

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
Campeonato de España SUBJÚNIOR
AEP-1 Nacional de Powerlifting y Press Banca Raw
Gines, Sevilla - 5-7 julio 2024

Rev. 30/07/2024

MUJERES POWERLIFTING RAW																					
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA				PESO MUERTO			TOTAL	IPFGL	Pt.	
-47kg																					
1	Andagoya Arteaga Gabriela	2006	ZBCR	46,81	0,2783	2	90,0	-95,0	-95,0	2	47,5	52,5	55,0	1	117,5	-125,0	-125,0	1	262,5	73,05	12
2	Quirante Perez.. Maria	2006	MSG	46,72	0,2789	3	80,0	90,0	-97,5	1	-42,5	45,0	47,5	3	95,0	107,5	112,5	2	250,0	69,72	9
3	Calvo Bermudez Yaiza	2007	RIVAL	43,64	0,2996	4	80,0	87,5	-92,5	3	42,5	45,0	47,5	2	95,0	102,5	-112,5	3	237,5	71,16	8
4	Castro Haro Ana Maria	2006	JAEN	46,60	0,2796	1	72,5	-80,0	-80,0	4	30,0	-32,5	-32,5	4	82,5	90,0	-102,5	4	192,5	53,82	7
-52kg																					
1	Ruiz Nieto Carla	2010	PRSJ	51,80	0,2533	6	92,5	-100,0	100,0	3	50,0	-55,0	55,0	2	110,0	117,5	122,5	2	277,5	70,29	12
2	Oliva Garcia Alexia	2006	CANSTR	51,52	0,2545	5	102,5	110,0	-112,5	1	40,0	-45,0	-45,0	6	110,0	117,5	122,5	1	272,5	69,35	9
AI	Gimenez Hereu Shantall Nicoll	2007	ELITB	51,94	0,2528	12	80,0	85,0	90,0	--	50,0	52,5	55,0	--	110,0	117,5	125,0	--	270,0	68,26	--
3	Poblacion Correia Maria	2006	PEXTR	48,88	0,2669	10	85,0	-92,5	95,0	4	50,0	57,5	-60,0	1	105,0	110,0	112,5	4	265,0	70,73	8
4	Alba Balmon Isabel	2006	ZBCR	51,18	0,2560	8	80,0	85,0	90,0	5	-47,5	47,5	-50,0	4	115,0	120,0	-125,0	3	257,5	65,92	7
5	Carmona Perez Andrea	2010	ELITB	51,50	0,2546	11	92,5	100,0	-105,0	2	40,0	45,0	-47,5	5	110,0	-117,5	X	6	255,0	64,92	6
6	Villa Perez Nerea	2006	DANIG	50,20	0,2605	7	70,0	75,0	80,0	6	30,0	35,0	37,5	7	102,5	-112,5	112,5	5	230,0	59,91	5
7	Aguilar Gamez Victoria	2008	LIFTAM	51,14	0,2562	9	67,5	75,0	-80,0	7	42,5	45,0	50,0	3	82,5	-95,0	95,0	7	220,0	56,36	4
-57kg																					
1	Sanchez Teruel Elena	2006	BNZAI	55,20	0,2404	17	117,5	125,0	130,5	1	50,0	52,5	-57,5	8	127,5	137,5	145,0	1	328,0	78,85	12
2	Torres Serra Amaya	2006	IBIZA	56,94	0,2348	13	117,5	125,0	-130,0	2	57,5	-62,5	65,0	1	125,0	135,0	-145,0	4	325,0	76,31	9
3	Reise Tur Maria	2007	FRETIK	53,96	0,2448	18	-105,0	105,0	115,0	4	-57,5	57,5	-65,0	3	125,0	135,0	142,5	2	315,0	77,11	8
4	Cuesta Chamochumbi Paula	2006	ZBCR	57,00	0,2346	25	110,0	115,0	120,0	3	57,5	-60,0	-60,0	6	130,0	137,5	-140,0	3	315,0	73,90	7
5	Chica Rodriguez Alba Maria	2007	PRSJ	56,94	0,2348	15	112,5	-117,5	-117,5	7	57,5	-60,0	-60,0	5	125,0	130,0	-135,0	5	300,0	70,44	6
6	Solorzano Ordoñez Milena	2006	PRSJ	55,36	0,2399	23	-100,0	100,0	-107,5	8	60,0	62,5	-65,0	2	115,0	122,5	-127,5	7	285,0	68,37	5
7	Calzado Garcia Raquel	2007	MGF	55,80	0,2384	20	102,5	110,0	115,0	5	52,5	57,5	-60,0	4	110,0	-120,0	-120,0	9	282,5	67,35	4
8	Illescas Diaz Maria	2006	PRAET	55,28	0,2401	14	87,5	92,5	97,5	9	47,5	52,5	-57,5	9	110,0	117,5	125,0	6	275,0	66,03	3
9	Alsina Castro Julieta	2007	OLYMP	54,14	0,2442	19	75,0	82,5	-87,5	10	50,0	55,0	X	7	110,0	120,0	-130,0	8	257,5	62,88	2
10	Norocel Norocel Bianca Elena	2007	GRSTR	54,60	0,2425	24	100,0	107,5	112,5	6	40,0	-45,0	-45,0	10	90,0	97,5	-102,5	10	255,0	61,84	1
-63kg																					
1	Fragoso Kurchak Alexandra	2007	CROM	61,74	0,2217	35	130,0	137,5	-142,5	1	90,0	95,0	100,0	1	140,0	152,5	-160,0	1	390,0	86,46	12
2	Abad Santos Carol	2006	GOIER	61,78	0,2216	37	105,0	112,5	120,0	3	52,5	57,5	60,0	3	115,0	125,0	132,5	4	312,5	69,25	9
3	Fuentes Melgares De Aguilar Maria	2006	SPARTA	59,28	0,2280	30	102,5	110,0	112,5	5	45,0	50,0	52,5	8	127,5	135,0	140,0	2	305,0	69,54	8
3	Ruiz Solier. Laura	2007	PS	60,90	0,2237	33	107,5	115,0	120,0	2	47,5	52,5	57,5	4	107,5	115,0	127,5	6	305,0	68,23	8
4	Jimenez Gordillo Elena	2006	LIFTAM	61,72	0,2217	34	107,5	112,5	117,5	4	40,0	45,0	47,5	9	117,5	132,5	137,5	3	302,5	67,06	7
5	Segovia Pernia Laura	2006	EPS	60,74	0,2241	31	87,5	95,0	97,5	8	57,5	62,5	-65,0	2	112,5	120,0	127,5	5	287,5	64,43	6
6	Navas Garcia Irene	2008	VALKY	59,84	0,2265	28	90,0	95,0	100,0	7	47,5	52,5	55,0	5	105,0	115,0	125,0	7	280,0	63,42	5
7	Calvo Munoz Elena de Maria	2009	LIFTAM	61,78	0,2216	27	102,5	110,0	112,5	6	47,5	55,0	-57,5	6	100,0	107,5	110,0	9	277,5	61,49	4
8	Martinez Torio Lidia	2007	GTG	62,04	0,2210	36	72,5	80,0	87,5	9	45,0	50,0	55,0	7	105,0	115,0	-125,0	8	257,5	56,91	3
9	Arocha Del Rosario Arantzazu Del Cai	2007	FGUAN	62,30	0,2204	29	70,0	77,5	82,5	10	37,5	42,5	-47,5	10	85,0	95,0	105,0	10	230,0	50,69	2

