

# ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

## I Campeonato PWR Navarra

AEP-3 de iniciación de Navarra y clubes invitados Zona NorOeste-2  
 (Cantabria, Euskadi, La Rioja y las provincias de Burgos, Segovia y Soria)  
 Cordovilla, Navarra - Sábado 29 junio 2024

Rev. 29/06/2024

<b>HOMBRES POWERLIFTING RAW</b>																
<b>LEVANTADOR</b>	<b>AÑO</b>	<b>CLUB</b>	<b>PESO</b>	<b>COEF.</b>	<b>Ord.</b>	<b>SENTADILLAS</b>			<b>PRESS BANCA</b>			<b>PESO MUERTO</b>			<b>TOTAL</b>	<b>IPFGL</b>
<b>-66 kg</b>																
1 Delgado Carazo Jonathan	1998	GOIER	65,40		10	162,5	170,0	177,5	87,5	92,5	-97,5	177,5	187,5	195,0	465,0	72,84
2 Lopez Herrero Unai	2004	PNAVA	64,00		12	-125,0	130,0	135,0	70,0	75,0	-80,0	135,0	150,0	160,0	370,0	58,63
3 Sancho Fernández Marcos	1994	PNAVA	64,65		11	100,0	-110,0	-110,0	57,5	-62,5	-62,5	140,0	150,0	160,0	317,5	50,04
<b>-74 kg</b>																
1 Vargas Gil Ibon	1990	PNAVA	72,20		30	180,0	190,0	-197,5	100,0	107,5	-112,5	200,0	215,0	230,0	527,5	78,44
2 Herrera Vélez Kevin Alejandro	2003	IRONH	70,90		22	167,5	180,0	187,5	112,5	120,0	125,0	170,0	185,0	195,0	507,5	76,19
3 Marín Guerra Christian	1987	ZARBAR	74,00		33	170,0	180,0	-185,0	120,0	-130,0	-130,0	180,0	200,0	-210,0	500,0	73,40
4 Munita Lasa Sergio	2006	ERASO	74,00		26	162,5	172,5	180,0	92,5	100,0	105,0	200,0	215,0	-232,5	500,0	73,40
5 Maturana Echegoyen Hugo	2007	STRBUR	71,45		25	165,0	-177,5	180,0	97,5	105,0	110,0	170,0	185,0	195,0	485,0	72,51
6 Lecumberri Solano David	2002	YOUNG	73,25		24	165,0	177,5	182,5	92,5	97,5	-102,5	185,0	197,5	205,0	485,0	71,58
7 Jauregui Badiola Gentza	1990	ERASO	72,40		27	150,0	160,0	170,0	85,0	90,0	-92,5	175,0	185,0	195,0	455,0	67,56
8 Marco Ortiz Hugo	2007	STRBUR	73,55		29	145,0	155,0	162,5	80,0	85,0	-90,0	185,0	197,5	205,0	452,5	66,64
9 Valdés Remón Jaime	2003	PNAVA	72,80		32	155,0	165,0	175,0	85,0	92,5	95,0	157,5	170,0	180,0	450,0	66,63
10 Urdaneta Useche Yoglis Alberto	2006	PNAVA	72,70		23	135,0	-145,0	-147,5	70,0	77,5	-80,0	180,0	190,0	-200,0	402,5	59,64
11 Vitores Alfonso Alvaro	2004	STRBUR	71,55		31	127,5	132,5	-140,0	67,5	72,5	75,0	152,5	160,0	170,0	377,5	56,40
<b>-83 kg</b>																
1 Villegas Güendica David	2002	PNAVA	81,85		38	197,5	210,0	217,5	117,5	125,0	130,0	210,0	227,5	242,5	590,0	82,25
2 Umanzor Umanzor Yareth	2005	GOIER	79,75		46	-187,5	197,5	207,5	125,0	130,0	135,0	190,0	205,0	220,0	562,5	79,46
3 Alonso Gonzalez Ivan	2007	STRBUR	79,90		50	160,0	-170,0	175,0	125,0	135,0	145,0	-190,0	210,0	-225,0	530,0	74,80
4 Legaria Sanz De Galdeano Asier	2008	PNAVA	77,00		49	185,0	192,5	200,0	-107,5	115,0	-120,0	185,0	195,0	-200,0	510,0	73,35
5 Villagrasa Alejandro	1989	ZARBAR	79,45		44	165,0	180,0	-187,5	105,0	110,0	112,5	-190,0	200,0	205,0	497,5	70,41
6 Molina Valladolid Christian Andrés	2000	PNAVA	80,60		42	170,0	177,5	185,0	97,5	102,5	-107,5	185,0	195,0	-205,0	482,5	67,79
7 Beracoechea Martin Ander	2002	GOIER	80,00		41	145,0	157,5	162,5	85,0	-92,5	92,5	195,0	212,5	225,0	480,0	67,70
8 Moneo Bernal Hugo	2002	GOIER	80,85		43	155,0	165,0	170,0	90,0	95,0	100,0	187,5	200,0	-210,0	470,0	65,93
9 Fernandez Fernandez Rodrigo	2000	RAWBAR	81,45		45	150,0	160,0	-170,0	100,0	105,0	110,0	165,0	177,5	187,5	457,5	63,94
10 Fernández Martinez Izan	2007	PNAVA	81,90		47	145,0	155,0	160,0	-87,5	87,5	-95,0	182,5	195,0	-205,0	442,5	61,67
11 Ochoa Baines Unai	2008	PNAVA	82,50		39	110,0	125,0	140,0	80,0	90,0	95,0	150,0	165,0	180,0	415,0	57,62
-- Hernandez Zudaire Ander	1997	PNAVA	80,00		40	-150,0	-160,0	-160,0	X	X	X	X	X	X	0,0	0,00
<b>-93 kg</b>																
1 Larraza Cortés Armel	2003	POWHOU	86,15		20	190,0	200,0	210,0	110,0	115,0	120,0	207,5	220,0	232,5	562,5	76,42
2 Miguel Burdaspar Javier	1999	POWHOU	92,05		21	-180,0	190,0	-200,0	90,0	95,0	-97,5	250,0	-270,0	-270,0	535,0	70,34
3 Gomez Laguna Carlos	1998	STRBUR	92,05		18	182,5	-187,5	190,0	117,5	125,0	-127,5	195,0	210,0	220,0	535,0	70,34
4 Serna Gómez Diego	1994	YOUNG	87,25		19	185,0	200,0	205,0	100,0	107,5	-112,5	195,0	210,0	220,0	532,5	71,89
<b>-105 kg</b>																
1 Goldaraz Martín Iñaki	1997	POWHOU	97,65		34	190,0	200,0	207,5	125,0	130,0	-135,0	-215,0	230,0	-237,5	567,5	72,51
2 Sanchez Arevalo Patrick Jeremi	2001	PNAVA	100,10		35	170,0	182,5	190,0	102,5	107,5	-112,5	160,0	170,0	182,5	480,0	60,61
-- García Mendoza Julen	1995	GOIER	99,50		36	180,0	190,0	195,0	-135,0	-135,0	-135,0	230,0	242,5	250,0	0,0	0,00
<b>-120 kg</b>																
1 Verde Crespo Daniel	2000	PNAVA	118,50		37	180,0	190,0	200,0	-117,5	122,5	130,0	222,5	237,5	252,5	582,5	68,09

