

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
II Campeonato Puerta De La Sierra
AEP-3 de iniciación de Madrid
Cotos De Monterrey (Venturada), Madrid - 29 junio 2024

Rev. 29/06/2024

| HOMBRES POWERLIFTING RAW | | | | | | | | | | | | | | | | |
|---------------------------------|------------|-------------|-------------|--------------|-------------|--------------------|-------|--------|--------------------|--------|--------|--------------------|--------|--------|--------------|--------------|
| LEVANTADOR | AÑO | CLUB | PESO | COEF. | Ord. | SENTADILLAS | | | PRESS BANCA | | | PESO MUERTO | | | TOTAL | IPFGL |
| -66 kg | | | | | | | | | | | | | | | | |
| 1 Lopez Martin Sergio | 2003 | ASTBLL | 63,60 | | 15 | 170,0 | 180,0 | -190,0 | -100,0 | -100,0 | 100,0 | 190,0 | 195,0 | 205,0 | 485,0 | 77,10 |
| 2 Andres Ghica Alvaro | 2007 | ASTBLL | 63,30 | | 16 | 125,0 | 140,0 | 152,5 | 80,0 | 90,0 | -95,0 | 175,0 | 190,0 | -200,0 | 432,5 | 68,93 |
| 3 Wee Olivero Camilo Patricio | 1988 | MADPOW | 64,00 | | 10 | 127,5 | 135,0 | 140,0 | 90,0 | 95,0 | 97,5 | 162,5 | 170,0 | 175,0 | 412,5 | 65,36 |
| 4 Tello Marmolejos Joaquín | 1999 | PVALH | 63,10 | | 14 | 122,5 | 132,5 | 137,5 | 80,0 | 85,0 | -87,5 | 165,0 | 177,5 | X | 400,0 | 63,86 |
| 5 Del Pozo Aarón | 2008 | FORJA | 64,80 | | 17 | -120,0 | 135,0 | -145,0 | 67,5 | 77,5 | -85,0 | 152,5 | -170,0 | 170,0 | 382,5 | 60,21 |
| -74 kg | | | | | | | | | | | | | | | | |
| 1 Caneiro Torres Jesús Antonio | 1989 | RGNRK | 73,30 | | 22 | 170,0 | 180,0 | 185,0 | 115,0 | 120,0 | 122,5 | 205,0 | -220,0 | 220,0 | 527,5 | 77,83 |
| 2 Torrano Vizan Aaron | 1993 | GRANDA | 73,90 | | 18 | 150,0 | 165,0 | 170,0 | 115,0 | 120,0 | 122,5 | 205,0 | 220,0 | 225,0 | 517,5 | 76,03 |
| 3 Moraleda Castro Miguel Ángel | 2005 | SILENT | 72,50 | | 25 | 127,5 | 137,5 | 145,0 | -92,5 | 92,5 | -100,0 | 175,0 | 185,0 | -195,0 | 422,5 | 62,69 |
| 4 Garaizabal Arjona Juan Luis | 1994 | PSRRA | 68,10 | | 23 | 100,0 | 110,0 | -117,5 | 90,0 | 100,0 | 105,0 | 130,0 | 140,0 | 155,0 | 370,0 | 56,73 |
| -83 kg | | | | | | | | | | | | | | | | |
| 1 Menaoum Baigorri Asier | 1999 | PVALH | 82,10 | | 29 | 190,0 | 200,0 | 210,0 | 130,0 | 135,0 | 140,0 | -200,0 | 212,5 | 222,5 | 572,5 | 79,69 |
| 2 Martialay Ignacio | 1995 | SOYPOW | 82,30 | | 30 | 145,0 | 152,5 | 160,0 | 130,0 | 135,0 | 140,0 | 200,0 | 210,0 | -220,0 | 510,0 | 70,90 |
| 3 Lopez Rodríguez Rubén | 1993 | GRANDA | 81,90 | | 33 | 155,0 | 162,5 | 170,0 | 115,0 | 122,5 | 127,5 | 180,0 | 195,0 | -205,0 | 492,5 | 68,64 |
| 4 Cutiño Miguel Javier | 2001 | SILENT | 82,40 | | 35 | 160,0 | 170,0 | 175,0 | 95,0 | 102,5 | 107,5 | 185,0 | 197,5 | 205,0 | 487,5 | 67,73 |
| 5 Ahmed Akhter Sadman | 2000 | ENTINT | 82,60 | | 28 | 170,0 | 182,5 | 187,5 | 92,5 | 97,5 | 100,0 | 170,0 | 185,0 | -192,5 | 472,5 | 65,57 |
| -93 kg | | | | | | | | | | | | | | | | |
| 1 Del Río Ratón Pablo | 2002 | SOYPOW | 92,20 | | 21 | 225,0 | 237,5 | -250,0 | 137,5 | 145,0 | 150,0 | -245,0 | 265,0 | -275,0 | 652,5 | 85,72 |
| 2 Prieto Bordes Alejandro | 1993 | SOYPOW | 88,90 | | 26 | 180,0 | 190,0 | 200,0 | 120,0 | 125,0 | 130,0 | 200,0 | 215,0 | 230,0 | 560,0 | 74,90 |
| 3 Millán Martínez Antonio | 1993 | GRANDA | 86,80 | | 20 | -175,0 | 175,0 | 190,0 | 110,0 | 117,5 | 122,5 | 210,0 | 230,0 | 240,0 | 552,5 | 74,78 |
| 4 Catalá Díaz Ángel | 2004 | PSRRA | 88,60 | | 19 | 157,5 | 167,5 | 180,0 | 90,0 | 100,0 | -105,0 | 185,0 | 200,0 | 215,0 | 495,0 | 66,32 |
| -105 kg | | | | | | | | | | | | | | | | |
| 1 Gutiérrez García Mario | 2002 | ÉXITO | 93,60 | | 27 | 207,5 | 217,5 | -222,5 | 97,5 | 102,5 | 105,0 | -240,0 | 255,0 | -260,0 | 577,5 | 75,31 |
| -120 kg | | | | | | | | | | | | | | | | |
| 1 Martínez Martínez Gonzalo | 1993 | CROM | 111,00 | | 34 | 215,0 | 225,0 | -235,0 | 112,5 | 120,0 | -127,5 | 230,0 | 250,0 | 265,0 | 610,0 | 73,41 |
| 120+ kg | | | | | | | | | | | | | | | | |
| 1 Sosa Valdivia Jose Miguel | 2003 | SOYPOW | 128,10 | | 32 | 210,0 | 222,5 | 235,0 | 120,0 | 125,0 | -130,0 | 235,0 | 250,0 | -265,0 | 610,0 | 68,95 |