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LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.				
-69kg																					
1 Ibanez Martin Maria	2007	BURGOS	67,76	0,2093	38	142,5	153,0	158,0	1	75,0	80,0	82,5	1	150,0	-160,0	-173,0	2	390,5	81,73	12	
2 Arquero Caston Daniela	2006	CANSTR	67,84	0,2092	40	127,5	137,5	142,5	3	62,5	67,5	-70,0	2	137,5	147,5	160,0	1	370,0	77,40	9	
3 Riba Tomas Alejandra	2006	PBAR	67,76	0,2093	44	130,0	140,0	145,0	2	40,0	47,5	52,5	5	130,0	140,0	147,5	4	345,0	72,21	8	
4 Maroto Gomez Lucia	2006	AGSTR	67,80	0,2092	42	110,0	117,5	-125,0	4	57,5	60,0	-62,5	3	132,5	142,5	150,0	3	327,5	68,51	7	
5 Valladolid Velasques Leire Sofia	2010	ZBCR	68,10	0,2087	41	95,0	102,5	-107,5	5	47,5	50,0	-52,5	6	110,0	120,0	-130,0	7	272,5	56,87	6	
6 Fernandez-Arenas Elsa	2006	FCA	66,78	0,2111	43	82,5	87,5	90,0	7	50,0	52,5	-55,0	4	105,0	115,0	120,0	6	262,5	55,41	5	
— Rodriguez Coello Laura	2006	ZBCR	68,16	0,2086	39	90,0	95,0	-100,0	6	-55,0	-55,0	-55,0	—	107,5	115,0	122,5	5	0,0	0,00	—	
-76kg																					
1 Fernandez Siguenza Carla Irene	2007	GRSTR	74,32	0,1993	46	137,5	147,5	153,0	1	-77,5	-77,5	77,5	2	135,0	150,0	155,0	1	385,5	76,83	12	
2 Herrero Jimenez Sofia	2007	VP	75,80	0,1974	45	117,5	125,0	130,0	2	77,5	84,0	87,5	1	-150,0	150,0	-168,5	3	367,5	72,54	9	
3 Pomares Carrique Tania	2006	PS	75,82	0,1974	47	122,5	-130,0	-132,5	3	-52,5	52,5	57,5	4	132,5	142,5	152,5	2	332,5	65,64	8	
4 Caba Cubero Naiara	2006	ZBCR	74,50	0,1990	49	97,5	105,0	-112,5	5	60,0	62,5	65,0	3	130,0	140,0	-147,5	4	310,0	61,69	7	
— Camacho Egea Ana Cristina	2006	BRSTOD	74,26	0,1994	48	105,0	-115,0	115,0	4	-67,5	-67,5	-67,5	—	X	X	X	—	0,0	0,00	—	

