

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**Campeonato de España SUBJÚNIOR**  
AEP-1 Nacional de Powerlifting y Press Banca Raw  
Gines, Sevilla - 5-7 julio 2024

Rev. 13/07/2024

| <b>MUJERES POWERLIFTING RAW</b> |                                      |            |             |             |              |             |                    |              |              |    |                    |       |              |    |                    |        |              |              |              |              |    |
|---------------------------------|--------------------------------------|------------|-------------|-------------|--------------|-------------|--------------------|--------------|--------------|----|--------------------|-------|--------------|----|--------------------|--------|--------------|--------------|--------------|--------------|----|
| <b>LEVANTADORA</b>              |                                      | <b>AÑO</b> | <b>CLUB</b> | <b>PESO</b> | <b>COEF.</b> | <b>Ord.</b> | <b>SENTADILLAS</b> |              |              |    | <b>PRESS BANCA</b> |       |              |    | <b>PESO MUERTO</b> |        |              | <b>TOTAL</b> | <b>IPFGL</b> | <b>Pt.</b>   |    |
| <b>-47kg</b>                    |                                      |            |             |             |              |             |                    |              |              |    |                    |       |              |    |                    |        |              |              |              |              |    |
| 1                               | Andagoya Arteaga Gabriela            | 2006       | ZBCR        | 46,81       | 0,2783       | 2           | 90,0               | -95,0        | -95,0        | 2  | 47,5               | 52,5  | 55,0         | 1  | 117,5              | -125,0 | -125,0       | 1            | <b>262,5</b> | <b>73,05</b> | 12 |
| 2                               | Quirante Perez.. Maria               | 2006       | MSG         | 46,72       | 0,2789       | 3           | 80,0               | 90,0         | -97,5        | 1  | -42,5              | 45,0  | 47,5         | 3  | 95,0               | 107,5  | 112,5        | 2            | <b>250,0</b> | <b>69,72</b> | 9  |
| 3                               | Calvo Bermudez Yaiza                 | 2007       | RIVAL       | 43,64       | 0,2996       | 4           | 80,0               | 87,5         | -92,5        | 3  | 42,5               | 45,0  | 47,5         | 2  | 95,0               | 102,5  | -112,5       | 3            | <b>237,5</b> | <b>71,16</b> | 8  |
| 4                               | Castro Haro Ana Maria                | 2006       | JAEN        | 46,60       | 0,2796       | 1           | 72,5               | -80,0        | -80,0        | 4  | 30,0               | -32,5 | -32,5        | 4  | 82,5               | 90,0   | -102,5       | 4            | <b>192,5</b> | <b>53,82</b> | 7  |
| <b>-52kg</b>                    |                                      |            |             |             |              |             |                    |              |              |    |                    |       |              |    |                    |        |              |              |              |              |    |
| 1                               | Ruiz Nieto Carla                     | 2010       | PRSJ        | 51,80       | 0,2533       | 6           | 92,5               | -100,0       | 100,0        | 3  | 50,0               | -55,0 | 55,0         | 2  | 110,0              | 117,5  | 122,5        | 2            | <b>277,5</b> | <b>70,29</b> | 12 |
| 2                               | Oliva Garcia Alexia                  | 2006       | CANSTR      | 51,52       | 0,2545       | 5           | 102,5              | 110,0        | -112,5       | 1  | 40,0               | -45,0 | -45,0        | 6  | 110,0              | 117,5  | 122,5        | 1            | <b>272,5</b> | <b>69,35</b> | 9  |
| AI                              | Gimenez Hereu Shantall Nicoll        | 2007       | ELITB       | 51,94       | 0,2528       | 12          | 80,0               | 85,0         | 90,0         | -- | 50,0               | 52,5  | 55,0         | -- | 110,0              | 117,5  | 125,0        | --           | <b>270,0</b> | <b>68,26</b> | -- |
| 3                               | Poblacion Correia Maria              | 2006       | PEXTR       | 48,88       | 0,2669       | 10          | 85,0               | -92,5        | 95,0         | 4  | 50,0               | 57,5  | -60,0        | 1  | 105,0              | 110,0  | 112,5        | 4            | <b>265,0</b> | <b>70,73</b> | 8  |
