.	Puntuaciones	
8 GIM VITAL Pontevedra	9	[9]	86,85 GL Pts
9 VALKYRIA PT Valladolid	8	[8]	86,24 GL Pts
10 IRON HELL Bizkaia	7	[7]	87,71 GL Pts
11 RS LIFTING Avila	7	[7]	85,42 GL Pts
12 TEAM ELITETRAINER Santander	6	[6]	81,84 GL Pts
13 GALILIFTERS Pontevedra	5	[5]	83,81 GL Pts

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL							
Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Pernas Rio Jonathan	1999	FENIX	92,30	-93kg	<b>715,0</b>	<b>93,88</b>	1
2 Isasi Olazabal Gaizka	1998	NAVAR	92,02	-93kg	<b>697,5</b>	<b>91,72</b>	2
3 Seron Arizmendi Endika	1998	GOIER	98,58	-105kg	<b>712,5</b>	<b>90,63</b>	1
4 Roman Garatea Diego	2003	NAVAR	72,82	-74kg	<b>600,0</b>	<b>88,80</b>	1
5 Gomez Sanz Jesus	2000	RBC	91,76	-93kg	<b>672,5</b>	<b>88,57</b>	3
6 Eskibel Lapresa Mikel	2000	NAVAR	81,78	-83kg	<b>632,5</b>	<b>88,23</b>	1
7 Torralba Alonso Endika	1999	IHB	92,12	-93kg	<b>667,5</b>	<b>87,71</b>	4
8 Sanz Hernandez Ander	1997	GOIER	82,24	-83kg	<b>625,0</b>	<b>86,94</b>	2
9 Ochoa Paniz Markel	1994	RBARB	118,98	-120kg	<b>745,0</b>	<b>86,94</b>	1
10 Gonzalez Rodriguez. Antonio Jose	2004	VITAL	73,62	-74kg	<b>590,0</b>	<b>86,85</b>	2
11 Bustillo Garcia Carlos	1993	BURGOS	103,94	-105kg	<b>700,0</b>	<b>86,80</b>	2
12 Alonso Seco Miguel	1996	FNORT	104,96	-105kg	<b>700,0</b>	<b>86,45</b>	3
13 Jimenez Arribas Miguel	1996	FNORT	92,88	-93kg	<b>660,0</b>	<b>86,39</b>	5
14 Eleta Garcia De Vicuña Iñigo	1999	NAVAR	90,00	-93kg	<b>650,0</b>	<b>86,39</b>	6
15 Alvarez Crespo Samuel	2002	VALKY	82,18	-83kg	<b>620,0</b>	<b>86,24</b>	3
16 Romo Torralba Guillermo	1994	RSLIF	102,84	-105kg	<b>685,0</b>	<b>85,42</b>	4
17 Ivars Amor Alejandro	1994	NAVAR	73,60	-74kg	<b>580,0</b>	<b>85,38</b>	3
18 Vega Gomez Yeray	2000	RBC	82,16	-83kg	<b>612,5</b>	<b>85,20</b>	4
19 Campa Liébana Unax	2005	RBC	81,90	-83kg	<b>607,5</b>	<b>84,69</b>	5
20 Aranguren Oquinena Asier	1992	NAVAR	91,48	-93kg	<b>640,0</b>	<b>84,42</b>	7
21 Soutullo Trigo Martin	2000	GALI	82,16	-83kg	<b>602,5</b>	<b>83,81</b>	6
22 Iturri Villacorta Kerby	2004	RBC	73,00	-74kg	<b>565,0</b>	<b>83,56</b>	4
23 Fernandez Ramos. Guillermo	1995	VAKNER	92,22	-93kg	<b>635,0</b>	<b>83,44</b>	8
24 Miguez Barquero Lorenzo	2001	VAKNER	65,68	-66kg	<b>530,0</b>	<b>82,84</b>	1
25 Vicente Bienzobas Antonio	2003	BURGOS	73,58	-74kg	<b>562,5</b>	<b>82,80</b>	5
26 Gonzalez Pisano Andres	1996	ENTINT	104,02	-105kg	<b>660,0</b>	<b>81,84</b>	5
27 Juanes Carrasco Oscar	1995	VAKNER	104,10	-105kg	<b>657,5</b>	<b>81,53</b>	6
28 Lungu Lucian Ionut Titel	1997	VAKNER	64,64	-66kg	<b>512,5</b>	<b>80,77</b>	2

### ABREVIACIONES de CLUBES:

BURGOS = STRENGTH BURGOS  
 ENTINT = TEAM ELITETRAINER Santander  
 FENIX = FENIX GALICIA POWER  
 FNORT = FUERZA NORTE Leon  
 GALI = GALILIFTERS Pontevedra  
 GOIER = GOIERRI KE Guipuzkoa  
 IHB = IRON HELL Bizkaia  
 NAVAR = POWERLIFTING NAVARRA  
 RBARB = RAW BARBELL CLUB Bizkaia  
 RBC = RAW BARBELL CLUB Bizkaia  
 RSLIF = RS LIFTING Avila  
 VAKNER = VAKNER POWERLIFTING GALIZA  
 VALKY = VALKYRIA PT Valladolid  
 VITAL = GIM VITAL Pontevedra