AI **Atleta invitada**

RECORDS:

ABS **JUN** **SBJ**

CLASIFICACIÓN POR CLUBES	pt.	Puntuaciones	
1 ZB Barbell Ciudad Real	39	[12+7+7+7+6]	331,43 GL Pts
2 POWER RANGERS STRENGTH JAEN	23	[12+6+5]	209,10 GL Pts
3 CANARY STRENGTH	18	[9+9]	146,76 GL Pts
4 PROJECT STRENGTH Malaga	16	[8+8]	133,86 GL Pts
5 LIFT AMBITION Granada	15	[7+4+4]	184,92 GL Pts
6 GR STRENGTH TORRENT Valencia	13	[12+1]	138,67 GL Pts
7 CROM GYM Madrid	12	[12]	86,46 GL Pts
8 STRENGTH BURGOS	12	[12]	81,73 GL Pts
9 BANZAI STRENGTH Cartagena	12	[12]	78,85 GL Pts
10 POWERLIFTING IBIZA	9	[9]	76,31 GL Pts
11 VENDETTA POWERLIFTING	9	[9]	72,54 GL Pts
12 MOUNTAIN STRENGTH Granada	9	[9]	69,72 GL Pts
13 GOIERRI KE Guipuzkoa	9	[9]	69,25 GL Pts
14 FRENETIK POWERLIFTING Barcelona	8	[8]	77,11 GL Pts
15 POWERLIFTING BARCELONA	8	[8]	72,21 GL Pts
16 RIVAL POWERLIFTING Barcelona	8	[8]	71,15 GL Pts