| 4                               | Alba Balmon Isabel                   | 2006       | ZBCR        | 51,18       | 0,2560       | 8           | 80,0               | 85,0         | 90,0         | 5  | -47,5              | 47,5  | -50,0        | 4  | 115,0              | 120,0  | -125,0       | 3            | <b>257,5</b> | <b>65,92</b> | 7  |
| 5                               | Carmona Perez Andrea                 | 2010       | ELITB       | 51,50       | 0,2546       | 11          | 92,5               | 100,0        | -105,0       | 2  | 40,0               | 45,0  | -47,5        | 5  | 110,0              | -117,5 | X            | 6            | <b>255,0</b> | <b>64,92</b> | 6  |
| 6                               | Villa Perez Nerea                    | 2006       | DANIG       | 50,20       | 0,2605       | 7           | 70,0               | 75,0         | 80,0         | 6  | 30,0               | 35,0  | 37,5         | 7  | 102,5              | -112,5 | 112,5        | 5            | <b>230,0</b> | <b>59,91</b> | 5  |
| 7                               | Aguilar Gamez Victoria               | 2008       | LIFTAM      | 51,14       | 0,2562       | 9           | 67,5               | 75,0         | -80,0        | 7  | 42,5               | 45,0  | 50,0         | 3  | 82,5               | -95,0  | 95,0         | 7            | <b>220,0</b> | <b>56,36</b> | 4  |
| <b>-57kg</b>                    |                                      |            |             |             |              |             |                    |              |              |    |                    |       |              |    |                    |        |              |              |              |              |    |
| 1                               | Sanchez Teruel Elena                 | 2006       | BNZAI       | 55,20       | 0,2404       | 17          | 117,5              | 125,0        | <b>130,5</b> | 1  | 50,0               | 52,5  | -57,5        | 8  | 127,5              | 137,5  | <b>145,0</b> | 1            | <b>328,0</b> | <b>78,85</b> | 12 |
| 2                               | Torres Serra Amaya                   | 2006       | IBIZA       | 56,94       | 0,2348       | 13          | 117,5              | 125,0        | -130,0       | 2  | 57,5               | -62,5 | 65,0         | 1  | 125,0              | 135,0  | -145,0       | 4            | <b>325,0</b> | <b>76,31</b> | 9  |
| 3                               | Reise Tur Maria                      | 2007       | FRETIK      | 53,96       | 0,2448       | 18          | -105,0             | 105,0        | 115,0        | 4  | -57,5              | 57,5  | -65,0        | 3  | 125,0              | 135,0  | 142,5        | 2            | <b>315,0</b> | <b>77,11</b> | 8  |
| 4                               | Cuesta Chamochumbi Paula             | 2006       | ZBCR        | 57,00       | 0,2346       | 25          | 110,0              | 115,0        | 120,0        | 3  | 57,5               | -60,0 | -60,0        | 6  | 130,0              | 137,5  | -140,0       | 3            | <b>315,0</b> | <b>73,90</b> | 7  |
| 5                               | Chica Rodriguez Alba Maria           | 2007       | PRSJ        | 56,94       | 0,2348       | 15          | 112,5              | -117,5       | -117,5       | 7  | 57,5               | -60,0 | -60,0        | 5  | 125,0              | 130,0  | -135,0       | 5            | <b>300,0</b> | <b>70,44</b> | 6  |
| 6                               | Solorzano Ordoñez Milena             | 2006       | PRSJ        | 55,36       | 0,2399       | 23          | -100,0             | 100,0        | -107,5       | 8  | 60,0               | 62,5  | -65,0        | 2  | 115,0              | 122,5  | -127,5       | 7            | <b>285,0</b> | <b>68,37</b> | 5  |
| 7                               | Calzado Garcia Raquel                | 2007       | MGF         | 55,80       | 0,2384       | 20          | 102,5              | 110,0        | 115,0        | 5  | 52,5               | 57,5  | -60,0        | 4  | 110,0              | -120,0 | -120,0       | 9            | <b>282,5</b> | <b>67,35</b> | 4  |
| 8                               | Illescas Diaz Maria                  | 2006       | PRAET       | 55,28       | 0,2401       | 14          | 87,5               | 92,5         | 97,5         | 9  | 47,5               | 52,5  | -57,5        | 9  | 110,0              | 117,5  | 125,0        | 6            | <b>275,0</b> | <b>66,03</b> | 3  |