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MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL								ABREVIACIONES de CLUBES:	
Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.		
1 Villegas Güendica David	2002	PNAVA	81,85	-83kg	<b>590,0</b>	<b>82,25</b>	1	ERASO	ERASO POWERLIFTING Alava
2 Umanzor Umanzor Yareth	2005	GOIER	79,75	-83kg	<b>562,5</b>	<b>79,46</b>	2	GOIER	GOIERRI KE Gipuzkoa
1 Vargas Gil Ibon	1990	PNAVA	72,20	-74kg	<b>527,5</b>	<b>78,44</b>	1	IRONH	IRON HELL Bizkaia
1 Larraza Cortés Armel	2003	POWHOU	86,15	-93kg	<b>562,5</b>	<b>76,42</b>	1	POWHOU	POWER HOUSE Pamplona
3 Herrera Vélez Kevin Alejandro	2003	IRONH	70,90	-74kg	<b>507,5</b>	<b>76,19</b>	2	PNAVA	POWERLIFTING NAVARRA
4 Alonso Gonzalez Ivan	2007	STRBUR	79,90	-83kg	<b>530,0</b>	<b>74,80</b>	3	RAWBAR	RAW BARBELL CLUB Bizkaia
5 Marín Guerra Christian	1987	ZARBAR	74,00	-74kg	<b>500,0</b>	<b>73,40</b>	3	STRBUR	STRENGTH BURGOS
8 Munita Lasa Sergio	2006	ERASO	74,00	-74kg	<b>500,0</b>	<b>73,40</b>	4	YOUNG	YOUNG AMBITION Cantabria
9 Legaria Sanz De Galdeano Asier	2008	PNAVA	77,00	-83kg	<b>510,0</b>	<b>73,35</b>	4	ZARBAR	ZARAGOZA BARBELL
10 Delgado Carazo Jonathan	1998	GOIER	65,40	-66kg	<b>465,0</b>	<b>72,84</b>	1		
11 Maturana Echegoyen Hugo	2007	STRBUR	71,45	-74kg	<b>485,0</b>	<b>72,51</b>	5		
12 Goldaraz Martín Iñaki	1997	POWHOU	97,65	-105kg	<b>567,5</b>	<b>72,51</b>	1		
13 Serna Gómez Diego	1994	YOUNG	87,25	-93kg	<b>532,5</b>	<b>71,89</b>	4		
14 Lecumberri Solano David	2002	YOUNG	73,25	-74kg	<b>485,0</b>	<b>71,58</b>	6		
15 Villagrasa Alejandro	1989	ZARBAR	79,45	-83kg	<b>497,5</b>	<b>70,41</b>	5		
16 Miguel Burdaspar Javier	1999	POWHOU	92,05	-93kg	<b>535,0</b>	<b>70,34</b>	2		
17 Gomez Laguna Carlos	1998	STRBUR	92,05	-93kg	<b>535,0</b>	<b>70,34</b>	3		