CLASIFICACIÓN POR CLUBES	pt.	Puntuaciones	
17 POWERLIFTING EXTREMADURA	8	[8]	70,73 GL Pts
18 SPARTA Murcia	8	[8]	69,54 GL Pts
19 AG STRENGTH Madrid	7	[7]	68,51 GL Pts
20 POWERLIFTING JAEN	7	[7]	53,82 GL Pts
21 ELITE Bollullos	6	[6]	64,92 GL Pts
22 ELITE POWERHOUSE Sevilla	6	[6]	64,43 GL Pts
23 VALKYRIA PT Valladolid	5	[5]	63,42 GL Pts
24 DANIGPOWER Madrid	5	[5]	59,92 GL Pts
25 FLOWERLIFTING CLUB Alicante	5	[5]	55,41 GL Pts
26 MGF POWER TEAM Madrid	4	[4]	67,35 GL Pts
27 PRAETORIANS TARRAGONA	3	[3]	66,03 GL Pts
28 GRIND TEAM Gijon	3	[3]	56,91 GL Pts
29 OLYMPIA Barcelona	2	[2]	62,88 GL Pts
30 FUERZA GUANCHE Canarias	2	[2]	50,69 GL Pts
-- BERSERKERS TOLEDO			

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MUJERES POWERLIFTING RAW										
LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS	PRESS BANCA	PESO MUERTO	TOTAL	IPFGL Pt.

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL							
Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.
1 Fragoso Kurchak Alexandra	2007	CROM	61,74	-63kg	390,0	86,46	1
2 Ibanez Martin Maria	2007	BURGOS	67,76	-69kg	390,5	81,73	1
3 Sanchez Teruel Elena	2006	BNZAI	55,20	-57kg	328,0	78,85	1
4 Arquero Caston Daniela	2006	CANSTR	67,84	-69kg	370,0	77,40	2
5 Reise Tur Maria	2007	FRETIK	53,96	-57kg	315,0	77,11	3
6 Ferrandez Siguenza Carla Irene	2007	GRSTR	74,32	-76kg	385,5	76,83	1
7 Torres Serra Amaya	2006	IBIZA	56,94	-57kg	325,0	76,31	2
8 Cuesta Chamochumbi Paula	2006	ZBCR	57,00	-57kg	315,0	73,90	4
9 Andagoya Arteaga Gabriela	2006	ZBCR	46,81	-47kg	262,5	73,05	1
10 Herrero Jimenez. Sofia	2007	VP	75,80	-76kg	367,5	72,54	2
11 Riba Tomas Alejandra	2006	PBAR	67,76	-69kg	345,0	72,21	3
12 Calvo Bermudez Yaiza	2007	RIVAL	43,64	-47kg	237,5	71,16	3
13 Poblacion Correia Maria	2006	PEXTR	48,88	-52kg	265,0	70,73	3
14 Chica Rodriguez Alba Maria	2007	PRSJ	56,94	-57kg	300,0	70,44	5
15 Ruiz Nieto Carla	2010	PRSJ	51,80	-52kg	277,5	70,29	1

ABREVIACIONES de CLUBES:			
AGSTR = AG STRENGTH Madrid	EPS = ELITE POWERHOUSE Sevilla	JAEN = POWERLIFTING JAEN	PRSJ = POWER RANGERS STRENGTH JAEN
BNZAI = BANZAI STRENGTH Cartagena	FCA = FLOWERLIFTING CLUB Alicante	LIFTAM = LIFT AMBITION Granada	PS = PROJECT STRENGTH Malaga
BRSTOD = BERSERKERS TOLEDO	FGUAN = FUERZA GUANCHE Canarias	MGF = MGF POWER TEAM Madrid	RIVAL = RIVAL POWERLIFTING Barcelona
BURGOS = STRENGTH BURGOS	FRETIK = FRENETIK POWERLIFTING Barcelona	MSG = MOUNTAIN STRENGTH Granada	SPARTA = SPARTA Murcia
CANSTR = CANARY STRENGTH	GOIER = GOIERRI KE Guipuzkoa	OLYMP = OLYMPIA Barcelona	VALKY = VALKYRIA PT Valladolid
CROM = CROM GYM Madrid	GRSTR = GR STRENGTH TORRENT Valencia	PBAR = POWERLIFTING BARCELONA	VP = VENDETTA POWERLIFTING
DANIG = DANIGPOWER Madrid	GTG = GRIND TEAM Gijon	PEXTR = POWERLIFTING EXTREMADURA	ZBCR = ZB Barbell Ciudad Real
ELITB = ELITE Bollullos	IBIZA = POWERLIFTING IBIZA	PRAET = PRAETORIANS TARRAGONA	