| 9                               | Alsina Castro Julieta                | 2007       | OLYMP       | 54,14       | 0,2442       | 19          | 75,0               | 82,5         | -87,5        | 10 | 50,0               | 55,0  | X            | 7  | 110,0              | 120,0  | -130,0       | 8            | <b>257,5</b> | <b>62,88</b> | 2  |
| 10                              | Norocel Norocel Bianca Elena         | 2007       | GRSTR       | 54,60       | 0,2425       | 24          | 100,0              | 107,5        | 112,5        | 6  | 40,0               | -45,0 | -45,0        | 10 | 90,0               | 97,5   | -102,5       | 10           | <b>255,0</b> | <b>61,84</b> | 1  |
| <b>-63kg</b>                    |                                      |            |             |             |              |             |                    |              |              |    |                    |       |              |    |                    |        |              |              |              |              |    |
| 1                               | Fragoso Kurchak Alexandra            | 2007       | CROM        | 61,74       | 0,2217       | 35          | 130,0              | <b>137,5</b> | -142,5       | 1  | 90,0               | 95,0  | <b>100,0</b> | 1  | 140,0              | 152,5  | -160,0       | 1            | <b>390,0</b> | <b>86,46</b> | 12 |
| 2                               | Abad Santos Carol                    | 2006       | GOIER       | 61,78       | 0,2216       | 37          | 105,0              | 112,5        | 120,0        | 3  | 52,5               | 57,5  | 60,0         | 3  | 115,0              | 125,0  | 132,5        | 4            | <b>312,5</b> | <b>69,25</b> | 9  |
| 3                               | Fuentes Melgares De Aguilar Maria    | 2006       | SPARTA      | 59,28       | 0,2280       | 30          | 102,5              | 110,0        | 112,5        | 5  | 45,0               | 50,0  | 52,5         | 8  | 127,5              | 135,0  | 140,0        | 2            | <b>305,0</b> | <b>69,54</b> | 8  |
| 3                               | Ruiz Solier. Laura                   | 2007       | PS          | 60,90       | 0,2237       | 33          | 107,5              | 115,0        | 120,0        | 2  | 47,5               | 52,5  | 57,5         | 4  | 107,5              | 115,0  | 127,5        | 6            | <b>305,0</b> | <b>68,23</b> | 8  |
| 4                               | Jimenez Gordillo Elena               | 2006       | LIFTAM      | 61,72       | 0,2217       | 34          | 107,5              | 112,5        | 117,5        | 4  | 40,0               | 45,0  | 47,5         | 9  | 117,5              | 132,5  | 137,5        | 3            | <b>302,5</b> | <b>67,06</b> | 7  |
| 5                               | Segovia Pernia Laura                 | 2006       | EPS         | 60,74       | 0,2241       | 31          | 87,5               | 95,0         | 97,5         | 8  | 57,5               | 62,5  | -65,0        | 2  | 112,5              | 120,0  | 127,5        | 5            | <b>287,5</b> | <b>64,43</b> | 6  |
| 6                               | Navas Garcia Irene                   | 2008       | VALKY       | 59,84       | 0,2265       | 28          | 90,0               | 95,0         | 100,0        | 7  | 47,5               | 52,5  | 55,0         | 5  | 105,0              | 115,0  | 125,0        | 7            | <b>280,0</b> | <b>63,42</b> | 5  |
| 7                               | Calvo Munoz Elena de Maria           | 2009       | LIFTAM      | 61,78       | 0,2216       | 27          | 102,5              | 110,0        | 112,5        | 6  | 47,5               | 55,0  | -57,5        | 6  | 100,0              | 107,5  | 110,0        | 9            | <b>277,5</b> | <b>61,49</b> | 4  |
| 8                               | Martinez Torio Lidia                 | 2007       | GTG         | 62,04       | 0,2210       | 36          | 72,5               | 80,0         | 87,5         | 9  | 45,0               | 50,0  | 55,0         | 7  | 105,0              | 115,0  | -125,0       | 8            | <b>257,5</b> | <b>56,91</b> | 3  |
| 9                               | Arocha Del Rosario Arantzazu Del Cai | 2007       | FGUAN       | 62,30       | 0,2204       | 29          | 70,0               | 77,5         | 82,5         | 10 | 37,5               | 42,5  | -47,5        | 10 | 85,0               | 95,0   | 105,0        | 10           | <b>230,0</b> | <b>50,69</b> | 2  |