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| MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL | | | | | | | | |
|--|------------------------------|------|--------|--------|--------|--------------|--------------|-------|
| | Nombre | Año | Club | Peso | Cat. | Total | GL pt. | Clas. |
| 1 | Del Río Ratón Pablo | 2002 | SOYPOW | 92,20 | -93kg | 652,5 | 85,72 | 1 |
| 2 | Menaoum Baigorri Asier | 1999 | PVALH | 82,10 | -83kg | 572,5 | 79,69 | 1 |
| 3 | Caneiro Torres Jesús Antonio | 1989 | RGNRK | 73,30 | -74kg | 527,5 | 77,83 | 1 |
| 4 | Lopez Martin Sergio | 2003 | ASTBLL | 63,60 | -66kg | 485,0 | 77,10 | 1 |
| 5 | Torrano Vizan Aaron | 1993 | GRANDA | 73,90 | -74kg | 517,5 | 76,03 | 2 |
| 6 | Gutiérrez García Mario | 2002 | ÉXITO | 93,60 | -105kg | 577,5 | 75,31 | 1 |
| 7 | Prieto Bordes Alejandro | 1993 | SOYPOW | 88,90 | -93kg | 560,0 | 74,90 | 2 |
| 8 | Millán Martínez Antonio | 1993 | GRANDA | 86,80 | -93kg | 552,5 | 74,78 | 3 |
| 9 | Martínez Martínez Gonzalo | 1993 | CROM | 111,00 | -120kg | 610,0 | 73,41 | 1 |
| 10 | Martialay Ignacio | 1995 | SOYPOW | 82,30 | -83kg | 510,0 | 70,90 | 2 |

| ABREVIACIONES de CLUBES: |
|---|
| ASTBLL = ASTERION BULLS Toledo |
| BLKCRW = BLACK CROWN POWERLIFTING Madrid |
| CROM = CROM GYM Madrid |
| DANIG = DANIGPOWER Madrid |
| ENTINT = ENTRENA INTENSO Madrid |
| EXITO = ÉXITO28 Madrid |
| FORJA = FUERZA LA FORJA Alcala de Henares |
| GRNDA = GRANDA Madrid |
| MADPOW = MAD POWERLIFTING Madrid |
| PVALH = POWER VALHALLA Madrid |
| POWMAD = POWERLIFTING MADRID |
| PSRRA = PUERTA DE LA SIERRA Madrid |
| RGNRK = RAGNAROK Madrid |
| SILENT = SILENT CLUB Madrid |
| SOYPOW = SOY POWERLIFTER Madrid |
| VNDTT = VENDETTA POWERLIFTING Madrid |