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**Campeonato de España SUBJÚNIOR**  
AEP-1 Nacional de Powerlifting y Press Banca Raw  
Gines, Sevilla - 5-7 julio 2024

Rev. 13/07/2024

| <b>MUJERES POWERLIFTING RAW</b>    |      |        |       |        |      |             |                   |                   |             |                  |                  |                  |   |                   |                   |                   |     |              |              |    |  |
|------------------------------------|------|--------|-------|--------|------|-------------|-------------------|-------------------|-------------|------------------|------------------|------------------|---|-------------------|-------------------|-------------------|-----|--------------|--------------|----|--|
| LEVANTADORA                        | AÑO  | CLUB   | PESO  | COEF.  | Ord. | SENTADILLAS |                   |                   | PRESS BANCA |                  |                  | PESO MUERTO      |   |                   | TOTAL             | IPFGL             | Pt. |              |              |    |  |
| <b>-69kg</b>                       |      |        |       |        |      |             |                   |                   |             |                  |                  |                  |   |                   |                   |                   |     |              |              |    |  |
| 1 Ibanez Martin Maria              | 2007 | BURGOS | 67,76 | 0,2093 | 38   | 142,5       | 153,0             | <b>158,0</b>      | 1           | 75,0             | 80,0             | 82,5             | 1 | 150,0             | <del>-160,0</del> | <del>-173,0</del> | 2   | <b>390,5</b> | <b>81,73</b> | 12 |  |
| 2 Arquero Caston Daniela           | 2006 | CANSTR | 67,84 | 0,2092 | 40   | 127,5       | 137,5             | 142,5             | 3           | 62,5             | 67,5             | <del>-70,0</del> | 2 | 137,5             | 147,5             | 160,0             | 1   | <b>370,0</b> | <b>77,40</b> | 9  |  |
| 3 Riba Tomas Alejandra             | 2006 | PBAR   | 67,76 | 0,2093 | 44   | 130,0       | 140,0             | 145,0             | 2           | 40,0             | 47,5             | 52,5             | 5 | 130,0             | 140,0             | 147,5             | 4   | <b>345,0</b> | <b>72,21</b> | 8  |  |
| 4 Maroto Gomez Lucia               | 2006 | AGSTR  | 67,80 | 0,2092 | 42   | 110,0       | 117,5             | <del>-125,0</del> | 4           | 57,5             | 60,0             | <del>-62,5</del> | 3 | 132,5             | 142,5             | 150,0             | 3   | <b>327,5</b> | <b>68,51</b> | 7  |  |
| 5 Valladolid Velasques Leire Sofia | 2010 | ZBCR   | 68,10 | 0,2087 | 41   | 95,0        | 102,5             | <del>-107,5</del> | 5           | 47,5             | 50,0             | <del>-52,5</del> | 6 | 110,0             | 120,0             | <del>-130,0</del> | 7   | <b>272,5</b> | <b>56,87</b> | 6  |  |
| 6 Fernandez-Arenas Elsa            | 2006 | FCA    | 66,78 | 0,2111 | 43   | 82,5        | 87,5              | 90,0              | 7           | 50,0             | 52,5             | <del>-55,0</del> | 4 | 105,0             | 115,0             | 120,0             | 6   | <b>262,5</b> | <b>55,41</b> | 5  |  |
| — Rodriguez Coello Laura           | 2006 | ZBCR   | 68,16 | 0,2086 | 39   | 90,0        | 95,0              | <del>-100,0</del> | 6           | <del>-55,0</del> | <del>-55,0</del> | <del>-55,0</del> | — | 107,5             | 115,0             | 122,5             | 5   | <b>0,0</b>   | <b>0,00</b>  | —  |  |
| <b>-76kg</b>                       |      |        |       |        |      |             |                   |                   |             |                  |                  |                  |   |                   |                   |                   |     |              |              |    |  |
| 1 Fernandez Siguenza Carla Irene   | 2007 | GRSTR  | 74,32 | 0,1993 | 46   | 137,5       | 147,5             | <b>153,0</b>      | 1           | <del>-77,5</del> | <del>-77,5</del> | 77,5             | 2 | 135,0             | 150,0             | 155,0             | 1   | <b>385,5</b> | <b>76,83</b> | 12 |  |
| 2 Herrero Jimenez. Sofia           | 2007 | VP     | 75,80 | 0,1974 | 45   | 117,5       | 125,0             | 130,0             | 2           | 77,5             | 84,0             | 87,5             | 1 | <del>-150,0</del> | 150,0             | <del>-168,5</del> | 3   | <b>367,5</b> | <b>72,54</b> | 9  |  |
| 3 Pomares Carrique Tania           | 2006 | PS     | 75,82 | 0,1974 | 47   | 122,5       | <del>-130,0</del> | <del>-132,5</del> | 3           | <del>-52,5</del> | 52,5             | 57,5             | 4 | 132,5             | 142,5             | 152,5             | 2   | <b>332,5</b> | <b>65,64</b> | 8  |  |
| 4 Caba Cubero Naiara               | 2006 | ZBCR   | 74,50 | 0,1990 | 49   | 97,5        | 105,0             | <del>-112,5</del> | 5           | 60,0             | 62,5             | 65,0             | 3 | 130,0             | 140,0             | <del>-147,5</del> | 4   | <b>310,0</b> | <b>61,69</b> | 7  |  |
| — Camacho Egea Ana Cristina        | 2006 | BRSTOD | 74,26 | 0,1994 | 48   | 105,0       | <del>-115,0</del> | 115,0             | 4           | <del>-67,5</del> | <del>-67,5</del> | <del>-67,5</del> | — | X                 | X                 | X                 | —   | <b>0,0</b>   | <b>0,00</b>  | —  |  |

AI **Atleta invitada**

RECORDS:

**ABS** **JUN** **SBJ**

| CLASIFICACIÓN POR CLUBES           | pt. | Puntuaciones |
|------------------------------------|-----|--------------|
| 1 ZB Barbell Ciudad Real           | 39  | [12+7+7+7+6] |
| 2 POWER RANGERS STRENGTH JAEN      | 23  | [12+6+5]     |
| 3 CANARY STRENGTH                  | 18  | [9+9]        |
| 4 PROJECT STRENGTH Malaga          | 16  | [8+8]        |
| 5 LIFT AMBITION Granada            | 15  | [7+4+4]      |
| 6 GR STRENGTH TORRENT Valencia     | 13  | [12+1]       |
| 7 CROM GYM Madrid                  | 12  | [12]         |
| 8 STRENGTH BURGOS                  | 12  | [12]         |
| 9 BANZAI STRENGTH Cartagena        | 12  | [12]         |
| 10 POWERLIFTING IBIZA              | 9   | [9]          |
| 11 VENDETTA POWERLIFTING           | 9   | [9]          |
| 12 MOUNTAIN STRENGTH Granada       | 9   | [9]          |
| 13 GOIERRI KE Guipuzkoa            | 9   | [9]          |
| 14 FRENETIK POWERLIFTING Barcelona | 8   | [8]          |
| 15 POWERLIFTING BARCELONA          | 8   | [8]          |
| 16 RIVAL POWERLIFTING Barcelona    | 8   | [8]          |

| CLASIFICACIÓN POR CLUBES       | pt. | Puntuaciones |
|--------------------------------|-----|--------------|
| 17 POWERLIFTING EXTREMADURA    | 8   | [8]          |
| 18 SPARTA Murcia               | 8   | [8]          |
| 19 AG STRENGTH Madrid          | 7   | [7]          |
| 20 POWERLIFTING JAEN           | 7   | [7]          |
| 21 ELITE Bollulllos            | 6   | [6]          |
| 22 ELITE POWERHOUSE Sevilla    | 6   | [6]          |
| 23 VALKYRIA PT Valladolid      | 5   | [5]          |
| 24 DANIGPOWER Madrid           | 5   | [5]          |
| 25 FLOWERLIFTING CLUB Alicante | 5   | [5]          |
| 26 MGF POWER TEAM Madrid       | 4   | [4]          |
| 27 PRAETORIANS TARRAGONA       | 3   | [3]          |
| 28 GRIND TEAM Gijon            | 3   | [3]          |
| 29 OLYMPIA Barcelona           | 2   | [2]          |
| 30 FUERZA GUANCHE Canarias     | 2   | [2]          |
| -- BERSERKERS TOLEDO           |     |              |

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**Campeonato de España SUBJÚNIOR**  
 AEP-1 Nacional de Powerlifting y Press Banca Raw  
 Gines, Sevilla - 5-7 julio 2024

Rev. 13/07/2024

| <b>MUJERES POWERLIFTING RAW</b> |     |      |      |       |      |             |             |             |       |           |
|---------------------------------|-----|------|------|-------|------|-------------|-------------|-------------|-------|-----------|
| LEVANTADORA                     | AÑO | CLUB | PESO | COEF. | Ord. | SENTADILLAS | PRESS BANCA | PESO MUERTO | TOTAL | IPFGL Pt. |

| <b>MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL</b> |      |        |       |       |              |              |       |
|---|------|--------|-------|-------|--------------|--------------|-------|
| Nombre  | Año  | Club   | Peso  | Cat.  | Total        | GL pt.       | Clas. |
| 1 Fragoso Kurchak Alexandra                               | 2007 | CROM   | 61,74 | -63kg | <b>390,0</b> | <b>86,46</b> | 1     |
| 2 Ibanez Martin Maria                                     | 2007 | BURGOS | 67,76 | -69kg | <b>390,5</b> | <b>81,73</b> | 1     |
| 3 Sanchez Teruel Elena                                    | 2006 | BNZAI  | 55,20 | -57kg | <b>328,0</b> | <b>78,85</b> | 1     |
| 4 Arquero Caston Daniela                                  | 2006 | CANSTR | 67,84 | -69kg | <b>370,0</b> | <b>77,40</b> | 2     |
| 5 Reise Tur Maria   | 2007 | FRETIK | 53,96 | -57kg | <b>315,0</b> | <b>77,11</b> | 3     |
| 6 Ferrandez Siguenza Carla Irene                          | 2007 | GRSTR  | 74,32 | -76kg | <b>385,5</b> | <b>76,83</b> | 1     |
| 7 Torres Serra Amaya                                      | 2006 | IBIZA  | 56,94 | -57kg | <b>325,0</b> | <b>76,31</b> | 2     |
| 8 Cuesta Chamochumbi Paula                                | 2006 | ZBCR   | 57,00 | -57kg | <b>315,0</b> | <b>73,90</b> | 4     |
| 9 Andagoya Arteaga Gabriela                               | 2006 | ZBCR   | 46,81 | -47kg | <b>262,5</b> | <b>73,05</b> | 1     |
| 10 Herrero Jimenez. Sofia                                 | 2007 | VP     | 75,80 | -76kg | <b>367,5</b> | <b>72,54</b> | 2     |
| 11 Riba Tomas Alejandra                                   | 2006 | PBAR   | 67,76 | -69kg | <b>345,0</b> | <b>72,21</b> | 3     |
| 12 Calvo Bermudez Yaiza                                   | 2007 | RIVAL  | 43,64 | -47kg | <b>237,5</b> | <b>71,16</b> | 3     |
| 13 Poblacion Correia Maria                                | 2006 | PEXTR  | 48,88 | -52kg | <b>265,0</b> | <b>70,73</b> | 3     |
| 14 Chica Rodriguez Alba Maria                             | 2007 | PRSJ   | 56,94 | -57kg | <b>300,0</b> | <b>70,44</b> | 5     |
| 15 Ruiz Nieto Carla                                       | 2010 | PRSJ   | 51,80 | -52kg | <b>277,5</b> | <b>70,29</b> | 1     |

| <b>ABREVIACIONES de CLUBES:</b>   |  |                                  |                                      |
|-----------------------------------|--|----------------------------------|--------------------------------------|
| AGSTR = AG STRENGTH Madrid        | EPS = ELITE POWERHOUSE Sevilla           | JAEN = POWERLIFTING JAEN         | PRSJ = POWER RANGERS STRENGTH JAEN   |
| BNZAI = BANZAI STRENGTH Cartagena | FCA = FLOWERLIFTING CLUB Alicante        | LIFTAM = LIFT AMBITION Granada   | PS = PROJECT STRENGTH Malaga         |
| BRSTOD = BERSERKERS TOLEDO        | FGUAN = FUERZA GUANCHE Canarias          | MGF = MGF POWER TEAM Madrid      | RIVAL = RIVAL POWERLIFTING Barcelona |
| BURGOS = STRENGTH BURGOS          | FRETIK = FRENETIK POWERLIFTING Barcelona | MSG = MOUNTAIN STRENGTH Granada  | SPARTA = SPARTA Murcia               |
| CANSTR = CANARY STRENGTH          | GOIER = GOIERRI KE Guipuzkoa             | OLYMP = OLYMPIA Barcelona        | VALKY = VALKYRIA PT Valladolid       |
| CROM = CROM GYM Madrid            | GRSTR = GR STRENGTH TORRENT Valencia     | PBAR = POWERLIFTING BARCELONA    | VP = VENDETTA POWERLIFTING           |
| DANIG = DANIGPOWER Madrid         | GTG = GRIND TEAM Gijon                   | PEXTR = POWERLIFTING EXTREMADURA | ZBCR = ZB Barbell Ciudad Real        |
| ELITB = ELITE Bollullos           | IBIZA = POWERLIFTING IBIZA               | PRAET = PRAETORIANS TARRAGONA    |                                      |